

Personal Mention

Wallawa was represented among the guests at the Foley last evening by J. F. Ravenscroft.

Wolser was represented among the out of town guests at the Savoy last evening by W. K. Starn.

Walter Carpenter was registered among the guests from Pendleton at the Foley last evening.

Misses Ellen and La Velle Richey are visiting relatives in Joseph for a few days.

Mrs. Ernest Vohra left this morning on the branch line train for Eugene on a short business trip.

T. Carr and D. Martlett, of Wallawa, were registered among the guests at the Savoy last evening.

Among out of town visitors is W. C. Sturgill of La Grande—Portland Journal.

W. Williams is among the visitors from Pendleton who are registered at the Foley today.

L. L. Laws and family, of Oklahoma, stopped in this city last evening as guests at the Sommer.

Roy Bell of Cove, motored to the city last evening, spending several hours in the city on business.

Pro-water was represented among the guests at the Sommer last evening by G. W. Sanger, who is here attending to business.

A. H. Stange, who has been visiting his son, August J. Stange and family for several days, left last evening for his home in Merrill, Wisconsin.

Mrs. A. H. Parker and son, of Bend, left this morning for Enterprise where they will visit relatives for a few days.

Mrs. Martin King and little daughter were down from Klamath yesterday on a short business trip and stopped as guests at the Foley.

Mrs. E. E. Pruitt and daughter, Florence, returned to their home at Joseph this morning after a short business trip to this city. They were registered at the Savoy.

Mrs. Zoe Nottingham and children returned to their home at Enterprise this morning after spending several days in this city visiting and shopping.

Mrs. J. C. Gardiner and son, Dan, of Portland, who have been visiting friends and relatives in this city for several days, returned home last evening.

Mrs. M. O. Courtney arrived in La Grande this morning on No. 24 from Portland en route for her home at Lostine.

Mrs. Elmer Horstman left this morning for Pleasant Valley to spend a short time visiting Mr. and Mrs. H. Horstman.

Mr. and Mrs. J. I. Hennings, who motored up from Portland to spend the week end with Mr. and Mrs. J. T. Richardson, left last evening for their home. Mr. Hennings is a brother of Mrs. Richardson.

Harry Mohr, prominent young business man of Union, motored over to the city last evening, spending several hours here transacting business and visiting with his parents.

Delber Snider, who has been employed by the O. W. company in Baker for some months past, arrived in the city last evening and will make his home here for some time.

Girls Qualify as Actuaries

LONDON, July 24.—Yet another profession which has hitherto been regarded as exclusive to men has received women into its membership.

Two English girls, Miss Gladys Gregory and Miss Dorothy Davis, both of them young, are the first women to become qualified actuaries and members of the British Institute of Actuaries. They passed successfully a very stiff examination in arithmetic and the technique of insurance.

When your kidneys hurt and your back feels sore don't get worried and proceed to load your stomach with a lot of drugs that excite the kidneys and irritate the entire urinary tract. Keep your kidneys clean like you keep your bowels clean by flushing them with a mild, harmless salt which helps to remove the body's urinous waste and stimulates them to their normal activity. The function of the kidneys is to filter the blood. In 24 hours they strain from it 500 grains of acid and waste, so we can readily understand the vital importance of keeping the kidneys active.

Drink lots of good water—you can't drink too much; also get from any pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast each morning for a few days and your kidneys may then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for years to help clean and stimulate clogged kidneys; also to neutralize the acids in the system so they are no longer a source of irritation, thus often relieving bladder weakness.

Jad Salts is inexpensive; can not injure; makes a delightful effervescent lithia-water drink, which everyone should take now and then to help keep their kidneys clean and active. Try this; also keep up the water drinking, and no doubt you will wonder what became of your kidney trouble and backache. By all means have your physician examine your kidneys at least twice a year.

Drink Water to Help Wash Out Kidney Poison

If Your Back Hurts or Bladder Bothers You, Begin Taking Salts

When your kidneys hurt and your back feels sore don't get worried and proceed to load your stomach with a lot of drugs that excite the kidneys and irritate the entire urinary tract. Keep your kidneys clean like you keep your bowels clean by flushing them with a mild, harmless salt which helps to remove the body's urinous waste and stimulates them to their normal activity. The function of the kidneys is to filter the blood. In 24 hours they strain from it 500 grains of acid and waste, so we can readily understand the vital importance of keeping the kidneys active.

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MEXICALI FIRE LOSS JUSTIFIED

(By the Associated Press)

MEXICALI, Lower Calif., July 24.—Insurance adjustments have advanced sufficiently to allow entry to ruins of several places in the south of the recent big fire here, in which it is estimated that the loss was more than \$5,000,000. An unknown number of lives were lost. Remains of two Chinese captives have been recovered from sub cellars entered so far.

Water remaining in the lower cellars will probably prevent search for several weeks longer. Several safes in which groups of Chinese hoarded their funds in cellars have been recovered and their contents, aggregating more than \$25,000, found intact.

Insurance adjusters handling the fire losses have encountered unusual difficulty in conducting their work because of the fact that the books of the insured concerns were all kept in Chinese characters, representing stocks to the value of nearly \$2,000,000. Interpreters have been necessary and the work of the adjusters unacceptably slow.

Students Making Brave Fight.

(By the Associated Press)

DRESDEN, July 24.—Ringling church bells in the occupation of a girl student in one of the German universities has adopted as a means of picking out her inadequate income. She also did factory work and mounted until a gift from the students of Vassar College provided her with money enough to buy meal tickets for the students' mess. Now she is able to devote more time to her studies. The students' messes give two hot meals a day at a cost in American money of two cents, but many of the women students cannot afford even this small sum.

Many girls are trying to live on only one hot meal a day, and consequently the number forced to leave the universities and high schools because of illness is very large. Even the two hot meals provided in the messes fall far short of providing adequate nourishment. They contain no meat or fats of any sort, and are chiefly boiled vegetables and cereals.

Fortresses to Be Modern Parks.

(By the Associated Press)

TOKIO, July 24.—Several of the ancient island forts, upon which Tokyo and the bay towns depended for their defense in days long past, are to be turned into parks. These islands were built by the government and guarded the entrances to Tokyo and Shinagawa, adjoining the capital, and, while in after years the guns with which the forts were manned might have withstood an attack, modern guns have made them quite useless for defensive purposes.

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Benefit Planned for Enterprise Orchestra

(By the Associated Press)

ENTERPRISE, July 24.—Plans for financing the trip of Enterprise Philharmonic orchestra to Portland were discussed last evening by a joint committee representing the Enterprise Chamber of Commerce.

It is the unanimous opinion of those in attendance that the favorable publicity to be derived from the visit of the orchestra was of such importance to the welfare of the city that no failure could be tolerated.

It was therefore decided to raise the money necessary by a gigantic benefit which will take the form of a musical review and summer carnival in which upwards of one hundred people will be employed.

The plans as finally developed provide for the most ambitious entertainment ever attempted in Enterprise, and will include music of the highest grade, both vocal and instrumental, burlesque and various comedy stunts, beautiful drills and dances by the children, and specialties, all of which will be superbly mounted.

Celebrate Centennial

(By the Associated Press)

CHENGOH, Vt., July 24.—The centennial of the founding of what is believed to have been the first normal school in this country will be celebrated in this little Vermont town August 14 and 15. A pageant of education, in which three hundred residents of the town will participate, will be given on the evenings of both days, and in the afternoon of the second day a monument will be unveiled at Concord Corner on the site of the school.

Rev. Samuel Read Hall, who was born in Chesham, N. H., in 1795, was called to the pastorate of the Congregational Church at Concord Corner in 1823. He accepted on condition that

he be allowed to establish and maintain an institution for the training of teachers for the common schools. In the same year he opened what was variously known as Concord Academy and Columbia Academy, and later as the Essex County Grammar School, with the principal object of training men to be teachers. In 1829 Dr. Hall published a treatise on education said to have been the first printed work on pedagogy in this country. He also introduced the use of blackboards in schools.

Dogs Popular; Weasel Barred

(By Associated Press.)

LOS ANGELES, July 24.—Dogs are more popular than cats, according to the Los Angeles Society for the Prevention of Cruelty to Animals, which reports that of 149 dogs received recently homes were found for 78, while of 545 cats only 51 have found refuge. These homeless weasels were still homeless.

The statistics of heat prostration are so complete as to leave no casualties to charge against the bootleggers.

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The Telephone Directory

(By the Associated Press)

BERGEN, July 24.—Giving his opinion regarding the Arctic as a flying terrain, Lieutenant Dietrichsen is quoted as follows by the Aftenposten: "Once one has risen above the mountains, the mist vanishes and weather conditions become extraordinarily even and free of wind pockets. The further north one proceeds the better become the possibilities of good and safe landing places among the vast flat tracts of ice and snow-fields."

The lieutenant also expressed his firm conviction that the Polar flight was only a matter of time.

Lieutenant Dietrichsen is one of the airmen sent up to Spitzbergen by the Norwegian Government in connection with relief measures for Amundsen.

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