

TRIMMINGS ARE CUT FROM OCEAN TRAVEL

NEW YORK, March 1.—It's tough if you're merely a seasoned ocean traveler, going over to bring back the Spring styles which Paris is getting out this year, and not a soldier sailing under secret orders, to have to cut out all one's little accustomed seagoing luxuries. First, your various sweethearts can't come to kiss you goodbye on the pier and wave a sad farewell as the steamers move majestically forth. Also the same sweethearts can't send bouquet or candy or slip endearing notes in pockets.

These are only a few of the new rules issued to prospective ocean voyagers by Collector of the Port Byron R. Newton.

All's fair in love and war, but love here must lay off a few of its trappings. Who knows what the nocey might contain dynamite, and the sweet note sweeter words to a German general than to the fair one to whom it is entrusted?

Another of these rules is that one person may have only \$5.00 on his person. Baggage must be limited to essentials, passports must be issued forty-eight hours before sailing, and seagoers must be on hand at the dock long before the appointed hour of departure to permit ample time for inspection of documents and luggage. To such trifles as the U-boat menace and floating mines, add these new gum rules of travel for non-combatants, and New York will from now on be more popular than Paris—if you're on this side of the water.

Most of us are aware that foreign attaches of United States legations may wander around more or less at random and be immune to arrest. If you are fortunate enough to be a French or Belgian diplomat you may pick roses in Central Park without the arm of the law being stretched forth in its awfulness.

Charles Greenbagen, a B. R. T. platform guard, however, came up hard against international law. He nabbed a passenger who looked suspiciously like any other subway sufferer and marched him off to the Elizabeth street police station. There the man claimed to be Charles Polman, of Brooklyn, Chancellor of the Swiss legation in America. The Captain presumably arose and bowed out his High and Mighty Swissness, but Greenbagen, unconvinced watchdog of the Underground, hung on to his prisoner and took him before Magistrate Ten Eyck. The Magistrate released Mr. Polman from the B. R. T. clutches.

The unpardonable offense of which the attaché was guilty was attempting to change cars at the Canal street station by way of a stairway which had been roped off and forbidden to the public.

Here is one man who didn't propose to be balked by a careless Monday.

He entered a lunchroom on the last heatless day observed here, when all the office buildings were frigid and ordered a cup of coffee. Even before this was served to him he had unlatched a portable typewriter and, after abstracting a wad of correspondence from an inside pocket, had fallen to work.

Fortified by the coffee he labored for four hours, and even the remarks of the lunchroom chef concerning "hard boiled eggs" could not tempt his appetite further. At last he closed up his office, re-packed his typewriter and started to leave. He paused long enough, however, to collect several evening papers left by other customers before he paid his five cents and departed.

The lunchroom chef only gaped. He had run out of appropriate remarks.

It might be remarked that this man has conservation of the nation's resources reduced to a fine art.

There will soon be a million youngsters of the United States formally enrolled as health workers according to officials of the National Association for the Study and Prevention of Tuberculosis, which organized this juvenile movement a little over a year ago under the name of the National League of Modern Health Crusaders.

Charles W. DeForest, brother of the inventor of wireless and one of the field secretaries of the Association, is the father of the League. Having a small boy of his own possessed of the usual aversion to baths, tooth-brushing, etc., he conceived the idea of infusing a romantic interest into these "health chores." He accordingly charted the chores and assigned a percentage to each. He then devised a badge and appointed the youngster a Modern Crusader on probation, with a promise of knighthood after the winning of a sufficient number of points. It worked so well that Mr. DeForest began forming leagues of Crusaders throughout the country in connection with the Red

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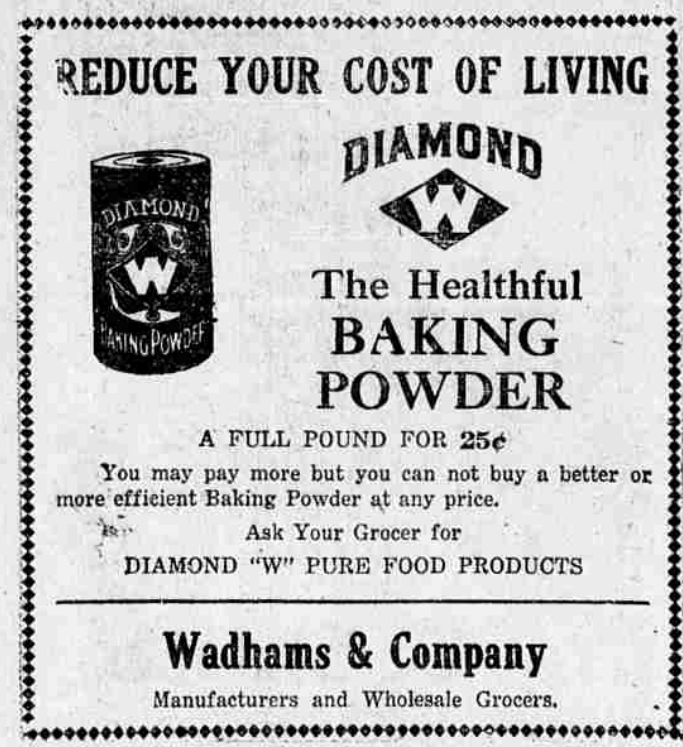
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Few who read with interest the obituary of the famous John L. Sullivan the other day thought of him as a leading protagonist of the prohibition movement. Apparently however, his later career did much to atone for his early record as saloon proprietor and consumer of liquid refreshments. Friends who gathered to do his memory honor at the memorial services were gratified by a telegram from William Anderson, superintendent of the State Anti-Saloon League. Mr. Anderson wired that Sullivan had done more than any other three men "to bring men to lead a temperate life and abstain from alcoholic beverages."

The Bookworm

The true bookworm is not yet a pest in this valley. It is only in the musty accumulations of years that the bookworm does his destructive work. The human bookworm is almost as rare, but a few find their way into our public library and enjoy tasting each volume in turn until they find one of agreeable flavor. With the permission of the editor, we shall let the bookworm tell you some of the things he finds in the library.

Books on military training are popular at present. The boys who are drilling in the grammar school are the most regular borrowers of these books:

U. S. War Department, "Infantry Drill Regulations."
U. S. War Department, "Field Service Regulations."
Moss Private's Manual.
Moss Manual of Military Train-

ing.

Moss Self-helps for the Citizen Soldier.
Ellis' Plattsburgh Manual.
French, "At Plattsburgh (fiction)."
U. S. Quartermaster General Manual of Pack Transportation.

About twenty-five people attended the reading given by Mrs. Stella Ingle at the library Sunday afternoon. Mrs. Ingle read several letters from Coningsby Dawson's "Carry On," and, more interesting to La Grande friends, letters from La Grande boys in the service. The audience all wanted the reading to continue longer than it did.

Are you interested in chemistry? Ask for any of the following volumes: Kahlenberg and Hart—Chemistry. Stewart—Chemistry and Its Borderland.

Duncan—Some Chemical Problems of Today.
Smith—Inorganic Chemistry.
International Library of Technology—Organic Chemistry.
Sadtler—Chemistry of Familiar Things.

A valuable book on a subject of vital importance is "What the Mother of a Deaf Child Ought to Know." It is, as far as we know, the first work of its kind, written for parents instead of teachers in institutions.

"Habits That Handicap," by Charles B. Towns, has been much

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A BIT OF ADVICE

First—Don't Delay. Second—Don't Experiment.

If you suffer from backache, headaches or dizziness; if you rest poorly and are languid in the morning; if the kidney secretions are irregular and unnatural, do not delay. In such cases the kidneys often need help.

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