

For Better Homes

TWO NEW HOMES WILL BE BUILT

Construction in La Grande in the first ten days in October came fairly close to September's total, with the issuance of permits for George H. Curry's \$5,000 business building and two new residences.

Lowell Williamson was given a permit Oct. 7 to erect a modern dwelling on K avenue between Third and Fourth streets. Clyde Metcalf is the contractor. The cost of the house is estimated at \$2,000.

On Oct. 9 O. L. McJannet took out a permit to build a home on Cedar street between N and O avenues which will cost in the neighborhood of \$1,500.

In addition to these three permits, which total \$12,000, several smaller ones were issued last week as follows:

Oct. 4—S. J. Anson, to alter and repair a dwelling on C between Third and Fourth, cost \$50.
Oct. 6—Stephen Golding, to alter and repair a home on Monroe between E and Elm, cost \$30.
Oct. 6—W. Follow, to alter and repair a dwelling on Second between Lane and Benton, cost \$25.
Oct. 7—Mary Thompson, to build a garage on S between Greenwood and Spruce, cost \$150.

LOST MAN RETURNS TO CAMP ROSEBURG, Ore., Oct. 11 (AP).—Paul M. Younger, Portland newspaperman, returned to his camp near Drew last night after being lost for two days on the south Umpqua divide, according to word received in Roseburg this morning.

It's a lucky car that has no overturning.

OUT OUR WAY



WHY MOTHERS GET GRAY—

By Williams Chemawa Player Injured in Game

SALEM, Ore., Oct. 11 (AP).—A tackle made by Ole Strom, captain and tackle of the Chemawa football team in the final minutes of play against the Corvallis high school eleven at Chemawa Saturday may prove fatal to the Indian. Strom received a jolt on his neck which cracked two vertebrae. The entire lower portion of his body is paralyzed and physicians this morning held little hope for his recovery. If the accident does not prove fatal the Indian will be a cripple for life, it is stated.

Chemawa won from Corvallis 13 to 0.

SCALF ACCUSED

CHEHALIS, Wash., Oct. 11 (AP).—John Scalf, of Vancouver, Wash., charged with attempting to kill N. G. Michael, of Portland, Ore., has been bound over to the supreme court by Justice P. C. Beaufort of Chehalis. Bail of \$25,000 was posted. Scalf is accused of shooting Michael in the left arm Tuesday. Michael's arm was amputated after the shooting.

Always be careful about electing a politician who has stridden tied to him. He has his drawbacks.

When Thanksgiving comes, we all can be thankful that bill collectors don't carry guns.

One fairly reliable sign of winter is the annual announcement of a plumber shortage.

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Here And There

WHEELER—New fish hatchery for 1,000,000 salmon a year completed.

WHEELER—Logging camp being rebuilt at Shuck to log 10,000,000 feet of timber.

WEDDERBURN—Work begins on new 2-room schoolhouse.

TILLAMOOK—Rosenberg Bros. will build large tile and concrete building.

KLAMATH FALLS—Sixth-story being added to new \$300,000 Willard hotel. Local factory making the tile.

KLAMATH FALLS—\$200,000 theater well under way.

MT. ANGEL—Mt. Angel college, burned with \$1,000,000 loss, will be rebuilt.

SALEM—One bank has spent \$100,000 in rebuilding quarters. Two others are now spending \$30,000 each and a fourth is building.

a \$450,000 building.
SALEM—New \$250,000 high theater and office building almost ready for use.
CRESWELL—The factory here opening new kiln and running to capacity.
NEWBERG—Stock is subscribed and construction will begin on new paper mill.
KLAMATH FALLS—Southern Pacific \$800,000 terminal installation near completion.
EUGENE—Work begins on new sawmill at Benton on Stenslow river.
COTTAGE GROVE—Harry Hart will erect \$15,000 store building.
OREGON CITY—\$75,000 modern electrical apartment house will be built.
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HEALTH

WHAT BAD TEETH AND TONSILS DO FOR US.
By Simon Levin, M. D., Houghton, Mich.
Member Georgia Memorial Institute

For you to neglect to heed the diagnosis of infection and to postpone or refuse the removal of infected tonsils and teeth is to subject yourself to dangers of serious disease that produce crippling and, in many cases, death.
The vicious person in his most active period of life, between 20 and 50, is the one usually affected, although by no means are the young and those above 50 exempt.
To diseased tonsils or teeth can be traced such infections as rheumatism in any part of the body, certain types of heart disease, Bright's disease, enlargement of glands, ulcers of the stomach, inflammation and enlargement of joints with

their tendons, and inflammation of the nerves.

You are familiar with rheumatism. The chances are that a neighbor, friend or some member of the family has it. In all probability it began with an infection of the tonsils or teeth. Leakage of the heart frequently follows rheumatism, and when it does it is there to stay.

The persons who suffer with heart disease, associated with rheumatism, are seriously hampered in their pleasures. In their work and in all physical activities. Their value to their country, to their family and to themselves is curtailed. What a tragedy it is, since all this could have been prevented. If the tonsil infection of the abscessed tooth had been removed before the germs had done permanent damage to the heart!

Physicians are constantly impressed with the seriousness of these infections, with the damage of which they are capable, and constantly emphasize attention to infection in the child and adult. It behooves us all to realize that infection to infections of teeth and tonsils, in the forties and fifties, as well as during our earlier years, brings on the degeneration of the vital organs which causes the majority of the thousands and thousands of unnecessary deaths in these periods.

MATERNAL CARE SAVES LIVES

(By Fred L. Alder, M. D., Minneapolis, Minn.)
Member Georgia Memorial Institute
Much can be done to cut down the needless loss of life of both mother and infant. In the United States this fact does not seem to be realized sufficiently well, and as a result the mortality rate of this period is far higher than

that of many European countries. The future mother has to live a more sane, normal life because she is handicapped by a closer margin of safety in all her physical and mental organism. She needs constant attention, education and advice concerning the mode of living, necessary preparations, and adjustment to a new order.

Protection can best be accomplished by the use of preventive measures being practiced more and more each day. Absolute prevention of unfortunate outcomes is obviously not possible, but much suffering, disability and loss of life, both of mothers and infants can be prevented.

There are two main ideas to consider in carrying out these health measures. First, how can the acquisition of a disease be prevented? Second, how can we detect, early in its course, a disease which we do not know how to prevent, but may be able to cure in its beginning?

Any successful attempt to carry out these ideas must rest upon the foundation of cooperation between the individual and her adviser. In maternity cases it is necessary that the physical condition be determined early and that any changes be observed carefully. Special examinations and observations are necessary, frequently, in order to prevent later complications and to detect any diseased condition early in its course of development.

At least during the antenatal, natal and postnatal periods, it is necessary that mother and infant receive the very best of care and advice. The result makes for health and happiness of both.

The fellow who thinks life's a joke finds it's on him.



—SEA, Los Angeles Bureau
CHARLEY PADDOCK AND BEBE DANIELS were co-starred in "The Campus Flirt." Now they are to co-star in another piece known as matrimony. The sprint star and the actress are not to be married for a year, though.

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