

Is this the Third Influenza Wave?

Is the type of heavy cold now prevalent a true influenza? Doctors disagree. It will be remembered that after the terrible epidemics of 1918 and 1919, it was predicted that "waves" of influenza would recur, milder each time, until humanity should have acquired immunity against the disease.



Avoid Influenza---Grip---Pneumonia

Apply Vicks to help avoid infection. Use Vicks at the first sign of an oncoming cold.

MOST medical authorities now agree that Colds, Grip, Influenza and Pneumonia are all germ diseases—most commonly spread by breathing in the germs. If the system is in good shape—the membrane of the air passages in a healthy condition—these germs do not breed.

In fact the germs of all of these diseases are frequently found in perfectly healthy persons. It is only when the bodily resistance is lowered—as by a cold for instance—that they are able to harm us.

Avoid Sneezers and Coughers

It is best to keep away from the sneezers and coughers in the street cars and public places, or if you must meet them, insert some Vicks in the nostrils before you start out. On returning home, melt a little Vicks in a tin cup or a spoon and inhale the vapors.

Opposed to Bacteria

The ingredients of Vicks are not only antiseptic, but rubefacient—that is, they summon the blood to the tissues where applied and this free blood circulation is nature's best method of repelling germ infection. Also Vicks spreads a protective film over the membrane and furthermore is opposed to the growth of bacteria. In short, we believe you have a much better chance to avoid infection by these numerous germs if you have Vicks in your nose.

Attack a Cold Immediately

When you feel a cold coming on, go right home. Take a laxative. Make some hot lemonade, then take a hot bath—as hot as you can stand. Stay in the tub 30 minutes, sipping slowly several glasses of the lemonade. Get into bed, with a hot water bottle at your feet, and pile on blankets. After an hour's sweat, dry thoroughly with a rough towel, apply Vicks over throat and chest, rub in well until the skin is red, and then spread on thickly and cover with one or two thicknesses of hot flannel cloth. Get into bed again between dry sheets. Leave the bedclothing loose about the neck, like a funnel, so that the rising vapors may be freely inhaled. It is an obstinate cold, indeed, that will resist such treatment. If it does, call a physician.

Acts Two Ways At Once

Vicks is of benefit in cold troubles in two ways. 1st—It is absorbed thru and stimulates the skin, thus helping to relieve the soreness, loosen the phlegm and make the breathing less difficult. 2nd—At the same time the ingredients, released as vapors directly into the congested, inflamed air passages.

A Vapor Lamp in Salve Form

Vicks is the discovery of Mr. L. Richardson, a North Carolina druggist. He realized that cold troubles were affections of the respiratory organs and that the only way to get medication direct to these parts was in the form of vapors. Mr. Richardson finally worked out the process for making Vicks, so made that the body heat releases the volatile ingredients in the form of vapors. Vicks really is "a vapor lamp in salve form."

The Ingredients of Vicks

Since the dawn of history mankind has been searching nature for remedies against cold troubles. The knowledge gained thru a thousand years has come down to us today. Vicks contains the best known remedies for these troubles, some of them of great antiquity. Menthol, for instance, comes from Oil of Peppermint which was grown in Egypt three thousand years ago and whose virtues are described in the old Icelandic books of the 13th century.

The highest authority on drugs and their uses is the U. S. Dispensary. We give below a few extracts from the Dispensary on some of the ingredients in Vicks.

MENTHOL—"It is actively anti-bacterial. It is employed for its antiseptic and anesthetic influence in coryza, pharyngitis and laryngitis."

CAMPHOR—"Has a peculiar and agreeable effect on the mucous membrane—relieves congestion and inflammation—is a powerful stimulant to the respiratory centers."

OIL OF EUCALYPTUS—"Germicidal, antiseptic and stimulant—largely used in chronic bronchitis and infections of the upper respiratory tract—its vapors are very efficient."

OIL OF TURPENTINE—"Its vapors are an excellent remedy for, and highly beneficial in, various forms of bronchial and lung troubles—has powerful heating, antiseptic properties."

VICKS VAPORUB

Adopt the DIRECT treatment for all cold troubles

ABSORBED, like a liniment, and, at the same time, INHALED, as a vapor, Vicks reaches immediately the congested, inflamed air passages.

Three Sizes: 35c; 75c; \$1.50

Society

At the meeting of the Neighborhood Club next Tuesday afternoon the topic for the evening's entertainment will be "Modern Composers." Mrs. Ray Fuller has been selected to have charge of the program and the program she announced this morning is to be one that will be greatly enjoyed by the members of the club.

chosen for this number is "Negro Lullaby," by Edith Kingsley. "Solo de Concerto," by Char. Bancila, will be played on the violin by Miss Bertha Young and following this number Miss Bilda Anthony will render a piano solo. The number with which she will please her audience is Rachmaninoff's Prelude.

Three of the younger singers of La Grande have the next number on the program. They are the Misses Der-

othy Brownton, Lois Nelson and Jean Williams, and they will sing a character song, "Little Bobbie Shafter."

Mrs. Ray Fuller will favor the audience with a group of bird songs by Liza Lehman. Following Mrs. Fuller's number, Mrs. Thomas Waldinger will read a paper on "Modern Composers."

Mrs. W. R. Jones and Mrs. Grace Mollor entertained the Coffee Klatch Friday evening at the home of Mrs. Jones on Seventh street. Lady's high score prize went to Mrs. John Thelton, and gentleman's prize to Frank Lilly. A pleasant evening was spent, the hostesses serving a dainty late luncheon.

The Westminister Guild will meet Wednesday, instead of Monday, at the home of Miss Gertrude East on 1603 Adams avenue. Mrs. Lowell Williamson will be in charge of the evening's program.

The M. I. A. is looking forward to a pleasant gathering in the I. D. S. Tabernacle Sunday evening, when E. D. Towler, principal of the high school, will be the speaker of the evening. Mr. Towler has chosen as his subject, "Science as a Factor of Happiness."

All Elks and their wives and sweethearts are looking forward to February 22 with a great deal of interest for it is the date of re-establishing the annual Elks Ball. For several years this annual function has been discarded, but now it is coming back again to mark itself as the biggest social event of the whole year for the lodge. All of a score of people are concerned about the details. The decoration committee has outlined a clever idea for the whole building. The dinner committee promises a great feast. The music is to be both extensive and well arranged. As a matter of fact the revived annual custom will be an event. Elks will keep vividly in mind.

In spite of the wind and slippery sidewalks, the "Birds" Society was very well represented at the home of Mrs. Robert A. Frost last Wednesday evening. Several new members were introduced and were placed on probation—a term of three weeks. The business of the evening was the final arrangements for the "Birds"

Grass," to be given at Honan Hall Saturday evening, February 25th. If the plans of the girls, under the able management of Mrs. Joseph W. Gunn, are carried out this carnival will be one to be proud of and a good place for all to forget their worries. This affair is for all ages; for boys and girls; for men and women. Everyone is to come in costume and with plenty of nickels. The G. P. S. needs money to carry on its social service work, and the proceeds of the Mardi Gras will be used accordingly.

Mr. and Mrs. J. A. McCarthy entertained at a Pinochle party at their home on Oak street Saturday evening. Pinochle was played until a late hour, Dr. H. W. Riley making high score, while Mrs. Jack Oliver received the booby prize. An oyster supper was served later by the host and hostess, assisted by Mrs. Reece McAllister and Mrs. W. A. Wallace.

Those enjoying the evening with Mr. and Mrs. McCarthy were: Dr. and Mrs. H. W. Riley, Mr. and Mrs. Jas. O'Neal, Mr. and Mrs. Art Jones, Mr. and Mrs. Willard Moss, Mr. and Mrs. John McEwen, Mr. and Mrs. Jack Oliver, Mr. and Mrs. Reece McAllister, Mr. and Mrs. W. A. Wallace and Mr. and Mrs. L. L. Douglass.

After the basketball game between Penitents and La-Grande high school Friday evening, both teams and the two coaches were entertained by the girls of the Home Economics class as a dinner served in the economics department. The girls had prepared a tasty repast of: crab cocktail, chicken and peas on toast, fruit salad, and sherbet served with cookies. The two captains gave short talks and a very merry evening was spent.

Before the game the Penitents team was also entertained at a training table supper at the Foley hotel.

Mrs. P. A. McDonald entertained the Eastern Star Social Club at her home Friday afternoon. Five hundred was played at five tables; high score going to Mrs. J. C. McEwen. Delightful refreshments were served by the hostess at the conclusion of the game.

The Presbyterian Brotherhood met at the home of J. P. Heasty at 1705 Second street Wednesday evening. A large number of the members were present and all reported a very enjoyable and instructive time.

Norman Fries was the speaker of the evening and gave a very interesting talk on "Trade Relations With South America." His speech described both the geographical and business conditions in the South American countries, dwelt on the banking system, and on the exports from the United States and the method of salesmanship.

At the close of the program a delicious luncheon was served and the guests took their leave. The next meeting will be held two weeks from Wednesday at the home of Herbert Hanna, with Robert Eakin as speaker.

The Parkdale club met Wednesday afternoon at the home of Mrs. C. C. Riddle, in May Park, with Mrs. C. C. Coolidge assisting. This was one of the club's most interesting recent meetings. Mrs. Fay Cattie gave an interesting and instructive talk on Red Cross work, after which a St. Valentine's contest was held. Mrs. F. Beaudet won first prize, and Mrs. Phil Thompson second. Refreshments were served and the club adjourned to meet on February 22, at the home of Mrs. John Bowers of Island City.

Mrs. J. C. Gulling on Thursday afternoon was hostess to the Thursday Auction Bridge club, at the conclusion of the game serving a dainty two-course luncheon that was enjoyed by all. High score went to Mrs. Delila Green.

The Lucky Thirteen club met Thursday afternoon at the home of Mrs. F. L. Meyers, 702 Spring street. Miss Margaret Anson won high score. The club will meet next Thursday afternoon at the home of Mrs. C. D. Pannam.

A well attended meeting of Riveria Parent-Teacher association was held Friday afternoon at the home of Mrs. C. J. Richards presiding in absence of the president.

The program opened with two songs by the Second grade class of Miss Lucille Dumbler, who gave "When Billy's Heart is Happy," followed by the action song, "The Gingerbread Man."

Little Francis Richards gave a selection on the piano, after which the Sixth grade class of Miss Ellen Maxwell sang, "The Sturdy Blacksmith," "A Trip to the Moon," and "The

Bird's Return." A feature of these selections were the whistling choruses by the boys of the class. An interesting and instructive address was given by F. L. Meyers, cashier of the La Grande National bank, who chose as his subject, "Money, Wealth and Capital." The speaker traced the development of our present system of exchange from the primitive beginnings of barter. He then pointed out that wealth consisted of a surplus of any commodity that had marketable value, and spoke of capital as an accumulation of wealth, not necessarily in the form of money, but wealth that could be again used for the production of further wealth.

A business meeting followed, the members passing the minutes of the previous meeting and responding to roll call, the honors going to the class of Miss Edith Prange. Mrs. C. J. Richards was appointed chairman of a committee to secure aprons that members agreed to make for the com-

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SHERRY'S

SUNDAY and MONDAY

THOMAS MEIGHAN

IN

"The Conquest of Canaan"

He came from that part of the town that wasn't "respectable,"—soothing Beaver Beach, with its scandals and shady politics.

Besides, he aspired to a certain girl and knew too much about the town's respectable leaders. Including the great Judge Pike!

So, when they wouldn't let him make good, he went away and studied law. And when he came back—

Come and see Joe Loudon conquer Canaan! In a story of the best that the screen and American life can offer.

from the Famous Novel by Booth Tarkington

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Brunswick



Life's Sweetest Moments

Music tells its own story to hearts which understand. Think what wonderful hours The Brunswick could give you reproducing the world's best loved music. There should be a photograph in every home, but music lovers are only satisfied with The Brunswick.

No Mechanical Suggestion

The Brunswick plays all records without a hint of mechanical suggestion, no vibration, every tone sweet and true.

The Brunswick Ultona and the Brunswick Tone Amplifier work a miracle in tone production. They are an exclusive, patented Brunswick feature.

Beautiful Cabinets

Brunswick cases are worthy of the instrument. Prices vary to suit every pocketbook.

Convenient Payments

We deliver Brunswicks and records immediately, and arrange convenient monthly payments. We make it easy to own a Brunswick.

There is a Difference in Records

Hear Brunswick Records, they possess a character and musical arrangement with a new appeal. Note the wonderful difference Brunswick interpretation gives to popular "hits" and the beautiful rendition of classics, both vocal and instrumental.

MARCH RECORDS ON SALE

FEBRUARY 20.

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Want to Look Your Best?



ONE OF OUR MADE-TO-MEASURE SUITS or OVERCOATS IS THE ANSWER

Quality that gives faith—You buy satisfaction! Service makes—when you buy OUR friend of every man who Custom Tailored clothes. wears OUR Custom Tailored quality Tailored clothes. Disappoints.

10% off on all suits and overcoats

The Wardrobe

WOOD W. HARRY

—Dry Cleaning Specialty—



BROADWAY AT STARK PORTLAND, ORE.

If you are contemplating attending the OPERA in PORTLAND, MARCH 22, 23, 24 and 25, when the CHICAGO GRAND OPERA CO. and its Famous Artists will be the center of attraction, we suggest that you wire, phone or write for reservations, for this will be the Northwest's greatest artistic event, and visitors from all parts of the Northwest will be in the city at that time.

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YE Oregon Grille

ARTHUR H. MEYERS