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DUAL MEET ON MAY SIXTH

LA GRANDE AND BAKER WILL CONTEST.

Event to Be Annual Affair—Begins at 1 O'clock.

Final arrangements have been made for the first annual dual track meet between the Baker and La Grande high schools, which will be held at the Union county fair grounds on Saturday, May 6th. On account of the M. I. A. having their annual field day on this date also the first high school event, the 100 yard dash will start at one o'clock in order that their meet will be finished in time for the former meet to be held the same afternoon. Reports from Baker indicate that they are working hard to round the team in shape and that they have several dark horses which did not appear in the big meet here last spring. They seem to be strong in the field events, and have one man high jumping five feet eight inches and a couple broad jumping around twenty feet. Not to be outdone and lose the Eastern Oregon meet by one point as they did last year the local high schoolers are putting their best efforts into their practice when the weather will allow.

Considering the cold and rain, the team is in better condition now than at this time last year and are rounding into shape rapidly.

Several members are nursing tender spots though, especially the Moon brothers, "Hap" having a bad knee and "Gene" a sore tendon. They are expected to be in shape for the annual class meet this coming Saturday.

National Conference on Civic Centers.

New York, April 19.—A national conference to promote the use of school buildings as community and civic centers, began in New York today and will end April 22. The conference is attended by seventy community leaders from different parts of America, including Professor John Dewey of Columbia University; Dr. John H. Finley, Commissioner of Education of New York; Henry Bruere, City Chamberlain of New York; Joseph Lee, President of the Playground and Recreation association of America; Edward J. Ward of the United States Bureau of Education, Mrs. J. Borden Harriman, Professor Samuel McCune Lindsey, William G. Wilcox, President of the New York Board of Education, Meyer Bloomfield of Boston and Charles McCarthy of Wisconsin. The president of the conference is Dr. Luther H. Gulick, president of the Camp Fire Girls of America. A leading note of the conference will be the financing of the wider use of school buildings through methods of local self-support. The activities of community centers include social dancing, the teaching of immigrants, vocation and employment bureaus,

health teaching, motion pictures, dramatics, community orchestras and choruses, athletics and craftwork.

Hard Luck for Pendleton Family.
Last week little Jimmy Bannon, son of Mr. and Mrs. James Bannon, lost one joint of a finger while playing with a lawn mower and just two weeks before his little sister had the end of a finger cut off when it became pinched in a table, says the East Oregonian.

Island City Teachers Selected.
At a recent meeting of the directors of school district No. 10, the Island City district, W. E. Thompson was re-employed as principal for the coming school year. At the same time the following grade teachers were engaged: Ellen Maxfield, Etha Huffman and Florence McDonald.

Growing Suspicious.
There is a place down on Market street where certain printers hang out when twilight has come and the day's work is over. And there's a reason! In lifting type from galley to form, a printer uses what is called a "make-up rule." It is a thin strip of steel, and you can buy 'em for about ten cents a dozen.

But the man that runs the place where the Ben Franklin boys go has been led to believe that this little bit of steel is the printer's badge. Without it, the printer can't work, according to his conception. He has been led to believe that.

So, when a printer asks him for the loan of a couple of dollars and is willing to leave the "make-up rule" as security, the genial host readily passes over the coin. He has a cigar box full of thin strips of steel at present and is beginning to think.—San Francisco Chronicle.

Why Constipation Injures
The bowels are the natural sewerage system of the body. When they become obstructed by constipation a part of the poisonous matter which they should carry off is absorbed into the system, making you feel dull and stupid, and interfering with the digestion and assimilation of food. This condition is quickly relieved by Chamberlain's Tablets. Obtainable everywhere.

Beer, Booty and Bathing
London, April 18.—Under government orders restricting the importation of beer-making apparatus, English brewers will reduce their output by one glass of beer in eight.

London, April 18.—German colonies captured by the allies have 750,000 square miles area, 4,804,269 population, about \$15,092,500 revenue and exports and imports of about \$110,322,000, it is officially estimated.

London, April 18.—"How they bathe at Palm Beach: A Jockey bathing costume seen at the famous bathing resort in California," says the caption over a picture in an illustrated London daily.

Hints For the Needy.
I am a married man, with a wife and seven children, and make \$400 a year. Fortunately, we own the house, so there is no rent to pay. Thinking that others may benefit by my experience in starving, I am induced to dictate this to my stenographer.

Once a month we have meat. I go to a reliable butcher, and he selects a piece of meat from which all nourishment has been extracted, and it will surprise many of my readers to know how cheap it can be obtained with a little forethought. All the other meals we starve on what is left over from the previous ones. Some people have done this occasionally, but we do it all the time, thereby enabling us to spend nearly all of our income on useless things. Here is our total expense for the year:

Meat	\$ 1
Movies	300
Car-fare	50
Motor	49

Total \$400
Any one can starve if they like on \$400 a year. My wife joins me in hoping our example will be a benefit to all.—Life.

Spring
Spring is looked upon by many as the most delightful season of the year, but this cannot be said of the rheumatic. The cold and damp weather brings on rheumatic pains which are anything but pleasant. They can be relieved, however, by applying Chamberlain's Liniment. Obtainable everywhere.

No Trace of Girl's Body.

Philomath, Or., April 18.—Since late Saturday afternoon scores of men with dragging hooks, ropes and nets have raked the bed of Mary's river in a vain search for the body of Helen Newton, the 6-year-old daughter of Mr. and Mrs. Ben Newton, of this place. On Saturday afternoon Helen, in company with her uncle, who is but a boy 9 years old, played on the banks of Mary's river below their home. In attempting to cross a footlog the girl slipped and fell into the swift water, to be carried down stream beyond the help of her playmate. The boy hurried home and gave the alarm. Rescue parties rushed to the scene, but no trace of the little girl's body could be found. Night and day since the search has been kept up. The task is made difficult by the dense growth of brush and debris. Dynamite was resorted to but even this failed. The stream has been patrolled its entire length from here to the Willamette, and nets placed across at several places. It is believed the body sank to the bottom of some one of the many deep holes in the river, and will not be found till it rises to the surface.

Jolly
Lady—"On a submarine? How jolly! And what do you do?"
Sailor—"I runs for 'em, mum, and tips her up when she wants to dive."
—London Opinion.



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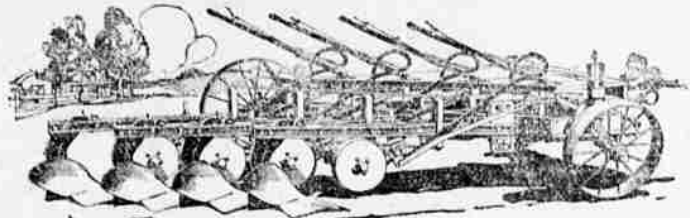
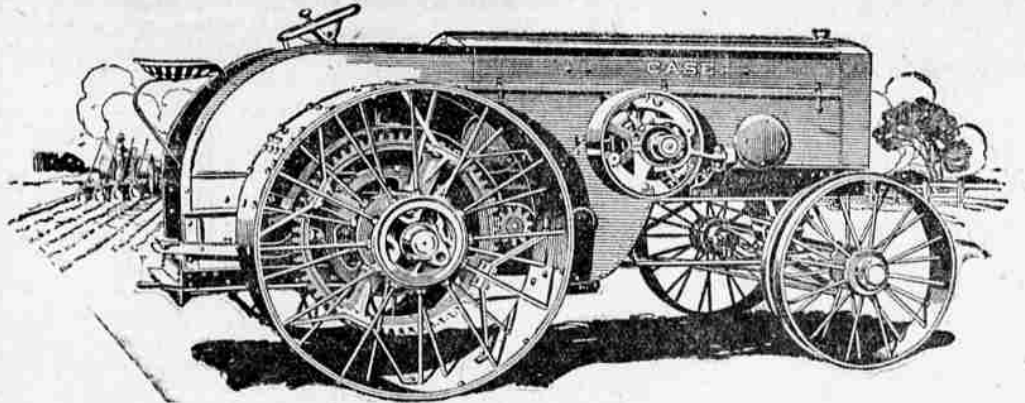
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Watch us grind this coffee in the new late Coffee Blower, located in the front end of the store. The first machine of this kind ever in La Grande. If you are sending your grocery orders out of town I have a remedy for this. Come in and we'll figure. I am after the cash that's been leaving town. Ten cases more of "Grandma's" Cookies coming. I am the originator in La Grande for this kind. I have about one-half car sugar left. Its going HIGHER. Seed Spuds at \$1.75 per cwt. Our sanitary counter is here. Come in and we'll tell you the rest. Free advise.

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