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Sports---

BASKETBALL CODES OUT

Several Changes, Some Important,
Noticed—Centers and Others Have
Old-time Privilege at Command.

The official basketball rules for 1916-1917 have just been received by local basketball men. A first glance at the new rules gives the impression that they have been pretty thoroughly revised and altered. More careful inspection, however, reveals the fact that the changes are chiefly editorial; that is, re-arrangement and re-wording of material—last year's code in a new suit of clothes; there are a few changes that bear on the playing of the game.

Jumper Can Touch Second Time.
This year represents the second year of uniform rules for basketball and this method has accomplished all that the warmest advocates of the plan expected. The uniform code is prepared by a representative committee which each year considers carefully the many suggestions put up before it by hundreds of coaches, officials, players and others who know them thoroughly and see it from every standpoint. For this reason alone, if for no other, this code should be superior to any one-man, home-made brand, and should be worthy of universal adoption.

There are very few changes of much consequence this year. They are, first, regarding equipment; second (a) the umpire is to assist the referee in out of bounds only when requested by the referee, (i) a chapter is added on "Captains and Their Duties" and it is specified that the captain alone shall represent his team in dealings with officials during the games; third, (a) the so-called "jump-ball." In this rule the words requiring the jumper "to face his own basket" are omitted and the words "with both feet inside his own half of the center circle" substituted; (b) the ball must be first "tapped" by one of the jumpers, after which it is the "ten player's" ball, meaning that from the jump off in the center and the toss up of a held ball, the jumper may tap the ball to the side or backwards and catch it.

Temporary "Agreements" Bad.
Local coaches, managers and captains should insist that all games be played according to the rules. Local "interpretations," which are often contrary to the rules, should be avoided. Agreements not to live up to certain parts of the rules usually prove unsatisfactory, and the rules do not provide for such agreement except with regard to ground rules. No official who has any love for this great American game should stand for agreements that are not according to the rules. The personal foul rule should be followed out to the letter, it has a tremendous value to the game. Stick to the rules. It is better sportsmanship, produces better basketball, and gives more satisfactory results in every way.

An official of a game should insist upon clean playing. There is nothing more aggravating to a player than to have his opponent continually holding or blocking—both are classed as personal fouls and should be called. In arranging the basketball code the first thought that must have come to the men in charge, was "what shall we do for the person that has not the ball?" In going through the rules a person will note that he is the favored player. Such an act as trying to impede his progress, hold or block him is considered poor sportsmanship and is considered as a personal foul.

"Is the dribble satisfactory?" is a

question that has been often discussed. At a recent vote, 66 per cent voted yes, 17 per cent voted no and 17 per cent made it a question. The dribble begins when the ball leaves the possession of a player at the beginning of a dribble. A player cannot run into a player who is dribbling at right angles and check or bump him. A fair try must be made to lay hold of the ball, without using any unnecessary roughness to the player with the ball. Just as soon as both hands touch the ball a dribble ceases and the ball must be touched by another player before a player can begin a new dribble.

The rule regarding "running with the ball" is very much abbreviated this year. The one essential is retained that if a player take more than one step, he commits a foul; when a player receives a ball he may finish his step, but must throw the ball before his foot touches the floor at the beginning of a second step; a player is still allowed to do some pivoting, as long as he keeps one foot in the same position. There is considerable agitation being raised on this point and many of the officials and coaches are asking to have "pivoting" ruled out.

To make basketball popular in La Grande, every team, every captain, every coach and every official, should make an effort to make his part of the game clean and sportsmanlike. With all teams pulling together, there is no question but that the game will continue as "the greatest American sport."

Baker, Nov. 27.—(Special)—The Baker high school second team defeated the La Grande high school team yesterday, the visiting team consisting of all first team players except seniors, which put six of their first string men into the game against a strictly second team representing the local school. The score was 16 to 7, all the points being made in the last half. The Democrat says of the game:

Baker drew first blood in the third quarter when the La Grande fullback was downed back of his own line for a safety, counting two points. In the final period Baker forward passed and bucked for a touchdown, after a few minutes of play, Jasper carrying the ball over and Waltz kicking goal. A little later La Grande tried a drop kick which Keon, playing defensive, thought was a punt and permitted to roll over the line untouched. Jangle fell on it and a goal was kicked. With only a few minutes left to play, Johnnie Burchtorf plucked a La Grande forward pass out of the air and raced 30 yards for another touchdown, Waltz again kicking goal despite the heavy, soggy ball.

For Baker the entire team played well. On defense, Olson was all to the good, as was Harding, and the backfield also backed up the line in good style and on the offense showed flashes of fast football, despite the slippery field. Wyatt caught a punt in the first quarter and got away from every La Grande tackler with a clear field ahead of him but slipped and fell, preventing a score. Altogether, Coach Williams' second team man

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showed a form which augurs well for another season, and the same is true of La Grande, as all in the game yesterday will be eligible next year Johnson, the speedy fullback of the La Grande team, and Collier, a first team back, made frequent yardage against Baker, their weight on the wet field making them hard to stop. It was a fine game to watch and the small crowd who braved the weather was well entertained.

George Jett acted as referee, with Bruce Fleetwood umpire, Cato Johns head and Dan Stephenson timekeeper.

Foods Must Be Carefully Selected.

BY DR. SAMUEL G. DIXON
Pennsylvania Commissioner of Health
We have many among us who believe themselves intelligent, and yet are starving to death.

The human body represents the most complicated piece of machinery known to man. To maintain it we must supply it with albumin found in meats, beans and some of the other vegetables. It must have starch or sugar found in bread, potatoes and sweets. We must have fats also, found in meats, nuts and so on, and of course, preeminently in butter and good milk.

The body also demands certain salts such as are found in many of the vegetables if they are not robbed of them by being soaked in water before or during the process of soaking.

These constituent parts of the diet must be intelligently proportioned. We must urge our educators to teach children of understandable age the scheme of selecting a rational combination of food stuffs.

At present we want real all-around family physicians whom mothers can consult as to how to feed their flocks including the grown-ups of the household as well as the small children.

Electric irons have reduced the cost of repairing patent leather shoes in a Massachusetts shoe factory from two and one-half cents a pair to one and one-eighth cents a pair. The saving amounts to \$3,437 in a year.

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Big dance Thanksgiving night, Nov. 30 at Rex hall. Everybody welcome.—Adv. 11-27-2t.

Don't forget the dance at Rex hall Thanksgiving night. Everybody welcome.—Adv. 11-27-2t.

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Thanksgiving

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