

Coffee

Poor coffee is one of the worst extravagances—Schilling's Best, one of the best.

Really not extravagance—economy: so much richer that it makes more cups of better coffee; so much finer in flavor that the difference is marked.

The airtight tins carry all this flavor safely to you—protected from tainting odors.

Ready to use—ground evenly, bitterish chaff taken out.

Schilling's Best

BIG PROBLEM UP TO MOGULS

AMATEUR STATUS IN BASEBALL DISPUTED.

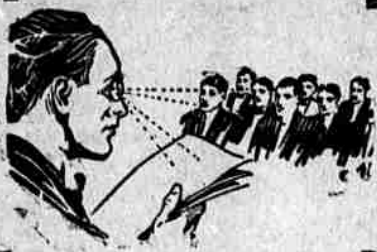
National Amateur Competition Promoted by Big Body.

Johnstown, Pa., Jan. 5.—A rule defining the exact status of an amateur baseball player and establishing a standard eligibility code for the United States, is the problem confronting delegates to the second annual convention of the National Amateur Baseball association at Louisville, Ky., on Lincoln's Birthday, February 12, 1916.

The title was won by the White Autos of Cleveland, O., who met the Tacoma (Wash.) Pacific Coast champions in the finals at San Francisco in October. The cities figuring in the series were Cleveland, Chicago, Detroit, Omaha, Pittsburg, Columbus, O., Johnstown, Pa., Louisville, Duluth, St. Paul, Indianapolis, Tacoma, Portland, Los Angeles and Sacramento.

The meeting also is expected to result in an effort to enlist every city in the United States which has a bona fide amateur baseball organization, in the competition next fall and have the championship determined by inter-sectional contests.

Your Eyes



Their Care When Normal

Yes PROTECT ENLIGHTEN ENTERTAIN

You watch this space and from time to time we will give you information on the proper care of your eyes not generally known.

We have absolutely the only plant in Eastern Oregon that grinds and polishes the surface of a lens.

We have the most up-to-date fitting parlors and manufacturing departments in Eastern Oregon. Call and examine our plant and compare with others.

J.H. Pear & Son La Grande's Leading Optometrists.

win the first round series from Detroit. A crowd estimated at 85,000 saw Cleveland eliminate Johnstown at Cleveland, Oct. 3, following a Johnstown victory over the White Autos in Johnstown the preceding day.

Most of the amateur baseball clubs that figured in the competition were composed of young men who worked in mills, factories and stores and were not able to play baseball except after working hours during the week and on Sundays.

"Tip O'Neil, famous old-time baseball player, died suddenly of heart disease on a street car here today."

The above brief dispatch from Montreal, Quebec, on Dec. 31, was one that brought deep regret to many of the old-time baseball fans of Eastern Oregon.

With only Tip O'Neil to pitch both games, the Pendleton team entered a Saturday-Sunday series and he won both. Winning the first game by a small margin, with an overcoat and a suit of clothes his if he took the second, O'Neil went into the Sunday contest with smiling confidence.

Old-time fans also remember him as the first pitcher with a wind-up seen in action in Eastern Oregon leagues and for a certain ball which he knocked over the centerfield fence.

The largest steelhead trout in these parts in years was hooked Monday at the Umatilla river between Umatilla and Hermiston by Fred Fullington, popular O. W. motorman, of Pendleton, and is on exhibition in the La Dow windows at the wheat town.

As a result of friction between members of the Pendleton high school basketball team and Coach W. K. Livingston, who is well known in La Grande the latter last evening tendered his resignation as coach.

The mighty restorative power of Dr. Pierce's Favorite Prescription speedily causes all womanly troubles to disappear—compels the organs to properly perform their natural functions, corrects displacements, overcomes irregularities, removes pain and misery at certain times and brings back health and strength to nervous, irritable and exhausted women.

A Woman's Trouble.

Troutdale, Oregon.—"I was troubled with weakness from which women suffer and after taking two bottles of Dr. Pierce's Favorite Prescription I was entirely relieved."

The number of murders in the United States is about 100 for every 13 committed in England and Wales, 30 in Australia, 31 in Prussia and 52 in Italy.

What Dr. Pierce's Favorite Prescription has done for thousands it will do for you. Get it this very day from any medicine dealer, in either liquid or tablet form; or send 50 cents to Dr. Pierce, Invalids' Hotel, Buffalo, N. Y., for trial box of tablets.

Questions of Sex?—Are fully and properly answered in The People's Common Sense Medical Adviser, by R. V. Pierce, M. D. It contains the knowledge a young man or woman, wife or daughter, should have.

375 pages with color plates, bound in cloth. By mail, prepaid—on receipt of 3 dimes or stamps.

MOST MURDEROUS CITY IS MEMPHIS

Leads All the World in Number of Homicides.

63.7 SLAIN IN EVERY 100,000

Seven Southern Towns Hold Unenviable Record of Heading the List. Charleston, Savannah, Atlanta, New Orleans, Nashville and Louisville Follow in Order Named.

The most "murderous" city in all the United States is Memphis, Tenn., where 63.7 persons out of every 100,000 lose their lives by violence, according to statistics for the decade 1904-1913, prepared by the Spectator, an insurance journal, in an article on the "Homicide Record of 1914."

Six other southern cities hold records for "killings," while New York city—Manhattan and the Bronx—with its enormous population, is a peaceful, law abiding place, ranking only sixteenth out of the thirty registration cities used.

Murder is not only increasing at an alarming rate throughout the country, but statistics show that the predominant method in American murders is by firearms.

A state of lawlessness and indifference to human life is shown in Tennessee, South Carolina, Georgia, Louisiana and Kentucky. The seven principal cities in these states have the unenviable record of leading the thirty American cities used as a registration area for the country.

Cities' Comparative Record.

The thirty cities, arranged in the order of "killings," together with the rate per 100,000 of population, are:

- Memphis, 63.7; Charleston, S. C., 32.7; Savannah, 28.4; Atlanta, 26; New Orleans, 25.3; Nashville, 24.3; Louisville, 16.6; St. Louis, 12.9; San Francisco, 11.8; Cincinnati, 11; Chicago, 9.8; Seattle, 8.1; Spokane, 7.9; Washington, 7.5; Cleveland, 6.1; Manhattan and the Bronx, New York, 5.1; Dayton, O., 5.5; Pittsburg, 5.3; Providence, 5.2; Boston, 4.8; Baltimore, 4.6; Brooklyn, 4.5; Philadelphia, 4.2; Buffalo, 4; Minneapolis, 3.7; Reading, Pa., 3.5; Rochester, N. Y., 3.3; Hartford, Conn., 3; Newark, N. J., 3; Milwaukee, 2.4.

There were 11,981 homicides in the thirty cities for the decade, or an average of 7.9 per 100,000 of population for the whole area. The figures for 1914 show 1,489 murders for the same area, at the rate of 8.6 per 100,000 population, which, if continued for ten years, would make the total for the decade 14,890.

Assuming that the recorded murder death rate for the registration area may be safely applied to the whole country, more than 50,000 human lives have been deliberately sacrificed. The increase in murder during 1914 as compared with the ten years ending 1913 was most marked on the Pacific coast and in the southern states, the latter having always led.

The eastern cities show the murder of 4.9 persons out of every 100,000 population for 1904-13 and 5.1 persons for 1914; the central cities show 8.0 and in 1914 9.3, and the southern cities 18.2 for the 1904-13 decade, and 20.4 for the year 1914, and Pacific coast cities 10, and an increase to 12.8 for 1914.

Firearms Chief Weapon.

Among males 62.8 per cent of the deaths were caused by firearms and among females 52.2 per cent, while cutting or piercing instruments caused 15.7 per cent and among females 12.7 per cent of the deaths. The mortality was highest between the ages of twenty-five and thirty-four years.

"The means of murder are entirely too convenient," says the Spectator. "The pistol carrying habit in many sections of the country is an evil of the first importance."

The number of murders in the United States is about 100 for every 13 committed in England and Wales, 30 in Australia, 31 in Prussia and 52 in Italy.

POLAND'S PLIGHT WORST.

4,500,000 Refugees Living in Holes and in Trees.

After inspecting all the countries in Europe that have suffered through the war on behalf of the committee of mercy W. H. Hamilton of New York says that Poland was in the worst plight by far.

"There is not a building standing intact," he said, "along the Russian lines of retreat. They even tore down the side of the cathedral in Warsaw to get out the bells to make ammunition with. When I was in Warsaw I saw 1,500 old men, women and children standing in a bread line with the temperature below zero to get the daily ration of a bowl of carrot soup and a quarter of a pound of bread. Many of them were shoeless and their feet were frozen so that they could barely move on them. The women had torn up their clothing to wrap round the feet of their children."

"There are 175,000 refugees in Warsaw and 4,500,000 altogether in Poland who are living chiefly in holes dug in the ground and in the trees in the forests."

"I Feel Like A Reel Day's Work"

Most men do who have good digestion, steady nerves and a clear brain. Right living—particularly right eating—makes for energy and ambition.

The sound nourishment that gives "punch" to wade right into work, is supplied by the field grains. But some grain foods are lacking in certain mineral elements which are all-important for physical and mental vigor.



Grape-Nuts

FOOD

—made of selected whole wheat and malted barley, furnishes one all the nutriment of the grain, including their vital mineral salts—phosphate of potash, etc.—necessary for the balanced rebuilding of body, brain and nerves.

Grape-Nuts is easily digested; has a delicious nut-like flavour; is ready to eat direct from package; and with cream or good milk is a splendidly balanced food.

"There's a Reason" for GRAPE-NUTS

Sold by Grocers everywhere.

AN OLD RECIPE TO DARKEN HAIR

Common garden Sage and Sulphur makes streaked, faded or gray hair dark and glossy at once.

Almost everyone knows that Sage Tea and Sulphur, properly compounded, brings back the natural color and lustre to the hair when faded, streaked or gray; also ends dandruff, itching scalp and stops falling hair.

Nowadays we simply ask at any drug store for "Wyeth's Sage and Sulphur Hair Remedy." You will get a large bottle for about 50 cents. Everybody uses this old, famous recipe, because no one can possibly tell that you darkened your hair, as it does it so naturally and evenly.

MESSAGE OF JOY TO CATARRH SUFFERERS

Hyomei Guaranteed by Newlin's Drug Co. to Relieve or Money Refunded. The popularity and increase in sales of Hyomei here in La Grande are unique in the annals of medicine.

Hyomei is no ordinary remedy. It is pronounced the only method of treatment that sends by direct inhalation to the most remote part of the air passages, a balsamic air that destroys all catarrhal germs in the breathing organs, enriches and purifies the blood with additional ozone, and gives permanent and complete relief from catarrh.

The complete Hyomei outfit is inexpensive and consists of an inhaler that can be carried in the vest pocket,

Want Ads.

YEARS AGO the crier announced the auction sale, then came the hand bills and their "hit or miss" results—today the effective way is the Want Ads—they hit the mark. That's what counts.

WANTED—Completely furnished six-room house close in. Address Mrs. Leiter, care Arcade theatre.—Adv. 12-30-16.

FOR SALE—Good White sewing machine at a bargain; first-class condition. Call Red 22.—Adv. 11-23-16.

a medicine dropper and a bottle of Hyomei. The inhaler lasts a lifetime, and if one bottle does not cure, an extra bottle can be obtained for a trifling sum. It is more economical than any remedy advertised for the cure of catarrh, and is the only treatment known to us that follows nature in her methods of treating diseases of the respiratory organs.—Adv.

D. R. FONG MEDICINE CO. CHINESE ROOT AND HERB REMEDIES

Cures Bodily Diseases With Root and Herb Treatment. Free Consultation

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—LOW PRICES NOW—

- Men's suits\$5.00 to \$10.00
Men's hats and caps85c, \$1.50, \$2.00
Men's shoes and rubbers75c, \$1.35, \$2.50, \$3.00, \$3.50
Men's work shirts40c
Men's work shirts, wool\$1.25, to \$1.45
Men's heavy underwear39c
Union suits95c to \$1.75
Cotton gloves and sox and handkerchiefs5c, 10c, 15c
Cotton gloves and sox wool20c, 25c
Overalls, Union50c, 75c, 85c, \$1.00
Suit cases, trunks and bags\$1.25, \$1.50, \$2.00, \$3.00
We buy and sell all kinds of jewelry. We keep open until 9 p. m. 214 Depot street, La Grande, Oregon. WE BUY ALL KINDS OF RAW FURS IN TRADE.



SHERRY'S

J. Rufus Wallingford

Today