

Family Dr. says:
When you eat
too much take
some of our
Medicine.



ABUSING YOUR "STOMACH" IS THE CAUSE OF MOST OF YOUR SICKNESS. WHEN YOU EAT TOO MUCH TAKE SOMETHING IN TIME TO AID YOUR DIGESTION.

OR IN THE HOUSE SOME "DYSPEPSIA TABLETS" AND A TONIC.

OR IN THE HOUSE SOME "DYPEPSIA TABLETS" AND A TONIC.

WHENEVER YOU NEED MEDICINES OR ANY SORT OF DRUG STORE THINGS, COME TO US FOR THEM FOR WHEN YOU DEAL WITH US YOU CAN "RELY" ON WHAT YOU BUY.

Levy-Vogel Drug Co.
PRESCRIPTION SPECIALISTS

BIRDS CAN BE ENTICED TO A HOME BY PROVIDING FEED, NEST

Lovers of birds in the northwestern portion of the United States who wish to attract the feathered wild creatures to live and nest about their homes may receive valuable suggestions as to methods of protection, feeding, and the provision of nesting places from Farmers' Bulletin 760, recently published by the U. S. Department of Agriculture. The publication relates to Washington, Oregon, Idaho, northern California, and the western half of Montana, and is the second series of bulletins suggesting methods of attracting birds in various sections of the country.

Protection
Observer readers who study the bulletins will find that one of the first steps a householder must take if he wishes to attract feathered wild life about his place is to provide protection from natural foes, especially cats. If a complete bird sanctuary is to be created, the area set apart for this purpose should be inclosed by a vermin-proof fence which can neither be dug under nor climbed. The principal feature of such a barrier is a top curved outward or bent outward at right angles. If the construction of such a fence is impracticable, a more limited protection may be supplied by placing guards on trees to prevent cats and other animals from climbing them. Sheet metal cuffs, completely encircling the tree, or cones of like material, fitting tightly at the upper edge and flaring downward, will serve the purpose.

Another essential is to furnish breeding places. Close-growing shrubs make excellent sites for nests. They should be trimmed back severely when young is produce numerous croches. Bird houses also should be placed about the home for the species which will use such nesting places, but care should be taken that too many houses are not furnished. As a rule, birds do not like being crowded. If breeding places are to be provided for ground-nesting birds, such as bobolinks, meadow larks, and bobwhites, grass should be allowed to grow thickly and long in appropriate locations.

Water Supply
For all birds some sort of bathing and drinking pools should be furnished. These may be either on the ground or raised and may be of pottery, stone, metal, or cement. Both the edges and bottom should be somewhat rough. The water receptacle should be shallow.

Food
The vital factor in attracting birds is the food supply. This may be furnished either by providing artificial food such as crumbs, suet, chopped nuts, and the like, or by planting trees, shrubs, and herbs which will produce fruits or seeds that the birds themselves may gather. Winter feeding is the most familiar phase of bird feeding, but there is no reason why birds should not be attracted throughout the year by a supply of food.

Natural Feeding
If it is desired to feed the birds naturally, there are a number of plants that may be grown which will be ornamental and, at the same time, will furnish good provender for the feathered guests. For seed-eating birds in the Northwest the list suggested by the Department of Agriculture includes prince's feather, love-

lies-bleeding, asters, Calandrinias, blessed thistle, Centaureas, California poppies, sunflowers, tarweed, forget-me-nots, Polygonum orientale, P. sachalinense, portulaca, Silene, and sugar cane. Other seed-bearing small plants that may be grown are the various millets, Canary grass, and the various species of Pennisetum. Among the trees bearing seeds relished by birds are the alders and birches. The red-polls, siskins, and goldfinches are particularly fond of these tree seeds during the winter. Ashes and box elders furnish seed relished by evening grosbeaks, while larches and pines and other conifers are attractive to crossbills as well as to some of the species just mentioned.

The fruit-eating birds may be attracted in great numbers by planting of fruit-bearing shrubs and trees. The best of the long-persisting fruits in the Northwest are juniper, bayberry, thorn apples and related fruits, holly, and snow-berry.

Copies of the bulletin may be had free on application to the U. S. De-

Experience Her Greatest Teacher.



PAULINE FREDERICK, FAMOUS PLAYERS STAR IN PARAMOUNT PICTURES.

The public is utterly amazed today when they are forced to realize the wonderful versatility of the actress of the silent drama, who in the days of "long runs," they believed only competent "to strum a harp of a single chord." Wonderful records of many-part impersonations have been recorded in the dramatic history of the past, but none quite as remarkable as those which will be recorded in the life histories of the stars of today, when they are writ. The greatest of these will be Pauline Frederick's. Why? Because her wonderful talents were obtained through experience.

partment of Agriculture as long as the Department's supply lasts.

IT'S FOOLISH TO SUFFER.

When So Many La Grande People Are Pointing the Way Out.

You may be brave enough to stand backache or headache or dizziness. But, if, in addition urination is disordered, look out! If you don't try to fix your sick kidneys, you may fall into the clutches of dangerous disease before you know it. But, if you live more carefully and help your kidneys with Doan's Kidney Pills, you can stop the pains you have and avoid future danger as well. Don't experiment—use the remedy La Grande people are publicly endorsing. Read this case:

Mrs. Mary Campbell, 1524 Monroe St., La Grande, says: "I can conscientiously recommend Doan's Kidney Pills, for I know from personal

experience they are a good reliable medicine for kidney disorder. Whenever I notice any symptoms of this trouble coming on, a few doses of Doan's Kidney Pills overcome it and act as a tonic to my whole system." Price 50c at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills—the same that Mrs. Campbell had.—Poster-Milburn Co., Props., Buffalo, N. Y.—Adv.

The Sale of Alcohol.

A pressing problem in Oregon is the drinking of alcohol. The ease with which it can be secured has caused its use by those whose thirst is uncontrollable. It is a killing beverage. It is a destroyer of life. The descent through its use from health and strength to physical degeneration is swift and sure. Alcohol has many victims on the toboggan now and it will "get" them all if the supply tanks are permitted to flow.—The Portland Journal.

DOINGS OF THE DUFFS



Professional Directory

FRATERNAL ORDERS
A. F. & A. M.—La Grande Lodge No. 41, A. F. & A. M. holds regular meetings first and third Saturday at 7:30 p. m. Cordial welcome to all Masons.
ROBERT S. EAKIN, W. M.
A. C. WILLIAMS, Sec.

B. P. O. E. ELKS, La Grande Lodge No. 433. Lodge meets each Thursday evening at eight o'clock. Home and club privileges cheerfully extended to all Brother Elks.
FRANK C. BRAMWELL, Exalted Ruler.
ADNA B. ROGERS, Secretary.

KNIGHTS OF PYTHIAS—Red Cross Lodge No. 27 meet every Monday night in Castle Hall (K. of P. Hall.) A Pythian welcome to all visiting Knights.
A. W. NELSON, C. C.
DELILE GREEN, K. of R. & S.

MODERN WOODMEN OF AMERICA—La Grande Camp No. 7708 meets on the first and third Thursday evenings of each month in the K. of P. Hall. Visiting neighbors welcome.
H. E. DIXON, V. C.
W. S. ASHMAN, Clerk, (Y. M. C. A.)

WOODMEN OF THE WORLD—La Grande Camp No. 169 meets every first and third Friday at K. of P. Hall. All visiting neighbors welcomed.
O. L. M'DOWELL, C. C.
E. W. EASTMAN, CLERK.

L. O. O. M.—La Grande Lodge No. 850 Loyal Order Of Moose holds regular meeting every Wednesday night and 8 p. m. in Eagle Hall, fifth floor Foley building on Adams Ave. Visitors always welcome. Dues payable at Youn.'s Sweets.
GEO. YOUNG, Dic.
HARRY SWART, Sec.

O. E. S.—Hope Chapter No. 13, O. E. S. holds stated communications the second and fourth Wednesday of each month. Visiting members cordially welcomed.
EMMA L. KIDDLE, W. M.
MARY A. WARNICK, Sec.

ROYAL NEIGHBORS—Iris Camp meets every second Friday afternoon and every fourth Friday evening, every month in K. of P. Hall. All visiting members cordially welcomed.
MINNIE BUNTING, Oracle.
LILY C. KIMMEL, Recorder.

REBEKAHS—Crystal Lodge No. 50. Meets every Tuesday evening in the I. O. O. F. Hall. All visiting members are invited to attend.
ADLA CHILDERS, N. G.
ROSA GLASS, Sec.

K. & L. OF SECURITY—Mt. Emly Council No. 2646. Meets second and fourth Thursday evening at 8 o'clock at Eagle Hall. Visiting members are welcome.
C. E. STITT, Pres.
C. W. COOK, Fin. Sec.
VIOLA L. HOGUE, Rec. Sec.

DENTIST
E. P. MOSSMAN—Dentist; rooms 7, 8 and 9, Sommer building. Phone Main 717; office hours 8 to 12 a. m. and 1 to 5 p. m.

OSTEOPATHIC PHYSICIANS.
DR. J. L. INGLE—Osteopathic physician.
DR. MARGARET INGLE—Osteopathic physician. Diseases of women and children. Third floor New Foley Bldg. Hours 10-12 a. m.; 2-5 and 7-8 p. m., and by appointment. Office phone, Red 1761; residence Red 881.

VETERINARY
DR. H. W. RILEY—Graduate Veterinarian Hospital, 1409 Madison Ave. State Stallion Inspector and Inspector of stock for shipment. Home independent phone, Black 41. Farmers Co-operative Phone, Main 112.

ATTORNEYS
CRAWFORD & EAKIN—T. H. Crawford and Robert S. Eakin, Attorneys at law. Practice in all the courts of the state and the United States, Office, West Jacobson building, rooms 9-10-17. La Grande Oregon.

COCHRAN & EBERHARD—Geo. T. Cochran and Colon R. Eberhard Attorneys. La Grande National Bank Building.

E. W. EASTMAN—Lawyer—Office Rooms 1 and 3, La Grande National Bank Building.

R. J. GREEN—Attorney at Law. Rooms 14-15, Palmer-Roesch Bldg. La Grande Ore Practice in all state and Federal courts.

ALBERT SMALL—Attorney at Law. Rooms 26-27, La Grande National Bank Building. Practices in all state and Federal courts. Phone Main 11.

CONTRACTOR AND BUILDER
H. E. ROSKAMP, Contractor and builder. La Grande Ore., Phone Red 1981.

ARCHITECT
MILTON S. BLOCK—Architect Sketches and estimates cheerfully furnished. Office, Room 21 New Foley building.
C. B. MILLER—Architect, Room 28, New Foley Building.

Charter No. 9314.

REPORT OF THE CONDITION OF THE UNITED STATES NATIONAL BANK

At La Grande in the State of Oregon, at the Close of Business on Nov. 17, 1916

Resources	
Loans and discounts	\$617,135.02
U. S. bonds deposited to secure circulation (par value)	50,000.00
Bonds other than U. S. bonds pledged to secure postal savings deposits	5,000.00
Securities other than U. S. bonds (not including stocks) owned unpledged	7,234.77
Stock of Federal Reserve Bank (50 per cent of subscription)	3,400.00
Value of banking house (if unencumbered)	27,200.00
Furniture and fixtures	3,288.70
Real estate owned other than banking house	690.08
Net amount due from approved reserve agents in New York, and St. Louis	9,431.56
Net amount due from approved reserve agents in other reserve cities	86,703.91
Net amount due from banks and bankers (other than included in 10 or 18)	6,178.60
Other checks on banks in the same city or town as reporting bank	720.57
Outside checks and other cash items	4,985.58
Fractional currency, nickels and cents	205.99
Notes of other national banks	320.00
Lawful reserve in vault and with Federal Reserve Bank	48,563.85
Redemption fund with U. S. Treasurer and due from U. S. Treasurer	2,500.00
Total	\$873,558.63
Liabilities	
Capital stock paid in	100,000.00
Surplus fund	18,000.00
Undivided profits	14,490.88
Less current expenses, interest, and taxes paid	9,885.78
Circulating notes outstanding	50,000.00
Net amount due to banks and bankers (other than included in 29 or 30)	10,107.28
Individual deposits subject to check	493,369.80
Certificates of deposit due in less than 30 days	26,742.85
Certified checks	17.72
Postal savings deposits	4,870.69
Total demand deposits, Items 33, 34, 35, 36, 37, 38, 39, and 40	525,001.06
Certificates of deposit	82,281.55
Other time deposits	83,563.64
Total of time deposits, Items 41, 42, and 43	165,845.19
Total	\$873,558.63

State of Oregon, County of Union, ss:
I, T. J. Scroggin, Cashier of the above-named bank, do solemnly swear that the above statement is true to the best of my knowledge and belief.
T. J. SCROGGIN, Cashier.
Subscribed and sworn to before me this 24th day of November, 1916.
F. S. IVANHOE,
Notary Public.

My commission expires, March 19, 1917.

Correct—Attest:
WM. MILLER,
J. C. HENRY,
J. L. CAVINESS,
Directors.