

NEWS of SOCIETY

Monday Musical Club Organized

There was an enthusiastic meeting last evening at the Neighborhood club rooms to complete the organization of the Musical club which is to be a department of the Neighborhood club. Mrs. H. A. Zundrick presided and about forty ladies were present. Mrs. E. F. Landis, chairman of the membership committee, reported great success in getting response to invitations to join the club. A name was selected, the "Monday Musical Club" being chosen, and it was decided to hold their regular meeting the first Monday of every month, at 7:30 o'clock at Neighborhood club rooms. It was also decided by vote to have gentlemen, who are interested in music, as associate members. The aim of this newly organized club is to promote and encourage good music and bring out that point in this vicinity.

Following the business meeting an excellent program was given as follows: "Negro Dances" by Cyril Scott, played by Mrs. William Long at the piano; "Daughters Gold," by Hodson, sung by Mrs. Kathleen Campbell; "Sea Piece," by Mrs. Dowell played by Mrs. E. L. Holmes and "High Ho for the Morning" and "Absent" by Metcalf, sung by Mrs. George Bean, Mrs. Long, Miss Campbell, Mrs. Holmes and Mrs. Bean are all popular maidens of La Grande and their delightful program received much applause from the appreciative audience.

The Monday Bridge club was delightfully entertained yesterday afternoon, when they met at the home of Mrs. E. R. Tingo. Bridge was the feature of the afternoon with high honors going to Mrs. J. H. O'Connell and the guest prize to Mrs. J. C. McEwen.

The rooms were very tastefully decorated with beautiful flowers and during the afternoon a delicious two course luncheon was served.

The Thursday Auction Bridge club will have one o'clock luncheon with Mrs. Adolph Newlin Thursday afternoon, at her home on Ninth street. Following the luncheon the afternoon will be spent at bridge.

The Women's Home Missionary Society will meet at the home of Mrs. E. O. Payton, 664 Adams avenue, Wednesday afternoon at 2:30 o'clock. All members and friends interested are cordially invited to be present.

The Pythian Sister club will meet at the home of Mrs. L. W. Weeks Wednesday afternoon, with Mrs. Walter Jones assisting as hostess.

Mrs. J. J. Carr, who has been visiting in Portland for the past two weeks, returned home yesterday. She was accompanied by Mrs. P. E. Moore, a former La Grande resident who now resides in Portland. Mrs. Moore will spend some time with friends in La Grande.

A basket social will be given Wednesday, February 27, by the Junior Missionary Society Girls in the basement of the Methodist church at 8 o'clock. Ladies bring baskets and men bring their pocketbooks. Everyone invited.

Hints for the Housewife

WINTER SALADS

There is no more important course in a well-designed meal than the salad, for it furnishes the element in which our diet is most apt to be deficient. The minerals which are so necessary to the tone of the system, the "roughage" which adds the peristaltic action of the bowels, and the vitamins that are essential to health are all found in uncooked fruits, vegetables and nuts, and are lacking in many of the highly refined foods that we eat. The housewife who serves a large variety of tempting salads at all times of the year is doing much to insure health for her family.

This is comparatively easy to do in the summer and fall, when fresh fruits and vegetables are cheap and abundant, but it is often difficult in winter, when good salads are especially necessary to good health. In connection with this problem, the housewife should not overlook the dried fruits that are available at reasonable prices all winter and contain many of the elements essential to a good salad.

Dates are especially valuable for this purpose. They are inexpensive and highly nutritious. They contain the "invert" sugar, which is assimilated by the human system without chemical change, in the proportion of seventy per cent, are ten per cent vegetable fibre or roughage, and are rich in lime and iron which are two of the necessary minerals most apt to be lacking in modern diet.

The following are two recipes for date salads made with ingredients which are easy to get and inexpensive in the winter:

Apple and Date Salad
Mix 3 tablespoons salad oil with 1½ tablespoons lemon juice, 1 tablespoon powdered sugar and a few grains of salt. Have ready 1 cup of chopped dates and 2 cups dried apples. Sprinkle dates and

apples separately with the dressing. Chill for half hour or longer. Combine, arrange on beds of crisp lettuce and sprinkle with 1 cup of chopped nut meats.

Pineapple and Date Salad
1 can sliced pineapple
1 teaspoon mustard
1 teaspoon salt
1 tablespoon sugar
1 teaspoon paprika
2 tablespoons flour
1 cup vinegar
1 package dates

Letting
Drain juice from pineapple. Measure liquid and if necessary add enough water to make 1 cup. Heat. Mix mustard, salt, sugar, paprika, flour and vinegar. Stir until smooth. Add to hot fruit juice slowly, stirring constantly until it boils. Allow to boil three minutes. Chill, cut pineapple and dates in pieces. Mix with chilled dressing and serve on crisp lettuce leaves.

PEASANTS LOOK WITH DISFAVOR ON ENGAGEMENT

(By Constance Stephano)

SOFIA, (I.N.S.)—Bulgarian peasant folk have not yet recovered from the consternation caused by the announcement that Princess Nadejda, the second daughter of former King Ferdinand, had become engaged to the young Duke of Wurtemberg. The marriage of the couple took place on January 29, but Bulgarians are still discussing Princess Nadejda's action.

It is not that the peasants object to Princess Nadejda's choice of a husband. They are glad she has married the young Duke, who is 27 years old, handsome and dignified in bearing, and hope their life together will be long and happy.

What astonished the simple Bulgarian people and set their tongues wagging was that Princess Nadejda married before her older sister, Princess Ekudasia. Among the peasants it is the rule that none of the younger daughters of the family may marry until the first-born daughter has taken a husband. Girls who break the rule are often outcast from their families.

The feeling of the peasants is exemplified by the action of the peasant maid who attended Princess Nadejda, as she is affectionately known. Upon hearing that her mistress was engaged, the maid exclaimed:

"Good Lord! How could my Nadya do such a horrid thing? It's awful. In my town they would stone me if I had treated my older sister so. Poor Dixie!"

"Poor Dixie," by which is meant Princess Ekudasia, the older sister, however, does not share the disfavor of the peasants. She doesn't seem to mind a bit that Nadya was first to take a husband. She participated joyously in the wedding ceremonies, helped her sister in all her wedding preparations and, after the nuptials, returned to Sofia, where she resumed the task of managing the household for her brother, King Boris, which she and Princess Nadejda previously had jointly performed.

Women Are Taught to Systematize All Work

BERKELEY, Cal.—Union hours for women keeping houses is possible at the present time. No more staying up at all hours of the night, cleaning houses, finishing the ironing and other duties for the woman who is already worn out from the cares of the day. She needs the rest even more than her husband, who has enjoyed a good dinner and an evening of rest to offset his day of work.

This is the dictum of Mrs. A. F. Morgan, of the Home Economics Department of the University of California, who says that if women would systematize their work they could get through in a much shorter time and with much better results. In the university courses are being given in the planning of a housewife's time. In this way future wives will be able to get up at a reasonable time in the morning, Mrs. Morgan declares, start a planned course of work and finish by noon, with no rushing around clean house.

"Then," according to Mrs. Morgan, "the wife will be able to play bridge in the afternoon, go to theatres and do just what she wishes with her time, going home in the evening to a planned-out meal. Husbands will also appreciate coming home to a lovely, rested wife at night instead of the tired-out disheveled person who used to greet them at the door with a thousand complaints of too much work and of everything that had gone wrong that day."

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Riesman Steps—Bennett.

SULPHUR SOOTHES UGLY, ITCHING SKIN

The First Application Makes Skin Cool and Comfortable

If you are suffering from eczema or some other torturing, embarrassing skin trouble you may quickly be rid of it by using Mentho-Sulphur, declares a noted skin specialist.

This sulphur preparation, because of its germ destroying properties, seldom fails to quickly subdue itching, even of fiery eczema. The first application makes the skin cool and comfortable. Rash and blotches are healed right up. Rows of Mentho-Sulphur is applied like any pleasant cold cream and is perfectly harmless. You can obtain a small jar from any good druggist.

up in the center of the front.

Imitative Heels.
New York—Heels not only corrupte today. They caricature in intricate patterns. One pair imitates in brilliant, a motif from colonial wall paper.

Very Quiet Indeed.
New York—What the designer today insists in a "quiet" model for street wear this season; a luscious wooly, lightweight sports coat with a gray background across which run horizontal stripes—very white—of black and orange.

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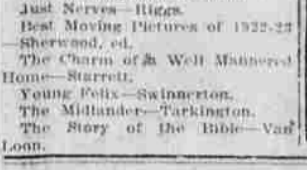
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Boudoir Mirrors of Washington. Best Short Stories of 1923. The Unsettled Ladies of Stanboul—Brown. The Queen of Farrandale—Burham. Robert T. Lee, a play—Deinwater. So Big—Perler. Saddle Bags—Lind. Making Life a Masterpiece—Marden. Listen to These—Mason. Silk—Merrin. The Hope of Happiness—Nicholson. The Dancing Star—Onions. Just Nerves—Riggs. Best Moving Pictures of 1922—23—Sherwood, ed. The Charm of a Well-Mannered Home—Starratt. Young Fella—Salmerston. The Midlander—Tarkington. The Story of the Bible—Van Loan.

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We employ only graduated nurses

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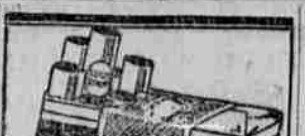
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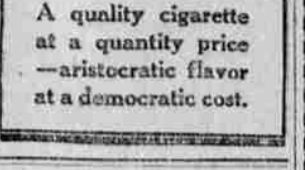
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Lucky Strike

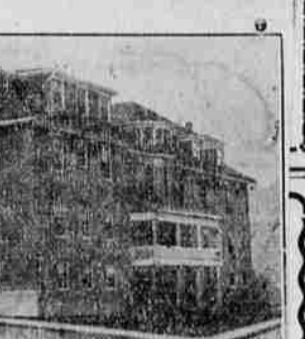
A quality cigarette at a quantity price—aristocratic flavor at a democratic cost.



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