

Wake Up!

Are you dragging around
half sick--feeling blue--
generally good for noth-
ing--take a bottle of our

Wine of
Cod Liver Oil

Price \$1.25

La Grande Pharmacy

Quick Delivery

Phone Main 40

La Grande, Oregon

THE TRUTH ABOUT CANDY

One Man Takes His Sugar in His Fruit or
Coffee--Another Man Takes His in the
Shape of Candy.

The human body needs constant fuel.
Just as coal is fuel for the furnace, which supplies car-
bohydrates, is bodily fuel.

Plain, raw granulated sugar is not an attractive way to take
it, so people generally take sugar in ways to suit their individ-
ual taste.

One man takes his sugar in his coffee or on fruit.
Another likes a coat of chocolate, for example.

The cake or chocolate, called candy, consists of cocon, sugar
and milk properly blended.

It is right to say that the man who takes his sugar in his cof-
fee is on the right road, while the man who takes his in the form
of a piece of milk chocolate is wasteful and enjoying a nonessen-
tial luxury.

One small boy takes several lumps of sugar in his coffee or
his portion of sugar on his mush. Another little fellow takes
his through his favorite piece of chocolate or a piece of stick
candy. Is the latter less patriotic than the former? We be-
lieve not.

The soldier in the camp takes his cake of milk chocolate out
with him and it sustains him. The soldier up in the front line
trench enjoys its nourishment and it makes him "fight like the
devil," as General Waller, of the Marines, said.

Yet the candy industry, the third eighth largest industry in
the United States, an industry supplying a recognized and tre-
mendously vital food product, is now threatened with practical
annihilation because many people have not learned the facts.

Many people still feel that candy has no food value, but it is
a non-essential luxury which uses up maybe a quarter to a half
of the sugar in this country, and that by wiping out candy the
sugar problem is solved. But that is not so. On the contrary,
only 8 per cent of the normal consumption of sugar (now cut to
4 per cent) goes into making this flimsy establish food product.

Take one cent's worth of sugar. Put it in a little pile. That
is the amount of sugar used per capita weekly in candy making.

The saving of that tiny might in the home will keep the candy
industry alive and enable it to supply men and women and child-
ren at home and the men at the front with nourishing, whole-
some body fuel. Put a pound of chocolate creams to the test,
for instance. Eat a pound on a big long hike. Then you will
know why soldiers crave it.

In normal times the candy industry uses only 8
per cent of the sugar used per capita in this
country. Right now this amount has been cut
squarely in two.

Candy Manufacturers of Oregon

LOCAL NEWS NOTES

Mr. and Mrs. George Boner, who
have been in Hot Lake for the past
week, returned to their home at
Joseph this morning.

Mrs. S. W. Rogers is in Hot Lake
today visiting with Mr. Rogers who
has been at the sanatorium there
for some time.

Mrs. Nettie McColly and son
Ernest, went to Elgin this morning
to spend the day as the guest of
friends.

Miss Josie Mackan, of Baker,
passed through this morning on her
way to Joseph, where she will visit
friends for a short time.

F. S. Slater, cashier in the First
National bank of Union, returned
home this morning. Mr. Slater at-
tended the conference of Union
county bankers here last night.

Rev. Edward Deacon, Methodist
Missionary for the Baker District,
went to Island City this morning
to attend the Sunday School Con-
vention there.

Mrs. J. P. Mullen, who has been
visiting with Mr. Mullen at Camp
Lewis, is the guest of her sister,
Miss Agnes Leslie, at Joseph for
a few days.

Fred S. Ashley, joint representa-
tive for Union and Wallawa coun-
ties, in the state legislature was in
town yesterday and left for his
home at Baker this morning.

Mrs. G. H. Hill of Prairie City,
returned to her home this morn-
ing. Mrs. Hill has been the guest
of her daughter, Mrs. J. H. Tray-
ner, since Sunday.

The regular monthly board meet-
ing of Y. M. C. A. officers has been
postponed from its regular time of
meeting until next Thursday eve-
ning.

J. L. Cramer, who succeeds Prof.
Prince as Y. M. C. A. secretary, ar-
rived yesterday and assumed his
new duties. As yet Mr. Cramer
has made no definite plans for the
future in regard to the work of the
Association.

Mrs. Andrew Kust of Wallawa
returned to her home this morning
after accompanying her daughter,
Miss Helen, thus far on her trip
to Tipton, Indiana, where she will
teach Latin and English in St.
Joseph's Academy. Miss Kust re-
ceived the degree of M. A. from
that school last summer.

Great Faith in Chamberlain's Colic
and Diarrhoea Remedy.

"Chamberlain's Colic and Diarrhoea
Remedy was used by my father about
a year ago when he had diarrhoea. It
relieved him immediately and by tak-
ing three doses he was absolutely
cured. He has great faith in this
remedy," writes Mrs. W. H. Williams,
Stanley, N. Y.

NEW TODAY

WANTED.—A Girl for general
housework. Must apply in per-
son at Joel's Grocery, 9-11-21 pd

The Kodak business is moving
right along at Silverthorn's. By
the way, have you had them do
some enlarging for you? If not,
you will be more than pleased with
their work. And it is at a very
reasonable price and promptly
done. Try them and see.

Daily 9-11 ft

Silverthorn's
FAMILY DRUG STORE
LA GRANDE, OREGON.



Delicate Stomachs
Welcome Stanolax

Because Stanolax is not a violent cathartic. It
is a mild, though certain, treatment for Con-
stipation. It cannot upset the digestion. It can-
not cause the slightest physical strain or pain.

It is tasteless, colorless, odor-
less. It is neither digested nor
absorbed by the system. In other words,
Stanolax is unlike harsh
purgatives.

Stanolax is an internal lub-
ricant. It softens the
bowel content and makes
possible the normal func-
tioning of the intestines.
It is a scientific advance-
ment, displacing old ways.

STANOLAX
FOR
CONSTIPATION

For sale in La Grande by
RED CROSS DRUG STORE.
C. D. PUTMAN.

ARCADE

SOME PARADE.

Los Angeles, center though it is
of photoplay production and pret-
ty well hardened to the sight of
persons playing before the cam-
era, was greatly amused not long
ago at a little procession which
went down one of the streets at
the busiest hour of the day. The
procession was made up of just
kids, armed with wooden guns,
dressed in improvised uniforms and
headed by a little girl in a khaki
uniform and with a real sword.
Behind her marched a tiny colored
boy, hardly out of pickaninny stage
carrying an enormous trombone on
which he was expending a prodigi-
ous amount of breath. The little
girl was Baby Marie Osborne, the
famous Pathe star, and a scene
was being taken for her newest
picture "A Little Patriot," which
as its name implies is decidedly
appropos at the present time. This
picture is said to be the best of
the many good Baby Marie Osborn
pictures, and it will be shown at
the Arcade Theater today and on
Thursday.

The story by John Grey is full
of human interests and delightful
little touches, and yet it is not
without its decided thrills. Ernest,
the little colored boy, does such ex-
cellent work that in a number of
scenes he shares the honors with
the one and only Baby.

"In its mixture of humor and
pathos, in its craning insight into
child nature "A Little Patriot" is
certain to appeal to every kind of
audience."

"A Little Patriot," as its name
implies, is based upon the theme
of loyalty to the country—a loyal-
ty that means quite as much to
the children as to the grown-ups.
Baby Osborne plays the part of
a child whose father answers his
country's call and enlists. She is
willed with the spirit of duty to
the flag and forms a little army of
her playmates, who, equipped with
wooden guns and impromptu uni-
forms, proceed to drill and go
through all the formulae of the
grade of arms.

SHERRY'S

FRENCH WAR HERO IN BLUE
RIBBON FEATURE.

Henry Hour, actor, director and
recently discharged from the
French army on account of
wounds received on the French
front, has an important role in
"Find The Woman," the Vitaphone
Blue Ribbon Feature, which will
be the attraction in the Sherry
Theater, last showing today. Mr.
Hour, who has been for several
months at the Brooklyn studio, ex-
pects to return to Paris in an ex-
ecutive position with Vitaphone's
branch there.

"Find The Woman," a powerful
love drama written by Stanley Olm-
sted from suggestions from O.
Henry's "Cherchez la Femme,"
gives Alice Joyce one of her most
appealing roles. Tom Terriss di-
rected the picture, and in the sup-
porting cast are Walter McGrail,
Arthur Donaldson, Jessie Stevens,
Jean Paige and Mary K. Carr. Al-
so a comedy.

FREE PIANO TUNING.

Is often more injurious to your
piano than waiting a few months.
Sidney Lyle, the well-known piano
tuner will be here again in Nov-
ember to do your tuning.

9-7-6 paid

THE LOCAL MARKET.

Sugar 10c lb
Creamery Butter 65c lb, \$1.25 roll
Country Butter 55c lb, \$1.10 roll
Eggs, Fresh 50c doz
Flour \$2.85 to \$3.00
Cantaloupes 3 for 25c
Oregon Tomatoes .2 lbs. for 25c
Beets 5c bunch
Cabbage 6c lb.
Head Lettuce 10c and 15c
Cucumbers 3 for 10c
Wax Beans 3lbs 25c
Spuds 3 1/2c lb.
Watermelons 3c lb.
Peaches 10c, \$1.40 to \$1.50 box
Concord Grapes 65c basket
Egg Plant 15c lb.
Bell Peppers 25c lb
Green Peppers 15c lb
Green Corn 30c doz
Butterfat 55c
(Less 1 cent per lb. of cream.)

Experience the Best Teacher.

It is generally admitted that exper-
ience is the best teacher, but should
we not make use of the experience of
others as well as our own? The ex-
perience of a thousand persons is more
to be depended upon than that of one
individual. Many thousands of per-
sons have used Chamberlain's Cough
Remedy for coughs and colds with the
best results, which shows it to be a
thoroughly reliable preparation for
those diseases. Try it. It is prompt
and effectual and pleasant to take. Av.

A FIGHT FOR MILLIONS

The way Al Cain's still selling
Soda Water and those fine Sun-
Pacs, it is the talk of the town.
Better go right in and see him
about it.

Daily 9-11 ft

Silverthorn's
FAMILY DRUG STORE
LA GRANDE, OREGON.

Tree Ripened Peaches

Ideal for canning. We are receiving large shipments daily of the finest flavored Elberta
Peaches that ever came to town—they are going fast at these unusual low prices, 5 box
lots, or more, \$1.20; less quantity, per crate \$1.25. We will also have for delivery within
the next few days, at the above prices or less, some fine Lemon Clings and late Crawford
Peaches. While we have a large supply contracted for, we cannot re-order. In order
to avoid being disappointed, we would suggest that you place your order at once, as
orders will be filled in the exact order in which they are received.
Order your CANNING SUPPLIES now. Our regular prices on the very best grade is
priced lower than others, at so-called special prices.

You can buy any quantity you want any time
at these prices

EXTRA HEAVY MASON RUBBERS, Doz. 5c
EXTRA THICK, the Best in town, Doz. 8c
MASON SELF-SEALING CAPS, Doz. 23c
BOYD'S GENUINE ZINC MASON CAPS, Doz. 23c
ECONOMY CAPS, Doz. 23c
We Carry a Complete Line of New Jars, Priced to SAVE YOU MONEY
PHONE MAIN 32—YOU SAVE ON EVERY PURCHASE AT THE

Union Store
Open 8 a.m.
Close 6 p.m.
Saturday
open until
8:30 p.m.

Hooverized Grocery
Across the track, next to Stilwell's Cash Market.

United
States Food
Administration
License
No. G50255.



THE BUGLE CALL

Summons all the forces and resources of the Republic to
the defense of Freedom

THE OREGON AGRICULTURAL COLLEGE

which the United States authorities have ranked as one of the
fifteen distinguished institutions of the country for excellence in
military training, has responded to the call. The College is
distinguished not only for its military instruction, but

DISTINGUISHED ALSO FOR—
Its strong industrial courses for men and for women:
In Agriculture, Commerce, Engineering, Forestry,
Home Economics, Mining, Pharmacy, and
Vocational Education.

Its wholesome, purposeful student life.
Its democratic college spirit.
Its successful graduates.

Students enrolled last year, 1453; stars on its service flag, 1258,
over forty percent representing officers.

College opens September 23, 1918

For catalog, new Illustrated Booklet, and other information write to the Registrar, Corvallis, Oregon

SPECIAL SALE

Friday and Saturday this Week—Sept. 13 & 14

5 Dozen Mason Jar Rubbers for 25c
1 Dozen Mason Jar Caps for 24c
6 Boxes Matches for 25c
6 Bars Laundry Soap for 25c
3 Dozen Spring Clothes Pins for 20c
1 Dozen Jelly Glasses for 40c
Two Mouse Traps for 5c
Rope 2c and 3c per foot
Percolator Tops (Glass) 5c
Waste Baskets 15c
Paints and Stains, per can 15c
10 Per Cent Off on all Chinaware.
6 Five Cent School Tablets for 25c
6 Five Cent School Pencils for 25c
3 Ten Cent School Tablets for 25c

CHRISTIE & AMSDEN VARIETY STORE
1303 ADAMS AVENUE.

**Big Game
Rifles and Cartridges
for Shooting Right**

KEEP the right spirit burning—the good American pioneer
spirit—and get some wholesome recreation and some game for
your table, with a Remington UMC big game rifle and cartridges.
With a Remington UMC Autoloading or Slide Action Repeater in
your hands loaded with Remington UMC Cartridges, when your
well earned chance comes to bag that big buck you will be prepared
to shoot right.

No hole or lever to bludge and with the head—comes back new right in shoot-
ing position. Easy to shoot because fit, balance and sight are right. And has the
speed, the accuracy and the punch to do its work—quick and clean.

There is not a single bolt-like-the-time model in our rifle feature in the
Remington UMC line of big game rifles. They are the leadership backed by
the Great Prizegold medal, highest possible of honors. For modern Foresters and
Amateurs, awarded to Remington UMC at the San Francisco Exposition.

Sold by Sporting Goods Dealers in Your Community

THE REMINGTON ARMS UNION METALLIC
CARTRIDGE COMPANY, Inc.
Largest Manufacturers of Firearms and Ammunition in the World
WOOLWORTH BUILDING NEW YORK CITY