

FARMERS READY FOR YEAR WORK

COVE, Mar. 6.—Farmers are advancing forces and doing other necessary work about their farms preparatory to work in the fields.

George Chadwick is home this week after serving three weeks on the jury. He has to go back to work on the 14th.

Miss Esther Brandle spent the week with her sister, Mrs. L. V. Johnson.

N. Daron and wife drove to La Grande on Wednesday, returning Thursday.

Mr. and Mrs. N. P. Kight were business visitors to La Grande on Monday.

Mr. and Mrs. Ernest Miller spent Monday in La Grande.

Walter Daron is out of school this week on account of illness.

Emory Hartley had the misfortune to step on a nail this week, the injury proving very painful.

Horse Killed.
A horse, which Gilbert Miller was riding home from school fell with him, killing the horse instantly, but Gilbert escaped with a few bruises.

Tay Hartley has been on the sick list this week.

Mr. Fanning Grange held their regular meeting on March 2nd with nine officers, eleven members and four children in attendance. The regular routine of business was followed by a program in charge of Mrs. N. Daron. Song by Grange, reading, Mrs. Chadwick, recitation, Gladys Daron, recitation, Edward Wolf, recitation, M. L. Carter, vocal duet, Mrs. L. J. Chadwick and Mrs. J. C. Miller, recitation, Merton Daron, reading, M. L. Carter, solo, J. B. Tallent, roll call, "What Great Character in History Do You Most Admire and Why?" recitation, Gladys Daron; Penny March won by Mrs. Baker; Guessing Contest won by Mrs. Miller. The worthy lecturer has installed a magazine and garden seed exchange. On our next meeting day we will have an Irish program in honor of St. Patrick.

Miss Helen Reynolds of La Grande is visiting at the L. V. Johnson home.

NORTH POWDER BOY IS HURT

NORTH POWDER, Mar. 6.—Olivier Dickenson, Jr., fell on a piece of glass and cut his hand severely.

Mr. and Mrs. Everett Pearson were Baker visitors Monday.

WHI Bradford transacted business in La Grande one day last week.

Mrs. Oliver returned home from La Grande where she has been visiting relatives for the past ten days.

A number of school children have been absent on account of a gripe.

Mrs. Fred Nice is on the sick list.

Ben Tiffany is reported seriously ill in the Baker hospital.

North Powder high school and Union high tied in the basketball game Saturday, and the Union town team beat the North Powder town team.

Adrian Sloan had the misfortune of getting his nose broken while playing basketball Saturday night.

Mr. Sumpter of Austin was here Saturday visiting friends.

Ed Lindley is improving rapidly from a stroke of paralysis.

Mr. Tucker of Baker is transacting business in North Powder.

North Powder woke up Monday morning to find the ground covered with snow.

BE KIND TO ANIMALS WEEK
(By Associated Press)

CHICAGO, Mar. 6.—Sunday, April 15, has been designated as Humane Sunday, following as it does "Be Kind to Animals Week," April 9 to 14, and thousands of sermons, illustrating kindness and mercy will be delivered on that day. Many denominations have announced special observances throughout this country, emphasizing the duties and obligation of the human race to the weak and suffering.

Sweet Marie is not reading the articles on etiquette. She says that as soon as the common herd gets married the smart set will affect indifference and then she'll be right in the swim.

Drink Water If Back or Kidneys Hurt

Begin Taking Salts if You Feel Backache or Have Bladder Weakness

Too much rich food forms acids which excite and overwork the kidneys in their efforts to filter it from the system. Flush the kidneys occasionally to relieve them like you relieve the bowels, removing acids, waste and poison, else you may feel a dull misery in the kidney region, sharp pains in the back or sick headache, dizziness, the stomach sour, tongue is coated, and when the weather is bad you have rheumatic twinges. The urine is cloudy, full of sediment, the channels often get irritated, obliging one to get up two or three times during the night.

To help neutralize these irritating acids and flush off the body's useless waste, begin drinking water. Also get about four ounces of Jad Salts from any pharmacy, take a tablespoonful in a glass of water before breakfast for a few days and your kidneys may then act fine and bladder disorders disappear.

This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for years to help clean and stimulate sluggish kidneys and stop bladder irritation. Jad Salts is inexpensive and makes a delightful effervescent lithia-water drink which millions of men and women take now and then to help prevent serious kidney and bladder disorders.

By all means, drink lots of good water every day. Have your physician examine your kidneys at least twice a year.

NORTH POWDER MAN IS 73 YEARS OF AGE

NORTH POWDER, Mar. 6.—Fred Gardner passed the 73rd milestone of life on Washington's birthday, and to celebrate the event, a dinner in his honor was held at the Gardner home, Sunday. Mr. Gardner refuses to grow old in spite of his advanced age, and until recently, while he was at Dixie, where he spent the winter trapping, walked from eight to ten miles each day. His physical health is as good as that of the average man of forty, and he intends to spend quite a good many years at his work of gardening in the summer time and trapping in the winter.

Besides himself and Mrs. Gardner, the Walter McGrath and the Floyd Walk families, attended the dinner.

OLD BONEYARD MAY BE CLOSED

(By Associated Press)
SALT LAKE CITY, Mar. 6.—The dinosaur quarries in the mountains south of Vernal, Utah, which during the last fourteen years have yielded many skeletons to workmen of the Carnegie Institute, may be closed, according to word received here. The Carnegie representatives are said to have discontinued of operations under consideration.

Geologists declare, the dinosaur, which existed in the Mesozoic or Secondary age, to have been one of the most gigantic animals that have ever inhabited the globe. Many skeletons found are 50 feet in length, while the smallest yet unearthed is

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about 12 feet long. Some dinosaurs have the outward configuration of a lizard or alligator with four small limbs supporting an elongated body which terminated in a long pointed tail. In others the legs were large and very strong while the fore limbs were small.

Skilled workmen at Vernal labor many months before excavating skeletons, according to Dr. James E. Talmadge, Salt Lake City geologist, who was one of the participants instrumental in interesting the Carnegie Institute in the work.

The skeletons found in the Vernal strata are deep in the earth in a sort of limestone formation. Years of study and research has revealed according to Dr. Talmadge, that these dinosaurs were evidently over-whelmed by starvation.

Vernal and Salt Lake residents who fear the quarry workers may fall prey to curio hunters and others, have under discussion the probability of state protection. On the area is one of the natural wonders of Utah.

COLLEGE TO HOLD RELIGIOUS WEEK


EUGENE, Mar. 6.—The religious and social activities committee of the University of Oregon and the Board have provided lists of important books in the field of religion for students and others interested in Religious Book Week, March 2 to 10. At the request of the committee, M. H. Donlass, librarian, writes to a number of leading publishers, asking them to submit lists of books they would particularly recommend to the undergraduates.

Rev. Harold L. Bowman, pastor of the First Presbyterian church of Portland, submitted the following: "Christianity and Progress," a study of the permanent and progressive elements in Christianity, and "The Manhood of the Master," "Meaning of Prayer," "Meaning of Faith," and "Meaning of Service," all by Harry N. Poulson; "Facing the Crisis," a study of the application of the teaching of Jesus to social problems, Grace Hutchins and Anne Rochester.


George Eddy; "Reading the Bible," a good presentation of the Bible as literature, Prof. William Lyon Phelps; "Life and Letters of St. Paul," an interesting and unprejudiced study of the great Apostle; Dr. David Smith; "The Days of His Flesh," a permanent life of Christ; David Smith; "Things Fundamental," essential Christian belief in up-to-date terms, Charles Jefferson; "Jesus Christ and the World Today," the application of the teaching of Jesus to social problems, Grace Hutchins and Anne Rochester.

Don't use the whip on tired nerves — it means trouble

When the day's work is hard, you can't make it easier with stimulants. Ask any doctor for the facts. You can't over-draw energy without paying. Coffee contains the nerve-stimulating drug, caffeine. When coffee is used to overcome fatigue, it means whipping the tired nerves into a run. You may seem to get added strength—but there's a settlement coming for an over-drawn account. Take care! Rest is the cure for fatigue. Health is the equipment for hard tasks. Rest and health are interfered with when nerves are over-stimulated.




You've seen plenty of proof. How many people do you know who say, "I have to go slow on coffee; it keeps me awake nights?" How is it in your own case? Have you counted restless night hours after the evening cup of coffee? Treat your health sensibly that you may meet your task capably. Don't try to draw strength from over-driven nerves. That way lies weakness. Don't increase over-work by using stimulants. You are merely postponing and increasing the penalties. Be fair to yourself! For a hot, comforting beverage, drink Postum and let nerves have their natural rest. There's charm without harm in Postum—a delightful, satisfying cereal beverage; rich, seal-brown in color, delicious in flavor and aroma, and containing nothing that can irritate nerves or disturb health. Postum is safe and enjoyable for every member of the family. Thousands who formerly used coffee or tea, and began to pay the penalties of nerve-stimulation, now use Postum and praise its comforting goodness. The road to health is a good road for anybody to follow. Your grocer sells Postum in two forms: Instant Postum (in tins) prepared instantly in the cup by the addition of boiling water. Postum Cereal (in packages) for those who prefer to make the drink while the heat is being prepared; made by boiling fully 20 minutes.



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