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HEALTH

NERVOUS BREAKDOWNS

(By Arthur H. Rogers, M. D., President, H. L. Member Gorgas Memorial Institute)

For a long time past the term "nervous breakdown" has been used to cover a very great variety of ill associated with the nervous system.

It is a rather pleasant but meaningless diagnosis that often glosses over more or less serious disease of the central nervous system. In fact, it is used so loosely and so generally that it is a term that covers all the ill flesh is heir to, ranging from simple fears, up to and including as serious a disease as general paresis, an organic disease of the brain, fatal in its termination, unless early and intensive treatment is started.

There is always a cause for nervousness. Sometimes that cause is entirely the result of an impaired physical condition; for example, goitre or anemia. At other times, it is due to some physical cause such as fear or a morbid feeling of inferiority.

Two groups of cases are often hidden under the term "nervous breakdown." One is the psychoneuroses, those functional disorders of the nervous system often having a psychic cause which can be remedied, if not entirely removed. In the other group are those more serious mental states leading to mental disease of great severity, such as Dementia Praecox, a mental disease developing about the adolescent period and tending to progress toward great mental deterioration.

Every year more than 50,000 new patients are admitted to the mental hospitals in this country. If that rate does not diminish—and there is very little present evidence that it is diminishing—there will be admitted to those hospitals, within the next 10 years, 500,000 sick persons.

It must be that those 500,000 persons are now in our communities. It is a well known fact that many of the mental diseases that take people into hospitals occur in the second and third decade. Therefore, it becomes obvious that a large proportion of the 500,000 or more potential patients for the mental hospitals are actually in our schools and colleges.

It is also known that many of them are said to be suffering from "nervous breakdowns" for which a trip to the country, a change of occupations, or sedative drugs are being given; when, with expert advice, the true nature of the disorder could be determined, and if prompt remedial measures were instituted, cure could be effected. In those cases where cure cannot be effected, certainly much can be done that should tend to make such persons, less liable to need hospital care and more capable of adjustment in the community.

For many years we have gone along apparently content to wait until mental damage was done and then to institute custodial care for such persons. The Gorgas Memorial Institute wishes to stress the fact that in common with all physical ailments, prevention is the key note to success in dealing with disorders of the nervous system; and there is reason to believe that by their early recognition many psychoneuroses and many mental diseases can be prevented.

But they can only be prevented if we thoroughly investigate the causes of nervousness, call things by their real name and cease masquerading mild nervous disorders and more serious mental ones under a comfortable disguise in the form of "nervous breakdown."

CATHERINE CREEK PERSONALS

CATHERINE CREEK (Special)—Everyone on Catherine creek is rejoicing over the rain of last week.

Mrs. S. P. Cusick, who has been visiting in La Grande at the home of her son, Roy Cusick returned to her home here Sunday.

Mrs. William Turner and two small sons of Brunson, Idaho, are visiting at the home of her father, A. N. Stuedahl, this week.

Mr. and Mrs. J. F. DeVore and Mrs. Berlie Wigglesworth made a trip to The Park last week to visit at the home of Frank Wigglesworth and family. Mrs. Wigglesworth and daughter, Mrs. Getchell, and granddaughter, Marilee, have returned to their home in Wallawa after visiting here.

Miss Estelle Busick, who has been attending summer school in Portland, is expected home this week.

Ed Pickle sold some of his Jersey hoppers to Lee Wilson, of Medical Springs, last week. George South took them home in a truck.

Mrs. Guy Hall and little daughter, Irene and Beth, were visiting at the Pickle home last week.

Miss Fern Bundy, who has been staying with Mrs. Julius Fisher, of Covey, was here visiting Mr. and Mrs. Frank Lathrop Sunday.

NEW YORK—The "little boss" of Doug Fairbanks, unlike society brides, wears a plain gold band instead of platinum. When Doug and party returned from Europe, cameras had to wait till he shaved himself. Then further delay was explained by his statement: "The boss says she will be ready in just a few minutes." Mary finally appeared with blue frock, blue coat with gray fur collar, fawn hat, greenish gray suede slippers, a rope of pearls and the wedding ring.

NORGE DISMANTLED SEATTLE—The ravages of souvenir hunters resulted in the closing of the public exhibition of the trans-polar dirigible Norge. The airship, dismantled, is en route to Rome.

IMBLER PERSONALS

IMBLER, (Special)—A chicken dinner was given Sunday by Mrs. Ella M. Walker in honor of her son Raymond's birthday anniversary. Several friends and relatives were present.

George C. Evans went to Baker last Saturday.

Mr. and Mrs. Ralph Morgan returned Saturday from a trip to the coast. They have been away about three weeks visiting several different places.

Mrs. D. Hoyt, of Cambridge, and O. J. Grider were guests of Mr. and Mrs. Otis Buchanan last week end.

Mr. and Mrs. Emil Rohner, of Baker, were the guests of Mr. and Mrs. Fred Nodine last Friday.

Marvin Squire went to Enterprise last Sunday where he visited Glenn Payne.

Mr. and Mrs. John Brethfield were shopping in La Grande last Saturday.

Mrs. John Skillings and children were here from Wallawa last week. She called on her mother, who lives here.

Mr. and Mrs. Harry Newbill, of Baker, (Ore.), arrived here Sunday in four days. Mr. and Mrs. Newbill have lived in California for the past four years. They formerly made their home here.

Joe Keown went to Covey with the dance orchestra from here Saturday night.

Mrs. Lura Wiggins went to Union Saturday night. She will visit friends and relatives there.

Frank Conklin, of Covey, was visiting his brother, John, here Sunday.

NEW YORK—Sailors love to roam. Dimitris Stelakis, a Greek seaman, has just left alone in a 25-foot sloop for a tour of the world. He built it from savings accumulated while serving "bar and ashore, Charlie A. Whiteshot, six feet four, who used to be one of Uncle Sam's gobs, has hiked from Chicago to New York in 24 days. He says the cost was four cents for ferry trip across the Hudson, which he didn't care to swim.

Sheriffs Uphold the Shooting of Bandit

COLORADO SPRINGS, Colo., Aug. 26. (AP)—The Colorado sheriff's association opening its convention here last yesterday emphatically upheld the shooting last week of Leslie Gonzo, 14, "baby bandit" by Sheriff Sam Thomas and Deputy Sheriff Charles Placas at Pueblo, Colo., and incidentally gave out a statement purporting to detail the boy's sensational criminal career, which led up to the shooting.

The sheriffs also sweepingly condemned "certain newspapers of the state and nation" for "printing misleading information" about the case. The reason declared was that the "sentiment of the people should be with these officers."

Young Gonzo still clings to life in a hospital here, though four bullets have been in his body since last Friday and one of them tore through a lung.

Dance Hall Near U. of O. Campus Causes Protest

EUGENE, Ore., Aug. 26. (AP)—A storm of protest has arisen here over construction of a dance hall north of the mill race, and approximately one block from the University of Oregon campus. Protests have been entered by university officials, the Eugene W. C. T. U., several pastors and leading business men, and as a result action is expected by the city council.

An ordinance providing for a restricted district in the vicinity of the university campus, in which no dances can be held except by student organizations will come up for final action at a special meeting of the council at five o'clock Friday afternoon.

INQUEST ORDERED SAN FRANCISCO—A coroner's inquest was ordered into the death of Rear Admiral George H. Barber, third ranking medical officer of the navy, who died a few days ago supposedly of ptomaine poisoning.

GRANGE HALL PERSONALS

GRANGE HALL (Special)—Mr. and Mrs. Ellis Salisbury and Mrs. Tom Johnson, of La Grande, were afternoon visitors at the Arthur Golden home recently.

Mrs. Lee Reynolds attended the meeting of the Grande Grange Presbytery at Union last week.

After visiting for a few days at the home of their uncle, William Hughes, Mr. and Mrs. P. M. Henderson and daughter, Louise, left for their home at Olympia, Wash., Monday.

Mrs. Louis Larson, of La Grande, spent Saturday night with her sister, Mrs. Arthur Golden.

Mrs. Sara Anson, who has been spending the summer at Prescott, Wash., is expected home soon.

Mr. and Mrs. C. V. Undleker left Monday afternoon for Milton where they will visit relatives for several days.

Mr. and Mrs. Henry Hughes, of Welser, Idaho spent Tuesday evening of last week with Mr. and Mrs. Joe Harrison.

Mr. and Mrs. Clarence Hedhead drove to Baker last Sunday and spent the day visiting relatives. Mr. Hedhead's mother, Mrs. Louisa Hedhead, accompanied them home and remained until Tuesday night when she returned to her home at Baker.

Miss Patricia DeLong has been a guest at the home of her uncle, Ernest DeLong, during the past week.

Mr. and Mrs. Lee Reynolds, accompanied by friends from La Grande, motored to Hadlum Springs last Sunday and spent the day picnicking.

After visiting relatives at Walla Walla, Wash., for several days Mrs. George Gekeler and family have returned to their home here.

Mr. and Mrs. E. E. Fritts, Mrs. Maude Fines and two daughters, all of La Grande, and Mr. and Mrs. Ernest Walsinger and family, of Alsea, were Sunday afternoon visitors at the home of Mr. and Mrs. Ernest DeLong.

BODY OF RUDOLPH VALENTINO BARRED FROM PUBLIC VIEW

NEW YORK, Aug. 26. (AP)—Rudolph Valentino's body was barred from public view today to avoid disorders among the thousands who have flocked to the screen idol's bier, and also to avert clashes between rival groups of Italian admirers.

"Normal decorum and dignity now prevail at the Frank E. Campbell funeral church," says an advertisement in today's papers. Attendants had said the occasion was being transformed into a "three-ringed circus."

Plans for a public funeral Monday have been abandoned and the ceremonies will be attended by invited guests only.

"From no won," said S. George Tilman, friend and business manager of the star, "Valentino's body will be viewed only by friends and associates under my personal supervision. The lack of reverence, disorder and rioting since the body was first shown have forced me to this decision."

The danger of open hostilities between fascists and anti-fascists became imminent after the anti-fascists challenged the right of the fascists to post guards at the head and foot of the coffin. Fascists in Italy recently boycotted Valentino's films when he became an American citizen.

Summary of the Annual Statement of the GUARANTEE FUND LIFE ASSOCIATION of Oregon, in the state of Oregon, on the 21st day of December, 1925, made to the insurance commissioner of the state of Oregon, pursuant to law.

CAPITAL	
Amount of capital stock paid up	\$0
Surplus	\$0
Total	\$0
INCOME	
Total premium income for the year	\$2,573,855.43
Interest and rents received during the year	491,988.29
Income from other sources received during the year	76,122.77
Total income	\$3,141,966.49
DISBURSEMENTS	
Paid for losses and amounts for expenses paid by policyholders during the year	\$51,015.47
Dividends paid on capital stock during the year	\$0
Commissions and salaries paid during the year	\$68,081.23
Taxes, licenses and fees paid during the year	\$5,578.04
Amount of all other disbursements	232,795.94
Total disbursements	\$3,022,470.74
ASSETS	
Value of real estate owned (market value)	\$ 750,936.79
Value of bonds and stocks owned (book value)	3,498,717.21
Loans on mortgages, etc., first liens	4,983,377.37
Premium notes and policy loans	\$0
Cash in banks and on hand	\$95,294.72
Net uncollected and deferred premiums	\$0
Interest due and accrued	228,146.90
Total admitted assets	\$9,458,469.09
LIABILITIES	
Net reserves	\$1,107,749.15
Unpaid claims for losses unpaid, including outstanding	\$08,048.44
All other liabilities	187,182.81
Total liabilities	\$1,192,980.40
Excess of capital stock of \$0	\$1,091,972.20
RESERVE IN OTHER THAN THE YEAR	\$0
Assets exceeding liabilities during the year	\$8,265,488.69
Premiums and discounts returned during the year	\$0
Losses in excess of the year	\$24,943.41
Name of company, GUARANTEE FUND LIFE ASSOCIATION	
Name of president, J. C. Buffington	
Name of secretary, H. E. Langston	
Notarizing, holding attorney, for service, George A. Loeber, Portland, Or.	

DESIGNATES DAY SALEM, Ore., Aug. 26. (AP)—Paying tribute to the part played in the late war by the disabled American veterans of the world war, Governor Walter M. Pierce has issued a proclamation designating Saturday Sept. 4 as "Porter Day."

HAY FEVER
If you can't "get away," ease the attacks with
VICKS VAPORUB
Over 17 Million Jars Used Yearly



Think of it!
Now only \$225
A drastic Price Reduction!

TODAY you can have all the advantages that are found only in a genuine Frigidaire at a cost lower than ever before. Frigidaire, pioneer and acknowledged leader in the field, is now offered to you at new low prices.

An overwhelming public preference for Frigidaire with the production facilities of General Motors, the world's largest builder of electric refrigerators, have made possible the low prices and remarkable values. With over 200,000 users, more than all other makes of electric refrigerators combined, Frigidaire offers you proven dependability, long life, low cost of operation.

Come in today. Get the facts on the Frigidaire that best suits your need. A small cash payment puts it in your home with a guarantee of satisfaction.

JESSE ROSENBAUM
La Grande, Oregon

Jesse Rosenbaum, La Grande, Ore.

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PRODUCTS OF GENERAL MOTORS

There are more Frigidaires in use than all other electric refrigerators combined.

Please send me complete information about Frigidaire and the new low Frigidaire prices.
Name.....
Address.....
City.....State.....

THINK OF THE CONFUSION--

if advertised products followed this Soviet law

Recently the Soviet Government passed a law that anyone over 21 could change his name as often as he pleased. Old friends you have known for years as Smith, Brown and Green, might be called Orloski, Potoski and Obovitch overnight.

Think of the confusion!

Even suppose your favorite foods, drug sundries, furniture, automobiles and phonographs suddenly had their names changed! Would you not feel almost a stranger in a grocery, drug or dry-goods store that was stripped of the familiar faces of advertised products?

Like an old friend—you have confidence in the trustworthiness of an advertised product. Years of frank publicity have made its name a synonym for full value. You and thousands of other people are proving this value every day.

The well-known names of advertised products are your best guide to wise purchases. Read the advertisements to see when and where to get them.

To know what is advertised is to know what is best in the market place

Mile High Golf!
at Banff

Fore!
—and your drive is just a little longer, your putts just a little more certain in the invigorating atmosphere of the magnificent Canadian Pacific Rockies!

Banff, now open with accommodations rivaling those of the finest metropolitan hostilities, offers to its guests the choice of golf, horseback, swimming, tennis and many other pleasant recreations. A vacation spent at this world-famous resort is a vacation of certain appeal.

Plan now to spend part of the summer here—Low Excursion Fares are effective, and you may stop off as long as you wish.

Canadian Pacific
W. H. Deacon, Gen'l Agent, Pass. Dept., 35 North St., Portland

THEY'RE EASILY RECOGNIZED BY THEIR EARS

UM-M-M-M-M.
BOY!
PRE-WAR STUFF.
THE MAN THAT SOLD IT
TO ME SAID SO

The Boozie PRIME WHO KEEPS THE BOOZE EGGS