

THE OBSERVER

BRUCE DENNIS, Editor and Owner.

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FAT.

"Western Europe was running to fat and not to muscle, as America is today." Thus speaks H. G. Wells, discussing the state of Great Britain and France before the war. There were too many golf clubs, the automobile had superseded the bicycle, laborers' cottages were not being built because they did not pay.

Well, England has shown that fat isn't so bad. If fat is storage of energy, England is in a better way than all the other countries. The metaphor may be apt; but is the criticism to the disadvantage of England, to the detriment of America?

We have grown fat, if the use of automobiles and the prevalence of golf are criteria. But it is doubtful if the proportion of our substance which has run to fat has been taken away from our muscle. We have prospered, at Europe's expense, but we have had to work hard for our prosperity. The wealth which has been created has not been made without effort. Some of it is speculative wealth, but most of it is the product of hard labor, the sweat of bodies and brains. America is not to be judged by New York. Our sudden millionaires are not the nation.

It is not they who cause our saving bank deposits to grow so rapidly, or our trade to increase to over six billions a year.

Was England unprepared because she was "fat" or because for years she had followed a policy of peace, and did not feel the need of a large standing army? If we are fat, it is for a similar reason. We can use that fat very nicely, if the occasion arises.

DYESTUFFS AND THE WAR.

While American firms are experimenting with the manufacture of dyestuffs which before the war was secured from Germany, the German manufacturers are preparing to regain the business which they have lost because of the blockade. For some time there have been two groups of dye-manufacturing concerns in Germany. These groups were so powerful that they were able, it is said, to control the manufacture of

dyes not only in their own country, but in France and Russia as well. Testimony before the federal trade commission was to the effect that it had been useless to try to make and market American dyes, for the German manufacturers, with a strong organization in the United States, could under sell the new factory, and no matter how well it fought, could eventually, because of their strength eliminate it from the field.

Since the war began, a new group of German dye-manufacturers has been formed, and has allied itself with the two older groups. The largest concerns in Germany are members of the combine. Three of them are said to have a capital of nearly \$13,000,000 each, and strong reserves, which are constantly being added to in spite of 20 per cent dividends. The purpose of the combination is frankly stated to be the regaining of the business lost through the war, and the meeting of the competition which has arisen since they have been secluded.

This winter's congressional session will have before it the dyestuffs problem. Congress must find out to what extent the new industry has been built up, and whether it is worth protecting. If it is, measures must be taken to prevent its being crushed by the powerful German combine, after peace is declared.

STRIKING POINTS IN MODERN WARFARE.

Of all the many strange circumstances revealed or created by the great war we think the following among the most remarkable.

That the enemy never gains any strategic advantage.

That there never has been nor is there now nor will there ever be any doubt as to the final victory.

That the enemy high commands are constantly committing military blunders that would have been easily avoided by any man-in-the-street.

That enemy aeroplane and airship bombs always kill harmless, helpless non-combatants while "our own search out and annihilate only men in soldiers' uniforms."

That enemy aeroplanes and airships never do any military damage while "ours" never fail to wreck completely munition factories, storehouses, barracks, army headquarters, railway junctions, stations and other points of vital importance.

That the enemy soldiers never fail to act with the utmost cruelty, lack of fairness and sportsmanship while "our own" are the soul of honor and gentleness, who would rather lose the war than win it by any act that wasn't exactly "cricket."

That the enemy's troops cannot fight or shoot, surrender in their thousands without a struggle, possess no morals, have no heart in the fight, hate their officers and mistreat their leaders, and are certain they are going to lose the war.

These facts are indeed remarkable; the most remarkable thing about them is their extreme fatuousness.

For Women Whose Preference Is "FIRST CHOICE" We're Showing the Fashionable New Apparels for Fall & Winter Wear!

New Coats, New Suits, New Skirts, New Dresses, New Blouses, New Footwear, New Millinery.....

We aim to be the first to show the New Styles. First, that our own patrons may take the style initiative; as we surprise them, so they in turn may surprise others. The wonderful new Autumn Fashions will certainly do it—with their new effects, new ideas—so different, yet beautiful and fetching in their new Autumn shades and colorings. We invite your inspection—you'll agree with us that the prices are low considering the quality, the styles, and the beauty.

Table listing clothing items and prices: New Fall and Winter Suits \$17.50 to \$45.00, New Fall and Winter Coats \$8.00 to \$45.00, New Fall and Winter Dresses \$10.00 to \$35.00, New Fall and Winter Skirts \$5.00 to \$15.00, New Fall and Winter Shoes \$4.00 to \$8.50

"Nemo" and "Henderson" CORSETS "Model" Brassieres

NK West & Co. THE QUALITY STORE

"Musing" UNDERWEAR "Black Cat" Hose for Children

California annually ships 8,000,000 lemons, so that some people out there must do something besides brag about the climate.

Sing Sing inmates are having music with their meals now, as if being in prison wasn't punishment enough.

MID-SUMMER HEALTH HINTS.

Don't drink ice water.

Drink plenty of water, but take it between the meals.

Good hygiene during the Summer means good health during the Fall.

Tobacco and coffee will both make the hottest day seem hotter.

Alcohol, tobacco, coffee and too much food are the principle causes of heat prostration.

A few minutes' sleep just after lunch will help you to "stand the heat."

Two meals daily, with meat only every other day, is amply sufficient for the average person in hot weather.

Wear clothes that are light both in weight and in color; light colors reflect instead of absorb the sun's rays.

If you are going to eat ice cream and ices and take cold drinks, do so on an empty stomach.

Avoid the soda fountain drinks that "relieve fatigue and cool you off;" caffeine, a nerve poison, is usually the active ingredient.

Have a large plate of raw vegetable salad every day; either make a lunch of it or eat it with the dinner.

The sugar in the average soda fountain decoction will produce far more heat in the body than will be relieved by the temperature of the drink.

Don't neglect your exercise just because it is hot; take five minutes' systematic exercise night and morning and a walk during the coolest part of the day.

Most of our summer stomach and bowel disorders are caused by over-eating of heavy foods, drinking ice water, and flooding the stomach with water while digestion is under way.

Lemonade and other fruit drinks should not be taken with the hearty meals. They are best when drunk with a hot weather lunch of fruit salad or cantaloupe or ice cream.

Don't forget that the real cause of much of our hot weather discomfort is an excess of meat, bread, and potatoes which the body must burn up, and which generates more or less excess heat.

THE FORUM

Use for Mill and Timber Waste.

La Grande, Aug. 22.—(To the Editor Evening Observer.)—Your correspondent has been wondering if it were not possible for some scientist to perfect a process by which forest and sawmill waste could be turned into blocks or sheets to be used in paving roads and streets. Why should it not be possible by applying great pressure to the material after it has been ground into a pulp to form it in blocks or sheets of convenient size for paving? It would of course have to be mixed with tar or asphalt but it would then no doubt have many

good features. It should be much cheaper than cement or bitulithic and as noiseless and resilient as any other material. Millions of cords of wood are going to waste in the forests that could be made good use of in this manner. Think what a benefit it would be all around. COR.

\$97,042,264 Gain in 1916 in Internal Revenue

Washington, Aug. 13.—Collections by the Internal Revenue Bureau for the fiscal year ending June 30 reached a total of \$512,723,288, an increase of \$97,042,264 over those for the fiscal year 1915.

A preliminary report made public today by Commissioner Osborn shows that of the total \$387,786,035 came from ordinary collections, and \$124,937,253 from the income tax. Of the ordinary revenue \$84,278,302 was collected under the Emergency Tax Law and the rest from taxes on spirits, tobacco, etc. About \$38,000,000 accrued from sales of documentary stamps, \$29,000,000 from the additional tax of 50 cents per barrel on fermented liquors, and almost \$7,000,000 from special taxes on bankers, brokers, theaters, etc.

The normal tax on incomes, those over \$3,000 and less than \$20,000, produced \$23,995,777; incomes from \$20,000 to \$50,000 produced \$6,091,775; those from \$50,000 to \$75,000 produced \$4,071,302; those from \$75,000 to \$100,000 produced \$3,623,473; those from \$100,000 to \$250,000 produced \$10,336,326; those from \$250,000 to \$500,000 produced \$6,393,859, and those over \$500,000 produced \$12,647,863. Offers of compromise were accepted involving \$183,159.

Advertisement for Blydenstein's Prepared Dietary Flour and Blydenstein's Self-Rising Pastry Flour. Text includes: 'Get a loaf of Dutli's Brown Bread made from Blydenstein's Prepared Dietary Flour. You will like it. It is good for your health. Do you want to make the best cake ever? Blydenstein's Self-Rising Pastry Flour. You need less eggs and shortening, also you will not make a failure. Try it for Biscuits, Waffles, Etc. Don't Go Camping Without It.'

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U. S. Will Get More Territory

It looks now, after negotiations of 50 years, and at a cost of \$25,000,000, that the United States will acquire the islands known as the Danish West Indies. These islands, St. Thomas, St. John and St. Croix, are not of great value to Denmark. They lie just east of Porto Rico, an American possession, and comprise only 128 square miles. They have been under Danish rule since 1815. In the matter of defense of the Panama Canal, they may be of importance to us, used in association with Porto Rico. Sugar, cattle and vegetables are the principal products. The Myrica Acris also grows here in abundance and from the fruit and leaves of this tree is obtained our bay rum.

DOINGS OF THE DUFFS



Advertisement for La Grande National Bank. Text includes: 'The careful man knows what a Bank account means. CONVENIENCE, SAFETY, INDEPENDENCE, PROTECTION. THIS BANKER IS INTERESTED IN HIS DEPOSITORS. HE IS THE ONLY MAN IN TOWN WHO WILL GIVE YOU HIS ADVICE FREE. THE BANKER LIKES TO SEE YOU AND EVERYONE IN HIS COMMUNITY GETTING RICH. SUCCESS BREEDS SUCCESS AND SUCCESSFUL MEN CAN AND DO ASSIST EACH OTHER. BE A SUCCESSFUL MAN. PUT SOME MONEY IN THE BANK OFTEN AND BECOME ONE OF THE RICH MEN IN OUR TOWN. BANK WITH US WE PAY 4 PER CENT INTEREST 6 1/2 % Money for Improved Farm Loans. La Grande National Bank LA GRANDE, OREGON. Capital \$200,000.00, Surplus \$50,000.00, Resources \$1,000,000.00. Fred J. Holmes, President; C. C. Pennington, Vice President; F. L. Meyers, Cashier; E. Zundel and H. E. Coolidge, Assistant Cashiers. DIRECTORS: Fred J. Holmes, J. G. Snodgrass, J. F. Conley, C. C. Pennington, H. E. Brownston, F. L. Meyers, A. Bickland, A. T. Hill, H. E. Coolidge.'