

GIRLS' BAND TO APPEAR IN PUBLIC BY THANKSGIVING

UNIVERSITY OF OREGON, Eugene, Nov. 20.—"By Thanksgiving the woman's hand will be ready to appear in public," said Albert E. Perfect, director of the band at the University of Oregon. "We will play some marches," he continued, "but national airs will predominate."

While forty girls have signed up for the band, only twenty-five will start work immediately, as the number of available instruments is limited. The clarinets and cornets seem to be the most popular. "But the saxophones would be," Mr. Perfect declared, "if we had more of them. At present we have but one." Mr. Perfect has gathered the instruments from various sources and the girls will rent them from him. The director asserted that by spring the girls will be prepared to make a concert trip, appearing in several towns in Oregon.

THE SUGAR SITUATION.

The threatened sugar famine makes it imperative that individuals and families conserve sugar at once. To be sure, the burden of this task will fall largely on the housewife and on those who prepare food in public places; for the women of the Nation purchase 90 per cent of the food stuffs. The Food Administration is requesting that the Candy Makers and all Manufacturers reduce their purchases one-half until January 1st when the last beet crop and West Indian crop will become available. Our wholesale dealers are cooperating with the Food Administration to serve the people to the best advantage, and they ask that their retail dealers will not buy more than a 15 day supply nor sell to the individual buyer more than is required for 15 days.

Our present sugar supply is sufficient for our needs—perhaps not for our demands but surely for the needs of the body. As a matter of fact the condition of the average person in this country would not suffer to

any extent if he were obliged to forego sugar almost entirely for a few weeks; the health of many would be improved if the excessive amount now eaten daily by them were permanently decreased.

The amount of sugar used by the individual can be materially reduced by eliminating the needless use of sugar in over-sweetening tea, coffee, and other table beverages, and by giving preference to dishes which contain little or no sugar, such as fresh fruits or baked apples, etc.; instead of sweet puddings, or a salad in place of dessert. Reduce your use of sugar and get the delicious nutty flavor of cereals and the natural taste of fruits.

Christmas is coming with its customary holiday demands for "goodies." Do your bit by using the sweet fruits, raisins, dates and figs; fresh fruit such as oranges and apples with nuts and popcorn. If you make candies use glucose and corn syrups; they will give splendid results.

The French have been for some time on a ration of 21 pounds per capita or less than one ounce a day, while Americans have been using at the rate of 90 pounds per capita per year. The French and Allies will be supplied if the Americans will reduce their consumption one-third and purchase in 15 day quantities—by all means do not hoard sugar, it will be cheaper inside of two months. It is unthinkable that we refuse to sacrifice this little while others are sacrificing so much.

MAY MURPHY, Emergency Home Demonstration Agent.

See Dorothy Dalton as a cabaret girl in "Ten of Diamonds," Thursday and Friday at the Star. 11-20-tf.

Scottsburg—\$20,000 to be expended on new highway between Loon Lake and the Umpqua river, past the famous falls. To be eleven miles.

Man Troubled for Two Years.

Men and women should not suffer from backache, rheumatic pains, stiff joints and swollen, sore muscles, when relief can be easily had. James McCrery, Berrien Center, Mich., says he was troubled with kidney and bladder trouble for two years; would have to get up several times during the night and had pains across his kidneys. He used several kinds of medicine without relief, but Foley Kidney Pills cured him. Many such letters, come every day from all parts of the country. Adv.

Sold Everywhere.

LOCALS

And Advertising in Brief

Piano Tuner.
Eidney Lyle will be at the Foley hotel Nov. 25 to tune pianos. 11-19-tf.

Call up L. Stilwell, Red 201 for King David, Delicious, and Jonathan Apples. 11-17-tf.

PEOPLES' MARKET
218 Fir Street
Fresh and Cured Meats, Fish and Poultry.
Shipment of Salmon and Halibut Received Today. 11-16-tf.

THANKSGIVING FLOWERS
Now taking orders for Chrysanthemums and Carnations. Order early. Cherrys Florists. 11-13-10t.

All trimmed hats greatly reduced at the Walling Millinery. 11-15-tf.

J. L. Mars, real estate and rent agent buys and moves house. Prices talk—Adv. 6-7-tf.

Developing and printing well done. Also a full assortment of Kodaks and Cameras. See them at Silverthorn's Family Drug Store. d-11-12-tf.

Mavis face powder is as dainty as it is possible for a face powder to be. Levy-Vogel Drug Co.

A big line of new tams at very close prices at the Walling Millinery. 11-15-tf.

Money to Loan—On easy monthly installments on improved city property. J. R. OLIVER. 10-20-1mo.

PHYSICIAN AND SURGEON
George R. Vehrs, M. D. Special attention to women and children's diseases. Phone, office Main 2; Home, Black 3862. 10-27-tf

Special discount on our beautiful J. C. C. Corsets at the Walling Millinery. 11-15-tf.

We carry a full and complete line of the Mavis preparations. All of which appeal to those who appreciate exceptional perfumery, toilet water, face powder and talcum. For sale and displayed at Levy-Vogel Drug Co. 10-12-tf.

All trimmed hats greatly reduced at the Walling Millinery. 11-15-tf.

Money to Loan.
On improved real property in Union county, no delays, current rates. La Grande Investment Co.—Adv. Wk-1t daily 11-15-4t

A big line of new tams at very close prices at the Walling Millinery. 11-15-tf.

Mavis (perfume). Mavis has been called the "Harmony of Flowers." It is delightful. Displayed at Levy-Vogel Drug Co. 10-12-tf.

Call up the FIXIT SHOP and have us put up your stove. Phone Black 1971. 10-19-tf.

Special discount on our beautiful J. C. C. Corsets at the Walling Millinery. 11-15-tf.

White Ivory mirrors and brushes of all kinds and sizes, just from the people that make them are now on sale at Silverthorn's Family Drug Store. d-11-12-tf w-1t.

Mavis talcum is soft and refreshing and breathes the fragrance of crushed flowers. Levy-Vogel Drug Co. 10-12-tf.

Fifty cents a copy for all reprint standard novels for five days. These books sell ordinarily at 75 cents a copy. Better drop in right now and see them on the counter at Silverthorn's Family Drug Store. Wk-1t daily 11-15-4t

La Grande Pharmacy Accounts.
Having sold the La Grande Pharmacy persons owing this firm will please call at the store and settle their accounts at once. This will avoid the necessity of placing bills with a collection agency which is disagreeable to everyone. ADOLPH NEWLIN. 11-15-tf.

Electric Mazda Lamps that produce the best light, also search lights and batteries always in stock at Silverthorn's Family Drug Store. d-11-12-tf wk-1t.

Cream of Almonds (Vivaudon), a delicate emollient for dainty use, promoting a smooth white skin. Levy Vogel Drug Co. 10-12-tf.

1-2 Per Cent Money.
\$30,000 for long term at 6 1-2 per cent interest for loans on Grande Ronde Valley farms. See W. B. Sargent at La Grande Investment Company at once. 2-2-4

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CIGARETTES

of IMPORTED and DOMESTIC tobaccos—Blended



"Satisfy?" Yes!
Yet they're Mild!

Sure as you're a foot high. Sounds strange, because you never before smoked a mild cigarette that did that.

Yes, Chesterfields "reach home," they let you know you are smoking—they "Satisfy"!

Still, they're Mild!

A new blend of pure, natural Imported and Domestic tobaccos—that's the answer. And the blend can't be copied.

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A real circle-tour through Eastern Oregon, Southern Idaho, Utah, Salt Lake City, Nevada, Rainbow Canyon, thence into Southern California, where the traveler is greeted by a vast expanse of orange groves. San Bernardino, Redlands, Riverside and Los Angeles completes the first half of the circle. This route of constant surprises is

Union Pacific - Salt Lake Route
The Pleasant Way to Sunny California

Next time go this way and enjoy a truly "different" tour. Return may be made by trains of the Shasta Route, or coast-wise steamships of the S.F. & P. S.S. Co. Call upon any O.W. R.R. & N. agent, or write Wm. McMurray, General Passenger Agent, Portland, for full information and California literature.

