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COUNTY NURSE MAKES REPORT

Year's Work in That Department Reviewed by Miss Zorn to the County Court.

The annual report of Miss Louise Zorn, as it is made to the county court of Union county, follows:

This is the second year of public health nursing in Union county, and it is gratifying to note how big the people's interest in the work has grown. Every day new people are coming with reports of some health or welfare problem. It shows a newer and broader vision and a spirit of unselfishness and charity that is obtained only through helping others. A great deal has been accomplished and much more is to be accomplished. So much of the corrective work done among the school children is directly due to the splendid cooperation and work of the school superintendents and teachers. Their aid and interest has been invaluable. The real value of a county nurse's activities cannot be indicated in figures, and it is a pity that every person cannot read between the lines and into the figures the human interest stories. Following is a summary of the statistical report:

No. of visits to school buildings 139
Children inspected 2673
No. of children found to have defects 1173
Known correction of physical defects (39 per cent) 419
Class rooms visited 258
Hygiene talks in class room 188
Individual talks to pupils 75
Teacher consultations 444
Inspection of sanitation of schools 74
Instructive visits to the home 336

(In these are included all infant welfare, tuberculosis, general cases, and school visits to home.)
Nursing visits, giving bedside care 18
Other visits in connection with the work 589

New Scale Added to Office.

A portable scale has been added to the equipment of the nurse's office and more than 500 children have been weighed and measured. In April 1920 children of the Greenwood school, La Grande, were weighed and measured, and 25 per cent of them found to be breathing, teeth, malnutrition and ear trouble. The fewer number of ear cases is laid to the fact that when a child suffers from ear ache it is more often taken care of immediately.

Several cases of both indigestion and delinquency have been referred to Red Cross social work section for the county.

During the past year two tuberculosis cases were sent to the State T. B. Hospital, two to private sanatoria, and two applications are now in for acceptance to the State Sanatorium.

Under the Crippled Children's Law

At the last meeting of the Parent-Teachers' Association of Greenwood a talk was given acquainting them with the underweight condition of the children of that district, and urging them to see that proper lunches were furnished the children—hot lunches for those who come long distances. This idea may have been brewing in their minds for some time, but it is to be acted on, and, when it is colder, hot drinks and lunches will be furnished to those who want them. It is to be under the direction and supervision of the Parent-Teachers' Association.

In a great many instances visits have been made to the homes of undernourished children, and the parents advised to take their children to the family physician in order that any physical defects may be discovered and corrected. Diet lists and instructions in the care and feeding of children have been sent to mothers. The parents always seem appreciative and ready to act upon these suggestions for their children's benefit.

Report on La Grande.

School nursing is one of the major divisions of a County Nurse's program. In order to give the nature and extent of this work in Union county, a detailed report of school nursing in La Grande during the past two years has been prepared. What is true of La Grande is generally true for the whole county, and by taking the examinations made of a certain group of pupils the statistics are greatly simplified.

The report shows the total number of examinations made in La Grande during the school years of 1919-20 and 1920-21; the number of children with physical defects; the number and kind of defects and the percentage of corrections made. Here the work of a county nurse shows. Had she time for the correction of a pupil's physical defects, could be taught to his physical work. Many children are responsible for their own condition of poor health due to lack of exercise, breathing, and holding back by school. In addition to the work of education, the Baker school has given a full-time nurse was engaged and she was able to study the retarded child in order to see if it was benefited by the correction of physical defects. This

New York Jammed? Look at This!



Poolrooms became hotels for the world series in New York. So many fans flocked in that the regular hotels were quickly filled. Then the billiard room owners rented improvised beds.

is the next step for La Grande schools, but cannot be done by the County Nurse. It might be accomplished by interested teachers. The Baker experience showed that a pupil improved in study in almost every instance following the correction of a defect.

The public cannot be informed too often that a nurse in making school inspections does not make corrections or diagnoses cases. The defect is noted and the children taken to the family physician, whoever he may be. In some cases work has been done free for poor families.

During the past two years 1264 children in the La Grande schools have been examined by the County Nurse and 88 have been re-examined. Of this number 490 children were found to be suffering from a total of 914 definite physical defects, listed according to the following summary:

1919-20 20-21 T
Pupils examined with defects 553 137 400
Defective tonsils 151 34 185
Glands (enlarged neck) 131 23 154
Vision 120 49 169
Breathing 123 22 145
Teeth 75 42 117
Malnutrition 39 11 50
Ear 11 8 19
Miscellaneous 41 12 53

Total defects 713 201 914

Known corrections 154 19 357

The most common Physical defect found, as shown by the summary, was tonsils, then came glands, vision, breathing, teeth, malnutrition and ear trouble. The fewer number of ear cases is laid to the fact that when a child suffers from ear ache it is more often taken care of immediately.

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Under the Crippled Children's Law

one application for the admittance of a child from Union county is waiting acceptance.

For the blind—one child attended the State Blind School last term because of the visits made to the parents, urging it. He is again in the school this fall. Application for another blind child went in, but it developed that the child was mentally below par and could not be admitted there, but will be a subject for the feeble minded institution.

School for the Deaf. One child is to leave within a few days for the school for the deaf and dumb, all arrangements having been made.

Ten soldiers have been visited, nine having tuberculosis or suspicious symptoms. Many visits to the doctors and Red Cross were made in their behalf. These cases, needing government aid or hospitalization, are referred to Mrs. Catlin of the Red Cross, who has charge of the soldier work in the county.

Small Spread of Typhoid.

There was a small spread of typhoid fever in one district. The surroundings were investigated and specimen of drinking water sent to the State Laboratory for analysis and a contaminated water report returned. The physician in charge ordered a discontinuance of use of the water, and no more cases developed.

Through the generosity of the physicians and dentists, several children have received free dental care, three children received eye treatment and glasses, several free examinations of eyes were made, and three received free medical and surgical care, and there are a number under free outpatient treatment. These are only these special cases for whom free treatment was asked, and does not begin to be the number the physicians and dentists take care of gratis. Surely splendid co-operation has been received from the physicians in the care of the indigent.

Public Health Association meetings have been held every two months regularly in each community center, when the problems of each community have

been taken up and discussed and business matters decided upon.

Communicable Diseases. During the epidemic of communicable diseases routine inspection of school children was made, many children excluded from school for suspicious symptoms, and many homes reported to the Health Officer for quarantine, as well as those breaking quarantine. Home calls were made instructing as to care of the sick and proper fumigation afterward.

Union county's initial clinic was held September 19th in the Grande Ronde Hospital. This was conducted by Dr. Hollinger of the State Tuberculosis Hospital, who is a specialist in tuberculosis. Thirteen people were examined and many more would have been present but for the downpour of rain which prevented them from driving in from other parts. Out of this number, eight are going to need close follow-up care, supervision of their living conditions, and a placing into sanatoria, if they do not regain their normal condition in the home. We have at present 22 cases of tuberculosis who need careful guiding. The members of the family who come in contact with these patients must be taught the necessity for precaution against contracting the disease.

The highest appreciation is expressed to the physicians and dentists of Union county, without any exception, for their interest, willingness and fine co-operation in every way in promoting preventive medicine and good health.

AROUND THE EDGES

By BRUCE DENNIS

Dr. Silverthorn believes in getting right into any venture that he undertakes. Recently he traded his drug store in G. M. Richey for a very fine Grande Ronde ranch and now the Doctor has ceased talking drugs and discusses pure bred cattle with as much vision as an old timer. He branded cattle when he was a youngster and like all of us when age counts up a little, he has a desire to get back to his early youth.

Thus far the young men of La Grande have not shown any worse for the teachers being quartered in the city for three days. Loss of sleep does not seem to affect the present generation very much.

Clyde Pennington, who heretofore has not been of a venturesome disposition since the days when he carried a brace of pistols and, as sheriff of Union county, commanded the outlaw to walk in front of him with his hands high in the air, has again resumed his venturesome attitude and the reason for so doing is a recent trip he took to Yellowstone Park and a lot of smaller parks by automobile. He said he could feel nature gripping him after the first day. He began to breathe deeply and have that oldtime spirit of the out of doors. By the time he re-

turned home he was brown as an Indian, his muscles were hard and he was ready to meet anyone at any game.

The trip put the wanderlust into Mr. Pennington for he and his wife have started again on one of the finest imaginable trips, which will require most of the winter to complete.

Jules Verne had nothing on Jap Stevens when Jules wrote his book about traveling in air and under the sea, for Uncle Jap had a vision that he could drive his car through the Pacific ocean to China or some other Oriental place. He and Mrs. Stevens started to the coast in their machine and when they got to the beach Jap kept climbing a little further up with each wave. Finally when the windshield was splashed and the fenders were dragging in the ocean Uncle Jap decided to turn backward—a thing he has done a very few times in his life. He found it necessary to strike a thirty mile pace to get ahead of the tide and land safely. His spare time is now taken up with some other plan of reaching the Orient besides trying to go by automobile.

The popular song entitled the "Old Gray Mare" is said to have originated near Elgin. And it happened like this: Years and years and years ago Tom Crawford was making Democratic speeches over the county; just as he does now during every presidential campaign. He got stuck in the mud this side of Elgin and Jerry Tuttle loaned him an old gray mare to continue his journey in order to keep his political speaking date at Elgin. In a deep mud hole Mr. Crawford and the old gray mare both got down in the mud, but the mare was quicker on foot and as soon as she loosened herself from her harness flaked away, leaving the Democratic politician floundering in the mud. Out over the valley rang the clear tones to the now popular song as Judge Crawford pulled himself together, his then young voice singing, "Oh, the old gray mare she ain't what she used to be."

Cove Cow Caught In Bear Trap Set in One of the Orchards

COVE, Oct. 14.—Ernest Bell of this section discovered signs of bear depredations among his fruit trees and he decided he would set a bear trap and proudly bring in brain. A cow happened to be grazing in the pasture, be 20x40 feet and will cost about \$3,500.

"did not watch her step" and soon "had her foot in it", as the saying goes. The bovine foot was soon extricated from the pinching jaws of the trap and it is likely that no harm will come to her.

New Concrete Building.

Lewis Bloom, who has twice lost his place of business by fire, is erecting a new concrete block building. Mr. Dickson of La Grande has the contract and expects to complete it before winter arrives. The building will be 20x40 feet and will cost about \$3,500.

How Milk Cures Disease.



Sanitarium and Office.

The Milk Cure provides the essential elements which produce a blood stream that eliminates the poisonous accumulations from an overburdened body and also restores organs to a healthful activity. This accounts for the wide variety of diseases successfully treated by our Milk Cure plan of treatment. Our rates are moderate and include all services at the Sanitarium.

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Baby Should Have a Crib— Built for Sleep

GETTING a suitable Crib for Baby these days is very much easier than it used to be—with Simmons Cribs now at your disposal.

In fact, Simmons had hardly announced these new cribs built for sleep before hundreds of the cribs "used by all the rest of the children" were discarded in favor of Simmons Cribs.

Beds built for sleep is the great Simmons principle. It means beds firm, steady, noiseless—free from the slightest suspicion of the creak, rattle, jar of old-style metal or wooden beds.

It is only when your bed is perfectly quiet that your nerves completely relax and you sink into a deep, natural sleep. Even more important for Baby than it is for you!

Every mother having the best interests of her child at heart, will want to know more about the superior sleep qualities of Simmons Cribs. We have accordingly given these new Cribs special display this week.

We are now showing a complete display of Simmons Metal Beds, Cribs and Day Beds, Built for Sleep.

SIMMONS
METAL CRIB
Design 290

Built for sleep. Parents fitted as snug and noiseless as those of a Simmons bed. Drop side, adjusting ease and perfect protection against falling. Finished in smooth, satin white, harmonizing nicely with modern nursery decorations.

Come in and see our crib display



W. H. BOHNENKAMP CO.

SIMMONS BEDS
Built for Sleep



\$13.60 Reduction in Less Than Year

THE Prest-O-Lite Battery at \$24.85 (trade-in price) is \$5.55 under the December price of \$30.40; \$13.60 less than the September price of \$38.45; and, yes, it's even less than the 1917 price—a better battery, too! This \$24.85 battery is a strictly

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