

FRED LOCKLEY ON LA GRANDE

Tells of Recent Trip to La Grande Through Columns of Oregon Journal.

At La Grande Mr. Lockley visits the industrial and the domestic economy departments of the high school and tells what he sees the boys and girls doing to make themselves more useful and happy men and women. He also interviews the superintendent of the city's schools and reports what he says about objective and accomplishment in the training of the young for highest value to society.

While at La Grande recently I was the guest of a group of business men at a luncheon. Among those at the table were S. D. Crowe, vice president of the Home Independent Telephone company; A. J. Stang, president of the Mount Emily Timber company; T. J. Scroggins, cashier of the United States National bank; C. L. Larson, manager of the La Grande Grocery company; H. K. O'Brien, president and manager of the Oregon Hardware & Implement company; Elmer Stoddard, president of the Grande Route Linen company; A. T. Hill, president of Hill's Department Store; Bruce Dennis, editor and publisher of the La Grande Observer; Floyd McKeanon, president of the McKeanon Implement company; Chester Bohnenkamp, manager of the Bohnenkamp company; C. E. Short, manager of the J. C. Penney company; Fred E. Kiddie, manager of the La Grande Flour Mills; H. E. Dixon, attorney; Secretary Pryke of the Y. M. C. A.; A. C. Hampton, superintendent of the public schools of La Grande, and others. There is not a man in the group who could not give me an interesting story.

I am going to start with the last man I have mentioned, A. C. Hampton, and tell you what he is and for what he stands. When I lived at Pendleton, 15 years or so ago, Mr. Hampton was principal of the high school there; so I came to know something of him and of his work. He asked me to talk to the students at the high school, with which request I was glad to comply. At the conclusion of my talk he took me for a tour of the building to show me what activities were being carried on. I shall not attempt to describe more than two of the many activities. In a building just in the rear of the high school I visited the department of domestic economy. Here 51 girls were busy learning to be homemakers. All the activities of the household were being carried on. Here were various model kitchens to demonstrate to the future homemakers how best to plan their kitchens. The kitchens were of various sorts. In one was an electric stove with all the equipment that goes with it. In another a steel range, with sink, cupboard and cooking utensils. In still another a cookstove and its equipment. Each kitchen was so planned as to secure a maximum of light and convenience. There were no dark corners, no dirt-catchers. The sinks were at the proper height, and each piece of equipment was placed to economize space, steps and labor. Near the kitchen was a model dining room, and next to the dining room was a living room, off which was a bedroom.

"We want to teach the girls that homemaking is one of the most useful and desirable of occupations," said Professor Hampton. "Many of our girls will become the wives of farmers, and if we can instill in them while they are under our charge a love of pride in being good cooks and housekeepers we shall have made a valuable contribution to society. We want our girls to reflect such a credit on our institution that it shall be equivalent to a certificate of merit to have graduated from it. If more girls knew how to cook, to sew, to care for babies and to manage their homes without lost motion there would be fewer applications for divorce and less matrimonial infelicity. Our object is to help make more efficient wives and mothers so there shall be better and happier homes. Here the girls are taught every detail of household management. The course is an elective one, so that no girl is forced to take it. This means that the ones who do elect it are volunteers and are eager to learn all they can. The ordinary young man in choosing between a girl who is a good cook and homemaker and the one who is a butterfly is pretty apt to choose as a helpmate the one who really will prove a helpmate and not a mere help-along."

From the girls' department we went to the industrial department, where groups of boys were taking trucks to pieces, reassembling flippers, working at the forge or the carpenter bench, and doing the thousand and one things that will be found so useful in later life. No graduate of the La Grande high school who takes the full course in the industrial department need ever lack a job, for he is equipped to hold his own in the battle of life. "No matter what work these boys take up," said Professor Hampton, "the knowledge they are gaining here will make them useful citizens and better husbands."

"Which of all the studies being taught here do you consider most important?" I asked. Professor

Hampton, without a moment's hesitation said: "The producers and taxpayers are making a large investment in actual cash in every student that attends our schools. This investment is lost if after graduating the student fails to pay back in service to the community the investment made in his or her education. An educated drone is of no value to the community. An educated knave is a dangerous liability to society. Our graduates are either assets or liabilities to society. This being so, the most important thing the students can be helped to acquire is character. Service, fair play, square dealing, civic leadership, tolerance, all these are of greater value than mere scholastic attainment, important as in the latter."

"The longer I live the more impressed am I with the need of Christian citizenship and service. That is why I am heart and soul for any and every altruistic movement. What isn't good for all of the hire isn't good for the bee. A lowered moral, drinking, trying anything once, unscrupulous dances—all these lead to juvenile delinquency, to increased court costs and higher taxes, and, worst of all, to a lower standard of citizenship and eventually to broken homes and to children who are apt to prove a problem rather than an asset to the body politic. Yes, knowledge is desirable, but there is an old saying we all need to take to heart, and that is, 'Wisdom is the principal thing; therefore, get wisdom; but with all thy getting get understanding.' The schools and churches cannot take the place of right thinking and right living in the homes. We need to get back to the old-fashioned virtues of living not for self alone, of integrity of character and all that it implies."

BUDGET CUT AT WALLOWA

WALLOWA, Nov. 20.—The city budget for next year was cut 18 per cent by the levying board at the meeting of the city council Tuesday evening. The officers of city engineer and extra police were eliminated, and the appropriation was reduced by about \$350. The library received a needed addition of \$50, making the appropriation for books and magazines \$200. An allowance of \$120 was added for a city health officer, which was necessitated by a state law. The total amount of the budget for 1923 is \$7422. This year's budget was \$8524, and followed the usual six per cent increase which has continued since 1918 until this year. The members of the levying board are: C. T. McDaniel, Theo. Shell, E. J. Rinker, W. F. Poole, and C. A. McClarnan. They will meet again December 4th in the recorder's office to hear any protests against the proposed tax levy.

RED PEPPER FOR RHEUMATIC PAIN

Red Pepper Rub takes the "ouch" from sore, stiff, aching joints. It can't hurt you, and it certainly stops that old rheumatic torture at once. When you are suffering so you can hardly get around, just try Red Pepper Rub and you will have the quickest relief known. Nothing has such concentrated, penetrating heat as red pepper. Just as soon as you apply Red Pepper Rub you will feel the tingling heat. In three minutes it warms the sore spot through and through. Pain and soreness are gone. Ask any good druggist for a jar of Rowles' Red Pepper Rub. Be sure to get the genuine, with the name Rowles on each package.

FOR SALE

Four-room modern house on Jackson street. Bath, toilet, garage, trees, lawn and shrubbery. 2 lots and fenced, also furnished. All for \$2,000, and \$500 will handle it. Balance monthly installments.

A ten-room house, light, city, water, bath and toilet, equipped with apartments. Shade trees, lawn, shrubbery, etc., on Adams avenue. Large tract of land. Price, \$5,000.00 and can be handled for \$1,000 cash and \$50.00 per month.

Two lots on Z avenue with a small two-room house, all fenced, for \$500, on terms.

Eighty acres of good land, close in. Just east from La Grande. All under cultivation. Fair improvements. Price \$12,000. There is a mortgage for \$7,000 which can be assumed. Balance cash.

We have moved our office to the La Grande National Bank Bldg., and are located with the Security Land & Savings Company, and hereafter will do business under that name, and will be glad to meet any of our old customers, and continue the same pleasant relationship we have hitherto had.

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How Not to Take Cold

Some persons are subject to frequent colds, while others seldom, if ever, have a cold. You will find that the latter take good care of themselves. They take a shower or cold sponge bath every day in a warm room, avoid over heated rooms, sleep with a window open or partly open, avoid excesses, over eating, becoming over heated and then chilled and getting the feet wet. Then, when they feel the first indication of a cold, they take Chamberlain's Cough Remedy without delay and it is soon over.

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Eastern Oregon Music Co.

ANTELOPE WILL BE PRESERVED

(By Associated Press.)
LETHBRIDGE, Alta., Nov. 20.—Government plans to prevent the extinction of the antelope in western Canada are proving successful and the reserve created at Foremost, Alta., in 1918 with 50 animals in captivity has now increased to 150, representing an increase of 20 head for the past year.

The reserve, known as the Nemiskam park, comprises nine square miles and the steady growth of the herd and the absence of disease is considered good evidence that the experiment is likely to result in saving this species from the extermination that otherwise awaits it.

Better than the grayhound in flight, exceedingly graceful and beautiful, the antelope has for many years been a prize for the big game hunter and its number have been diminished of late years with a rapidity that has aroused the concern of all lovers of wild life.

Ten years ago Dr. W. T. Hornaday, the distinguished American naturalist, estimated that there were 2,000 Antelope in western Canada. Today, there are reported to be only about 1,000 of the animals in a wild state in Alberta, and 250 in Saskatchewan. They entirely disappeared from the province of Manitoba some years ago.

We Offer For Sale

A 3-room modern house on N Ave. in good location. Lot 6x110. Paces north. The house is old but good. A very good home. Price \$2,200. \$500 cash and the balance can be arranged on easy payments.

A 3-room modern house, full basement, furnace, fireplace. There is room upstairs for another room or two could be finished. The house is in good repair. Located on Cedar St. Price \$2,000. \$1,500 cash and balance easy payments.

One acre land, very good 4-room house, full basement, electric lights, good electric pump for irrigation. This is a good home for some one. Price \$1,500. \$500 cash will handle this.

Do you want a vacant lot to build on? If so we have many. In any part of La Grande. We have ten choice lots on Y avenue for sale.

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Gray hair, however handsome, denotes advancing age. We all know the advantages of a youthful appearance. Your hair is your charm. It makes or mars the face. When it falls, turns gray and looks greased, just a few applications of Sage Tea and Sulphur restores its appearance a hundred fold. Don't stay gray! Look young! Either prepare the recipe at home or get from any drug store a bottle of "Washita Sage and Sulphur Compound," which is merely the old-time recipe improved by the addition of other ingredients. Thousands of letters recommend this ready-to-use preparation because it darkens the hair beautifully, besides, no one can possibly tell, as it darkens so naturally and evenly. You rub it a space or so on the head with it, drawing it through the hair, taking one small strand at a time. By morning the gray hair disappears; after another application of two, its natural color is restored and it becomes thick, glossy and lustrous, and you appear years younger.

Chamberlain's Tablets Have Done For a World of Good.

Chamberlain's Tablets have done a world of good," writes Mrs. Ella L. Sutton, Knoxville, N. Y. "I have recommended them to a number of my friends and all who have used them praise them highly. When troubled with indigestion or constipation, since then a trial and result for yourself what an excellent medicine it is.—ADV.

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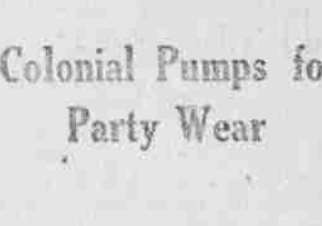
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