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"My Country 'Tis of Thee, Sweet Land of Liberty."

Some Simple Traffic Rules For Drivers.

While the war was still going on a few hundred doughboys acted as traffic managers all through the war zone, in rest areas and on [illegible] roads leading to the front [illegible]. They did the job pretty well, [illegible] the state guardsmen who [illegible] of Boston streets during the [illegible] strike have come forward with a set of rules to improve traffic conditions on crowded thoroughfares. Among the "do's" are suggestions which are just as applicable to the country crossroads, to the small town on Saturday night and to [illegible] public highways as they are to the crowded streets of a big city. Here are a few:

"Do be alert; do be considerate to others using the street; do be considerate of pedestrians, especially about spattering mud; do signal before you leave the curb or when pulling out of line to pass other vehicles; do keep to the right as far as possible; do be reasonable in speed when coming into or going out of town; do be considerate of horses drawing heavily loaded vehicles."

In other words, play fair with the rest of the people using the same road or street you are using.

Some of the "donts" are interesting, too. "Don't fail to realize that driving down town is a man's [illegible] job and requires your full attention; 'Don't talk to the chauffeur' applies with equal force to the automobile operator in heavy traffic; don't fail to look for the traffic officer and watch for his signals; don't drive into an uncertainty."

A generous use of such common sense as one already possesses and earnest cultivation of more of the same would cover these "don'ts" pretty thoroughly. It is [illegible] and common sense [illegible] gles in traffic as well as most of life's problems.

"B'oakadle" Toys Cause of Children's Grief.

A certain little girl classifies all her toys as "b'oakadle" and "unb'oakadle," meaning thereby those that must be handled carefully and those that will stand [illegible]. The "b'oakadle" ones [illegible] majority, despite [illegible] efforts on the part of her parents to provide her with an [illegible] outfit.

It does look as if there was [illegible] [illegible] of children's [illegible] industry. Everybody knows that if there is any possible way to break a plaything, a little boy or girl will break it. Children are naturally the "rough-housers," as restless, careless and given to unthinking destruction as any other young animals. Anything they are to play with more than a day or two must be adapted to standing hard knocks and resisting the efforts of little hands to take it apart. That is to say, there must be simplicity and durability—no screws to come loose easily, or nails to pull out easily, or material [illegible] or [illegible] with [illegible]. It is highly [illegible] from the standpoint of the parents, that there be no sharp points, corners or edges to scratch the floors and furniture but this particular piece of moralizing has to do merely with those matters that concern the children themselves.

They get their toys, they are delighted with them—then the toys unaccountably go to pieces. There is [illegible] and wailing, and there are no more toys to play with, until others [illegible] provided—to be [illegible] in their turn.

It is unfair to the children, and to [illegible] the parents, who pay the bills. Children like simple, strong things which they can manhandle as they [illegible], and which give free play to their imagination. They love them all the more as the toys become old and battered and ugly. They ought to have what they want.

These facts have a practical bearing now that the holiday season is coming. The Christmas toys are said to be [illegible] [illegible] this year. Parents, by making a special effort, may be able to obtain simple, durable things as they used to. And with the reform once started, there may be a gradual transformation of the whole toy industry.

If those Russian factions keep on fighting much longer, they'll be fractions.

Maybe some way can be devised by which the senate can stay outside of the league of nations and the nation can go in.

A New York alderman announces that the Standard Oil Company makes the price of milk. And nobody had any idea that Rockefeller was in the milk-refining business.

Notice to Creditors.

Notice is hereby given that the county court of Union county, Oregon, has duly appointed the undersigned as administrator of the estate of Clara Louise Parkhurst, deceased, and that he has qualified as such. All persons having claims against said estate are hereby notified to present the same, duly verified, with proper vouchers, to the undersigned, at La Grande, Oregon or at Room 12, La Grande National Bank Building, La Grande, Oregon, within six months from the date of the first publication of this notice.

Dated and first published this 11th day of November, 1919.

ROBERT D. O'CONNEL,
Administrator of the Estate of Clara Louise Parkhurst, deceased.
COCHRAN & EBERHARD, Attorneys for Administrator.
Oly 11-21-28; Dec. 5-12.

Breaks up a cold in six hours; without [illegible] quicker relief to [illegible] Hyomei. Goes right to the spot and kills the germs. Money back if it fails. La Grande Pharmacy—Adv. 11-28-1t 11-28-1t

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Beautiful gold fish—those that are sold at Silverthorns at 50c, 75c, $1.00, and $1.50 each. 11-25-1t.

Silverthorn's
FAMILY DRUG STORE
LA GRANDE, OREGON.

SQUEEZED TO DEATH

When the body begins to stiffen and movement becomes painful it is usually an indication that the kidneys are out of order. Keep these organs healthy by taking

GOLD MEDAL HAARLEM OIL CAPSULES

The world's standard remedy for kidney, liver, bladder and uric acid troubles. Famous since 1696. Take regularly and keep in good health. In three sizes, all druggists. Guaranteed as represented. Look for the name Gold Medal on every box and accept no imitation.

DON'T NEGLECT A RHEUMATIC PAIN

Buy and keep handy a bottle of pain-relieving Sloan's Liniment

YOU'LL need it when the unexpected [illegible] twinge starts—the [illegible] and aches following exposure, sciatica, lumbago, sore muscles, stiff joints, neuralgia. Forced all [illegible] bottle and keeping it handy, didn't you? Get it today [illegible] you may need it tonight.

This is a counter-irritant penetrating without rubbing and scatters the congestion. The pain or ache is soon relieved, having no plaster or poultice, no [illegible], no stained skin. Thousands of regular users keep it handy for [illegible]—they don't suffer needlessly. [illegible] at all druggists—[illegible]

Sloan's Liniment Keep it handy

Wildroot keeps my hair healthy
[illegible]
WILDROOT
THE GUARANTEED HAIR TONIC
[illegible]

POLES ASK "Y" TO HELP ARMY

POLISH CITIZENS MEET IN THE TAMMANY HALL.

Pass Resolutions to Communicate With Y. M. C. A. to Receive Contributions.

The poor condition of the Polish army has been brought to light by a mass meeting of Polish citizens in Tammany Hall New York recently when they asked the Y. M. C. A. to receive contributions of warm clothing and funds for the Polish soldiers. The local Y. M. C. A. announce that they will accept any contributions that the people of La Grande may see fit to make and will forward the same to the Polish committee in New York. An account of the mass meeting in New York follows:

On October 15th a mass meeting of Polish American citizens in Tammany hall appointed the following commitee and passed the following resolutions:

"We, the Poles, loyal citizens of the United States, at a mass meeting held at Tammany hall, October 15, 1919.

Resolved that the executive committee be instructed to communicate to the international committee of he Y. M. C. the request of this mass meeting, that the local branches of the Y. M. C. A. be invited to receive contributions of warm clothing and funds for the Polish soldiers and that the international committee of the Y. M. C. A. cooperate with the executive committee in forwarding the supplies to Poland and distributing them to the Polish soldiers, and

Resolved that the executive committee be instructed to invite all the Polish societies and American institutions to co-operate with the executive committee in its labors."

Mr. D. A. Davis, who is in charge of all our work for the Allied armies in Western Europe, has just returned from Warsaw and reports that many of the soldiers of Poland are truly in a pitiable state. They are without proper shoes, many of them without overcoats and generally deficient in all articles of clothing. The time is not opportune for the associations to undertake a campaign to secure funds, or supplies for Poland but we do feel that you will be glad to co-operate with this committee by receiving supplies and forwarding them collect to the ware house of the international committee, Y. M. C. A., at Adams O'Niell Bldg., 6th ave., and 20th St., New York. These should be forwarded by parcel post, express, or freight, as may seem to you most expedient. In every case notification should be sent to G. J. Sosnowski at that address. Funds, if voluntarily contributed, may be forwarded in the form of checks, postoffice or express money orders, bank drafts, etc., payable to treasurer of the American committee for the relief of Polish soldiers.

It should be understood that the Association renders this service simply to assist the soldiers of our Allies who have borne the brunt of the war and many of whom must still endure hardship in our common cause.

WALDEN AFTER THE BAD ONES

HUNTERS WHO RESPECT LAW SUPPORTED BY WARDEN

Punishment Meted Out to Those Who Violate the Statutes.

"Theodore Roosevelt used to often say there were good trusts and bad trusts, and I can testify to the fact there are good hunters and bad hunters," said Game Warden John Walden who is being kept mighty busy too, in his endeavor to keep the state laws pertaining to fish and game from being twisted entirely out of shape and made discards.

"A man in the North Powder country shot a doe recently, which everyone knows is strictly against the law. I had to hunt him up and pinch him, just as I had to do a number of people this year for their uncurbed desire to slaughter game out of season.

"And right along this line," said the old ex-chief of police as he took another chew of his special kind of tobacco, "I want to pass a word of warning to the men who are planning on catching beaver in this valley this winter. There's no use for them to buck the game for it won't go. I am on to a bunch of them now and the very first sign they show I am on their necks. You can say this for me, and I mean every word of it."

Elks dance, Monday, Dec. 1st.

NOTICE OF EXECUTION SALE

Notice is hereby given, that I, Lee Warnick, sheriff of Union County States of Oregon, under and by virtue of an execution bearing date the 19th day of September, 1919, issued out of the circuit court of the state of Oregon for the county of Coos upon a judgment entered in and by said court in that certain action therein pending wherein William Wiegand is plaintiff and H. H. Wilson and Lettie Wilson under the firm name of the Monumental Building Works are defendant and in favor of said plaintiff and against said defendants for the sum of 154.15 and costs taxed at $31.65 and which execution was placed in my hands for service on the 25th day of September, 1919, and commanded me as such sheriff to make out of the personal property of said defendants or either thereof, or if sufficient therfor can not be found, then out of the real property of said defendants or either therof in Union county, Oregon, the said sum of $525.75 and interest on said sum from the 13th day of January, 1915 at six per cent per annum, have levied upon the following described real estate in Union county, Oregon, and all interest said defendants and each thereof had in or to said lands on the 25th day of October, 1917, on which date the said judgment was duly and regularly docketed in the lien docket of the circuit court of the state of Oregon for Union county, and will on Monday, the 15th day of December, 1919 at the front door of the court house in Union county, Oregon, at 2 o'clock p. m. sell at public sale for cash to the highest and best bidder, to satify said judgment and costs of sale all the following described lands in Union county, Oregon, and all interest defendants and each thereof had therein on the 25th day of October, 1917, or thereafter had or acquired therein not thereto to wit; all that portion of the E½ of of SW¼ of SE¼, Sec. 11, Tp. 6 S, Range 39 E. W. M., lying and being west of the county road, also a strip or tract of land 198 feet wide from north to south off the north side of NE¼, Sec. 14, Tp. 6 S, Range 39 E. W. M., and east of the railroad right of way of the Oregon-Washington Railroad & Navigation company; also all that portion of S½ of SE¼, Sec. 11, Tp. 6 S, Range 39 E. W. M., lying east of the railroad right of way of the Oregon-Washington Railroad & Navigation Company excepting the north 391 feet thereof, being in all 63 acres more or less.

LEE WARNICK,
Sheriff of Union County, Oregon.
Oly Nov. 14-21-28; Dec. 5-12.

R. H. West & Co.
THE QUALITY STORE

LA GRANDE'S
Ground Gripper Store

For Men

We carry in stock a black, vici kid Ground Gripper in all sizes.
$10.00.

Also a dark brown calfskin Ground Gripper. Price.
$12

GROUND GRIPPER WALKING SHOE

MEDICAL CURE FOR FLAT-FOOT
SOLD FROM COAST TO COAST

For Women

We carry the regular black vici kid Ground Gripper. All sizes and widths. Price $10.00.

Also the Modified Ground Gripper. Same stock, but better shaped shoe for street wear and for less severe cases of foot weakness. Price
$10

The Ground Gripper Shoe

Artificial and harmful shapes in shoes have long been more popular than natural and correct forms, though the latter are gaining in appreciation. No normal foot is sharply pointed in the middle, as are so many shoes. It is longest, (and nearly straight) on the inner side; and the end of the shoe, which should never be sharply pointed, should lie over the normal position of the great toe; that is, toward the inner side. The great toe is never, normally, pushed outward toward the other toes; this is the result of improper footwear.

GROUND GRIPPER PATENTED SHOE
E. W. Burt & Co., Makers - Grippertown, Mass.

Proper walking, strengthening of the feet, the restoration of foot and balance, are accomplished alone by proper shoeing, proper muscular stimulation and mental direction. Right shoeing allows one to walk rightly—it does not MAKE one walk rightly.

Such a shoe has been reproduced in the Ground Gripper. The shank is entirely flexible. Sole is of such shape as to allow the outward sweep of the toes in action; the height of the last allows the foot freely to flex itself within the shoe.

PAINS that resemble rheumatism in the arch, ankle, or knee; soreness in the heel and back of the toes; callous on bottom of foot, pains when standing a long time, need a shoe so constructed as to change the weight to a different set of muscles, thereby relieving the constant strain contracted by walking or standing.

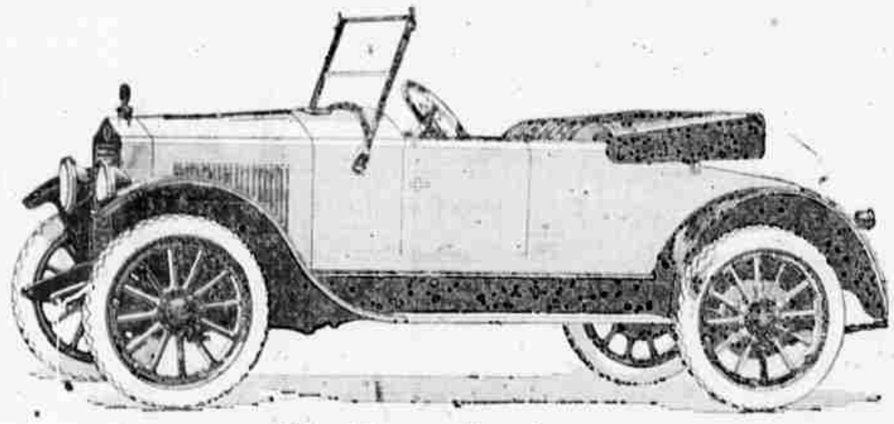
GROUND GRIPPER WALKING SHOE

Ground Grippers
DO IT—NO OTHERS CAN!

Sold here only in La Grande. Come in and let us show you the Ground Gripper for men or women.

TO THOSE WHO ARE ALREADY CONSTANT
Ground Gripper Wearers

Please remember we carry Ground Grippers complete—an entire stock. Let us get your name and size. Both men and women, we have your exact size here at all times in just what you are now wearing. Prices $10.00 and $12.00.



The Essex Roadster

Essex Prices Reduced $100

We have just been advised that the price of the Essex Touring car and Roadster has been reduced $100.00, to take effect immediately.

This reduction is made possible by reason of the fact that Essex production has reached a point where the cost of building each car is reduced this amount.

Although price has never been an important factor in the selection of Essex cars, yet this reduction will be welcomed by the many who are determined to own one of these high class cars.

This makes the price in La Grande only $1695.

The late model Touring car and Roadster is now on Display.

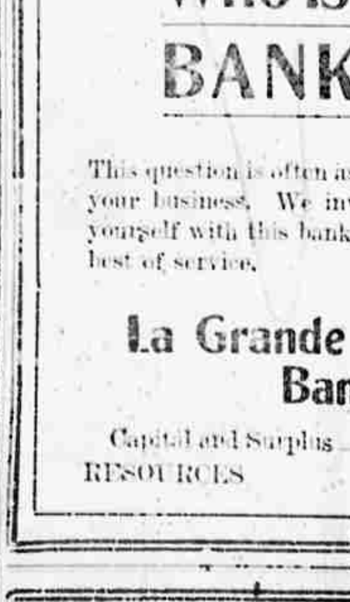
UNION MOTOR COMPANY
1213-14 Jefferson Phone 77

Who is Your BANKER?

This question is often asked in the course of your business. We invite you to identify yourself with this bank and assure you the best of service.

La Grande National Bank

Capital and Surplus $250,000.00
RESOURCES $2,100,000



BISCUIT BAKING

is always a success if our flour is used. No worrying about how the biscuits will turn out. They are always splendid. If you haven't tried our flour you have been missing a lot of baking goodness. Order a sack today and your baking will be better with the first trial of its contents.

La Grande Milling Co.