

ALASKA TRADE WILL USE U. S. BOATS, REPORT

(By Associated Press)
WASHINGTON, D. C., May 2.—One more step in "opening up" Alaska will be taken when the government begins operation of river boats on the Yukon and Tanana rivers this summer, according to a bulletin from the National Geographic Society here recently.

"Thus Fairbanks, interior metropolis of Alaska, becomes officially the place where rails and rivers meet," says the geographic news bulletin. "Fairbanks marks the apex of a traffic triangle with one leg planted at Seward, southern terminus of the Alaska railway, and the other on Bering Sea where flow the waters of the Tanana and the Yukon."

"Fairbanks has its slogan, like its sister cities back in the states. It wants more roads and railroads, and the capital for development of its surrounding coal fields. Therefore its appeal, about to be realized in part, 'Give us the railway and motive power, and we will pay the nation's war debt.'"

"The Yukon is one of the world's great rivers. If its mouth were at New York City its source would be near Salt Lake City. The Tanana, the less familiar portion of the new government port route, is the Yukon's chief southern tributary. It drains the vast Tanana valley, rich in gold, other minerals, and virgin farm lands. This Imperial Valley of the far north, as large as West Virginia, now has a white population of less than 7,000. In a dozen years after the first substantial gold output, in 1903, yellow ore worth \$66,000,000 was mined."

"Steaming up the Yukon in summer time the visitor will reach a town of many flowers, where numerous homes have hothouses, some have bird boxes on their peaks, and practically all have vegetable gardens. Wild roses and Scotch blue-bells grow in the fields."

"The town of flowers and birds and gardens is Tanana. Turning into the river of that name the visitor is assailed by less pleasant evidences that Alaska is not all winter. Mosquitoes and mosquitos abound. The Tanana is broad and placid. Green willows and poplars push out over

And Nobody Hurt!



John Hecht, of Brooklyn, N. Y., was driving his silver sedan peacefully along the street when—crash! This tree suddenly snapped and fell upon the car. Hecht's escape seemed miraculous since he was directly under the tree.

"LAW BOOKS" OVER 4 PERCENT

(By Associated Press)
RENO, Nev., May 2.—Two packages of "law books" which leaked corn whiskey were recently received at the Reno postoffice. They were mailed from New York and addressed to Charles W. Ballentine, who is under arrest charged with violation of

NEW YORKER SHUNS MOVIES

The "Law Books" were in two quart bottles which had become broken despite careful wrapping.
NEW YORK, May 2.—A New Yorker has been found who, although spending his whole life in the city, has never attended a movie, has been to the theatre only once in 27 years and has not seen a ball game in 40.

PLANS NATIONAL PARK

WARSAW, May 2.—The Society of Friends of the Tatra mountains is working out a plan for transforming the Tatra mountains into a national park on the lines of Yellowstone park.

IMPORTANT: OVER \$7500.00 for Grape-Nuts Recipes

The Postum Cereal Company will buy not less than 101 Recipes or suggestions for new Uses of Grape-Nuts, paying \$50.00 for each one accepted. And in addition—

Good Housekeeping Institute, conducted by Good Housekeeping Magazine, will decide an award of \$2500.00 for the best four of the 101 or more Recipes or suggestions for new Uses of Grape-Nuts, so purchased:

\$1000.00 for the 1st selection \$750.00 for the 2nd selection
\$500.00 for the 3rd selection \$250.00 for the 4th selection

Read carefully the terms of this offer so that you may have the fullest opportunity to share in its benefits. The conditions are so simple and fair that every housewife in the United States can take part in this National Recipe Festival!

There Is No Other Food Like Grape-Nuts

WHILE practically every man, woman and child in the English-speaking world knows Grape-Nuts as a delicious, nourishing and wholesome cereal, and while it is common knowledge that Grape-Nuts with milk or cream is a complete food, many housewives do not know of the appetizing and economical dishes that can be prepared with Grape-Nuts. It lends itself, we believe, to more uses than any other cereal. The convenience and economy of Grape-Nuts, and the flavor, zest and wholesomeness which it imparts to other food, make it invaluable in every home.

Frequently we receive interesting letters from women throughout the country, telling about the attractive dishes they make with Grape-Nuts—delicious puddings, salads,

dressings for fowls, etc. No doubt there are thousands of women who are finding varied uses for Grape-Nuts in their home cooking, and even more thousands who will be glad to learn of those varied uses; for while we all cling to old favorite dishes, we also welcome and enjoy a change.

So that is the thought back of our offer of more than \$7500.00 in cash for new ways of using Grape-Nuts. To those women who are already using Grape-Nuts in various ways, other than as a breakfast cereal or in the recipes given here, and to those women who would like to try their hand at developing some new way to use Grape-Nuts, we offer to buy at \$50.00 each not less than 101 new Grape-Nuts Recipes. We plan to include these new Recipes in a beautifully illustrated cook book.

What Is Grape-Nuts?

Grape-Nuts is a highly nutritious food in the form of crisp, golden granules. It contains the full nutrient of wheat and barley, including vitamin-B and mineral elements required for building sturdy health. These elements are often lacking in the ordinary diet, chiefly through "over-refinement" in the preparation of food.

No other food is so thoroughly baked as Grape-Nuts. More than 20 hours are consumed in the baking process which makes Grape-Nuts easy to digest, and also develops a natural sweetness from the grains themselves.

The form and crispness of Grape-Nuts invite thorough mastication—a decided advantage because this not only provides proper exercise for the

teeth, but makes for good digestion.

Every housewife in the Land should take advantage of this extraordinary opportunity to earn the tidy sum of \$50.00 by a little pleasant and educational effort in her own home. Also the fair and equal chance to secure one of the liberal awards to be made by Good Housekeeping Institute.

Moreover, there's the greater knowledge of the value of Grape-Nuts, not only as a delicious breakfast cereal, but in the preparation of a variety of appetizing dishes that add to the health and pleasure of the whole family.

Where you don't find Grape-Nuts you won't find people

"There's a Reason"

Sold by grocers everywhere!

Conditions Governing the Purchase of, and Awards for Grape-Nuts Recipes

The Postum Cereal Company will buy not less than 101 Recipes or suggestions for new Uses of Grape-Nuts, paying \$50.00 for each one accepted. This offer is open to every person in the United States.

Good Housekeeping Institute, conducted by Good Housekeeping Magazine, will decide an award of \$2500.00 for the best four of the 101 or more Recipes or suggestions for new Uses of Grape-Nuts, so purchased: \$1000.00 for the 1st selection; \$750.00 for the 2nd selection; \$500.00 for the 3rd selection; and \$250.00 for the 4th selection.

Recipes must be mailed between May 1st, 1923 and August 31st, 1923.

Recipes or suggestions for new uses submitted for purchase must not duplicate any of the ten Recipes printed in this announcement.

No Recipe will be purchased from anyone directly or indirectly connected with the Postum Cereal Company, Inc., or Good Housekeeping Institute.

If more than one Recipe is offered, each must be written on a separate sheet. Write name and address plainly on each Recipe submitted.

In the event of a tie for any award offered,

an award identical in all respects with that tied for will be made to each one tying.

It is not necessary to purchase Grape-Nuts. A suitable quantity will be sent upon request to those desiring to submit recipes.

Your Recipe should state the exact number intended to be served. Recipes should be carefully tested to make sure that proportions and directions for preparing will bring best results.

Form of Recipe: First, write name of your Recipe at top of sheet; underneath list all ingredients, using level measurements only; then the directions for preparing, worded simply and accurately. Do not send specimen dish.

In considering Recipes for purchase, and for awards by Good Housekeeping Institute, account will be taken of the following points:

(a) Palatability.
(b) Simplicity and economy.
(c) Accuracy and clearness of expression of recipe.

Announcement of the Recipes purchased, and Awards by Good Housekeeping Institute, will be made in January Good Housekeeping.

Recipes submitted to the Postum Cereal Company for purchase will not be returned.

LUMBER MARKET IS UNCHANGED

The last week has witnessed no marked change in the lumber market, says the American Lumberman, Chicago. Though cool weather has prevailed over much of the country, building is undergoing seasonal stimulation and will undoubtedly reach enormous volume during the next few months. Retail yards in the larger communities are selling a great deal of lumber, but continue to hesitate about entering the market for future requirements on any large scale. Building material dealers generally are beginning to take a decidedly conservative attitude toward the future, expecting an eventual slump in building as a result of high labor and material costs, which undoubtedly are beginning to meet public opposition. Country yards are showing a lively interest in the market, and indications are that their trade will be fair to good this spring, and better still in the fall, if the farmer harvests good crops and secures reasonable prices for his products this year.

Industrial trade in