

WATER NYMPH TELLS PLANS

Helen Wainwright, Champion Swimmer, to Try Out for Olympic Games.

This is the first of exclusive articles prepared for the Evening Observer wherein American lady swimmers tell of their plans for the Olympic games. Miss Wainwright is woman's champion dash swimmer.

(By Helen Wainwright)
NEW YORK, (INS)—I am going to try out for the swimming as well as the diving events, to be held at Briarcliff, when a team of women swimmers will be chosen to represent their Uncle Sam at the Olympic games this summer. I shall compete for free-style swimming—the 100-metre and 400-metre events in particular. As for diving, I shall stick, as usual, to the springboard fancy diving. I shall not compete for high diving.

The six dives that I am planning to do, if I get to Paris, are as follows:

1. Running front jack - knife with arms at side throughout.
2. Running front jack - knife with a half twist.
3. Tunning forward, with a half twist.
4. Back jack-knife, with a half twist.
5. Running one and a half forward somersault.
6. Backward spring, forward one and a half.

Of course, I may change my mind about one or more of these. It just depends upon how my dives go.

Practice makes perfect. So I try to get to the pool every day. I don't always succeed. I bumped my leg on the board one day, and I couldn't go in for a long while, but now that my leg is better, I do try to swim and dive every day. I start my practice by swimming about 500 yards. Then I rest a little. Then I put in half or three-quarters of an hour on my diving. Sometimes, when I am not diving so well, I find it necessary to practice longer.

As for training—I certainly know one person who does everything to help me. That is my mother. Mother always tells me that housework is the best training—and she sees that I get plenty of it.

Otherwise, training is a matter of lots of sleep—which I don't object to at all—and simple food. But one thing I certainly do mind is the ban on stimulants, when we are in a try-out or immediately preceding competitions. That is a hardship—the greatest hardship of training.

Of course, I miss the candy, too, when we are only permitted to have one piece each a day.

There is one amusing incident that we all still chuckle about. It happened when we were in Antwerp at the Olympics of four years ago. The girls had discovered, independently of each other, a wonderful little French pastry shop. Nobody told anybody else about it—naturally we weren't supposed to say pastry. You know each thought she had discovered a place where she could go and have a feast without meeting anybody she knew. The next day first one, then another of us went to the place that "nobody else knew about." Soon every single one of us had collected there. We thought it mighty funny, and since we were all "in on it" we could not see why that should spoil the feast. We each had six pieces of marvelous pastry on our plate and were just about to start the ceremony, when—yes, you've guessed it—in walked one of the chaperons. She had discovered the place, too, and had come there to partake very quietly of a piece of pastry. Of course, the slaughter of pastry that followed was terrific. Five out of six lovely delicacies on every plate found their way back to the shop-keeper's tray. The sixth found its way to our dissatisfied stomachs.

Let me tell you, I'm going to appreciate going over much more this time—if I get over. I was only a bit last time, and I wasn't allowed to do the things the others could do.

But aside from a good time, I am old enough now to appreciate what I shall see of Europe.

Ceremony Dates Set.
CORVALLIS.—The cornerstone of the \$26,000 Omega Epsilon fraternity home will be laid May 24. Stanley Myers, district attorney of Portland, will give the principal address. Mr. Myers is president of the Oregon Alumni association of Phi Kappa Psi fraternity. Other features of the programme will be the laying of the cornerstone by E. H. Beatty, associate professor of mathematics and chairman of the housing committee, brief talks by officers of the fraternity and music by the O. A. C. band orchestra.

The new house will be a brick and shingle structure 72 by 32 feet, with full basement and three stories, to be erected on three lots measuring 100 by 150 feet.

Japan Adopts Metric System.
TOKIO, (AP)—Japan is preparing to adopt the metric system of weights and measures, and educational propaganda designed to accustom the people with the system is being spread under the direction of the department of agriculture and commerce.

Actual adoption of the system will begin July 1. Within five years from that date all government departments, factories, services and schools must substitute the metric system for the present Japanese units of weight and measure.

Cuts Wood on 107th Birthday



Joseph Beland, of Tancredia, Calumet Island, Quebec, who saved and split a cord of wood on his 107th birthday by way of getting a little exercise. And the job didn't fatigue him.

Bloodless Surgeon Urges Sun Bathing

LONDON (INS)—"Get to the sun where and when you can" is the advice given to all by Sir Herbert Barker, famous bloodless surgeon.

"I have just returned from the most gloriously beneficial holiday I have ever had," says Barker. "I have spent two months in the sun at Montego Bay, Jamaica, bathing practically all day in the sea, and am literally a new man. My outlook on life is altered and I am literally stored with warmth and energy."

"I believe that sun bathing will be one of the great curative or restorative treatments of the future in medical science.

"It will not surprise me if future governments provide sun baths for citizens as they now do open spaces.

"City dwellers need something of this kind to make them really well and happy."

FINDS RATS ARE WISER THAN COLLEGE STUDENTS

CHICAGO (INS)—Rats have proven themselves superior to University of Chicago students—in some ways, according to an announcement of C. Tsal, a graduate student of the psychology department.

Tsal conducted his experiment by means of an especially prepared maze of runs or labyrinth of passages and grooves. The rats were placed in the maze, over which they could not see, and were expected to find their way out. Students were put through the same test, being blindfolded and expected to feel their way out with the aid of their fingers.

The rats proved the more efficient.

Then, to make the test more into play, the students and the complete and to bring the memory rats were put through the same test one week later. Again the rats proved superior. They remembered the way out better than the students.

The test, Tsal adds, does not show brain development, but demonstrates a greater amount of muscular and motor power.

Tribesman's Reverence Saves Bones of Hawaiian Chieftain

HONOLULU, (AP)—The wheels of progress were halted here recently while enforced homage was

GRIZZLY HUNT GETS RESULTS

Power Source Found by Huntsmen—Would Tap California Geysers as Natural Heat Provider.

(By Ellis Martin)
THE GEYSERS, CAL. (INS)—Nearly four score years ago William B. Elliott, pioneer settler of Sonoma county, California, trailed a grizzly bear which he had wounded into a narrow canyon hitherto unexplored by white men.

The wounded bear escaped. What Elliott saw there caused him to retrace his steps with all possible speed and announce to his awe-stricken companions on the hunt that he had found "the gates of hell."

Boiling mineral springs, steaming volcanic vents and puffing fume holes, heat bleached rocks and cliffs of rugged grandeur combined to create for him a semblance of Dante's inferno.

Today this natural wonder is being investigated to determine the practicality of harnessing economically the huge and apparently inexhaustible supply of steam which underlies this remarkable canyon. At present the escaping steam supplies electric light to the health resort which nestles on the side of the canyon and which for three score years has been the mecca for world travelers. President Grant, Horace Greeley, Mark Twain, Theodore Roosevelt, and notables from many countries were among those who rode the long mountain trail in a six-horse stage which before the day of the automobile afforded transportation to the Geysers.

Known as "Warning Ground," the canyon of the Geysers has an interesting history dating back of the April day in 1874 when Elliott discovered it for the white

race. It was known to the Indians of the Pacific coast as the "warning grounds," and so highly was it prized that many battles were fought for its possession, according to legends of the tribes of Northern California. It is believed to have played an important part in the tribal religions and probably was a religious mecca for tribes of the Pacific slope. The Indian legends credited the Geysers with having been the last creation of "The Great Spirit," and that contact with the steam pouring from the earth would dispell earthly evils.

Some sixty years ago investigation developed that the canyon had perhaps the greatest variety of mineral springs in the world and resulted in the establishment of a health resort. At a huge expense two excellent roads were built along the mountain side to the spot. One follows the canyon from its western entrance at Cloverdale 17 miles up the mountain side during which the traveler rises 1500 feet to the head of the canyon. Along this route the famous Sonoma County quicksilver mines close to the foot of the canyon are passed. The quicksilver deposits are said to be the largest in the world.

The other route from Healdsburg and Alexander Valley crosses on mountain range, the road in its 17 mile length rising 2,400 feet and then dropping 900 feet to the Geysers. But it is not their remarkable scenic grandeur which has caused investigators for the Southern Pacific, the General Electric, Henry Ford and other industrial giants to motor these roads to the Geysers.

It is two giant jets of live steam belching forth from steel pipes leading to the inner depths of the earth with the roar of a Niagara. The possibilities these steam jets hold, as a future source of cheap power and an explanation of the

natural phenomena which develop the steam, bring scientists and investigators for industry to the Geysers.

Much Porto Rican Molasses Coming to United States

SAN JUAN, Porto Rico, (AP)—Four million gallons of molasses, approximately one-quarter of the estimated production of the island this year, will go into "home consumption" according to reports from centrals. The centrals will produce something like 16,000,000 gallons of blackstrap molasses. It is estimated, of which probably 12,000,000 gallons will be exported chiefly to the United States for

manufacturing purposes, principally stock feed and alcohol.

Of the 4,000,000 gallons left for "home consumption" it is likely that about one-half will be fed to cattle leaving 2,000,000 gallons to go to bootleggers. Four gallons of molasses will, properly persuaded, produce one gallon of alcohol. On this basis the alcohol production will be in the neighborhood of a half million gallons.

Acknowledge U. S. Aid in Restoring Walton Home

LONDON (INS)—As some recognition of the financial support given by Americans in the restoration of Isaac Walton's famous

timbered cottage at Shallowford, Staffordshire, a brass plate has been placed in one of the rooms recording this fact.

Carload of Berries on Way. HOOD RIVER, Ore.—The Apple Growers association began car lot shipments of strawberries. The first car was dispatched to Salt Lake City. Car lots are expected through the rest of the season, the bulk of the fruit going to Rocky mountain and Dakota districts.

Perhaps it would be well to carry wheat free; let the government pay the railroads, and tax the farmer to make up the deficit.

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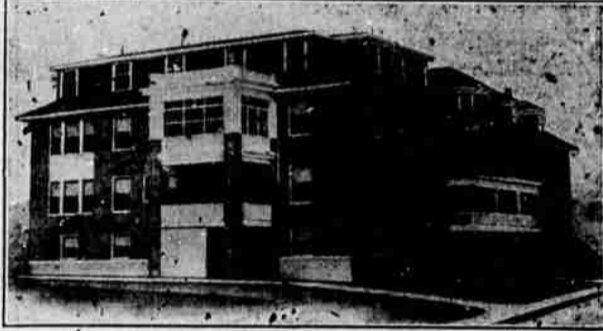
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