

# EXPERT TELLS HOW TO ACT IN THUNDERSTORM

(City Associated Press)  
MILTON, Mass., July 17.—Get under cover if possible when a thunderstorm threatens. If this is not practicable, lie down. That is the advice which Alexander G. McAuley, director of the Blue Hill Observatory at Harvard University, gives in an explanation of the action of lightning prepared for The Associated Press. He gives what he describes as "ten good rules to help people take care of themselves."

"In a battle," says Professor McAuley, "a hundred bullets are fired for each soldier killed. It is something like this with lightning flashes. There are a hundred discharges for every bolt of lightning that kills a person. Fortunately, one of every hundred strokes of lightning about ninety are from cloud to cloud or spill-over discharges of moderate electrical energy and are mostly horizontal, doing no damage whatever. About ten flashes in a hundred come vertically, that is, down to earth in a straight line. Some flashes come sideways and seem to be crooked, although there are really no flashes zig-zagging like the teeth of a saw or arcing generally depict lightning.

"The intense straight flashes are ones to be feared, and it is a silly person who stands out in the open when such flashes are seen. He invites trouble, but the invitation is not always accepted.

"At this time of the year thunderstorms are frequent and there are a comparatively large number of fatal accidents. One reads in the press dispatches that four men are walking along a New Jersey beach during a thunderstorm. There is a flash of lightning, one man is killed outright, one severely burned, and the others stunned.

"Now there is no protection for a case like this unless one could carry around with him a metallic cover well grounded. The first rule is then, Do not stay out on a beach or in a field when dark, heavy clouds are overhead or coming slowly from the west or south. Get under cover if possible. If this is not practicable, lie down. Don't remain standing.

"Second: Do not stand under a tree with thick foliage. You are forming a part of the line of discharge, since the body, more particularly the skin if moist, is a better conductor than the trunk of the tree. More people are killed by lightning in this way than probably any other.

"Third: Don't stand in the doorway of a barn or at a window in proximity of a chimney. There are currents of air or winds, and the lightning follows to some extent any draft of column or rising air, especially warm air.

"Fourth: Don't laugh at any one's nervousness during a severe thunder storm. There is a good reason to be nervous. Even if one is in a building that is struck the damage is, in ninety-eight cases out of a hundred, confined to ripping out plaster or knocking off slates and tearing off any projecting timbers. But there are times when the storm clouds descend to earth and amid darkness the flashes are heavy and numerous. At such times there is danger. It is dangerous to be near a chimney or a tree or a flagpole or a metal clothes-line.

"Fifth: Stock should not be tied near a wire fence.

"Sixth: There is no particular sense in going to bed. Standing on glass or rubber or any good insulator, a well-en blanket for example, will give one a little more security and a great deal more confidence. The probability

of a person in an ordinary residence building being struck is very slight.

"Seventh: If you are near a person who has been struck make every effort to resuscitate him. Only rarely does lightning kill outright. Mostly people are stunned, and all that is needed is a little artificial respiration to restore them to consciousness. Of course get a doctor quick.

"Eighth: If you are in a trolley car and a flash comes in and burns the trolley with a roar and a blinding flash, sit still. The danger is over, and while you may be frightened you are not likely to be hurt.

"Ninth: If you have a radio, better cut it out during a thunder storm. The antenna should be grounded all over and all wires, as far as possible, kept outside.

"Tenth: If your house is provided with good lightning rods you need not have much fear. Moreover, dwelling houses in city blocks are practically safe."

## Swedish Riksdag Acts To End Liquor Running

(By the Associated Press)  
STOCKHOLM, July 18.—A severe blow has been dealt the rum-running fraternity of Sweden through the adoption by the riksdag of two bills which aim to curtail the activity of smuggling. One bill calls for the establishment of a special police force against liquor smuggling in the city and archipelago of Stockholm, and the other involves increased severity of punishment for violation of the liquor import laws.

The creation of a special patrol for Stockholm, and the appropriation of about \$25,000 therefor was passed only after considerable debate. The amendment to the smuggling law provides a maximum penalty of one year's imprisonment or hard labor for offenders found guilty of extensive smuggling of unlawful import for commercial gain. In certain cases also the master of a ship upon which smuggling has been attempted can be held legally responsible.

These restrictive measures by the riksdag have been necessitated because of the persistent smuggling which has been carried on across the sea coast of Sweden. Large quantities have been brought in illegally, the principal purveyors being Estonia and Germany. Although Sweden is not a prohibition country, the illegal distribution of liquor has become profitable because, under the "Hart system" of liquor rationing, Swedish subjects are not legally entitled to more than a prescribed quantity of alcoholic beverages a month.

Since Mr. Edison is so wrought up about colleges not teaching men to think, why doesn't he invent some kind of an electrical process that will do the stunt?

It is probably too much to hope that government ever will celebrate a be-kind-to-business week.

**Can't Sleep?**  
When Coffee disagrees  
**Drink Postum**  
There's a Reason

## EARLY MARRIAGE AIDS LONGEVITY

### Boy Scouts are Told to Marry Young, Refrain from Indoor Dancing and Be Neither Rich or Poor.

(By the Associated Press)  
CHICAGO, July 18.—One who desires to live 100 years should marry early, refrain from indoor dancing, should not be a college athlete and be neither rich nor poor, according to an address made here by Albert M. Johnson, president of the National Life Insurance Company, before several hundred boy scouts. Mr. Johnson said these maximums were reached by his company following statistical computation of results from a survey of longevity under modern conditions.

The long list of "don'ts" which Mr. Johnson said the survey suggested in order to attain this age contained a few "do's" chief among which was "religion in a true way." Mild exercise daily and a "straight neck" in walking, were others.

"Our statistics show, when compiled and averaged, that to reach five score years one should marry early, be neither rich nor poor, should not be a professional or college athlete or an actor, should refrain from indoor dancing and never drink intoxicating liquor," Mr. Johnson said. "Husbands, we find, live longer than back-

slants. State people are handicapped by long and hard hours. Heart strain is too common in the athlete.

"Persons earning between \$2,000 and \$4,000 a year live longer. This probably is due to the fact that moderate incomes do not give a person enough for dissipation but are adequate for comfort and sensible living.

"The religious in a true way. Religious people are happier as a rule and going to church tends to make them regular in their habits. Do not drink liquor and do not smoke, if you must, until you are beyond 27 years of age. One of the most emphatic results of our survey was the evidence that the practices cannot be indulged in temperately by enough people to give you much of a chance to win.

"Stretch your neck up. Short-necked people are better subjects of apoplexy. Stretching your neck gives the

blood vessels less chance to clog. Take mild exercise daily, regularly, and not intermittently or savagely.

**Find Precious Stones**  
MELBOURNE, July 13 (AP)—A remarkable find of precious stones has been reported near Wynnum, about 25 miles from Coora, New South Wales, and not far from the once-famous Mount McDonald gold and copper mines. The stones which comprise diamonds, rubies, sapphires and tourmaline, have been submitted

to experts who declare them genuine. The diamonds were found in blue pug clay similar to the pug clay in which South African diamonds are embedded. The sapphires are of a brilliant hue, and the rubies a deep red.

**Biliousness and Constipation.**

"For years I was troubled with biliousness and constipation, which made life miserable for me. My appetite failed me. I lost my usual

force and vitality. Pepsin preparations and cathartics only made matters worse. I do not know where I should have been today had I not tried Chamberlain's Tablets. The tablets relieve the ill feeling at once, strengthen the digestive functions, helping the system to do its work naturally," writes Mrs. Rosa Potts, Birmingham, Ala.—Adv.

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A fine lot in good location, size 69x292, on which there is a good six room house with room for bath. City water in house. Wired for lights. House has good stone foundation. All rooms have been painted and papered, fine shape throughout. Several good trees on lot. Close to R. H. shops and schools. This property can be bought with \$250.00 cash, balance monthly.

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