

Comfortable

FATIMA

A Sensible Cigarette



The original Turkish blend

DUSTLESS DUSTERS.

Dustless dusters and mops are now so generally used that nothing need be said in their favor, but perhaps some women do not know how easily and cheaply they can make these labor-saving appliances for themselves.

Cut cheesecloth into squares of the required size, hem and dip into linseed oil or plain kerosene. Dry the cloths in the open air, and you have your dustless dusters.

For the floor mop take old stockings and cut them into two inch strips. Tie them to an old broom handle and tack them fast. Then soak in the oil and dry in the open air. Shorter strips of stockings can be tacked to an old brush handle and will be found very convenient for stairs and other small spaces.

All of these dusters and mops can be washed and when dry will be as good as ever. After several washings, however, they should be redipped in the oil and dried in the open air.

THE DOCTOR TELLS BATH SECRETS

An Expert Lays Down a Regime For the Business Woman—Excellent Recipe For Making Oatmeal Bags For the Toilet.

GOOD grooming, without correct bathing, is almost an impossibility. The society woman can bathe when she likes. The business woman must arrange her baths so that they will not interfere with her business hours. And both women must be careful to select a bath best suited to their physical and nervous condition as well as their occupation.

All baths are not cleansing. This is particularly true of the cold bath. The woman with an oily skin gets absolutely no results from a cold bath, and when one has a skin disease, like acne, eczema, etc., the cold bath irritates and increases it.

The sponge as an aid in bathing has been generally condemned by latter day physicians and beauty specialists, as it is said to harbor germs and the skin excretions. Fastidious women now use a bath mitten of a porous texture or loose woven Turkish toweling in the place of the sponge, and unless the skin is tender a camel's hair flesh brush can be used. There is also what is known as the air bath, which means using a basin or small tin tub instead of the regulation bathtub and sponging off in a room flooded with sunshine and fresh air.

A good regime for baths for the business woman is this: Three times a week at night take either a tepid or a warm bath, using a good soap or soap powder. The tepid bath ranges in temperature from 85 to 90 degrees, the warm bath between 92 and 98. This temperature can be ascertained by the use of a thermometer, which can be bought at any first class drug store or hardware store. Both the tepid and warm baths act as a sedative. When the water is below 85 or above 98 it stimulates or shocks and is not an aid to sleep. If a business woman, if the skin is very oily, a pinch of borax, a few drops of benzoin or toilet ammonia may be poured into the bath. Highly perfumed and colored soaps should be avoided, and a pure white or castile soap which you can taste with the tongue without feeling a biting sensation is the one you want to use for bathing purposes.

When the skin is much irritated by contact with dust and grime use oatmeal bath bags instead of soap. Buy cheesecloth in quantities and cut the bags about four inches square, fill them loosely with the following mixture and never use a bag but once, throwing it away after once used:

Oatmeal, five pounds; powdered boronine orris root, one pound; almond meal, one pound; old castile soap, scraped to a powder, half a pound. Mix together and fill the bags.

Then every morning let the business woman take a tepid bath before breakfast and if greatly exhausted sprinkle into this water sea salt, which she can buy at any drug store.

Coats For Traveling.

Traveling coats are being made of very thick rough surfaced materials, heavy rough serge, thick velours, de-laine or jersey cloth. The jersey cloths for winter wraps and suits appear under various names, such as winter jersey, "tricho double" and the like.

Almost all of the new coat models have a wide belt, catching in the fullness at the front, but leaving the back loose. They also have enormous pockets. In one of the shops was exhibited a smart garment of this description in velours de-laine, with pockets placed quite high, and coming from under the arms from these pockets under plaits, giving fullness to the coat, which had no belt.

Somerset Salad.

Chill stewed prunes and remove stones. Fill cavities with peanuts. Arrange prunes in groups of three or four in nests of lettuce leaves and sprinkle with finely chopped peanuts. Serve with French dressing.

When in Portland you will find The Observer on sale at the Oregon Hotel news stand and Imperial Hotel.

FORMER HUSBAND PLANS DEFENSE TO SAVE WOMAN, HELD IN MURDER CASE, FROM NOOSE!



MRS. SMITH.

While the death penalty by hanging hovers over Mrs. Stella Moore Smith, the wealthy Denver woman who police say has confessed to the murder of her husband, John Lawrence Smith, the woman's divorced husband, William A. Moore, is doing his utmost to save her from the noose. According to the police, Smith, after leaving his wife, came back, mistreated her and threatened to assault her daughter, Mildred, 12. She shot him. Moore says he and Mrs. Smith have not thought of remarrying, but that he is doing all he can for her "because she is the mother of my baby."

Double Launching of Big Steel Vessels

Oakland, Calif., Jan. 25.—The first double launching in the history of steel shipbuilding took place Saturday at the yards of the Union Iron Works, a Charles Schwab concern, on the Oakland inner harbor. Simultaneously the Regulus, 6,000 tons, and the Bessa, 10,000 tons, slid down the ways while thousands cheered, whistles tooted, bands played, and a half dozen motion picture camera men filmed the event.

As soon as the ships were in the water—so great is the demand for vessels—workmen began setting the keel blocks for two other big steel steamships.

Indicative also of the demand for ships in these war times is the record of the reselling of these two vessels. The Regulus is now the property of C. Henry Smith after having been sold twice since it was ordered by the Hon. A. O. Lindvig, former prime minister of Norway. The Bessa now is in the name of Wilhelm Wilhelmson, also a Norwegian, after having changed hands three times since it was ordered. In each instance a large profit was made until now it is said the vessels have sold for almost double their contract price.

Among the guests of honor at the launching was James Dickie, inventor of the Dickie trigger now widely used in launchings. He was present at the first double launching in the annals of shipyards, when two wooden vessels took the water at the old Union Iron Works in San Francisco in 1896.

A reflector concentrates the heat at the top of a new electric cook stove.

LEWIS IS AFTER STECHER.

"Strangler" Lewis is again hot on the trail of Joe Stecher, the Omaha wrestling wonder. The men have already met twice, and each time it resulted in a draw. Lewis says he is



Photo by American Press Association. "STRANGLER" LEWIS.

more than anxious to wrestle Stecher before any club in any city that the bout would draw well in a finish contest.

According to close friends, Stecher is more than willing to take on Lewis. If such is the case it looks as if the mat fans can look forward to the winner of the bout as the champion catch-as-catch-can wrestler of the world now that Frank Gotch is out of it.

BUTTER LABELS—For sale at The Observer office.

TO BUILD THEATER FOR AMATEURS!



MRS. AUGUST BELMONT

As president of the Educational Dramatic League, Mrs. Belmont, wealthy New York society matron and wife of the famous millionaire sportsman, plans erection of a community theater for productions staged by schools, settlements, churches and other amateur dramatic organizations.

The KITCHEN CUPBOARD

THANKSGIVING FOR FOUR.
Centerpiece—Mixed Fruit or Pumpkin Bowl Filled With Red Apples.
Clam Broth, Celery, Olives.
Roast Duck, Potatoes.
Celery and Apple Filling and Brown Gravy.
Apple Sauce.
Orange and Green Grape Salad.
Creamed Parsnips.
Pumpkin Pie. Coffee.

ORANGE COCKTAIL.—Allow half a large orange to each person. Cut the orange in half, then with a sharp knife cut around the pulp in each section and remove each piece intact to the glass, the juice into another glass. Serve plain or as each glass is sent to the table sprinkle a teaspoonful of pulverized sugar over top. A candied cherry may be added to the top or put in bottom of each glass.

Clam Broth.—Put six large clams through the meat chopper, add what liquor you have and put into top of double boiler, bring to boil slowly and boil five minutes, add a cupful and a half of boiling water, a few drops of onion juice, strain through wire strainer, then through coarse cheesecloth. Serve in cups.

Roast Duck, Potatoes, Celery and Apple Filling and Brown Gravy.—Clean the duck the same as turkey and fill, put an apple in the skin from where the neck was removed. For the filling take three cupfuls of mashed potatoes, a cupful of chopped celery, a cupful of chopped apples, a tablespoonful of onion juice, a tablespoonful of bacon drippings, a teaspoonful of salt, a little pepper and a tablespoonful of chopped celery top. Put the potatoes, celery, apple, salt, pepper and well beaten egg into a bowl and mix together; put the drippings and onion into pan. When hot add the filling and cook five minutes, stirring all the time. Sprinkle with chopped celery tops. Be sure the duck is dry before putting in the filling. If there is space in the back put a whole red pepper in. Dust with salt and pepper and a little flour. Put in hot oven and as soon as seared baste with cold water, reduce the heat and roast from an hour and a half to two hours. Remove duck to platter and make gravy the same as turkey gravy.

THE BIRD'S BATH.

Baking Tins Make Delightful "Tubs" For Feathered Pets.

Some canaries simply refuse to take baths regularly in the tiny bird baths usually provided for them. The thing to do then is to take all perches out of the cage and also the bottom. Then set the cage over an oblong or square baking tin, according to the shape of the cage, just partly filled with water. This will leave no place for the bird to go but to cling to the side of the cage, of which we will soon tire, or take his plunge. Of course, if the bird simply sits in the water without bathing he must not be allowed to remain in the bath for very long, as he will catch cold. Most birds, however, will bathe if thus managed and enjoy the bath much better than if it were taken in a tiny dish. The baking tin should be new.

Freshening Velvets.

Velvet must be ironed over the iron so as not to crush the pile. The best way is to get some one to hold a hot iron upward while you draw the velvet backward and forward along the hot surface. Keep the velvet well stretched and go over every piece carefully till the pile stands up well.

Notice.

A light Jersey cow about six years old came to my place about forty days ago. She is branded a quarter circle R on the right hip, a crop and a swallow fork in the right ear and a swallow fork in the left ear. Owner can have same by proving claims and paying expenses.

L. B. CARTER,
Cove, Oregon.

Corporations Firms Individuals

AT THE BEGINNING OF 1917 WHEN NEW BUSINESS PLANS ARE BEING FORMULATED AND PUT INTO EXECUTION, WE INVITE A THOROUGH INVESTIGATION OF THE MANY ADVANTAGES OF AN ASSOCIATION WITH THE UNITED STATES NATIONAL BANK.

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United States National Bank

La Grande Oregon

Though the chair that belongs with a new school desk is attached to it, it can be adjusted for height and distance to suit an individual user.

Artificial marble invented by a Bohemian is said to closely resemble the rarest marbles and to be stronger and less liable to injury than the genuine.

Three of every four German non-germanians are women.

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Fancy Roman Beauties, solid pack, per box \$1.50
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MARKET NEWS

- Sugar—Cane or fruit, \$7.55 sack, cash; \$8.25 30 days' time.
- Fruit.**
- Cranberries, 20c quart.
- Bananas—35c and 40c dozen.
- Oranges—20@60c dozen.
- Lemons—40c.
- Vegetables, Miscellaneous.**
- Brussel Sprouts—20c.
- Celery (California)—15c, 2 for 25c.
- Sweet Potatoes—3 1-2 lb for 25c.
- Potatoes—2 1-4c and 2 1-2c.
- Cauliflower—15c, 20c, 25c.
- New Cabbage—6c.
- Honey—20c.
- Parsley—6c a bunch.
- Dry Onions—8c.
- Beans—White, 15c.
- Beans—Colored, 12 1-2c.
- Green Peppers—15c.
- Butter and Eggs.**
- Butter—Fancy creamery, 45c lb; 80c 2-lb roll.
- Ranch Butter—40c lb; 80c 2-lb roll.
- Eggs—45c doz.
- Chickens and Fowl.**
- Ducks—Dressed, 16c.
- Turkeys—28c.
- Geese—Dressed, 16c.
- Hens—Dressed, 16c.
- Spring Chicken—18c.
- Flour and Feed.**
- Bluestem Flour—\$2.29.
- Royal Patent—\$2.15.
- Jersey Cream—\$2.20.
- Best of the Best (patent)—\$2.15.
- Invincible—\$2.20.
- Snowdrift—\$2.40.
- Upper Crust—\$2.40.
- None-to-Equal—\$2.15.
- Gold Medal—\$2.95.
- Sea Foam—\$2.10.
- Snow Drop—\$2.15.
- Flour in 10-lb. Sacks.
- Graham, Gems, white and rye flour, 65c.
- Yellow corn meal—45c.
- Cattle.**
- Best heavy beef steers... \$7.25@7.50
- Best light beef steers... 7.00@7.50
- Best beef cows... 6.25@7.50
- Best heifers... 6.50
- Ordinary to good cows... 5.15@5.35
- Heavy bulls... 3.50@4.00
- Light bulls... 2.50@3.25
- Calves... 4.00@6.00
- Stocker feeder steers... 4.75@5.50
- Stocker feeder cows... 4.00@5.00
- Hogs.**
- Heavy packing... \$9.50@9.65
- Heavy butchers... 9.35@9.50
- Light... 8.60@9.10
- Rough, heavy... 8.35@8.85
- Pigs... 7.60@8.35
- Stickers... 7.10@7.35
- Sheep.**
- Best east of mountain lambs... \$ 10.25
- Best valley lambs... 9.75@10.00
- Wethers... 8.00@ 8.25
- Ewes... 7.00@ 7.25
- Gents... 3.25

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