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MAIN 40

High School News

EDITED BY JULIA HULSE.

Thursday a Senior class meeting was called for the purpose of discussing commencement plans. Superintendent A. C. Hampton talked to the students concerning seating arrangements, and their great fortune in having Dr. Primrose of Whitman College as speaker for the evening.

Because of the decided increase in the size of the graduating class each year, the rostrum is soon going to prove too small for its use. In that case, unless the stage is enlarged, the class will have to sit in the fore part of the auditorium. The old plan is so more preferable than, if possible, this year's graduating class will occupy the usual place.

It was decided to have a specified number of tickets printed, in order to reserve seats for the parents of the graduates. The meeting also took up the question of flowers to be carried at the exercises, and the matter was referred to a committee.

Arrangements were also made for the Senior picnic, to be held some time within the next two weeks.

As proof that L. H. S. luck is holding well to the end of school, is the splendid victory of La Grande on the track field Saturday.

A short student body assembly was held Friday morning. The boys did a little advertising for their stunt show that evening, and succeeded in arousing everyone's curiosity even more than formerly. The meeting ended as a "pop" meeting in the interests of the La Grande-Baker dual track meet, to be held the following day.

The success of the Merrymakers and their Cutups can be judged from the response of the audience.

The Junior-Senior Banquet was a most successful function on Saturday evening for the Junior class made an admirable host.

The banquet room of the Home Economics Department was a veritable bower of apple blossoms. The tables were decorated with a variety of spring flowers, chief among them being narcissus. Places were laid for 150, and a delicious three-course dinner was served by the sophomores.

The program consisted of a reading by Brook Colt, a Spanish Dance by Maurine Earhart, and a song by the Boys' Quartet. Alfred Meyers was toastmaster.

In 1912 the first Junior-Senior Banquet was held and the observance of the ten-year anniversary was a special feature of the evening. Harley Richardson was present as a representative of the class of '12.

The banquet was followed by a dance at the M. L. A. Hall. The music was furnished by the Castle Five Orchestra, of the high school.

The Mimic went to press some time ago and is expected to be out in about two weeks. The editor, Beale Andrews, with her assistants have tried to make this book the biggest and best annual the school has ever in-

Training for Track and Field

The Observer will run a series of articles on training for track and field sports by William L. (Bill) Hayward, veteran athletic trainer and track coach for the University of Oregon.

Injuries—Their Prevention and Treatment

Throughout these articles I have cautioned against overwork and training in athletes—the entering of too many events by the school-athletic athlete when not in good physical condition. The object of these warnings is to prevent unnecessary injuries. A great many of the injuries in athletics are the result of carelessness or overwork. The athlete must take care of his muscles during early training and protect them from the cold by dressing warm. This will prevent many cases of strained and torn muscles. A good massage before doing out will in a large measure prevent early stiffness.

For strains or soreness there is nothing better than hot water. The most common injury from which runners, hurdlers and jumpers suffer is sore shins, commonly known as shin splints or bone shins. They are caused by inflammation of the muscles attached to the shin-bone. This is a hard one to cure. My experience is that adhesive plaster wrapped above and below the injured part will relieve it some. A good rest should be taken.

The calves of the leg will become very sore and stiff during the first week or so of preliminary training. This is something which cannot be prevented in the case of beginners. If the athlete works easily and warms up slowly at the beginning of his day's work he

may overcome this, and if not, a rest of a couple of days is advisable. Hot water and massage will work wonders in these cases.

The worst injury which a sprinter can receive is a pulled tendon, some call it split muscle, but generally it is the former. The cause is over-reaching while muscles are not sufficiently warmed up. It generally happens between the two heads of the biceps muscles in the back of the leg. Those who are unfortunate enough to have this happen should have an absolute rest. It should be treated by placing a cast of adhesive plaster surrounding almost the entire leg; ends of the tape should almost meet in front of thigh; each strip should overlap the under layer, and it should be put on snugly without wrinkles.

Of course the athlete will have to give up training for the season if the case is severe. I have known cases to come back two years later. So one cannot be too careful. The athlete should consult a physician. There is generally a warning given before a breakdown or tear to any of the muscles. The runner will feel a sharp pain, then will become a little stiff when cooled off. Just as soon as these are felt the athlete should heed the warning by using a leg bandage to support the part. If it is painful, hot water will relieve it, and care should be taken while running not to over-stride but keep within the hurting point.

THE HOME GARDEN

What is Home without a Garden?

Head Work that Saves Hoing

The main point in getting a good job done is to get away on the right foot, that is to say, with a good, sound working plan so that you will know precisely what you are trying to do. A well-planned garden will double the produce of a haphazard throwing together of seeds into the ground.

There are two essentials in making a garden plan, first of all to see that the plants are planted far enough apart to give them ample room for development and even more important to give plenty of room for cultivation, for after the seed is once in the ground cultivation becomes the main item. This is where more mistakes are made than in any other step of gardening. Except in tiny patches such as 19 by 19 feet, where it is possible to reach almost to the middle from any side without stepping into the planting, too often the rows are so closely crowded in an effort to make the ground grow all it will support that there isn't room to walk along and swing a hoe. One row with hoe room is worth two without hoe room, for that hoe means produce.

Every seed catalogue and even the packets tell how far apart vegetables should be in the row and the distance apart in the rows, and these usually figure on room for cultivation, so when you make your garden plan, keep this question in mind, "Will I have room enough to hoe?"

Another mistake is to try to imitate somebody else's garden, for you must suit the plants to the situation you have at your command. Printed garden plans are a fine working basis for they are planned for ideal locations. If your plot is in full sun, you might use one of these as a working basis, and altering it to suit your own needs for not all persons wish the same vegetables or the same amount of them. This series will print garden plans from time to time which, while they may be reproduced with success, are offered as suggestions. Draw your garden to scale and

send. The school and interested outdoors are eagerly awaiting the proof of this.

The girls of the school are also interested in track and have been working for some time. Soon, interclass games of baseball are to be played. The first between the Juniors and Seniors, occurring Monday, after school.

JOHN BAY ROAD IS DISCUSSED

BAKER, May 12—A large and enthusiastic meeting was held at Prairie City Friday at which the highway commissioners, R. A. Booth, John B. Yeon and W. B. Flaxett, the state engineer and the Baker county officials were present.

The Grant county citizens were assured by Judge Dodson and Mr. Menchum, secretary of the Baker Chamber of Commerce, that Baker is behind the John Bay highway as well as the Old Oregon Trail, and will do everything possible to hasten its completion.

On June 7, Grant county will vote on a bond issue of \$100,000 for roads. \$100,000 is to be applied on the Prairie City trail and the John Bay highway.

many persons throughout the world. It has been estimated that it is used during the war saved the lives of not less than 950,000 wounded men. Notwithstanding the fact that Madame Curie has devoted more than half of her 33 years to the study of radioactive substances, she is a comparatively young woman and lives when at home at the Institute Curie in Paris on the salary of a teacher at the Sorbonne.

"I gave my secret to the world," she declared. "It was not to enrich anyone. It was for all people."

Many fantastic stories have been told about radium and its mysterious properties. It has been said that an ounce of this "metallic chemical element found in pitchblende" is worth more than \$3,000,000, to obtain which requires the reduction of 5,000 tons of ore by the most painstaking and complicated processes.

The modest discoverer of radium has never, it is said, refused to release it for the use of humanity the world over, as a result of which her small store has become exhausted. The great Polish woman savant's visit to America, primarily for the purpose of investigating pitchblende deposits in Colorado, Utah, Pennsylvania and other states, gave rise to the movement on the part of American women to supply Madame Curie with a gram of radium worth \$100,000, which shall be "all her own." This will enable her to continue her researches along curative lines when she returns to Paris.

Is Unselfish. Dr. Robert Abbe, a New York surgeon who worked years ago along side of Mme. Curie in her Paris laboratory, recently declared that no other woman had ever pursued a trail into an unknown jungle and brought to light such an "unsuspected new factor which were able to penetrate through fluence in science." He said she did not stumble on radium by chance.

Educated in chemistry and physics, she possessed, he said, "the dominating will, the zeal in pursuit, the indefatigable working power, the self-sacrificing bravery. The same forces which made it possible for Peary to reach the North Pole, carried this explorer into an unknown wilderness. Every year a new chapter has to be written about this wonderful substance."

The discovery of radium came about in this wise: Professor Roentgen, a German scientist, announced his discovery of the X-ray in 1895. These rays possessed the property of emitting radiations of a special character which were able to penetrate through matter opaque to ordinary light.

A year later H. Becquerel, a French physicist, observed that certain uranium preparations emitted rays resembling those discovered by Roentgen. Becquerel rays became the new wonder and, by delicate tests, were proved to be electrical. Thus began the search for the new element and every form of uranium in laboratories was tested.

Mme. Curie Knew Source. Mme. Curie at this point diverged from the search of other chemists. She went to Carlsbad where pitchblende had been mined for a century for the extraction of uranium in making Bohemian glass and beautiful dyes.

Around the mines she found 50 tons of refuse, an analysis of which proved it to be four times as strong in Becquerel rays as the uranium which had been taken from the ore. Mme. Curie by long and tedious process of extracting lead, silver, tin, bismuth and other metallic substances from the pile of refuse dissolved the mass until the residue was 60 times stronger than uranium. Dr. Abbe says of this: "This small remnant, placed in the dark, all but two men's had been eliminated. These were known not to have the slightest radio-activity. Therefore, there could be but one conclusion—Mme. Curie was facing a mysterious new force." Two years later she was able to announce its discovery and her method of extracting it from the ore.

Life History of Noted Woman Shows That She Is Entirely Unselfish In Discovery Of Medical Healer.

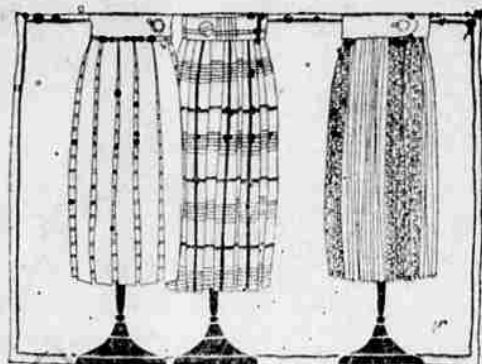
NEW YORK, May 12—Madame Curie, eminent scientist and co-discoverer of radium, was a passenger on the steamship Olympia, which arrived here yesterday.

Madame Maria Curie, whose discovery of radium in 1898 has been called "the realization of the dream of ancient alchemists," was born in Warsaw, Poland, on Nov. 7, 1867. Her father, Professor Sklodowski, was an instructor in physics and chemistry in the University of Warsaw and for some years before entering upon her professional career as a scientist, she worked in his laboratory. Mme. Curie received the Nobel Prize for chemistry in 1903.

She married, in 1894, Pierre Curie, professor of general physics in the University of Paris, who had shared with her the honor of collaboration in giving her great find to the world. Some years later Professor Curie was struck by a wagon in Paris and killed. His widow succeeded to his professorship. Madame Curie has two children, Irene, 20 years old who, like her mother, has taken up scientific research, and another daughter of 15 years.

Radium Brought Riches. The discovery of radium enriched

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"Kismet" may be classed truthfully as one of the great pictures of filmdom. It combines the necessary elements of highly talented actors; an appealing story, and a elaborate setting. Otis Skinner is one of the outstanding figures of the American spoken drama, and he has adapted himself to the new demands of the motion pictures with grace and assurance. He has given years of intelligent study to the character of Raj, the beggar of Baghdad, and the result is a sterling performance in the role he has completely mastered.

On account of the length of this production only one show will be given in the afternoon, starting at 2 o'clock. Two shows will be given in the evening, the first starting at 7:15 and second at 9 o'clock.

A special orchestra has been secured for the evening shows.

the role of charming Kitty Bristol, through an exciting series of adventures in which she at length meets and marries William Ashe, Secretary for Home Affairs in the British Cabinet.

Lady Kitty does not permit matrimony to put an end to her adventures, however, for directly following her marriage to Ashe she meets a radical named Chiffre and through his influence publishes a satirical book on the political associates of her husband, which leads to his suspicion of improper conduct on his wife's part with the radical, Chiffre.

This belief is strengthened and confirmed by his discovery of her in Chiffre's apartment, from which Lady Kitty flies to return to the convent, where she is found at last by her husband, who is brought to realize that her errors have been ones of folly rather than misconduct. Comedy "Taking the Count."

MAY ALLISON IN NEW SCREEN VEHICLE NOW AT SHERRY THEATRE

In what is described as the most dramatic role in her career, May Allison, the beautiful young Metro star, will be at the Sherry Theatre today and tomorrow in her latest Metro picture, "The Marriage of William Ashe," the pictureization of Mrs. Humphrey Ward's celebrated novel. The picture carries Miss Allison in

HERBERT'S GREATER MINSTRELS ARE COMING

The patrons of the Arcade Theatre will be privileged to witness a novelty in a minstrel performance, in the presentation of Herbert's Greater Minstrels, that come to the Wm. Ashe, the pictureization of Mrs. Humphrey Ward's celebrated novel. The picture carries Miss Allison in

Use Observer Want Ads.

SHERRY'S

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