

TAKE A TONIC

INCREASE YOUR STORE OF STRENGTH.

A sense of weariness and debility which is so often experienced at this season is often due to a lack of proper nutrition.

In such cases the nervous system is not worn out, but it is improperly fed. The nerves get their nutrition from the blood and the blood is formed from the products of digestion.

OUR OREGON GRAPE COMPOUND

Will readily replace debility with energy and strength. A remedy that increases appetite, aids digestion and creates rich, red blood.

—It will enable you to store up strength for the trying months of summer.

—PRICE \$1.25—

SNAPP'S LA GRANDE PHARMACY

ALVIN SNAPP, Proprietor.

Quick Delivery :: :: Phone Main 40

"YOUR CREDIT IS GOOD."

SHERRY'S

Viola Dana

—In—

False Evidence

An Amazing Metro Drama and Chapter 14, "The Man of Might." Last Showing Today.

TOMORROW—
THEDA BARA in "THE LIGHT."

A Woman is Judged by Her Stationery

Don't let people form a wrong impression of your character by using cheap, out of style papers, when it is so easy and inexpensive to procure the kind that is strictly correct. We have just received a new shipment of

STATIONERY.

—Anything you may select from this line will be correct and there's a wide variety of sizes, tints and shapes from which to select.

Newlin Book and Stationery Co.

SUFFERED FOR FIFTEEN YEARS

Charles Wentworth Is Relieved of Troubles by Taking Tanlac.

"Tanlac has proven to be just the medicine I have been needing for fifteen long years," said Charles H. Wentworth, whose address is Box 179, R. F. D. Route No. 1, Berkeley, Calif., while in the Owl Drug Store in Oakland, recently.

"I suffered with indigestion so bad that it just looked like almost everything I would eat would put me in misery," complained Mr. Wentworth. "I didn't dare eat anything that was the least bit greasy, because if I did I would be terribly nauseated, and at times the gas that would form in my stomach would press so against my heart that it would palpitate so fast that I would feel just like I was going to collapse. I was troubled a lot with dizzy spells, too, and if I happened to be on the street when one of these attacks came on me I would just have to lean up against a building, or if I was at home at the time, I would have to lie down till the dizziness wore off. For the past eight or ten years I haven't been able to sleep well at all and would always get up in the morning feeling all tired and worn out, and I suffered with splitting headaches, too, and was troubled a good deal with awful pains in my back, right across my kidneys. In the morning I could hardly get up, but would just have to ease myself out of bed the best way I could and if I would make a quick move of any kind a sharp pain would strike me like I had been struck with a knife.

"I was just in this shape when I began taking Tanlac, but I could notice a difference by the time I had finished my first bottle and it wasn't long till I got so I could eat anything and every thing I wanted without suffering a bit with my stomach afterwards. I am never troubled with palpitation of the heart any more and have been completely relieved of those dizzy spells. The rheumatism has left me completely. I am not troubled with those pains in my back and all that is left of those awful headaches is just the memory of them. I sleep like a log for eight or nine hours every night and get up in the morning feeling fine; in fact, Tanlac has helped me so much that I actually am feeling years younger. It has certainly done wonders for me and I can't say enough for it."

Tanlac is sold in La Grande by Silverthorn and Richardson Drug Store; in Union by L. A. Wright; in North Powder by L. A. Russell and in Elgin by Scott E. Harris and in Telocast by Telocast Grocery Co.—Adv.

MEXICAN FIESTA LIGHTLY OBSERVED

MEXICO CITY, (Correspondence of the Associated Press)—With St. John's day come and gone again for another year the newspapers of the capital are unanimous in asking why this one time prominent fiesta is waning in popularity. The holiday occurs on June 24 and was early written into the customs of the Mexicans as a day for a bath and for a feast celebrating the nativity of St. John the Baptist.

This year, according to the newspaper, there was a marked decrease

When you are in need of office supplies, blank books, ledgers, journals, box files and all of the necessities of the modern and up-to-date office you will find them at Silverthorn's Family Drug Store where one of the largest lines of stationery and office supplies of any store of the size in Eastern Oregon is carried. 7-16-19

Silverthorn's
FAMILY DRUG STORE
LA GRANDE, OREGON.

CHICHESTER'S PILLS
THE ILLIUMINO BRAND.
Largest Ask Your Druggist for
Chichester's Pills. They are
Sold in Every Store. They are
Sold in Every Store. They are
Sold in Every Store. They are
SOLD BY DRUGGISTS EVERYWHERE

in the observance of the day. To bath houses which in former years did capacity business from early dawn until noon were so busy. The holiday spirit was lacking in the schools, the principal places of the city, where on holiday books are erected for the sale of food, drink, and trinkets, only a thin line of stalls marked the line for promoters. The decadence of the fiesta was everywhere apparent.

FOR THE BENEFIT OF THE FATHERLESS GIRLS

PHILADELPHIA, July 16.—The Charles E. Elms College for the education of fatherless girls is now open. It is located in the beautiful Whitemarsh Valley, four miles north of the Chestnut section of Philadelphia.

Mr. Elms provided for the maintenance of the college, which he designed for girls what the Grand College does for boys, by endowing it with \$5,000,000. He died ten years ago. Girls who cannot be supported properly under their present living conditions will be given the opportunity for free education. More than 200 can be accommodated.

CZECHO-SLOVAKIA CHILDREN UNDERFEED

PRAGUE, CZECHO-SLOVAKIA. (Correspondence of the Associated Press)—One-third of the school children in Czecho-Slovakia are absent from school every day on account of hunger, according to Red Cross investigators' report. Many of the children in the schools were found so weak from lack of nourishment that they could not hold their heads erect. Frequently children had to be carried home because they had not the strength to walk.

Miss Edith Hoyt, of Washington, D. C., and Mrs. Ethel D. Earle, of New York City, two of the trained social workers sent by the Red Cross into seventeen towns in the Erzberg district, reported that in this section 90 per cent of the children were actually starving. To relieve this situation, arrangements have been made for the establishment of public kitchens throughout the country. The Americans are supervising their operation and the distribution of food supplies to them.

The children were undersized

Keds Keds Keds



Why suffer with feet trouble when you can buy a pair of White Canvas Keds, rubber sole and heel, very stylish in appearance and serviceable. We have a size for everyone; priced at 58c, 83c, 98c, \$1.49.

Men's and Boys' Sport Shirts

You will find comfort in one of these cool Sport Shirts, with elbow sleeves, in all the season's newest patterns and material. See our large display at the front table; priced.....49c, 98c, \$1.49

—NOTE—Express shipment of New Laces; See Our Display.

197 Busy Stores



J. C. Penney Co.
Incorporated
197 BUSHY STORES

One Price to All

and backward," writes Miss Hoyt, "both physically and mentally. They showed signs of tuberculosis, rickets and anemia. We went through school-room after school-room asking, 'How many have had no breakfast this morning?' In a class of 48, 12 little hands went up. This was typical of the situation throughout the district.

"Nettle, a weed, form the principal item of diet in the poorer homes, and only one town we visited had any potatoes. We entered many houses unexpectedly, in order to obtain a true idea of conditions.

"Among the school children, rickets—softening of the bones due to lack of fats—prevails universally. Children of seven are like children of four. Children of ten or twelve are the size of a normal six-year old. Their faces are gray with pallor, and abnormally sad and gloomy."

DON'T DELAY

If you intend CANNING FRUIT, we advise you to place your orders early—Raspberries, Black Caps, Apricots, Cherries and Peaches are now coming in. Indications are, a short season on ALL Berries. We guarantee our prices to be the lowest in Eastern Oregon. Save money on your FRUIT JARS and Fittings—we buy 'em by the carload.

READ OUR PRICES SUGAR! SUGAR — \$10.15 PER SACK!

Economy—		Reg. M. S. S.—		S. S. W. Mouth—	
	Per Doz.		Per Doz.		Per Doz.
Pints	\$1.27	Pints	\$1.05	Pints	\$1.27
Quarts	\$1.37	Quarts	\$1.12	Quarts	\$1.37
Half Gallon	\$1.78	Half Gallon	\$1.48	Half Gallon	\$1.78

Jars and Fittings	
Economy Caps	32c
American Caps	29c
Mason Zinc Caps	32c
Economy Clamps	14c
W. M. S. S. Lids	19c
Reg. M. S. S. Lids	14c
Kerr S. S. Mason Caps	32c
Sure T. K. Rings	8c
Kold Pack	12c
Atlas W. Mouth	9c

The Greater Hooverized Grocery

THE BRIGHTEST SPOT IN LA GRANDE.

SAM HARRIS, Prop.

TWO MAIN LINE PHONES :: :: :: :: MAIN 32

It's Quality Meat and We Sell it for LESS

NO CHARGE FOR DELIVERY.
PHONE MAIN 32.

THE STILLWELL MEAT CO.
ORE CONSUMER'S FRIEND.

DON'T FORGET OUR WEEK-END SPECIAL FOR THIS WEEK

Lemonade Jugs	\$1.23
Cit. Flower Jardiniers	79c, 98c, \$1.49
Jelly Glasses	53c dozen
Economy Fruit Jars	Pints \$1.27
Economy Fruit Jars	Quarts \$1.37
Economy Fruit Jars	Half Gallon \$1.78

Andrew's Variety Store

The Place You Get Everything You Want Every Day, at the Price You Like to Pay.

GRAND BALL

The first big event held under auspices of the

Central Labor Council of La Grande, Ore.

You are cordially invited to spend an enjoyable evening with the workers of this community.

BEST OF MUSIC AND A GOOD TIME ASSURED EVERYONE.

ZUBER HALL, THURSDAY, JULY 17.

TICKETS \$1.00