

ADVICE TO "FLU" CONVALESCENTS

SPAIN AND ENGLAND REPORT INCREASE IN TUBERCULOSIS AFTER INFLUENZA EPIDEMIC.

U. S. Public Health Service Warns Public Against Tuberculosis. One Million Cases Tuberculosis in United States—Each a Source of Danger.

Influenza Convalescents Should Have Lungs Examined—Colds Which Hang On Often Beginning of Tuberculosis. No Cause for Alarm if Tuberculosis is Recognized Early—Patent Medicines Not to Be Trusted.

Beware tuberculosis after influenza. No need to worry if you take precautions in time. Don't diagnose your own condition. Have your doctor examine your lungs several times at monthly intervals. Build up your strength with right living, good food and plenty of fresh air. Don't waste money on patent medicines advertised to cure tuberculosis. Become a fresh-air crank and enjoy life.

Washington, D. C.—(Special).—According to a report made to the United States Public Health Service, the epidemic of influenza in Spain has already caused an increase in the prevalence and deaths from pulmonary tuberculosis. A similar association between influenza and tuberculosis was recently made by Sir Arthur Newell, the chief medical officer of the English public health service, in his analysis of the tuberculosis death rate in England.

In order that the people of the United States may profit by the experience of other countries Surgeon General Rupert Blue of the United States Public Health Service has just issued a warning emphasizing the need of special precautions at the present time. "Experience seems to indicate," says the Surgeon General, "that persons whose resistance has been weakened by an attack of influenza are peculiarly susceptible to tuberculosis. With millions of its people recently affected with influenza this country now offers conditions favoring the spread of tuberculosis."

One Million Consumptives in the United States.

"Then you consider this a serious menace?" was asked. "In my opinion it is, though I hasten to add it is distinctly one against which the people can guard. So far as one can estimate there are at present about one million cases of tuberculosis in the United States. There is unfortunately no complete census available to show exactly the number of tuberculosis persons in each state despite the fact that most of the states have made the disease reportable. In New York city, where reporting has been in force for many years, over 35,000 cases of tuberculosis are registered with the Department of Health. Those familiar with the situation believe that the addition of unrecognized and unreported cases would make the number nearer 50,000. The very careful health survey conducted during the past two years in Framingham, Mass., revealed 200 cases of tuberculosis in a population of approximately 15,000. If these proportions hold true for the United States as a whole they would indicate that about one in every hundred persons is tuberculous. Each of these constitutes a source of danger to be guarded against."

What to Do.

In his statement to the public Surgeon General Blue points out how those who have had influenza should protect themselves against tuberculosis. "All who have recovered from influenza," says the Surgeon General, "should have their lungs carefully examined by a competent physician. In fact, it is desirable to have several examinations made a month apart. Such examinations cannot be made through the clothing nor can they be carried out in two or three minutes. If the lungs are found to be free from tuberculosis every effort should be made to keep them so. This can be done by right living, good food and plenty of fresh air."

Danger Signs.

The Surgeon General warned especially against certain danger signs, such as "decline" and "colds which hang on."

These, he explained, were often the beginning of tuberculosis. "If you do not get well promptly, if your cold seems to hang on or your health and strength decline, remember that these are often the early signs of tuberculosis. Place yourself at once under the care of a competent physician. Tuberculosis is curable in the early stages. Patent Medicines Dangerous in Tuberculosis."

"Above all do not trust in the misleading statements of unscrupulous patent medicine makers. There is no specific medicine for the cure of tuberculosis. The money spent on such medicines is thrown away; it should be spent instead for good food and decent living."

IMPORTANT!

Here's a chance for the man who needs a suit. For the next ten days we will give an extra pair of trousers for the price of every suit. Think of it! You need the clothes. We need the business and will offer a fine line to select from. This hold good until January 1st.

THE TIGER.

ARCHIE ROOSEVELT NOW CONVALESCENT



An exclusive photograph showing Archie Roosevelt with his disabled arm bandaged, taken during his period of convalescence in France. Archie Roosevelt, the third son of ex-President Roosevelt, went to France as a second lieutenant and immediately distinguished himself in the fray. For marked bravery he was promoted to the rank of captain and later awarded the Croix de Guerre by the French. His wound was caused by shrapnel which fractured the bone.

Aged Tree Still Bears.

On the farm of Grant Farmer on Ford's Prairie, Wash., is a cherry tree that was planted 84 years ago, when General Grant was a lieutenant stationed at Fort Vancouver. The tree still bears fruit. It has a spread of 65 feet and its trunk is ten feet eleven inches in circumference.

Boy Kills Grizzly.

Charles Sowers, fourteen years of age, of Jackson, Wyo., is displaying the hide of a female grizzly which he shot on Sheep creek, and two cubs, which he captured after he had slain the mother and the father had retreated.

Something Like a Beard!

Mistakes of military signallers are sometimes amusing. A German prisoner escaped from an internment camp, and to facilitate recapture a description of the man was circulated. The description contained a succession of absurd sounds, which rendered its reception by telephone somewhat difficult. One signaller, after struggling vainly with the prisoner's name, appearance, etc., finished the message with "height 5 foot 6 all beard and mustache." The possibility of a 5-foot-6 beard wandering about on its lone was questioned, with the result that the following correction was circulated—"Please read 'small' for 'all.'"

Japanese Airmen for Italy.

Japanese military flyers accompanied by mechanical workmen, will soon be sent to Italy. The question of sending Japanese airmen to that country has long been considered by the war office. All negotiations concerning the question with the Italian government having recently been concluded, the war office has issued a note to the airmen and workmen who have volunteered, assuring them of the decision. At first twenty airmen were expected to be sent, but the number has been reduced to fourteen or fifteen.

NOTICE.

Bills will be payable from the 4th to the 14th, inclusive. No discount after the 14th. 12-29-6t E. O. L. P. CO.

Professional Directory

ATTORNEYS

COCHRAN & EBERHARD—Geo. T. Cochran and Colon R. Eberhard, Attorneys. La Grande National Bank Building.

R. J. GREEN, Attorney at Law—Practice in all state and federal courts. Office La Grande National Bank Building.

CRAWFORD & EAKIN—T. H. Crawford and Robert S. Eakin, Attorneys at Law. Practice in all the courts of the state and the United States. Office, West-Jacobson Bldg., rooms 3-10-17, La Grande, Oregon.

ARCHITECTS

C. E. MILLER—Architect, room 27, New Foley Bldg. Phone Red 1871.

OSTEOPATHIC

DR. MARGARET INGLE, Osteopathic Physician, specializing in diseases of Women and Children. Hours 10 to 12 a. m.; 1 to 6 p. m., and by appointment. Phone: Office Red 1741. Residence Red 881. 37 New Foley Bldg. Dr. J. L. Ingle has entered the U. S. Army.

VETERINARY

DR. H. W. BILEY, Graduate Veterinarian, Hospital, 1409 Madison Ave. State Station Inspector and Inspector of stock for shipment. Independent Phone, Black 41; Farmers Cooperative Phone Main 112.

The Observer's Classified Ads.

WANTED—Miscellaneous.

WANTED—Work on ranch by experienced man and wife, or other work. Call Observer. 12-30-3tp.

WANTED—Dishwasher at Paris cafe. 12-28-4t.

WANTED—Waitress at once at Home Restaurant. 12-18-4t.

WANTED—Woman by the day for housework. Call Black 341. 12-16-4t.

WANTED—Girl for general housework. Call 1708 Second St., or phone Black 481. 12-17-4t.

WANTED—Woman to do washing for family of two. Call Black 3411. 12-19-4t.

FOR SALE OR TRADE

FOR SALE—Upright Piano, very reasonable. Call Black 1231. 12-28-4t.

FOR SALE—At very cheap prices several head of old logging horses. Valueless for logging purposes, but will do farm work or other light work. Inquire Grande Ronde Lbr. Co., Perry. 12-27-10.

THOSE desiring ice should order by January 1st. Chris Johnson, North Powder. 12-27-4t.

BALED HAY FOR SALE—Any amount of it at the Farmers' Feed barn, La Grande. Will sell in any quantities. Phone Main 92. 12-23-4t.

FOR SALE—An R. C. H. Runabout \$150. Phone Black 1642. 12-19-4t.

A FEW STEAM HEATED Invaluable rooms with shower bath, for men only at the Y. M. C. A. 12-27-4t.

AUTOMOBILE of standard make and good condition will be accepted as part payment on residence furnished, and grounds between high school and Old Town. This property is cheap at \$1600, and your car must have good value. Box 904, La Grande, Oregon. 12-28-3t.

FOR SALE—The following furniture is offered for sale at Hot Lake—All or part oak in fine condition—Dresser, chiffonier, buffet, 2 sectional book cases, large Hoosier style kitchen cabinet, nearly new; Cribben & Sexton 6-hole kitchen range; set heavy oak, leather seated dining chairs, and various other household necessities. Also a small ebony furnished I. & C. Fisher piano in good tone and condition, for \$100. 12-28-6t.

FOR RENT

FOR RENT—Light housekeeping rooms. Phone Red 2081 or Black 3291. 12-30-2tp.

FOR RENT—Furnished housekeeping rooms. Phone Black 831.

FOR RENT—Furnished housekeeping rooms. Bk. 1202. 12-17-4t.

FOR RENT—Furnished rooms. Phone Red 3171. 11-29-4t.

LOST AND FOUND

LOST—Auto robe, between Palmer Mill Rd house and skating pond. 12-30-3tp.

STRAYED—Two Jersey heifer yearlings, one light Jersey, one dark Jersey, the dark Jersey last seen in Fruitville No. 6. Branded Circle N on right hip. Phone Farmers 191. 12-30-4t.

STRAYED—1 black yearling filly, three white feet, small white stripe on face. Branded horseshoe S. bar on left shoulder. Write Harry Coalwell, Perseus Co., Reward. 12-30-4tp.

FOUND—In Hooverized Grocery, a black muff. Owner can have the same by paying for ad. Call at Observer. 12-28-4t.

STRAYED—One yearling red steer and one yearling red-brindle heifer, branded with quarter circle S. Return to John Shilling, R. D. No. 2, La Grande. 12-27-6tp.

LOST—15 Jewel Waltham watch moonseth fob, loziers chain, near Palmer mill pond. Dec. 25. Return to Observer. 12-26-4tp.

LOST—Muff near Golden Rule store Tuesday. Call Red 1423. 12-29-3tp.

EDUCATIONAL

REMEMBER GOODING COLLEGE, Gooding, Idaho. Practical business courses, review subjects, regular college work and summer school. 12-19-4t.

NOTICE TO STOCKHOLDERS

The annual meeting of the stockholders of the La Grande National Bank will be held at their banking house in La Grande, Oregon, on Tuesday, January 14th, 1919, at 3:30 p. m. At this meeting a Board of Directors will be elected, to serve for the ensuing year and until their successors are elected and qualified, and such other business will be considered as may properly offer.

F. L. MEYERS, Cashier.

Daily from Dec. 13 to Jan. 14.

NOTICE OF ANNUAL STOCKHOLDERS' MEETING

Notice is hereby given that a meeting of the stockholders of the United States National Bank of La Grande, Oregon, is called to meet in their directors' room on Tuesday, January 14, 1919, for the purpose of electing a board of directors and transacting any other business that might come before said meeting.

T. J. SCROGGIN, Cashier.

12-14-30t.

Nothing Gained by Brooding.

Give up brooding over failures—take each day as a fresh start. Give up envies, grudges, enmities—all conditions of mind that drag down the spirit. Be constructive. See the good in people. Keep abreast with the news of what is going on. "Over there" are doing each day and perform your duty (even be dish washing) in the fervor that fills you as they they their huge calls.

Observer advertising will bring re

JUST THINK FOR ONCE IN YOUR LIFE

how you can save and when in need of
LINOLEUM, RUGS OR FURNITURE

We have prices that beat 'em all, and mean dollars in your pocket if you buy your furniture and other goods here.

Harris Furniture Store

H. B. HARRIS, Proprietor
308 FIFTH STREET PHONE: Red 8171.

Auto Tops Complete and Repaired

HARNES AND SADDLE MANUFACTURER—ALL WORK DONE PROMPTLY.

TOLBERT M. SHANNON

1306 Adams Avenue

Optimistic Thought.
Gather roses while they blossom; to-morrow is not today.

A WANT AD will do it

DON'T SUFFER WITH NEURALGIA

Use Soothing Musterole

When those sharp pains go shooting through your head, when your skull seems as if it would split, just rub a little Musterole on your temples and neck. It draws out the inflammation, soothes away the pain, usually giving quick relief.

Musterole is a clean, white ointment, made with oil of mustard. Better than a mustard plaster and does not blister. Many doctors and nurses frankly recommend Musterole for sore throat, bronchitis, croup, stiff neck, asthma, neuralgia, congestion, pleurisy, rheumatism, lumbago, pains and aches of the back or joints, sprains, sore muscles, bruises, chilblains, frost-bitten feet—colds of the chest (it often prevents pneumonia). It is always dependable.

30c and 60c jars; hospital size \$2.50.



LESLIE SALT

runs freely from its convenient—sidespout—package—it does not clog the shaker

Job Printing, The Observer, Main 37.

Wheat Ranch For Sale

To settle an estate, the R. J. Morton place, in Lower Cove, consisting of 200 acres, will be sold at a sacrifice. Every foot of this land is under cultivation. It is all level ground. Spring on place. About eight acres bottom land growing 12 tons wild hay. Place is leased this coming year for one-third the crop. Last year under this same percentage of crop, the place paid 10 per cent of what is being asked for the place now. Lessee can be paid for plowing already done (about 60 acres) and buyer take full possession. This must be an outright sale without any trades, but responsible people can get good terms. For further information write

P. C. RINEHART

282 Monroe Street, Portland, Oregon.

La Grande Mattress Shop And Weaving Works

Mattress Making and Repairing, Feather Mattresses Made, Feather Renovating, Carpet and Pluff Rug Weaving.

All Work Called for and Delivered CHAS. EDWARDS, Prop.
ONE BLOCK EAST OF FLOUR MILL PHONE Red 132

HEATERS

RIGHT NOW is the time for you to buy your heater. We have a complete line of new and used coal and wood heaters, for you to pick from. Let us explain to you the many superior points of our Famous Patent Heater. One, one that burns coal, wood, smoke and gas—nothing wasted. You may turn in your old heater or any other household furniture you wish to get rid of, as first payment. Do not buy until you try us. Our guarantee covers your dollar.

Furniture Exchange

Best Prices for Used Furniture, or Will Exchange for New.

PHONE BLACK 1231

PRIVATE AMBULANCE LICENSED EMBALMERS PHONES BLACK 242 MAIN 59

FUNERAL DIRECTORS

W. H. BOHNENKAMP CO.

Fraternal Directory.

WOODMEN OF THE WORLD—La Grande Camp No. 169 meets every first and third Monday at Eagles Hall. All visiting neighbors welcome. Dues payable at the office of the clerk, New Foley Bldg., 9 a. m. to 5 p. m.
J. MURCHISON, C. C.
R. J. KITCHEN, Clerk

MODERN WOODMEN OF AMERICA—La Grande Camp No. 7703 meets on the first and third Thursday evenings of each month in the K. of P. Hall. Visiting neighbors welcome.

L. J. MUMFALL, V. C.
W. F. ASHMAN, Clerk

O. E. S.—Hope Chapter No. 13, O. E. S. holds stated communications the second and fourth Wednesday of each month. Visiting members cordially welcomed.

SADIE E. GIVEN, W. M.
MARY A. WARRICK, Sec.

K. of L. of Security—Mt. Emily Council, No. 246, meets the second and fourth Monday evening at 8 o'clock at Eagles Hall. Visiting members are welcome.

ABE HARRIS, Fin'l. Sec.
J. K. FITZGERALD, Pres.

A. F. & A. M.—La Grande Lodge No. 41, A. F. & A. M. holds regular meetings first and third Saturday at 7:30 p. m. Cordial welcome to all Masons.

ROBERT S. EAKIN, W. M.
A. C. WILLIAMS, Sec.

F. O. EAGLES, Aerie No. 259—Meet every Friday night at Eagles Hall. Visiting members welcome.

J. F. STACEY, W. P.
LEE BELLINGER, Secretary

REBEKAHS—Crystal Lodge No. 50 meets every Tuesday evening in the I. O. O. F. Hall. All visiting members are invited to attend.

ROSA GLASS, N. G.
LUCIA HALEY, Rec. Sec.

L. O. O. M.—La Grande Lodge No. 850, Loyal Order of Moose holds regular meetings every Wednesday night at 8 p. m. in Eagles hall next to Elks' Bldg. on Washington Ave. Visitors always welcome. Dues payable at Young's Sweet's.

W. C. HANSEN, Dic.
HARRY SWART, Sec.

B. P. O. E. ELKS, La Grande Lodge No. 433, Lodge meets each Thursday evening at 8 o'clock. Home and club privileges cheerfully extended to all Brother Elks.

R. J. GREEN,
Exalted Ruler.

A. B. CHERRY,
Secretary.

ROYAL NEIGHBORS—Iris Camp meets every second Friday afternoon and every fourth Friday evening, every month in K. P. hall. All visiting members cordially welcome.

HENRIETTA GHARST, Oracle
MARY L. WEST, Recorder.

KNIGHTS OF PYTHIAS—Red Cross Lodge No. 27 meets every Monday night in Castle Hall (K. of P. Hall). A Pythian welcome to all visiting Knights.

J. L. ROBERTSON, C. C.
DELILLE GREEN, R. of R. & S.

ACQUIRING A PERFECT FIGURE

Most women who have perfect figures did not have them originally. They have acquired them. A woman gradually takes the shape of her corset as the corset produced by the most artistic designer is the right one to wear to secure a perfect figure.

MODART CORSETS

Front Laced

are most artistically and artistically designed. They are comfortable, stylish and gradually mold the figure into those beautiful lines that every woman admires and desires.

PAULINE EDERLE

CHICHESTER'S PILLS

THE LONDON LANCET writes: "Chichester's Pills are the most reliable and most effective of all the pills in the world."

Take one or two pills of Chichester's Pills at bedtime.

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SOLD BY DRUGGISTS EVERYWHERE