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**A Worthy Plan to Aid the Home Comers.**

Congress is mostly reported by adverse criticism, and justly so, yet occasionally something gets done which can be approved by the American citizen without reference to party or politics.

Of this nature is the vocational rehabilitation act by which the care of maimed and disabled soldiers becomes a federal undertaking. A federal board is given charge of the details, with a fund of \$2,000,000 and power to co-operate with the army and navy in getting men restored to activity and placed in jobs which they can swing.

As Collier's Weekly says: "It is a good law and a glorious work. And section seven gives all the rest of us a chance to help."

Section seven says: "The board is hereby authorized to receive such gifts and donations from either public or private sources as may be offered unconditionally. All moneys received as gifts or donations shall be paid into the treasury of the United States and shall constitute a permanent fund to be called the 'Special Fund for Vocational Rehabilitation.'"

The board is to direct the disbursement of the fund, and report annually to congress.

When the casualty lists are finally completed, it is going to be unhappily evident that there was great need of this legislation, and that the fund for donations will be a large one. The suggestion is made that people who profited greatly in war work may well contribute largely, but the donations should not be limited to this class alone. Any patriotic American who has something to give should be glad to give part of it to this work of restoring to usefulness the man who gave his physical perfection for his country.

**The Principles of Bolshevism Elucidated.**

People who have been trying, with out much success, to learn precisely what Bolshevism stands for, may derive enlightenment from the statement of Dr. Ostenski, Dutch minister in Petrograd. As interviewed by the London Times, he says:

"Translated into practice, the five points of Bolshevism really come to this: (1) High wages; (2) don't work; (3) take other people's property; (4) no punishment; (5) no taxation."

He speaks from long acquaintance and careful observation of the old regime and the new. He has known Russia for thirty years. And as a result of more than a year of Bolshevism, "never have the working classes of Russia suffered as they are suffering at the present moment. I have never seen or dreamed of the possibility of such corruption, tyranny and the absence of all semblance of freedom as there are in Russia at the present moment."

He concludes that the future of Russia is hopeless. But surely there is hope even in the extremity of such an evil situation. A social and political disease when it becomes bad enough tends to cure itself. Surely the Russian masses will understand sooner or later, the origin of the evils they suffer, and repudiate the system which is responsible before they themselves are utterly destroyed. If not, we are tempted to lose our faith as to the future of human nature, but in that common sense which is supposed to be the heritage of all races.

**Don't Get Panicky**  
Only One-Half of One Per Cent of Influenza Victims Die—Chances Favorable to Miss Disease Entirely.

(The Inquirer, Philadelphia, Penn.)

From an editorial which appeared in these columns recently we reprint this extract: "Panic is the worst thing that can happen to an individual or a community. Panic is exaggerated fear, and fear is the most deadly word in any language. The fear of influenza is creating a panic, an unreasonable panic that will be promoted, we suspect, by the drastic commands of the authorities. Let a person become excited over the daily reports of new cases; let him brood over them; let him shake his head in dismay and with every little ache or pain that may be harmless in itself give himself over to dismal imaginings, and he is providing a fertile field for attack. His mind fears it, becomes receptive to it, invites it."

We wish that we could find space for all the commendations that the editorial in question has called forth. Not all medical men have been caught up in the panic by any means. A physician of North Logan Square, Dr. Thomas E. Eldridge, is convinced that if the editorial could be placed in the hands of every afflicted one, "it would do more to stop the spread and ravages of the epidemic than all the treatments and medicine combined." Says he: "Within the last ten days I have seen scores of women and many men who were suffering from influenza fear and not a symptom of the real disease and I know many other physicians who have similar experiences."

Dr. John W. McCroskey is the president of the West Philadelphia Medical Association. He, with various other physicians of that section, has started an anti-scare campaign. In a newspaper interview he is reported to have said that "the public should be educated to the fact that the disease is not as deadly as many believe it to be." He estimates that, taking into account all of the unreported cases, the death rate is only about one-half of one per cent. But here is the main point that he makes: "Terror is a big ally of the influenza, and if the public state of mind can be steered out of the channel of fright a long, long step will have been taken to conquer the epidemic."

There is no doubt in the world that the mind is the seat of most if not all ill. Let the mind take up a dismal thought of disease in any form and it at once offers a fertile field for the cultivation of disease. No intelligent person, medical man or non-professional, will hazard a denial of that fact. If that is true, the reverse also must be true, that the mind that stolidly refuses to entertain the thought of disease, that rejects fear, that repels panicky conditions, is far better prepared to ward off disease—the influenza, for instance—than the mind that succumbs to forebodings of disaster.

There is need in this city, not to shut up well ventilated churches, not to turn the ordinary ways of life topsy-turvy, but to impress upon the individual citizen the desirability of keeping a clean mind and to live a clean life, which he should do in any event, influenza or no influenza. Let the individual be cautioned to be sensible; to look upon the influenza as an incident which will be removed far quicker if he is sensible than will be the case if he gives himself over to abject fear. Men and women who stop on street corners and make the influenza the chief topic of conversation are issuing direct invitations to it to seize upon them.

And, above all, repudiate fear. Cast it out of the mind. Refuse to become panic-stricken. The chances are ninety-nine in one hundred that the man or woman who dies this will be passed by, while the fearful and the panicky will be the victims.

**The Governor's Message Is Sound Throughout.**

After reading Governor James Withycombe's message to the legislature there is but one conclusion—it is sound, logical and a sensible document throughout. From the first word to the last period he preaches common sense. In some paragraphs he vigorously defends policies of his which he believes to be right and with which others may differ, but the message is a document of calm reasoning and dispassionate portrayal of the state's condition at this time.

**A Broad Statement From Mayor Baker**

This paper has been and is friendly to Mayor George Baker of Portland, for we believe he is the biggest man Portland has had as mayor for many years. But his recent statement that sixty per cent of union labor is loyal, carries with it the inference that the other forty per cent is disloyal.

How does the mayor arrive at such a conclusion and does he possess any rule by which he can give such figures?

As a matter of common knowledge he is wrong. Organized labor has its hypocrites and blacklegs just the same as does any organization. Few churches exist without the backslider, the pretender and the out and out hypocrite. Lodges also have their unruly members. Society clear down the line is infested with now and then an individual who is a trouble maker and a dangerous personage. It would

**Ship Them Back to the Fatherland.**

All right-thinking people will agree with the following article, appearing in the "Cartoon Magazine," on what to do with the German spy:

"The alien enemy who plotted in this country for Germany should be deported immediately peace is signed. His presence would be only a source of constant irritation to loyal Americans, while he will be utterly useless over here as an economic or social factor. Besides, we fancy he is needed more at home just now, Eberhardt Germany, with a dozen brands of Socialism and near-Socialism and numberless monarchist factions mixing it up would afford a splendid field for the exercise of his peculiar talent for making mischief and getting himself and his masters in bad. The chaps who were turned loose in the guise of book agents, the Lutheran preacher who under cover of cant and creed counseled disloyalty among his flock; counseled disloyalty among his flock;

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**Don't Let it Drop!**

Many people start a bank account and let it go at that. They make no effort to keep it on the increase.

Start your account with this bank and see to it that it increases every month—don't let it drop! Your success in your undertakings will be measured by your effort to increase your Bank Account.

If you bank money while you earn it, you will have money when you can't earn it.

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THE QUALITY STORE

**EVERY ARTICLE IN THE STORE REDUCED**

**Buy Clothes Now at our Clearance Sale**

The Fall and winter goods we are offering at reduced prices would cost us much more to duplicate now. Next year they will be worth still more. Prices reduced on what we paid for the goods—not what they're worth now due to rising markets.

**Your choice of any suit or overcoat at a reduction of 20 per cent**

Unusual values in every department. One lot of boys' shoes, lace and button. Values to \$6.00. Your choice at our Clearance Sale ..... \$3.50

One lot of boys' shoes, calf, heavy soles. Values to \$4.00. Your choice ..... \$2.50

Boys' heavy fleeced union suits—best quality. Sale price ..... \$1.25

Men's heavy fleeced underwear—best quality. Sale price ..... \$1.18

**WOMEN'S COATS, SUITS, DRESSES, NEWEST STYLES. YOUR CHOICE ONE HALF PRICE**

**FORUM**

**ADVICE TO LADIES**

Boil the drinking water! Ye gods, ye gods, BOIL IT.

From observations made for several years of dead animals seen in the river, I would say boil it!

But don't boil it for your plants. It is an excellent fertilizer, especially for ferns. Give them a good soaking with it, direct from the faucet.

Should you notice any odor a few hours after watering discontinue for a day or two.

Some use a coarse strainer to catch the germs before using.

CHERRY, The Greenhouse Man.

The attitude of Germany toward the war," says one writer, "reminds us of the small boy who puts a tack on his grandfather's chair and then, when his grandpa finds the results, says with an air of innocence and affection, 'Tack? What tack?'"

"The Soviet form of government is the ideal form, only men have to be angels to work it successfully," says one political economist. At the rate at which they are killing one another off in Russia there soon should be angels enough to turn the trick.

There are not so many fat Germans as formerly, according to some reports. Well, we understand that the course of exercise prescribed by the allies in the last four years had thinned them a little.

The principal New York crops are no commonly supposed to be chorus girls and lobster palates; it comes as something of a shock to hear that over \$800,000,000 worth of farm produce was raised in New York last year.

"Don't spoil a good meal with a bad stomach," says an ad. That is all right, but it's better to get back to first principles, that: "Don't spoil a good stomach with a bad meal."

Uncle Sam will soon be singing that good old song, "How Dry I Am." And nobody will know how dry he is, because it will be beyond the power of human comprehension.

Observer advertising pays.

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Observer advertising will bring results.

**KIDNEYS WEAKENING? BETTER LOOK OUT!**

Kidney and bladder trouble don't disappear of themselves. They grow upon you, slowly but steadily, undermining your health with deadly certainty, until you fall a victim to incurable disease.

Stop your troubles while there is time. Don't wait until little pains become big aches. Don't trifle with disease. To avoid future suffering begin treatment with GOLD MEDAL Hamlem Oil Capsules now. Take three or four every day until you feel that you are entirely free from pain.

This well-known preparation has been one of the national remedies of Holland for centuries. In 1690 the govern-

ment of the Netherlands granted a special charter authorizing its sale.

The good housewife of Holland would almost as soon be without food as without her "Good Dutch Drops," as the country calls GOLD MEDAL Hamlem Oil Capsules. Their use restores strength and is responsible in a great measure for the sturdy, robust health of the Hollanders.

Do not delay. Go to your druggist and insist on his supplying you with a box of GOLD MEDAL Hamlem Oil Capsules. Take them as directed, and if you are not satisfied with results your druggist will gladly refund your money. Look for the name GOLD MEDAL on one of the national remedies of Holland for centuries. In 1690 the govern-

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Best Prices for Used Furniture, or Will Exchange for New.

**BUCKHECHT ARMY SHOE**

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"Extra Service Every Step Comfort Every Minute"

That's why it is being worn by thousands of men in all walks of life.

Office Men, Nurses, Motormen, Attorneys, Farmers, Coachmen, Physicians, Orchardists, Hunters.

Look for the name BUCKHECHT—stamped on the sole of every Shoe.

**BLACK GUNMETAL OR INDIAN TAN CALF**

If not obtainable from your dealer, send name and your order direct to BUCKINGHAM & HECHT Manufacturers, San Francisco

**\$8.00 to \$7.00**

**IT RAISES THE DOUGH**

**Crescent Baking Powder**

Three important essentials should guide you in the selection of your baking powder—purity, leavening efficiency and economy.

Crescent is absolutely pure by laboratory tests and government standards. Crescent, because it is double acting raises the dough better than other kinds, thus insuring wholesome, delicious cakes, biscuits and breads.

Crescent is the thrift baking powder. It costs less, does more and better work, and less quantity is required. You will find the Crescent Cook Book is very helpful. Copy free on request. Write Crescent Mfg. Co., Seattle, Wash.

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And Weaving Works

Mattress Making and Repairing, Feather Mattresses Made, Feather Renovating, Carpet and Fluff Rug Weaving.

All Work Called for and Delivered CHAS. EDWARDS, Prop.  
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