

Do you read the labels to know whether baking powder is made from cream of tartar derived from grapes, or from alum or phosphate derived from mineral sources?

ROYAL BAKING POWDER

Absolutely Pure

Made from Cream of Tartar
No Alum No Phosphate

BARBARA FRITCHIE AT SHERRY'S



MARY MILES MINTER
IN
BARBARA FRITCHIE

Little Mary Miles Minter, the youngest star in the world, who played the stellar role in the stage production of "The Littlest Rebel" for three sensational seasons, will be seen on the screen here at the Sherry theatre today only in "Barbara Fritchie," the big five-part feature picture just produced by Popular Plays and Players for release on the

Steel Works Consolidate.

Portland, Ore., Feb. (By Mail)—Portland business men were elated by the announcement Friday that the Willamette Iron & Steel Works and the Northwest Steel Company have formed a combination for the purpose of constructing two huge tramp steamers here.

Today businessmen predicted the early dawn of boom time prosperity. The announcement that Portland corporations are to engage actively in the building of steel ships came on the heels of the determination of the Pacific Coast Steel Company to establish a plant here for the manufacture of structural steel. The three plants, when completed, will give employment to 2000 men, 90 percent of whom will be skilled laborers.

The plant of the Willamette Iron & Steel works is located at the foot of Seventeenth street. It won its reputation among shipbuilders by completing the repair work on the Grace line steamer Santa Clara in record time. The Northwest Steel Company is making its first entrance into the shipbuilding business. Heretofore

it has engaged principally in the manufacture of structural steel. The plant at present employs 200 men.

Never before has Portland reached out for big shipbuilding contracts. Facilities were lacking, and no companies capable of handling the work were willing to venture.

It is expected that ways will be constructed on the South Portland flats and necessary equipments installed within 90 days to begin construction on the first of the two 8800 ton steel steamers. Beyond the statement that they are for foreign interests, no intimation has been given as to the identity of the purchasers.

Each vessel will cost more than \$1,000,000.

It is practically certain that the shipbuilding combination between the two companies will be permanent. The building of the hulls will be done by the Northwest Steel Company, and engines will be manufactured by the Willamette Iron & Steel Works. Woodwork will be sublet to Portland firms.

Home Cooking

The modern wife placed two plates

with knives, and forks, spoons, and tumblers on the dining-room table, and took two paper napkins from a drawer, laying one beside each plate. Then she lighted the gas-stove, opened a can of soup and placed it in a skillet to heat. Next she opened two cans of vegetables and a can of salmon and heated these. She cut six slices of baker's bread and quartered a baker's pie, placing everything on the table together with butter, salt, pepper and a pitcher of cold water.

"John," she said briskly, "your dinner's ready." —Judge.

Sciatica's Piercing Pain.

To kill the nerve pains of Sciatica you can always depend on Sloan's liniment. It penetrates to the seat of pain and brings ease as soon as it is applied. A great comfort too with Sloan's is that no rubbing is required. Sloan's liniment is invaluable for stopping muscular or nerve pain of any kind. Try it at once if you suffer with Rheumatism, Lumbago, Sore Throat, Pain in Chest, Sprains, Bruises, etc. It is excellent for Neuralgia and Headache. 25c at all druggists.

Insurance Warning

This Department is in receipt of inquiries from many citizens throughout the State requesting information concerning certain insurance companies soliciting, through the mails, Life accident and Health Insurance, and I want to warn the public before accepting this cheap kind of insurance that the Insurance Commissioner has no authority to regulate companies or agents other than those which have complied with our laws and are licensed to transact insurance business in this state.

Beware of a Company which sells insurance at less than cost for a Company which does not make a profit is not a safe one in which to insure.

I want to strongly advise against listening to so-called adjusters of life insurance policies. A person representing himself as a Life Adjuster does this to create an impression that your policy is not properly written and then endeavors to place one he is selling. Such a person is in the same class as a horse thief, and I strongly urge our citizens in purchasing insurance to deal only with licensed, authorized agents. If the agent should be a stranger, make him produce his license for 1916 and whenever you are in doubt write this office as this Department was created for the protection of our citizens, and it will endeavor to advise as to the responsibility of the different agents.

HARVEY WELLS
Insurance Commissioner

Don't Scold Fretful Children.

That nervousness, fretting and restlessness is no doubt caused by worms or constipation. Instead of whipping or scolding, give your child a treatment of Kickapoo Worm Killer. Nice candy confections that kill the worms and are laxative enough to move the bowels and expel not only the worms but accumulated poisons.

SON'S LIFE SAVED

Grateful Mother Makes Public Statement

Remarkable letter concerning Foley's Honey and Tar Compound as a quick relief for coughs and colds.

"It saved our son's life," says Mrs. Edna Cramer, in speaking of Foley's Honey and Tar Compound. "Of this I am sure. Of all cough remedies we ever used, Foley's Honey and Tar Compound is far ahead of them all. It has been our faithful friend for several years and we rely upon it for the quick relief of all our coughs and colds. It never fails and we recommended it to all our friends. We thought he would surely die from strangulation. Foley's Honey and Tar Compound completely and absolutely cured him. We know it and will prove it to anyone interested."

Do you know the soothing, relieving benefits of Foley's Honey and Tar Compound? You ought to. There is healing in every dose. It spreads a cool coating over the rough inflamed throat—stops the racking cough—does all this in a natural way, containing no opiates and nothing harmful.

Good druggists are glad to sell Foley's Honey and Tar Compound because they know it is reliable and successful. Refuse substitutes. **SOLD EVERYWHERE.**

These poisons and worms bring on fever, make children nervous and irritable, reduce their vitality and make them victims of sickness. Get a box of Kickapoo Worm Killer today at your druggist, only 25c.

AN IMPORTANT LETTER FROM A WOMAN

There is nothing that will bring comfort and renewed hope to the invalid so surely as good news. When the vital forces are at a low ebb and everything seems useless, a ray of joy and assurance will stimulate the weary body to new effort and energy. A letter from a loved one has turned the tide in many a siege of sickness. Dr. Pierce, of the Invalids' Hotel, Buffalo, N. Y., has good news for every suffering woman. Write him today and he will send you just the right advice to restore you to health and bring back the roses to your cheeks, and without charge. His "Favorite Prescription" has been the rescue of thousands of suffering women. Many grateful patients have taken Dr. Pierce's advice.

Mothers, if your daughters are weak, lack ambition, are troubled with headaches, lassitude and are pale and sickly, Dr. Pierce's Favorite Prescription is just what they need to surely bring the bloom of health to their cheeks and make them strong and healthy.

For all diseases peculiar to woman, Dr. Pierce's Favorite Prescription is a powerful restorative. During the last 40 years it has banished from the lives of tens of thousands of women the pain, worry, misery and distress caused by irregularities and diseases of a feminine character.

If you are a sufferer, if your daughter, mother, sister needs help, get Dr. Pierce's Favorite Prescription in liquid or tablet form from any medicine dealer to-day. 136 page book on woman's diseases sent free.

The modern improvement in pills—Doctor Pierce's Pleasant Pellets. They help Nature instead of fighting with her. Sick and nervous headache, biliousness, costiveness, and all derangements of the liver, stomach and bowels are prevented, relieved and cured.



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Improvements and betterments in glasses are just as frequent as in anything else.

Until a few years ago all lenses were flat, because no one had thought of a better way to make them.

Today nearly 90 per cent. of lenses fitted are Toric lenses, curved to follow the shape of the eyeball.

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