

UNCLE SAM TELLS HOW YOU CAN GET STRONG



By quick short movements, in the following exercise the muscles of the side and neck may be highly developed.

Lunge sideward right and raise right arm obliquely upward and left arm obliquely downward, as shown by silhouette.

Swing trunk sideward right and swing left arm upward, knuckles out, as shown by outline downward in rear of body.

Resume first position, then attention.

Repeat, left, right, left.

Precision, accuracy, regularity.

cleanliness are the foundations of each exercise.

LEGAL NOTICES

Notice of Meeting of Board of Equalization

Notice is hereby given that the County Board of Equalization for Union County, Oregon, will convene at the court house, La Grande, on Monday, September 11, 1917, and publicly examine the assessment roll, correct all errors in valuation, descriptions or qualities of land, lots or other property, as assessed by the county assessor, and it shall be the duty of all persons interested to appear at the time and place given.

All persons having grievance regarding the 1917 assessment may appear before such board and present their affidavits containing grounds for complaint. All such affidavits must be presented during the first 15 days of the meeting of the board.

U. G. COUCH,
Assessor for Union County.
Adv.—8-20 to 9-11.

NOTICE OF FINAL SETTLEMENT

Notice is hereby given that the undersigned Administrator of the estate of G. M. Taal, deceased, has filed his Final Account as such administrator and the county court of Union County Oregon, has fixed Saturday the 8th day of September A. D. 1917 at 10 o'clock A. M. at the County Court room in the court house at La Grande, Oregon, as the time and place for hearing objections there and settlement of said accounts.

WESLEY HARRISON,
Administrator
Daily—Aug 9-11-12-23-30-Sept. 6

Notice of Final Account.

In Re Estate of Edwin M. Wagoner, deceased: Notice is by this given that the undersigned executors of the estate of Edwin M. Wagoner, deceased, have filed their final account in the County Court of the State of Oregon, for Union County; and that said Court has set Monday, September 3, 1917, at 2 p. m., at the County Room in La Grande, in said county and state, as the time and place to hear objections to, and for the consideration of, said final account. All interested parties may attend then and there.

Date of First Publication July 26, 1917.

JACOB W. WAGONER,
JOHN J. WAGONER,
Executors.
D.—July 26; Aug. 2-9-16-23.

CABBAGE PESTS

At this season of the year the cabbage worm and the cabbage aphid are becoming quite numerous and many people are interested in some means of combatting these pests. Some of the remedies recommended for them are as follows.

Cabbage Worm
This is the green worm that eats the cabbage leaves and is familiar to all those that have had any experience in growing this vegetable.

Dusting with powdered arsenate of lead early in the morning while the plants are damp, if the lead is used as a spray a small amount of soap should be added to make the spray stick to the smooth leaves. Or one may use hot water at 150 degrees where there are but a few plants to cover, or a salt solution will kill the worms if their bodies are wet with the solution. This last remedy probably would be as easy to apply as any for the average home garden.

Cabbage Aphid
Cabbage aphid are very small insects that cause the cabbage leaves to roll up in severe cases and keep the plant from developing properly. They usually are found in large clusters on both the underside as well as on the upper surface of the leaves and are ordinarily of a greenish color. Spraying the plants with a spray made of naphthalene soap at the rate of one pound to 12 gallons of water is a standard remedy. Soap suds might help of course this would be largely determined on how strong they are, but might be worth trying on a few plants at least.

PAUL H. SPILLMAN,
County Agricultural Agent

THREE KILLED IN AIR-PLANE RAID ON DOVER

London, Aug. 23.—(United Press)—Three were killed and two injured this morning when ten airplanes raided Dover and Margate. Two German flyers were downed. The damage done was slight.

Read the Observer classified ads.

ARGENTINA PREPARING TO OVERCOME COAL SHORTAGE

(By United Press)
Buenos Aires, July 10.—(By Mail)—Argentina is making desperate efforts to find enough domestic fuel for her own home uses even if she should be cut off entirely from foreign coal supplies.

Government mineralogists say there is coal enough in Argentina to keep all the country's boilers going, her foundries in operation and to furnish

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You can drive a Maxwell 5,000 miles a year at a cost of \$2 a week.

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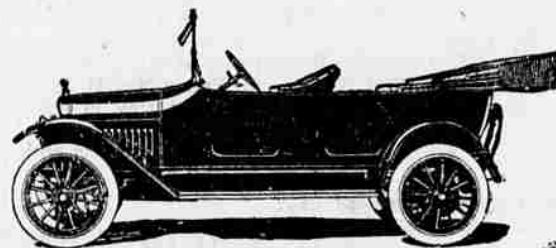
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her with gas—if transportation facilities for getting it to market, were better.

Transportation experts assert that this coal, owing to the cost of hauling, can compete, from the standpoint of price, with the sea-borne articles although Cardiff supplies threaten to exceed \$75 gold per ton.

The experts recommend the use of quebracho, a native hard wood which costs 20 pesos (about \$8.36 in U. S. money) per ton. The railroad figures that two and one-half tons of quebracho equal approximately one ton of Cardiff coal.

THE FORUM

What Mr. Eastman Would Do

Editor of the La Grande Observer:
I wish you would kindly publish the following article.

I notice that the newspapers have been giving considerable publicity to the Pope of Rome's peace proposal. And it is also intimated that United States will likely answer same. If she does she will disgrace our constitution, that absolutely forbids the mixing of church and state affairs. Who is the Pope anyway that this great free America should even consider its peace proposal? Every nation admits that the Pope's so called peace proposal is favorable to Germany, an dwouldn't it? Germany has a Catholic party if you

please in her parliament, absolutely mixes church and state. I think the Pope has tried at least a dozen times to make some kind of peace terms, and they are always favorable to Germany. Every time the Pope thinks the allies are pressing the Germans pretty hard then he comes along with a peace proposition. Mark this statement: When peace is finally declared, or rather when the Pope gets wind of it, the papers will be full of articles saying that the Pope has been using "his great influence" to bring about peace, then it will be heralded that the Pope stopped the war. The Pope has been guessing at this for several trials now, but he has always guessed wrong, but some time he will make a peace proposition just before the treaty is signed and then some people will be fools enough to give him the credit.

But why should our government even consider his peace terms? When the Socialists wanted to go to Stockholm (and I am no Socialist) our government refused them passports. Why? Because it was learned or supposed that the peace terms they would suggest would be at Germany's instigation and favorable to Germany. But when the Pope comes along with a peace proposition favorable to Germany the big boys say nothing. And why? There is only one answer. Politics. Politics. Why our government even recognizes an ambassador from the Pope and receives him in Washington the same as an ambassador from Italy or England. It is

outrageous and absolutely foreign to our democratic government. I would give him his passports so quick he would lose some of his religion, and I wouldn't have waited till the war began either.

E. W. EASTMAN,
La Grande, Oregon.

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