

# Keep The Kidneys Healthy and Active

Flush the kidneys at regular intervals and avoid serious results which often come in cases of neglected kidney troubles. Headache, backache, indigestion, rheumatism, etc., are some of the warnings that indicate your kidneys are not in proper condition.

### LITHIA TABLETS

are good to keep the kidneys and bladder in a healthy condition. Convenient and easy to take.

### MINERAL WATERS

are also good for the kidneys as they flush them thoroughly and keep them free from poisonous acids.

### KIDNEY REMEDIES

But in cases where kidney disease is well developed, you should use some of the well-known Kidney Medicines.

We Handle All Of The Good Ones

## La Grande Pharmacy

ADOLPH NEWLIN, Manager

Quick Delivery La Grande, Oregon Phone Main 40

### Announcements

#### Call For Bids.

Bids are called for for repairing the South Methodist Church. Contractors are invited to see the plans and submit bids to the committee at the church at 7 p. m. tonight. Bids will close Friday, July 20 at 7 p. m. The committee reserves the right to reject any or all bids.

COMMITTEE M. E. CHURCH SOUTH. 7-12-8t

#### Notice.

The P. M. & C. Co. has taken over the Jersey Dairy and Clark Bros. dairy. First class delivery is guaranteed to customers, two deliveries daily. Telephone Red 1971.—Adv.

#### CARD OF THANKS.

We wish to thank the many friends for their kindness and sympathy during the illness and death of our be-

loved wife and daughter and infant baby.

WALTER CLAPP, MRS. G. MUILENBERG. —Adv. 7-19-1t.

More automobiles are needed to handle the traffic to and from the races during Speed 'Em Up. All those who will haul for 25 cents each way are requested to notify Roscoe Neal or A. W. Nelson at once.—Adv. 7-19-3t.

#### Rug Man Here.

Representative of the old reliable Northwest Rug Co., Portland, Ore. Elegant Fluff Rugs made from cast away old carpets. Phone Main 10 for a few days only. Pleased to show samples.—Adv. 7-18-1w pd.

### NEW TODAY

FOR SALE—A dandy going business for small capital, doing \$25 up to

\$50 per day. \$1200 terms, \$1100 cash; long lease. Address Box 369, La Grande, Ore.—Adv. 7-19-tf.

FOR SALE—Furniture for four rooms complete. Will not sell pieces separately. A snap for a person who wants to go to house-keeping. Everything must go, bedding included. See H. E. BOYDEN at Lilly Hdq.—Adv. 7-19-tf.

WANTED—Competent girl or woman for general housework, family of two. Inquire Observer.—Adv. 7-19-tf.

FOR SALE—Ripe cherries, reasonable, 2709 North Birch. Phone Red 3452.—Adv. 7-18-23.

### Telocaset News

Telocaset, Ore., July 18.—(Special)—Farmers in this vicinity are badly in need of moisture and unless it rains soon the crops will be very poor as the grain is burning in places now. Last Saturday, the hottest day, the mercury was up to 102.

Miss Ruby Hilyard has been visiting in Meacham for the past week. People from Telocaset motor up Catherine Creek every Sunday for fish and an outing.

Bill Hilyard left Monday morning for Meacham with team and wagon, where he will work the rest of the summer.

Mrs. Harold Hale was a Baker visitor last week. Henry Hess and sister, Ivy, motored over from North Powder Sunday evening. Miss Edna Eames is visiting her sister Mrs. C. W. Peterson in La Grande.

### RAILROADS MAY SEND TRAINED MEN TO FRANCE

New York, July 19.—(Special)—E. E. Loomis, the new president of the Lehigh Valley railroad, declared the other day that the railroads could do a great service to the country in this war emergency by releasing for service in France thousands of trained employees who are not needed for the efficient running of the railroads but are at present required by law. "First, we can spare a lot of brakemen," he said. "Several states have full crew laws that force the railroads to employ more men than efficiency demands. These laws should be repealed. Such action would save the roads money without hurting the service and release hundreds of able-bodied men for the French front.

"In the second place the Interstate Commerce Commission employs a large force of inspectors, all expert railroad men. Their work is duplicated in large measure by inspectors of the various state commissions. A centralizing of inspection would release at least half of these experts for government duty abroad.

"Lastly, the work of determining the physical valuation of the railroads is trying up several thousand engineers and other experts who are needed in France at the present time. To my mind this valuation work could well be suspended till the war is over."

### Argentine Is Angry.

Buenos Aires, July 19.—(Special)—Argentina has instructed her minister in Berlin to demand of the German government an answer to the Argentine note calling for satisfaction for the torpedoing of the Argentine steamer Toro and the promise to cease attacks on Argentine ships. A rupture in relations is considered imminent.

### Archibald-McLellan Dead.

Boston, July 19.—(United Press)—Archibald McLellan, one of the members of the Christian Science board of directors, passed away yesterday. For many years he was among the counselors of Mrs. Eddy, and latterly was one of the trustees of the Eddy estate.

### Postmasters Renominated.

Washington, July 19.—(Special)—Among nominations of postmasters sent to the senate yesterday were the renominations of Frank S. Myers at Portland, August Hucklestein at Salem and Herman Wise at Astoria.

### Charged With Threatening Lives.

Salem, Ore., July 19.—(Special)—Charged with threatening the lives of Tom Word, former sheriff of Multnomah county, and five other men, Chas. Graves and Mrs. Ruth Abbott were arrested Monday at the Black Eagle mine in the eastern part of Marion county.

### KAPELLAS CHASES BEAR, BEAR CHASES HIM

When Jimmy Kapellas awoke the other morning from a peaceful dream and saw a bear sitting on the foot of his bed licking his chops he wondered if he were awake or only dreaming. He jumped out of bed and the bear jumped, too. Jimmy ran around the room and the bear did too. The bear said he was chasing Jimmy and Jimmy says he was chasing the bear. The commotion aroused the people in the Imperial Hotel and help came. It took four persons to persuade the bear to leave. The bear turned out to be Pat Foley's pet bear who was taking a night out.

### Funeral of Ray McCoy Tomorrow.

The funeral of the late Ray McCoy,

who died July 17 in Salt Lake City, will be held from the Catholic church tomorrow morning (Friday) at 9 a. m. The remains are at the Henry Undertaking Parlors. John Raymond McCoy was born at Fon-du Lac, Wisconsin, July 1, 1887. He leaves to mourn his loss his mother, Mrs. Winnifred McCoy of Portland, two sisters, Vera McCoy, Portland, Mrs. Earl F. Upham, Seattle, D. P. McCoy, San Francisco, J. L. McCoy, San Diego.

### FRANK J. MILLER VISITS HIS SON

Frank J. Miller, chairman of the State Public Service Commission was in La Grande yesterday on his way from Baker where he attended a meeting of the commission, which is conducting a hearing of the Sumpter Valley railroad's application for an increase of freight rates. All of the railroads in the state, except four, have withdrawn their application for increase in rates. Mr. Miller's son, Franklin, Jr., is a member of Company M and he visited him while here.

### PENDLETON PEOPLE ORGANIZING SPEED 'EM UP EXCURSION

H. W. Hicks, of the O. W. R. and N., has been over at Pendleton for a few days working up passenger traffic for the Speed 'Em Up. He reports that plans are under way for a special train, and that a great number are also planning to run over here by automobile.

### TALL MAN ENLISTS IN THE UNITED STATES ARMY

American Lake, Wash., July 19.—(United Press)—The tallest man in the United States army is Lawrence E. Rushing, of the Yakima valley, say his friends.

At least, his comrades maintain, if Rushing does not tower over every other soldier, none are higher. Rushing stands 6 feet and 7 inches, and Uncle Sam will not accept any man taller than that.

Rushing's arrival here caused considerable worry to the quartermaster's office. A cot had to be rebuilt so that Rushing's feet could be cared for. An ordinary army blanket was too small to envelope Rushing's giant frame, and a blanket and a half, sewed together, was issued to him. A special pair of shoes, No. 15-E, were ordered from the east.

But today Rushing is comfortably cared for, and he is rapidly learning the duties of a soldier. "The boys have to look up to me," he said today, and judging from Rushing's willingness and purpose this remark may be more than a jest.

### The following press dispatch while distinctly worthy of comment, requires only this:

When some of us are inclined to pat ourselves on the back over what we have done or would like to do for our country, it would be well to read over the items of this young man's condition.

San Francisco, Cal., July 9.—John Lampas, a young Greek, today gave the Red Cross his touring car, his gold watch, his bank deposit of \$521 and \$25 in cash. Then he enlisted in the army. "That's all I have," he said, "and I am glad to give it."

### COME ONE

### COME ALL

## "Speed 'Em Up"

We are enjoying exceptionally good July business—Our city and our country trade is good—The buying public are daily educating themselves that the merchandise handled by the J. C. Penney Co. are not "Seconds" as our competitors have endeavored to make them believe—Mr. Consumer don't be deceived—Exercise your own judgment—be your own judge.

Men's Khaki Pants	98c, \$1.19, \$1.49
Men's Work Shoes	\$2.98, \$3.50, \$3.98, \$4.98
Men's Work Suspenders	25c, 39c, 49c
Men's Elk-Chromo Soled Shoes	\$2.19
Men's Sport Shirts	49, 59c, 69c, 98c, \$1.49
Men's Summer Hats	39c, 49c, \$1.25
Men's Work Gloves	98c, \$1.19, \$1.45, \$1.98
Men's Work Shirts	59c, 69c, 98c, \$1.19, \$1.29
Men's Heavy Jumpers, fast colors	\$1.19
Men's Heavy Overalls, fast color	\$1.19
Men's Summer Unions	49c, 98c, \$1.25, \$1.49

### MEN AND WOMEN: WHY DO YOU PAY MORE?

FOLLOW THE CROWDS THERE'S A REASON



THE STORE WHERE THE MASSES TRADE

## A Personal Invitation For You

It will give us great pleasure to provide a comfortable place of rest for you on "Speed 'Em Up" days, and we will have a continual musical treat for your entertainment. We are agents for the

### VICTOR VICTROLA EDISON DISC and EDISON CYLINDER

And are able to put on Grand Opera, Minstrel Show, Band, Concert, High Class Vaudeville—anything you want. The most distinguished talent is at your command.

Come In And Hear Our Machines

## Newlin Book & Stationery Co.

Judge and Mrs. Henry E. McGinn left last night for Portland. Judge McGinn has been here in connection with the defense of the Chinese cases. Judge McGinn is a learned man, very familiar with American history, and a most charming conversationalist and companion. He was a close friend and associate of the late Harvey W. Scott and it was a great privilege to hear the two men discussing Shakespeare, the law, literature, history or any other topic.

### HONOR GUARD FETE. (Continued from Page One.)

Dr. R. E. L. Holt, left last night for Portland. His family have already moved to Portland.

DRAFT PLANS IN CHAOS. All chairmen of committees will meet tonight at 7:30. Don't fail.

## COLONIAL TODAY

### The Serial Superior IRON CLAW

Read the Story in The Observer—See the picture at the Colonial

### BEATRICE FAIRFAX

### A LONESOME LUKE COMEDY

Come to the First Show

Friday Night



## TONIGHT ONLY

Ethel Clayton

In

## "The Bondage of Fear"

A thrilling, attention-gripping photo-drama that electrifies the beholder



Mae Murray

In

## "The Primrose Ring"

## ARCADE

Myrtle Stedman, Paramount Star, appears here in person, Sunday and Monday