THE OBSERVER

BRUCE DENNIS, Editor and Owner.

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SUBSCRIPTION RATES.

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Address all communications to THE OBSERVER, 1710 Sixth Street.

STARVATION BY SUGGESTION.

"It is quite true that I never had enough to eat while I was in Germany. Not that there was not enough on the table to satisfy anyone's appetite. Not that there was not enough in the pantry and in the shops. And the prices—with the exception of milk and butter—were no higher than here in New York," says a writer in the Christian Herald.

"But I never rose from the table with that sense of well-being that follows a care-free meal taken among friends. There was always a ghost at the table, one who looked on, hoping that every mouthful would be the last, prophesying that if you left your place at the table you would never get back to it again. Anyone living in Germany during the war must give a place at the table to this ghost—to the English Starvation Plan.

"In actual quantity, I think I ate more in Berlin than ever before in my life. As I was keeping house I shared all the preplexities of the German housewife, from the problem of cooking one day a week without fat, to the making of mayonnaise without egg or oil. So I had little time to think of anything besides food.

"To open the 'War Cook-Book' and find in the introduction an appeal to patriotism—'England is trying to conquer the German people by hunger, but we will fight to the end on this battlefield of 'the kitchen;' to open the woman's page of your paper and learn that 'only if we change our habits of eating can we hold out to the time of victory;' to open your morning mail and find leaflets urging you to attend the new courses in thrifty cooking established in various parts of the city; to go to the Woman's Lyceum club for a social evening, and have to hear an hour's talk on the benefit to soul and body of vegetarianism—all this leaves you little leisure to think of anything else, or even to follow the military campaigns on the war map.

"And the statistics! They were intended to allay anxiety. But to the man who never wants to think about his food except to criticise it if it is not all it should be, statistics are the last straw. We in the United States are much more used, because of our national habit of dyspepsia, to the discussion of albumen and corbonhydrates and the rest. But for the German to have to study these things for the first time in order to learn on how little he can live and maintain his normal health when the day comes when there is little to be had—it is a grim lesson, and has its effect on the nerves."

No business man in any town should allow a newspaper published in his town to be printed without his name and business mentioned somewhere in its columns. This applies in all kinds of business, general stores, dry goods, grocers, furniture dealers, professional men and in fact all classes of business men. This does not mean that you should have a whole or half or even a quarter of a page ad in every issue of the paper, but your name and business should be mentioned if you do not use more than a two line space. A stranger picking up a newspaper should be able to tell just what business is represented in a town by looking at the business line-up in the paper. Think this over and the Observer advertising man will call upon you.

WATER THE TREES AT NIGHT.

"When grass under your trees withers in the summer drough the trees need water," says P. H. Davey, of Kent, Ohio, a tree surgeon. "Don't water merely the trunk, but water under the spread of the branches, which about represents the spread of the roots—and water late in the afternoon or at night. Trees are like human beings, their constitutions must be kept up if they are to resist disease.

"John Davey, of Kent, Ohio, is sometimes referred to in America as the 'father of tree surgery.' A son, P. H. Davey, who is also devoting his life to tree dentistry or surgery, was in Kansas City today," says the Star, "conferring with graduates of the Davey Institute of Tree Surgery.

"Mr. Davey commented on the fact that the uneven contour of most Kansas City homesites necessitates a certain amount of grading and filing and creates an important tree problem.

" 'It is not enough to wall the earth back from the immediate vicinity of the tree trunk,' he said, although that saves the bark from diseases. Care must be taken to see that the trees do not suffer from lack of nourishment. Roots buried under a fill are so far from the earth's surface a system of underground irrigation is necessary. On the other hand, the roots may be brought too near the surface by grading.' "

POOR SPELLERS.

From the New York Times: "Concerning correct spelling, whether by eye or ear, the case is at present so hopeless that the high school or even the college graduate who can spell correctly is, to the reader of examination papers, a somewhat rare phenomenon. That the lack of the phonographically cultivated eye is the cause of blunders which occur in the publications of educational institutions, where the proofs are read by professors or other subjects rather than professional proofreaders, one is not prepared to say. But it might well be in the case of such blunders as that in the catalogue of a certain college in Texas: 'It will require four years to complete this course;' or that of a college in Ohio, which in its anxiety to show how well its 'female' students were protected, announced that in the buildings in which they were housed "All the widows had blinds.'

"Beyond the simplest principles, grammar should not be made a study in the public schools—and even to this extent it should be taught as illustrated by an enforced correct use of language. How shall this be done when so large a proportion of the teachers themselves are neither users nor lovers of good, plain English; or readers, except as compelled by their school duties, of the best English literature?

"The excessive use made of the written examination as a 'pass' to promotion, operates in a disastrous way. This is true of both teachers and pupils. The former have their own rating fixed, not by their personal qualifications so much as by their success in constructing, periodically, a net that shall be coarse enough to meet the favor of the lazy pupils without letting too many such pupils through."

A Large Shipment of the Newest

HENDERSON CORSETS

Just Recieved Yesterday---Now Ready in Corset Section

Henderson Corsets need no words of praise. Their excellence and class are recognized by all wearers of fine Corsets. Models for all figures in either front or back-laced styles, and we have a complete assortment.

Back-laced Henderson Corsets Priced ..... $1.00 to $4.00
Front-laced " " " ..... $1.75 to $4.00

Exclusive agents for the famous "NEMO" self-reducing corsets. Priced at ..... $3.75 to $5.00

N. K. West & Co.
THE QUALITY STORE

"Model" Brassieres. finest workmanship faultless fitting, best quality materials ..... 50c to $2.25

TALKS ON THRIFT.

Without me no man has ever achieved success, nor has any nation ever become great.

I have been the bed rock of every successful career, and the cornerstone of every fortune.

All the world knows me and most of the world heeds my warning.

The poor may have me as well as the rich.

My power is limitless, my application boundless.

He who possesses me has contentment in the present and surety for the future.

I am of greater value than pearls, rubies and diamonds.

Once you have me, no man can take me away.

I lift my possessor to higher planes, of living, increase his earning power, and bring to realization the hopes of his life.

I make a man well dressed, well housed and well fed.

I insure absolutely against the rainy day.

I drive want and doubt and care away.

I guarantee those who possess me prosperity and success.

I have exalted those of low degree and those of high degree have found me a helpful friend.

To obtain me you need put out no capital but personal effort, and on all you invest in me I guarantee dividends that last through life and after.

I am as free as air.

I am yours if you will take me.

I am Thrift.

"I never tell the locations of my flowers," said Mr. Lincoln "but there was just one time when I broke through my rule. A Swedish druggist who lives in a New England town near our home came to me and asked if I could tell him where to find the trading linnaea. When I told him that I never divulged the hiding places of my flowers I was touched by his evident distress. 'If you only could—to me,' he leaded. 'You see, it is for the wife. She has not seen the linnaea since we came from Sweden. And now she is sick and longing for the homeland. I thought if perhaps she might see the little flower she would not feel so bad. "Well, concluded Mr. Lincoln, "I broke my rule and the man got his linnaea and bore them away with tears in his eyes. He told me gratefully afterward how his wife had wept at sight of the little blossoms of her native country."—Countryside Magazine.

Railroads The Largest Consumers Of Coal

The railroads of the United States used 128,200,000 net tons of coal in 1915, or 24 per cent of the total output. The bituminous mines furnished 122,000,000 tons of 28 per cent of their production, and the Pennsylvania anthracite region 6,200,000 tons, or 7 per cent of its production. These figures are compiled by C. E. Lesher, of the United States Geological Survey.

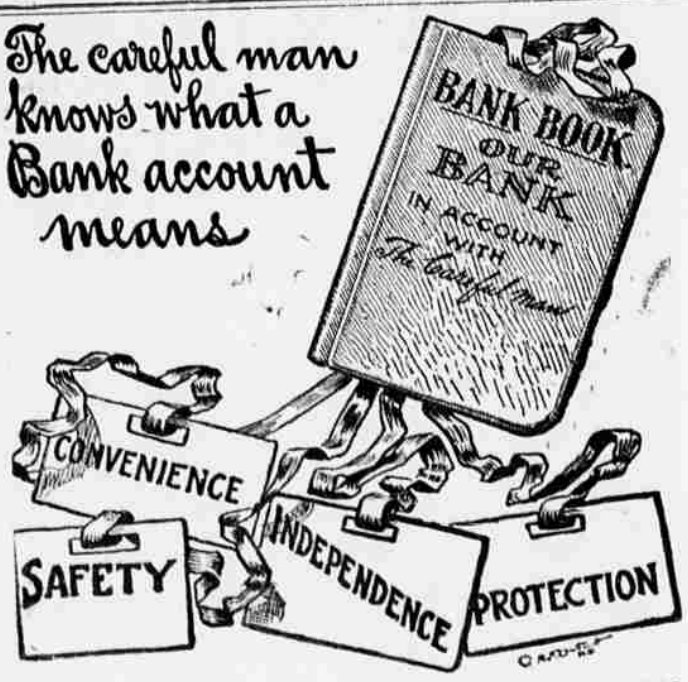
The roads in the Eastern district, defined by the Interstate Commerce Commission as that portion of the United States lying north of Potomac, and Ohio rivers and east of Chicago, Peoria, and St. Louis, used 56,500,000 tons of bituminous coal and 6,200,000 tons of anthracite, a total of 62,700,000 tons. The roads of the Southern district, that territory south of the Potomac and Ohio rivers and east of the Mississippi, used 22,000,000 tons of bituminous coal, and the western roads consumed 43,500,000 tons.

Union County Prisoner Paroled.

Among the prisoners paroled by Governor Withycombe this week is J. C. Rooney who was sent from Union county for burglary.

Drowns Attempting to Save Team.

Charles Thornton was drowned near Roseburg while attempting to extract his team of horses from quicksands in Umpqua river. The horses also perished.



THIS BANKER IS INTERESTED IN HIS DEPOSITORS. HE IS THE ONLY MAN IN TOWN WHO WILL GIVE YOU HIS ADVICE FREE. THE BANKER LIKES TO SEE YOU AND EVERYONE IN HIS COMMUNITY GETTING RICH.

SUCCESS BREEDS SUCCESS AND SUCCESSFUL MEN CAN AND DO ASSIST EACH OTHER.

BE A SUCCESSFUL MAN. PUT SOME MONEY IN THE BANK OFTEN AND BECOME ONE OF THE RICH MEN IN OUR TOWN.

BANK WITH US

WE PAY 4 PER CENT INTEREST

6½ % Money for Improved Farm Loans

La Grande National Bank

LA GRANDE, OREGON

Capital $200,000.00, Surplus $50,000.00, Resources $1,000,000.00
Fred J. Holmes, President; C. C. Penington, Vice President; F. L. Meyers, Cashier; E. Zundel and H. E. Coolidge, Assistant Cashiers.

DIRECTORS

Fred J. Holmes, J. G. Snodgrass, J. F. Conley, C. C. Penington, H. S. Brownton, F. L. Meyers, A. Blokland, A. T. Hill, H. E. Coolidge.