

HEALTH

CANCER AND THE PUBLIC
(By Albert S. M. D., Los Angeles)

Member George Memorial Institute

One of the greatest problems of mankind today is to seek out the cause and cure of cancer, that dread disease of modern civilization. At the present time, every institute of medical learning in the world is devoting a large part of its time to the study of the cause and prevention of cancer.

In the meantime, every physician is bending his energies to combat the ravages of cancer by the agencies now at his disposal. Broadly speaking, these agencies are surgery, X-rays and radium. The many so-called cancer cures, cleverly advertised, each and every one, are unreliable.

Any cancer which is located in or upon the body that it can be destroyed or removed without serious injury to the patient may be cured by any agent which accomplishes this act. In such cases, surgery is the first consideration. In cer-

tain localities, however, the cure can frequently be effected by X-rays and radium. These agencies, however, are both powerful and complicated, and should never be employed in the treatment of cancer by medical men who have prepared themselves especially for this work.

In cancer of the internal organs, the same rule applies. If the cancer is limited to an area which can be reached and removed without danger to the individual, surgery is the proper treatment. In specific instances, such conditions may also be treated successfully by X-rays and radium.

In those unfortunate cases in which the cancer has grown beyond ordinary safe limits and its cells carried by the blood and lymphatics into other parts, there is at present no sure cure. Naturally, therefore, it is much easier to effect a cure of cancer in its early stage than after it has spread to other organs.

With this knowledge before us, it is of the utmost importance to teach the public that upon the discovery of a sore on the body, which does not heal with ordinary treatment in a reasonably short time, or upon the discovery of any lump or enlargement which persists, they

PROMISE PERSONALS

PROMISE (Special)—Farmers in this section have most of their grain and garden in alfalfa and fall grain are looking good. Prospects are for a good fruit and berry crop this year.

Mr. and Mrs. Ula Paulson made a business trip to Wallawa Monday. Mrs. I. S. McDonald, Mrs. Emma Bennett and Mrs. Clara and Nellie McDonald visited Monday afternoon at Boyd Carper's.

W. I. Sanner went to Wallawa the middle of the week to consult a doctor. He returned home Saturday.

The Promise school closed last Wednesday. Miss Ruth Hayes, the teacher, returned to her home at Wallawa Friday night.

Will Reed and Andrew Foshman are working the road between Promise and Maxville.

Mr. and Mrs. Boyd Carper visit-

should seek a physician's advice immediately. This often means the cure of a condition which, if neglected, might in a comparatively short time cost a life.

She Simply Won't Wear 'Em



Dorothy Carrington, former University of Missouri model, simply won't wear women's clothes. Arrived in St. Louis in connection with an entertainment charge in Detroit, she was asked as a maid—and she told police that as soon as she got out she'd dress as a man again, discarded the dress they're making her wear now. Photo shows her as she appeared at the time of her arrest.

ed Sunday afternoon with Mrs. Alice Smith.

The Promise Sunday school is progressing nicely with an average attendance of more than 50. F. G. Puffer will preach after Sunday school May 22.

Mrs. Ruth Hensley and Edith Hensley, closed their schools at Groesman and Sunnyside last Friday with an all-day picnic. They have both been employed to teach the schools next year.

Mr. and Mrs. Fisher Lewis and family, of Maxville, attended Sunday school at Promise Sunday.

PROMISE (Special)—Robert Carper went to La Grande Tuesday.

Mr. and Mrs. Fred Turner are the parents of a baby girl born to them Monday, May 3. Both mother and child are doing nicely. Mrs. Almada Carper has been taking care of them.

Mr. and Mrs. Vester Henderson made a trip to Wallawa the middle of the week. They took their infant daughter there for medical

treatment. She has been suffering from eczema but is improving now.

Harold Carper returned from Piquette Wednesday where he has been working.

Mrs. Ethel Pether moved to County's camp Friday where her husband is working. She spent the winter with her parents, Mr. and Mrs. Henry Suttler.

The fence here last week damaged the cherries and strawberries to some extent.

Leo Kinteworth is going to work on the fire patrol this season. He will use one of Harold Carper's homes during the summer.

Lena Carper, who attends high school at Wallawa, came in Friday night with Ethel and Lillian Carper.

Moll Swearingen has been working for Boyd Carper.

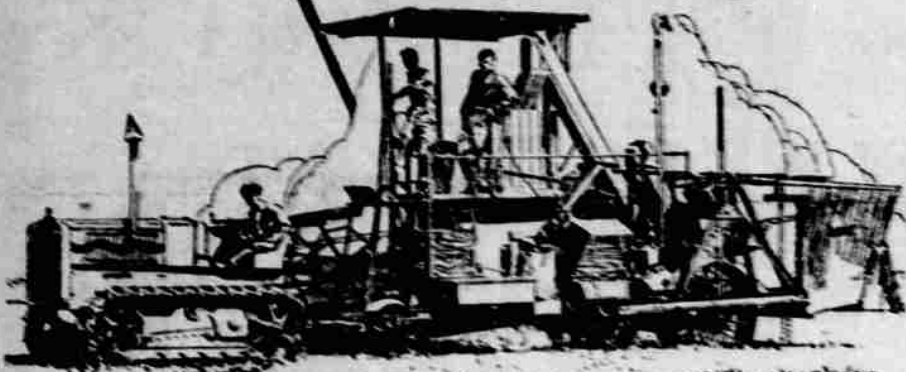
The famous Nelson Monument in Seattle, erected in 1908, is being removed as a hindrance to traffic.

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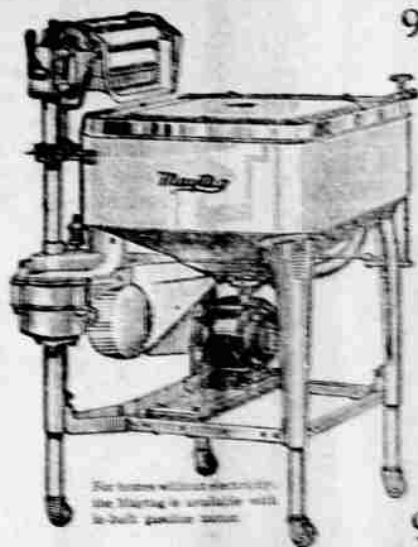
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The Garden

REAL ART IN SEED SOWING. Sowing seed outdoors, evenly and thinly is a real art acquired only after considerable practice. The knack, however, is gained by trying out a few packets. The trick is in holding the packet flat between the thumb and second finger, with the forefinger held above it in a position to tap the packet regularly and just sufficiently to cause the seed to feed out. When the packet is opened the flap is crumpled to make a little trough down the center through which the seed, under the gentle tapping of the forefinger, will trickle slowly forth so that it is possible to sow it reasonably thinly.

More seed is wasted by thick sowing than in any other manner for when the plants come up in thick tufts from seed dropped in a mass only a very few of them have

a chance to grow. Sow seed as a general rule with a covering equal to twice its thickness. The finer the seed the less the covering need only to be sprinkled upon the surface and pressed in. Vegetable seed, fortunately, is, for the most part, on the coarse side and can be sown much more easily than flower seeds, many of which are powder fine.

The ground having been spaded and worked to a fine tilth, make the rows for the seed run north and south so far as practicable as a matter of securing an even division of sunlight. Make the rows with the point of the hoe or with a plant label for the smaller ones or some other convenient pointed instrument, such as the big blade of a jackknife, and then scatter the seed. The depth of the row for the seed is determined by the size of the seed. Thin sowing will do away with considerable thinning after the seed is up.

Cover the seeds and tamp the earth firmly over them. This aids

in germination by bringing seeds and moist earth into close contact at the start. If covered with powdery earth it will be necessary to wait for a rain to pound the soil and make the contact.

All of the early garden seeds are now to go into the open ground and transplanting of others will be the order of the day.

The marriage license of a foreign couple, living in Boston, was stolen by a jealous brother of the prospective bridegroom. Not knowing that a duplicate could be obtained, the betrothed couple postponed the wedding for three and a half years until the thief returned.

"Painted Lady" butterflies are so thick in California at certain seasons of the year that they literally obscure automobile windshields. The butterflies can cover fifteen miles a day in flight.

Harmonics for the Eskimo were taken north recently by members of a polar expedition.

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