Handy Erer-Ready Remedies for the Home

There are many everyday necessities in the way of drug store goods which should have a regular place in your medicine cabinet.

We submit a list of suggestions which should aid you in making selections.

Seldom a day passes that you do not need one or more of these items.

The safe way is to keep them in hand, ready for immediate use.

Court Plaster	Sore Throat Gargle
New Skin	Cough Remedy
Absorbent Cotton	Cold Tablets
Adhesive Tape	Epsom Salts
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Glycerine	Jamaica Ginger
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Peroxide Hydrogen	Headache Remedy
Antiseptic	Chap Lotion
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Dyspepsia Remedy	

LA GRANDE PHARMACY

Adolph Newlin, Mgr.

Quick Delivery Phone Main 40

La Grande, Oregon

WHAT THE AMERICAN Y. M. C. A. IS DOING IN FRANCE

(Letter to Mrs. U. H. Gibbs from Miss Alice J. Knight, formerly deaconness in Eastern Oregon.)

"Somewhere in France"
December 16, 1917.

My Dear Friends:—

If the months have gone by without my sending you any letter, it is not because I have not thought of you all many, many times, with affection and desire to know how you all are and how the work progresses. It is very difficult, however, to find the time for letter writing in the midst of the stress of this life. I am sending this now, asking that it be circulated among our Guilds, that you may know what I am doing and what is the work we are carrying on.

I cannot, of course, tell you the names of places or what troops are with us here, but I can tell you some things which I hope will interest you.

In the first place let me say that I am more thankful than I can express that I am privileged to be over here nd to be helping a little in the wonderful work that the Y. M. C. A. is undertaking for the Army and Navy. Associated with us are some seven clergymen of our own church and two bishops, Bishop Israel who is acting chaplain at a certain hospital and Bishop Brent, who spends some months of each year going from camp to camp, speaking to the men in the Y. M. C. A. huts.

You probably know that the American Y. M. C. A. is planting huts as rapidly as possible in every camp and sending workers into the trenches with the men. The army authorities have given over to it the commissary business to a large extent, though not wholly. We have canteens for the men where they may buy tobacco, cigaretts, soap, dental cream, tooth brushes, razors, towels, crackers and cookies, jam, grape fruit, etc., and within the last few months, for the first time in its history, this mens' institution has asked women to come and help. As fast as possible they are being brought over to work in the canteens.

You understand, no doubt, why this is. Our young men are coming over here in numbers that will bye and bye mount into the millions. They are young, untried, and thrust at once into a foreign land, where they are among people who speak another language and have other customs than ours. Temptations are about them on every side, and away from the restraints of home, homesick as they often are, they need help to keep them straight and send them back when this awful war is over, the kind of men you want them to be. That is why American women are here, to give the boys the comfort and pleasure of speaking with women from home, to help make the canteens homelike, as far as possible, to cheer our dear lads and help to keep them in the right spirit. Only so can this war be won.

We are in a great struggle for righteousness and humanity and justice, for our own freedom as a nation, do not let us forget that—against a barbarous and cruel military despotism, which threatens to over-run the earth. We are here to do our part to win the victory, and only so can peace come. We must, therefore, do our utmost. We must give ourselves, our dear ones, our own lives, if called upon, to save our homes, our freedom and our flag, from dishonor. There is no price too great to pay for victory in such a cause!

Probably the best way to show you what I am doing will be to try and describe the various huts and their activities.

I am at present in a large center for troops. Out at the great camp, the Y. M. has now two buildings. They are what are called double huts. One side has a large room for entertainments, such as moving picture shows, concerts, etc., lectures and religious meetings, and a room for classes in French or any other subject that may be taught; the other has the kitchen, dining room and the tubicles for the men secretaries and also the canteen. The canteen is in a very large room, fitted up with tables and benches, where the boys may write letters on paper furnished free by the Y. M. C. A., as is the ink and also the pens and blotters they use. Here also is the library and such magazines and papers as are sent from home for the men. Games are also kept here and handed out as they ask for them, each man who takes one giving his name and regiment, so that we may keep track of them. We have checkers, chess, dominoes, etc., and outside are ball grounds and basket ball and I think one hut has a tennis court.

The canteen proper is a long counter, with the stock room behind it, and here are the men and women who are working there.

When I first came, I was some weeks in one camp canteen and then some weeks in the other, and found the work most interesting. The men of the Y. M. C. A. live in the buildings—the women live in town and are taken out and back by auto.

At the first canteen to which I was assigned, there were four women and three or four men, and as it was one of the first erected, things were already in running order and I simply learned the ropes, selling things over the counter like a clerk in a store.

At the camps they do not sell for cash, but at the cashier's desk, in another part of the room, the men get their canteen checks and purchase by means of them. This place, which was built something like a confessional box in a Roman Catholic church, only open for about three and a half feet from the ground, except for stout wire screening, we call "the cage."

The second canteen at which I worked was a new one, at the other end of the camp, and I went when it was first opened and for a time was the only woman there. There were two men.

If any of you imagine that we work in luxury over here and have all the modern conveniences, let me undeceive you at once. We had no water except what we had brought in from a pump at some distance, no sink in the kitchen, few electric lights, no rest room to start with, no stoves except one tiny one in the dining room, where we burned the boxes in which our supplies came, after the head secretary had split them up with a very dull axe. Also the tin for the roof had not all come and when it rained, as it does so often here, it rained in on us, our goods and our clothes.

(To Be Continued.)

The way for a young man to rise is to improve himself every way he can, never suspecting that anybody wishes to hinder him.—Lincoln.

Election Incident.

Lincoln was a clever politician and never hesitated when president to play trumps in a crisis.

Colonel A. K. McClure said that he told Lincoln he couldn't carry Pennsylvania in 1864 on the home vote unless he furloughed 10,000 Pennsylvania soldiers and sent them back here to vote.

Lincoln hesitated only a moment and then requested both Meade and Sheridan to send 5,000 troops into Pennsylvania for the election, which was done.

McClure's prediction was evidently correct, as Lincoln, even with the 10,000 troops voting here, carried Pennsylvania by only 5,712. To this plurality was added some 14,000 as the result of Pennsylvania soldiers voting in the field.—Philadelphia Ledger.

Lincoln's Stories.

It seems probable that some of Lincoln's stories, genuine though we may believe them to be, were current before his time; for instance, the one with the Kentucky flavor referring to the brand of whisky which General Grant's enemies protested he used with too much freedom. Lincoln disclaimed this story in my hearing, stating that King George III. of England was said to have remarked when he was told that General Wolfe, then in command of the English army in Canada, was mad, that he wished Wolfe would bite some of his other generals.—From "Lincoln in the Telegraph Office."

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DEFEAT BACKACHE AND KIDNEY TROUBLE WITH ANURIC.

Many people in this section have suffered from rheumatism and kidney trouble and have found Anuric to be the most successful remedy to overcome these painful and dangerous ailments.

The lucky people are those who have suffered, but who are now well because they heeded Nature's warning signal in time to correct their trouble with that wonderful new discovery of Dr. Pierce's called An-u-ric. You should promptly heed these warnings, some of which are dizzy spells, backache, irregularity of the urine or the painful twinges of rheumatism, sciatica or lumbago. To delay may make possible the dangerous forms of kidney disease, such as Bright's disease, diabetes or stone in the bladder.

To overcome these distressing conditions you should take plenty of exercise in the open air, avoid a heavy meat diet, drink freely of water and at each meal take Dr. Pierce's Anuric Tablets (double strength). You will, in a short time, find that you are one of the firm indorsers of An-u-ric, as are many of your neighbors.

Send Dr. V. M. Pierce, Buffalo, N. Y., 10 cents for trial package.

RETSIL, WASH.—"I was troubled getting up at night for two years. Finally I took a trip to Florida, and while there I sent to Dr. Pierce for some Anuric Tablets and two dollars' worth of the Golden Medical Discovery Tablets. I took them as he directed and have not been troubled with my water for some time. I have been well now five months. I think the Anuric Tablets are all O. K."—W. J. GOODE, Washington Vet. Home.

PORTLAND, OREGON.—"Doctor Pierce's Anuric Tablets gave me great relief after eight years of suffering with kidney trouble and dropsy of limbs and feet. Anuric is certainly good."—MRS. J. CASWELL, 447 Stephens Street.

Doctor Pierce's Pellets are the original little Liver Pills. One little Pellet for a laxative—three for a cathartic. Sold by druggists for nearly 50 years.

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WANTED—A dressmaker to sew by the day. Must have references. Phone 1531. 2-8-tf.

FOR SALE—Modern five-room bungalow, 1302 Sixth St. 2-8-2tp.

FOR SALE—The Quinland property in Island City road, known as the Midway. Phone Red 1393. 2-8-15pd.

ANNOUNCEMENTS

Notice!

Friends may view the remains of Mrs. Edna S. Allen tomorrow at the Presbyterian church.

* * *

Notice to Eastern Stars.

The officers and members of Hope Chapter No. 13 are requested to meet at the Masonic Hall tomorrow at 1:00 o'clock to attend the funeral of Mrs. Edna Allen.

By order of Worthy Matron,
MARY WARNICK, Secy.

Story Hour Saturday.

There will be a story hour at the Library Saturday afternoon at 2 o'clock. Miss Ethel Wright will tell a story to the children.

Notice!

February 10th is the last day to pay water rent without the penalty. 2-8-2t.

NOTICE

The La Grande Vulcanizing Co., formerly located in the Fisher building on Jefferson street, has moved one block west, to the new Bohnenkamp building.

J. R. STRONG,
2-7-tf Manager.

La Grande Spiritualist church, Harris Hall, February 12, dance, program and refreshments. Admission 25 cents. 2-6-12.

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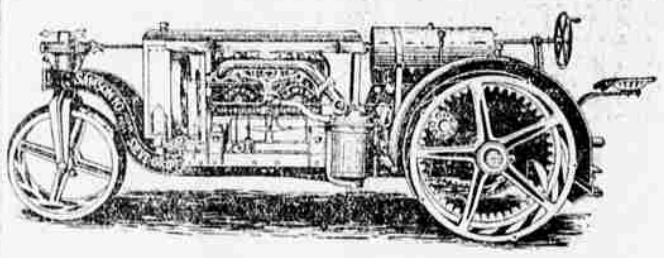

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By fall of 1918—or harvest time—there will be taken off the farms of the United States 150,000 farm hands. How are we going to make up the loss? The farm tractor must play the part. So order now; don't put it off—you are brought face to face with the fact.

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