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DYSPEPSIA IS GREATEST ENEMY OF MODERN MAN

Increasing Malady Is Most Prevalent Of All Present Day Diseases—Thousands Are Relieved by Tania.

Of all the conditions that afflict humanity, chronic dyspepsia, or what is more commonly known as indigestion, is probably the most prevalent. This most universal malady has baffled the medical profession for years, and the most skilled specialists have been unable to cope with it successfully.

Hours might be consumed in describing the sufferings, mental and physical of the sufferers from chronic dyspepsia and their failure heretofore to get relief. A morbid, unreal, whimsical and melancholy condition of the mind, aside from the nervousness and physical suffering, is the usual condition of the average dyspeptic.

Dyspepsia or indigestion, as the case may be, is usually caused by the eating of too much or unsuitable food, and the mucous membrane of the stomach becomes irritated and there is set up an acute or sub-acute gastric catarrhal condition which prevents the proper digestion of the food. This food is apt to ferment and decompose, and as a result the familiar distressing symptoms of dyspepsia may arise. In mild cases there is nothing more than an uncomfortable feeling in the stomach, with a certain amount of depression, headache, loss of appetite, perhaps belching of gas and occasional vomiting. There may be only the familiar heartburn due to the inflammation of the stomach from excessive gasses of fermentation and putrefaction. In the most severe cases—those that last over a day or two—the symptoms enumerated may be much more intense. The distress may be marked and the general constitutional symptoms more evident. When this stage is reached the loss of appetite, the mental depression, and the general discomfort, the feeling in the stomach are much more pronounced. This is particularly true in acute gastritis.

It frequently occurs from continued errors in diet that this condition becomes chronic, and the symptoms persist for an indefinite period. The appetite is very apt to be varied, but at times very good. Heartburn is frequent, if not constant. The stomach is painful on pressure, the tongue is coated, there is a bad taste in the mouth, and there are changes in the amount of salivary secretion. Constipation is also usually present; although diarrhoea may alternate. Most cases of dyspepsia can be cured if the diet is properly looked after and with the proper treatment. Proper eating, the proper amount of food and hygienic living are the most important features of the treatment. Most people eat too fast and eat too much.

One noted authority has said that the stomach is the fountain head of health or disease, as the case may be. Tania was designed primarily for the regulation of the stomach, liver and bowels, but it is no uncommon thing for persons who have used it to find rheumatism, and other ailments not generally recognized as having their origin in stomach trouble.

There is probably not a single portion of the body that is not benefited by the helpful action of Tania, which begins its work by stimulating the digestive organs, thereby purifying the blood and invigorating the whole system. Next it enables the weak, worn-out stomach to thoroughly digest the food, permitting the assimilation of nourishing elements. Millions of people have not only been relieved of the most obstinate forms of dyspepsia and indigestion by the Tania treatment after other remedies had failed, but many of them have reported a remarkable and rapid increase in weight and a return to normal health and strength by its use.—Adv.

Thomas, with Lionel Barrymore in the leading role, scored the most pronounced success of any play on the stage that season. Its appeal was universal. The house was sold out every night for months. Critics pronounced it to be one of the greatest plays ever written.

"The Copperhead" has been made into a Paramount Arterafi picture, with Lionel Barrymore as star, in the same role he created off the stage.

"The Copperhead" is showing at Sherry's Tuesday and Wednesday. A comedy also showing.

Leather Goods.
Leather goods such as purses and shopping bags, we are selling at one-third less than usual. We will be glad to show a nice line of these.

A Good Lunch.
A good lunch every day from 11 to 1:30 p. m. at Al Cain's. He will be glad to see you and wait upon you.

INDIGESTION AND CONSTIPATION.
"Prior to using Chamberlain's Tablets, I suffered dreadfully from indigestion. Nothing I ate agreed with me and I lost flesh and ran down in health. Chamberlain's Tablets strengthened my digestion and cured me of constipation," writes Mrs. George Stroup, Solvay, N. Y.—adv.

Hey there!
Eddie says Lemme out! Im bigger and better than Barnum!

See Next Page

MEN'S SUITS HALF PRICE
Men's Corduroy Pants, \$4.75.
Men's Work Shoes, \$4.95.
Men's Logger Shoes, Chip-pewa & Hartman, \$8.00 to \$14.50.
Every Man's Store
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Positions secured for both Men and Women either in city, nearby towns or in the country.
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DR. J. L. INGLE and DR. MARGARET INGLE—Diseases of women and children a specialty. Office Phone Main 106, Res. Phone Main 126. La Grande National Bank Building.

PHYSICIANS AND SURGEONS
DR. J. L. McPHERSON—Dentist, Suite 44, over La Grande National Bank building. Phone Office, Main 719, residence, Red 2081.
DR. R. J. RUCKMAN, Dentist—Room 14-15 Palmer-Roesch Building, phone Main 70. La Grande, Oregon.

NATURE CURE
DR. A. N. MAYVILLE—specialist in chronic diseases. Methods, Mechanotherapy and Naturopathy. Skin and blood diseases, nervous diseases, Chronic Headache, Neuritis, Sciatica, Appendicitis, Constipation, Bowel Trouble; all kinds of Chronic Diseases successfully treated. Phone Main 802, Room 1, 2, 3, second floor Coalinga Bldg., opposite Star Theatre. Office hours, 10 to 12 a. m., 1:30 to 5:00 p. m., consultation free. 9-14F

ATTORNEYS
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R. J. THREMP, Attorney at Law—Practices in all State and Federal Courts. Office La Grande National Bank Building.

CONTRACTORS
D. McLELLAN—Registered professional Civil Engineer, surveyor and maps. Room 12 La Grande National Bank Building. Phone Main 91.
ARCHITECTS
C. H. MILLER, Architect—Room 11, La Grande National Bank Building, La Grande, Oregon.

FRATERNAL DIRECTORY
U. P. O. ELKS—La Grande Lodge No. 443. Lodge meets each Thursday evening at 8 o'clock. Home and club privileges cheerfully extended to all Brother Elks.
NOLAN SKIFF, Exalted Ruler
F. L. PEARSON, Sec'y.
MODERN WOODMEN OF AMERICA—La Grande Chapter No. 7503 meets on the first and third Thursdays evening of each month, in the K. of P. Hall. Visiting members welcome. H. C. BALL, V. C.
JAKE ROSTOCK, Clerk.

WOODMEN OF THE WORLD—La Grande Camp No. 165. Meets every first and third Monday at Eagles Hall. All visiting neighbors welcome. Dues payable at the office of the clerk. Rooms 21-22, La Grande National Bank Bldg.
E. LILLY, V. C.
R. J. KITCHEN, Clerk.
L. O. G. M.—La Grande Lodge No. 810. Royal Order of Moose, holds regular meetings every Wednesday night at 8 p. m. in Eagles Hall, next to Elks Building, on 21st St. Lodges meet first Thursday at 8 p. m. A Pythian welcome to all visiting Knights.
R. E. KITCHEN, Dict.
HARRY SWART, Sec.

KNIGHTS OF PYTHIAS—Red Cross Lodge No. 27, meets every Monday evening at 8 o'clock in Hall 157, K. of P. Hall, at 8 p. m. A Pythian welcome to all visiting Knights.
C. W. MOORE, V. C.
L. L. GRAHAM, V. E. S.
WOMAN'S BENEFIT ASSOCIATION of the Moosemen, La Grande Lodge No. 27, W. B. of E. Lodge, meets first Thursday at 8 p. m. and third Wednesday at 8 p. m. at K. of P. Hall. Visiting members cordially welcomed.
NORA B. MACEY, Commandant
ISABEL LINDENHURST, Record-keeper
O. C. S.—Home of Hope No. 13, O. C. S. holds state communication the second and fourth Wednesday of each month. Visiting members cordially welcomed.
HULDA HUMPHREYS, W. M.
FLORENCE BACON, Sec.

WRIGLEY'S

"AFTER EVERY MEAL"
Mint leaf, peppermint or luscious juicy fruit, either flavor is a treat for your sweet tooth.
And all are equally good for you. Teeth, appetite and digestion all benefit.
Your nerves will say "thank you," your vim will respond.
WRIGLEY'S is liked for what it does as well as for its BIG value at the small cost of 5c.
The Flavor Lasts



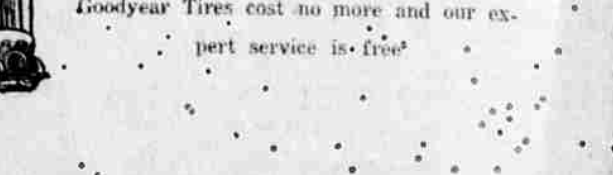
A CLASSIFIED AD WILL DO IT.

Andrew's Variety Store

- | | |
|-----------------------------------|--|
| 5-qt. Aluminum Tea Kettles \$2.39 | Pure China Cups and Saucers Set of 6, \$1.14 |
| Mens' Rockford Socks 15c pair | Seven-ounce Rolls Toilet Paper 25c |
| Mens' Fancy Socks 19c pair | Ladies' Bungalo House Aprons 98c each |
| Children's Hose 19c pair | Fancy Zephyr Gingham 19c yard |

RAINBOW SALE

WITH GOODYEAR TIRES ON YOUR CAR YOU KNOW YOU HAVE THE BEST—YOUR FRIENDS KNOW IT—THE WHOLE WORLD KNOWS IT—AND YOUR SPEEDOMETER PROVES IT
Goodyear Tires cost no more and our expert service is free!

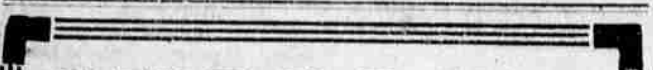


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GOOD YEAR SERVICE STATION

OBSERVER WANT ADS GET RESULTS

LUCKY STRIKE cigarette
It's toasted
DON'T SUFFER WITH NEURALGIA
Use Soothing Musterole
When those sharp pains go shooting through your head, when your skull seems as if it would split, just rub a little Musterole on your temples and neck. It draws out the inflammation, soothes away the pain, usually giving quick relief. Musterole is a clean, white ointment, made with oil of mustard. Better than a mustard plaster and does not blister. Many doctors and nurses frankly recommend Musterole for sore throat, bronchitis, croup, stiff neck, asthma, neuralgia, congestion, pleurisy, rheumatism, lumbago, pains and aches of the back or joints, sprains, sore muscles, bruises, chilblains, frosted feet—colds of the chest (it often prevents pneumonia). It is always dependable. 25c and 60c jars; hospital size \$3.00



SHERRY'S

Tomorrow and Wednesday
ADOLPH ZUKOR PRESENTS
"The Copperhead"
A picture you'll never forget
From the thrilling play by
AUGUSTUS THOMAS
With
Lionel Barrymore
A Paramount Arterafi Picture
Also a Comedy
A Super-special at Regular Prices
Last Showing Today
MADGE KENNEDY
in
"The GIRL WITH THE JAZZ HEART"
Also a V. L. Movie

At The Movies

MADGE KENNEDY IN "THE GIRL WITH THE JAZZ HEART"
A blonde. She chews gum. She works a switchboard in a New York hotel and plugs in on the big cabarets to hear the music. Jazz is her meat, her drink, her very life. And beneath all her hardness, and slugs and loud clothes, there's a great big, understanding heart.
Also showing Vod-A-VIII movies, 4 acts. Last Times today.

HOBERT BOSWORTH AT ARCADE IN VIBRANT SCREEN DRAMA
Hobart Bosworth of "Sea Wolf" fame has long been identified with roles of the sea and Alaskan locales. The J. Parker Ross, Jr. star has deserted the roles and locales with which he has been for so long hap-

ily identified—at least temporarily, as will be seen at the Arcade Theatre, where his latest starring vehicle "A Thousand To One" will show today and Tuesday.
In this production the vibrate star is seen as the dilettante, the sportsman, the waster.
However, the entire picture is not devoted entirely to this type of characterization, for Bosworth is seen also in the togs of the miner, the man of strength and the lover of the great outdoors.

"THE COPPERHEAD" TUESDAY, WEDNESDAY
In February, 1918, there was presented on the New York stage a play called "The Copperhead." The day before its opening no one knew anything about it. The day after the entire city was talking about it. "The Copperhead" by Augustus

THOMAS, with Lionel Barrymore in the leading role, scored the most pronounced success of any play on the stage that season. Its appeal was universal. The house was sold out every night for months. Critics pronounced it to be one of the greatest plays ever written.

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