

THE OBSERVER

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Address all communications to THE OBSERVER, 1710 Sixth Street.

DON'T SUCK YOUR THUMB

It is very seldom that we see a straight, well-formed mouth. Sometimes it is spoiled by protruding teeth sometimes by a large, overhanging upper jaw, generally we find the upper lip much larger than the lower. This is not, as might at first be supposed, a characteristic of the American people just as flat noses are a characteristic of the negro race. It is due to one of the most unfortunate habits that can be formed in childhood—the sucking of the thumb.

The bones of a baby's jaw are extremely plastic, and subject to almost any amount of deformity by long continued impact and strain. If even as soft an object as a thumb is placed in the mouth for any length of time, the inevitable result will be that the upper jaw and teeth will be pushed out of place.

Many mothers are aware of the danger in making such a habit, and they resort to what they think is the next best thing—which is in reality the next worst thing—the pacifier. Imagine a bit of hard rubber and ivory in a child's mouth during all of its waking hours, and many times its sleeping ones. It is nothing more or less than an instrument which rapidly and skilfully dislocates the teeth and the jaws. A child should not be permitted to carry any object in its mouth aside from the rubber nipple of its bottle, and even here care should be taken to see that this is removed promptly after the feeding is over.

It is not easy to prevent the baby from putting its fingers into its mouth, as this is more or less of a natural inclination. In rare extreme cases it is necessary to tie the hands. Many parents put a bitter solution on the fingers which is sufficiently distasteful to break up the practice, but this is a doubtful proceeding and one to resort to only by the advice of a physician.

SETTING A MARK

Work for something, not for nothing. It is not wise to live just for the fleeting moment or just for today. Without some aim one's time and work go for naught. The years go by and he has nothing to show for them. If not advancing, we are falling back. If not keeping alive growing to something better and

higher, we are becoming weaker and of less worth. Even though we never reach the goal, we have made some advance in striving for it. A good aim, a real purpose in life, makes worth of character. All have not the same tastes. There is a large field from which to choose what one will work for. And this is well. The one universal aim is the same, to live truer, better lives from day to day. A life without purpose is like a ship without a rudder. Want of motive makes life monotonous. Nothing satisfies. "Better little talent and much purpose than much talent and little purpose." Aim for something worth while and keep your mark steadily in view. Life will mean much more to you. You will be more useful to the world, you will find more satisfaction in living.

"NO FUTURE"

(New York Evening World) There is a lesson in the mistake of the young manager of a New York firm's Philadelphia office who stole his employer's money and gambled with it because he couldn't see any business future before him.

At the very time he was risking that future before him and the happiness of his wife and child the owner of the business was planning to retire and hand over the Philadelphia branch to him because he seemed to have proved himself worthy of the gift.

Many a bright young man in the twenties comes up against the feeling that he is not getting along as fast as he should and is tempted to take a chance along the short but crooked path. If he stops to think it over he sees that, dull as the outlook is, ten to one it's all the while to somebody's interest to watch his work and calculate his future value. Steady effort and self-improvement plus the determination to win out is a combination the business world never gets too much of.

For a young man the brightest thing about the future ought to be that if he builds honestly toward it there is no telling who or what may come along to enlarge a hundredfold the plans.

KEEPING BOOKS IN THE KITCHEN

(Kansas City Star) The Housekeeper's Alliance at Washington says that the average American family wastes enough food in a year to keep the average European family the same length of time, and that American housewives on the whole waste enough every year to feed Belgium and Serbia.

To try to stop this waste the alliance has asked any housewife who has thought out a plan to save in buying or to save in the kitchen to write it out and send it to the alliance so that all the ideas may be printed and scattered broadcast.

The University of Wisconsin is making a war on the waste on the farm, and offers as a remedy that every farmer keep a set of account books and have the same regard for profit and loss as other business men have.

Why not also introduce the book-keeping system in the kitchen as a method of preventing waste? If it pays a merchant to keep books why not the housekeeper?

Interesting New Things for Spring

New Silks

New Lot Just Received

See them, you cannot appreciate the wonderous beauty of weave, pattern and colorings of this new assortment until you see them and feel of the fine qualities

Included are the newest fashionable silks for Spring wear.

Beautiful Chiffonette taffetas in new plaids, stripes and plain shades. See them in the window—all are 36 inches wide. Priced very low according to quality of the silks \$1.25, \$1.40, \$1.50 per yard.

Special Feature

Henderson Front Laced Models

These consist of a ventilated back section, made of a soft mesh material which prevents all pressure of heavy boning or bulky seams over the spine a fault so objectionable in some front laced models.



The ventilated tongue under the front lacing prevents the protruding of flesh or clothing and elastic sections inserted in the skirt "give and take" with every body position making the corset extremely comfortable.

The better models have a clasp that is flexible at the top, which relieves pressure on the bust.

These special features combined with unsurpassed styles, fit and workmanship account to a large degree for their favor with the ladies.

There is a Henderson Front Laced Corset designed for your individual figure and made at a price you want to pay.

We invite your inspection of these latest, authoritative models now showing.

Front laced corsets \$1.75, \$2.50, \$3.50.



Be Sure And See The Style Show at the Arcade

Showing the very latest models in "SEIGEL" made COATS and SUITS as worn in New York. "Seigel" made apparel is sold exclusively in La Grande at the N. K. West & Co., store. Almost every day new garments are received direct from New York and put on display at once.

We Invite Your Inspection of "Seigel" Apparel at the Store

Yesterday Another Shipment of

NEW WAISTS

was Received--We Want You to See Them

New styles that are entirely different than anything shown before—See them—maybe just the waist you want will be here.

Especially pretty are the new Georgette Crepe and Crepe de Other dainty styles are of sheer voiles, batistes, organdies, etc., and still others are of taffetas, silks, etc., in plain stripes and plain colors.

The range of styles is large; long sleeves, high or low necks, novelty cuffs.—Priced \$1.25, \$1.50, \$3.25, \$4.00, \$5.00 up to \$10.00.

Do You CROCHET or TAT

We have just received an assortment of Coat's crochet and tating thread in all the wanted numbers—3, 10, 15, 20, 30, 40, 50—priced according to number.

N. K. West & Co. THE QUALITY STORE

Among the recipes furnished home canning club members by the canning specialists of the extension work, North and West, States. Relations Service, are the following methods of preparing and canning chicken soup stock, chicken broth with rice, and chicken gumbo:

Chicken soup stock.—Place 30 pounds of chicken in 10 gallons of cold water and simmer 5 hours. Remove meat and bones then strain. Add sufficient water to make 10 gallons of stock. Fill glass jars or tin cans with the hot stock. Partially seal glass jars. (Cap and tip tin cans.) Process 90 minutes if using a water-seal outfit; 60 minutes if using a 5-pound steam-pressure outfit; 45 minutes if using a pressure-cooker outfit.

Chicken broth with rice.—For each gallon of soup stock use 12 ounces of rice. Boil the rice 30 minutes. Fill the jars or tin cans two-thirds full of rice and the remainder with chicken soup stock. Partially seal glass jars. (Cap and tip tin cans.) Process 90 minutes if using a hot-water bath outfit; 75 minutes if using a water-seal outfit; 60 minutes if using a 5-pound steam-pressure outfit; 45 minutes if using a pressure-cooker outfit.

Chicken gumbo.—Cut 2 pounds of ham into small cubes and boil 30 minutes. Mince 3 pounds of chicken and chop one-half pound of onions fine. Make a smooth paste of one-half pound of flour. Add above to 5 gallons of chicken soup stock. Then one-half pound of butter and one-fourth pound of salt and boil 10 minutes. Then add 3 ounces of powdered okra mixed with 1 pint of water. Fill into glass jars or tin cans while hot. Partially seal glass jar. (Cap and tip tin cans.) Process 90 minutes if using a hot-water bath outfit; 75 minutes if using a water-seal outfit; 60 minutes if using a 5-pound steam-pressure outfit; 45 minutes if using a pressure-cooker outfit.

THE FORUM

"MOTHER SHIPTON"

Wonderful Prophecy Made By Woman of Early Date Recalled La Grande, March 29.—(To the Editor)—In looking through an old edition of the "Millennial Star" published in Liverpool England, February 7, 1876, the appended article appears. The article had been copied from the Springfield Republican (Mass., U. S.

A.) date not given. It is of interest at this time in view of the many inventions that have been made that were not known in 1876 but all in further fulfillment of the "prophecy."

"Mother Shipton's Prophecy"

"Every now and then, for these four hundred years and more, some one has brought to light the prophecy and memory of Mother Shipton. As event follows event in mechanical progress, her doggerel verses fall in so apt that they must needs be quoted. One of the predictions thereof—"Fire and water shall wonder do"—has come to pass time and again. This Mother Shipton was one that would have taken high rank as a medium in our day; in hers, the fifteenth century, she was said to have been begotten like the wizard Merlin, of the phantasm of Apollo, or some aerial demon under that guise, and a beautiful orphan Yorkshire girl, named Agatha. She had the weird, lonely girlhood that a child of shame is apt to have, avoided or persecuted by those who should have been her mates; she was christened Ursula by the abbot of Beverly, and grew up so eccentric and unnaturally shrewd, that by and by this tra-

dition, in those superstitious days, grew about her birth. She prophesied as she grew older, and even "persons of quality" consulted her. She told the great Wolsey that he should never come to York, and, indeed, when within eight miles of it, he was arrested by Northumberland at King Henry's order and brought to Leicester, where he died. Also she is said to have foretold the great fire of London, the execution of Charles I, and many notable events besides, of the reformation and the reigns of Elizabeth and James. At the age of seventy-three, she foretold her death, and at the hour predicted she died. Her name is a popular tradition in Yorkshire even today, and the tradition founded in part upon fact. Her famous prophecy was said to have been published in her lifetime, again two hundred years ago, for we have seen it in a book of that time, where it was said to have been copied from an older book. Though most of the items are vague enough, some show a marked coincidence with remarkable events, such as the invention of steam, railway locomotives and tunnels, the telegraph, iron-clads, and the admission of Jews into parliament (in 1850).

Without further preface, these are the elegant lines:

"Carriages without horses shall go And accidents fill the world with woe; Around the world thoughts will fly In the twinkling of an eye. Water shall yet more wonders do; Now strange, but yet they shall be true; The World upside down shall be And gold be found at the root of a tree;

Through hills man shall ride And horse nor ass be at his side. Under water men shall walk; Shall ride, shall sleep, shall talk; In the air shall men be seen In white, in black, in green; Iron in water shall float As easy as a wooden boat; Gold shall be found and shown In a land that's not now known; Fire and water shall wonder do; England shall at last admit a Jew; The world to an end will come In eighteen hundred and eighty-one. "J. H. TRAYNER."

The Friedrichshafen plant has been increased fully 100 times in size and the number of employes has been multiplied by at least twenty. By April the Germans expect to be able to send three Zeppelins to the front

The Democratic Congressmen who are now opposing Wilson's preparedness and submarine-boat policy will be running around the country soon telling us votes it's our sacred duty to uphold the President.—Philadelphia North American.

ADDITIONAL WANT ADS.

FOR SALE—First-class Bing, Royal Ann and Lambert Cherry Trees, at reduced prices, delivered by parcel post or express. The Union Nurseries, Union, Oregon. 3-29-6t

WANTED—Work on ranch for man and wife with two children, one of school age. Wife good cook. Man all around farmer or dairyman. R. O. Benton, Fairfield, Wash. 3-29-4tp

WANTED—Waitress at the B. B. Restaurant. Must be first-class. 3-29-ft

For Public Service Commissioner



Robert Service, a Baker business man and lawyer who has hammered the railroads too often when they were wrong to expect their support asks the common people to vote for him—if they want real regulation and elimination of railroad graft.

A VOTE FOR HIM IS A VOTE FOR THE COMMON PEOPLE'S INTERESTS. adv.

It's lost! It's lost! I wish I had been a Careful man and put it in a Safety Deposit Vault



Put your valuables in our Vaults

A SAFETY DEPOSIT BOX IS NECESSITY AND A CONVENIENCE. IT IS A SAFE PLACE TO PUT YOUR VALUABLE PAPERS AND JEWELRY; YOU ALWAYS KNOW WHERE THEY ARE; YOU CAN ALWAYS GET THEM WHEN YOU WANT THEM. THIS RELIEVES YOU OF WORRY AND YOU ARE FREE FROM DANGER OF FIRE, OR BURGLARS, OR OF LOSING THEM.

BE A CAREFUL MAN AND COME IN TODAY AND RENT ONE OF OUR SAFETY DEPOSIT BOXES. IT WILL ONLY COST YOU \$2.00 PER YEAR.

La Grande National Bank

LA GRANDE, OREGON Capital \$200,000.00, Surplus \$50,000.00, Resources \$1,000,000.00. Fred J. Holmes, President; C. C. Pennington, Vice President; F. L. Meyers, Cashier; E. Zundel and H. E. Coolidge, Assistant Cashiers. DIRECTORS Fred J. Holmes, J. G. Snodgrass, J. F. Conley, C. C. Pennington, H. B. Brownson, F. L. Meyers, A. Hokland, A. T. Hill, H. E. Coolidge.