

### Inability to Sleep Indicates a Nervous System



The cares and worries incident to the war have created an unusual demand for good nerve remedies.

Restful sleep is an absolute essential of good health. Loss of sleep will kill as surely as the lack of food.

In order to build up your nervous system and overcome conditions which prevent sleep, take—

#### Malt Tonic

This tonic supplies just what is needed by the nerve cells. It brings refreshing sleep, stops the expenditure of needless energy and rebuilds the wasted system.

Price 15c, 6 for 25c.

## RUN RIGHT TO THE LA GRANDE PHARMACY

Quick Delivery Phone Main 40  
La Grande, Oregon

## The Multnomah Hotel

PORTLAND, OREGON



### Is Home to EAST OREGONIANS

The Multnomah Hotel is a contributor to the live stock shows of the Northwest; its facilities are always at the disposal of Oregonians who meet to counsel for the best interests of the state, and in other ways the Multnomah has become identified with all that is making for progress.

Many Eastern Oregonians are making the Multnomah their home when in Portland, and the management is trying to make them comfortable. The finest thing anybody can say about the Multnomah is that the hotel is

### "My Portland Home"

Multnomah Hotel Bus Meets All Trains.

## Star Theatre

SATURDAY AND SUNDAY



Bill Hart

—IN—

### The Return of Draw Eagan

Never shown before in La Grande.

This is a five reel feature.

—Also—

NEWS WEEKLY.

### AROUND THE EDGES

"The war is forcing a lot of us old fellows to go to work again," said Jake Gulling, as he grabbed a feather duster and killed three flies with one swat, at the O-W. Employees' Club. Jake was available as one of the "kids" who was not working and when Joe Eagan saw he could be of benefit in the division office, Jake responded by saying, "—yes, I can still do quite a bit. Get to — out of here all of your fellows who can stand the graft, and let me have charge." And they all did as Jake told them.

Here is a true story: A La Grande lady wrote her life-long friend in Portland she expected to come down and visit her for a few days. The reply came back: "Dear —, we are mighty glad you are coming down, but please bring your sugar with you."

It was a hot July day in the Grande Ronde valley. On a well regulated farm the work was proceeding very well, when the lady of the house asked the man in charge of the work if he would "pole the beans." Two hours later she visited the garden and found all the bean stalks pulled up and carefully laid in a pile. "For goodness sake," remarked the lady, "what in the world have you done?" The man looked at his boss and meekly said, "You said to pull the beans and I have pulled every one I could find." In Sweden the words "pole" and "pull" sound very much alike.

With Jake Gulling now dispensing sunshine in the O-W. Employees' Club perhaps someone will furnish a bull dog and a bear so that a remarkable event can be reproduced, wherein the dog will lick the classless bear. But we will need Uncle Barry as a spectator—and who will see that the barrel of lime is placed in the proper position?

You can't blame the girls for wearing their short kilties this kind of weather. Another degree or two, and shoes and stockings will be discarded.

"Off to the training camp," is heard in every home in this county these bright days.

One La Grande girl thinks a married man will not make as good a soldier as a single man. "I read," remarked the girl, "that the boys over there enter a battle yelling, and whoever heard of a married man raising his voice and yelling." A man who had been a benedict for a quarter century sat close by, and finally remarked, "you may be right, miss, but I want to say that married men have a holler coming, anyway."

The greatest joke that has been perpetrated on any department of the Red Cross was that handed out by Jim Corbett to Mrs. Murphy. It is so good that only recently did the public learn of it. On the evening before La Grande's great July 4th celebration, Mr. Corbett saw considerable merchandise deposited at the door of the Red Cross shop, which Mrs. Murphy is running. Stepping to the telephone, Mr. Corbett called Mrs. Murphy, without giving his name, and ordered her to remove the "junk" from the streets. The conversation that followed over the phone was decidedly amusing, for Mrs. Murphy can take her own part, and she did. The conversation closed with some words lacking in complimentary tone, Mrs. Murphy advising the man at the other end that such orders were entirely out of place, lacking in gentlemanly conduct, etc. Then came the fun—Mrs. Murphy immediately came down to

the shop for fear someone would damage the goods and she was met on the street by Mr. Corbett, who said, "Good evening, Mrs. Murphy," and he walked by her side while the conversation warmed up to what had just happened. Of course Mrs. Murphy never suspected that Mr. Corbett was the aggressor, and upon reaching the Red Cross shop the gallantry of Corbett asserted itself. "Let me put these goods inside," he said, and with every armful he would stop and remark, "but, Mrs. Murphy, no one had the nerve to talk to you like that over the phone," whereupon a review of more of the conversation would follow, until finally Corbett remarked, "Mrs. Murphy, we have been friends a long time, and if you will only tell me who you think this villain is that has been calling you over the phone, I am here to throw off my coat and give him a licking." For several days the secret was kept, but, like all good things, it finally began to leak, and now whenever Mr. Corbett meets the Red Cross lady it is up to him to order the ice cream soda before he lifts his hat and exchanges greetings.

There is a lot of fun among the boys over in France, and occasionally a letter gets by the censor that fairly bristles with wit and shows just what a good time a bunch of the best boys on earth have. Not long ago a letter came to a La Grande daddy of one of the Hospital Unit, which ran something like this: "The booze is a dead number and it is only very rarely that even the smell of a cork is possible. I did a little slippery sliding around the other night, however, and managed to get into a French saloon. I tried the much-talked-of wine, and say, there is nothing to it. That near beer dope at home has it skinned. Then I tried some of their beer, and they do not know the game of making beer at all in France. Finally the French bar-keep looked at me and said, 'I has ze one bot-tel of ze American whiskey,' and sure enough, he dugged down under the bar and produced a bottle of bonded American whiskey. He invited me to take a drink. I remembered, dad, just how you stand when you drink out of a bottle, and I spread my toes and took a big snort of that whiskey, all the time thinking of America and her superiority in everything on earth, even to the making of a drink suitable for a man."

One look at Herman Siegrist's wood pile would drive all the Weary Willies to the harvest fields. For it is some wood pile.

What will we do when gasoline goes so high, said a little girl who is accustomed to driving a big automobile. "What will we do," exclaimed her father, "we will walk, and begin to build up the human race, that is now rotting for lack of exercise."

Connordale is producing good wheat this year. That would have been a fine vocation for Connordale for the past twenty years.

Turn out to the high school grounds and watch the Home Guard drill. It will give you a little more "Star Spangled" enthusiasm, which is good for everyone at the present moment.

#### PREPARE FOR THE HOT WAVE

The hot sun is doubly dangerous if there is a mass of undigested food in the stomach, causing distress and auto intoxication, casting contagious poisons throughout the system. Foley Cathartic Tablets give prompt and sure relief. They act gently but do their work thoroughly. They cleanse the bowels, sweeten the stomach and benefit the liver. Recommended for indigestion, biliousness, bad breath, bloating, gas or constipation. Sold everywhere.

### OUTBURSTS OF EVERETT TRUE



ARE YOU READY? YES!

MOISTENING THE HANDS

YOU WASH YOUR HANDS BEFORE YOU TOUCH THAT DESK OR ANYTHING ELSE IN THIS OFFICE, YOU FILTHY SLOB!!

## No Question About It!

—the busy crowded stores of La Grande and in fact, all cities, are the Cash and Carry Stores—the kind that eliminate all "extravagant accommodation." Do your bit towards winning the war—Economize and Hooverize—help your country—Now is your time to break the chains of Credit Slavery forever.

Men's Heavy Blue Overalls	\$1.98
Men's Heavy Blue Jumpers	\$1.98
Men's Khaki Pants	\$1.98, \$2.25, \$2.49
Men's Khaki Combinations	\$2.49, \$2.98
Men's Khaki Hats	59c, 98c
Men's Khaki Coats	\$2.98, \$3.98
Men's Khaki Shirts	\$1.48, \$1.98
Men's Work Shirts	98c, \$1.25, \$1.39
Men's Work Pants	\$1.98, \$2.49, \$2.98
Men's Work Sox	15c, 25c
Men's Work Gloves	39c, 49c, 69c, 93c
Men's Work Hats	59c, 98c, \$1.49
Men's Work Shoes	\$3.50, \$3.98, \$4.98
Men's Elk Shoes, our price	\$2.69
Men's Muleskin Shoes, our price	\$2.25

NEW GOODS ARRIVING DAILY — COMPARE PRICES

All Stores Close Saturdays at 8:30 P. M.

## J. C. Penney Co.

Incorporated

### 197 BUSY STORES

Formerly the United Store

All Stores Close Saturday at 8:30 P. M.

## Society

Thursday night the home of Dr. and Mrs. A. L. Richardson was a delightfully cheerful place, for it was the occasion of a farewell dancing party given in honor of Frank Clark, nephew of Mrs. Richardson. Mr. Clark leaves soon to enter the service of his country, and his young friends gathered to pay honor to him. The Monday club, which is a musical organization, was included in the list of guests. Mr. Clark has for some time been piano accompanist to the members of this club, which has cemented a strong and lasting friendship. The evening was spent in a most pleasant manner, dancing being the chief amusement. Refreshments were served at a proper hour.

Mrs. C. R. Vedder, of 1312 Washington avenue, returned Thursday from a five weeks' visit in Portland, Tacoma, Seattle and at McNeill's Island. She also visited some of the coast shipyards, and reports a delightful trip.

Mrs. H. C. Grady, president of the Red Cross chain parties, reports receipts for the past week as follows: From Mrs. Clarence Bunting for the East Adams avenue Embroidery Club,

of ice cream, punch and cake were served, the party returning to their homes before the dinner hour. It was a gathering in honor of Mrs. Walter L. Reid, of Colorado, and Miss Winifred Dennis of Portland, who are visiting relatives here.

#### A STITCH IN TIME

La Grande People Should Not Neglect Their Kidneys.

No kidney ailment is unimportant. Don't overlook the slightest backache or urinary irregularity. Nature may be warning you of approaching dropsy, gravel or Bright's disease. Kidney disease is seldom fatal if treated in time, but neglect may pave the way. Don't neglect a lame or aching back another day. Don't ignore dizzy spells, headaches, weariness or depression. If you feel you need kidney help begin using the reliable, time-tried remedy, Doan's Kidney Pills. For 50 years, Doan's have been found effective. Endorsed by La Grande people.

Mrs. F. J. Bartlett, 603 Adams St., says: "I know from my own experience that Doan's Kidney Pills are fine for backache. At times, I was in a great deal of misery with my back, more so after I had been on my feet a great deal. Knowing the value of Doan's Kidney Pills, I got a box and used them. I was permanently cured of the misery in my back and since then, I haven't had any backache or other kidney trouble."

Price 60c, at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills—the same that Mrs. Bartlett had. Foster-Milburn Co., Mfrs., Buffalo, N. Y. —Adv

## IF IT WASN'T FOR OUR COMPETITORS

You wouldn't Appreciate the Values We Offer. This store should be your source of supply for Jars and Canning Supplies. Our supply actually on hand is more than a carload. It is advisable to anticipate your wants for the season, and buy now—it pays to compare prices.

Economy Jars, Pints	\$1.06	Quarts	\$1.15	Half Gallons	\$1.49
Mason Jars	Pints 75c	Quarts 86c	Half Gallons	\$1.13	
Mason Self-Sealing Jars	Pints 75c	Quarts 86c	Half Gallons	\$1.13	
Ball Special Wide Mouth	Pints 92	Quarts	\$1.03	Half Gal.	\$1.32
E. C. Lids, dozen					28c
Mason Lids, dozen					26c
Invincible Jar Rubbers, extra heavy, dozen					5c
Extra Thick, the finest, dozen					8c
Parowax, four cakes					18c

Union Store Open 8 a.m. Close 6 p.m. Saturday open until 8:30 p.m.

## Hooverized Grocery

Across the track, next to Stilwell's Cash Market.

United States Food Administration License No. G50255.