

THE OBSERVER

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PRESCRIPTION.

Does the noise of a ball game in your neighborhood get on your nerves? Do you scowl at the "sporting page" and burn the "comic section"? You may have even gotten so far as to be tempted to put coal ashes on your part of the hill when there is a chance of good coasting. Well sir or madam you are indeed in danger of nervous prostration. Your symptoms indicate that you are threatened with the most virulent form of the dread disease—getting old; but here is the prescription.

Get some mud tracks across your back steps, a ball hit hung in the kitchen and a bit of "a shop" in the corner of the basement. Fix a room up stairs with a thick rug and a striking bag, a few books and a lot of pictures—some of them comic. Have the bed springs strong, but do not worry about them, the manufacturers will keep right on making springs after we are in the poor house or have "passed on." Of course, a few cords of wood and a garden patch do save the springs and help to develop muscle and money-sense.

Now when these arrangements have been completed write to the Boys' & Girls' Aid Society of Oregon, E. 29th and Irving streets, Portland, Ore., and ask for a boy to fit them. A boy in the house is a sure cure for nerves, even if he is red headed, freckled faced and stubborn. In a short time you will be writing high school debates, "yelling your head off" at foot ball games, and—growing young.

A FEW REMARKS ON MAN

By ANDREW MARKER.

A man is one-third animal, one-third savage, one-third child. To get along well with him, ladies, feed the animal, conciliate the savage and coddle the child.

A man is the only animal I know of that lives on cooked victuals.

A man is a carnivorous animal, distinguished from the other carnivora by his use of bad whiskey and worse language. Physically, he is a low organism, consisting mainly of a digestive apparatus and a mouth. His mouth is usually devoted to the same purposes as a barroom cuspidor, that is, snipes and quids and spit.

The only time that this chief of the carnivora is perfectly docile is when he is feeding or just after he has fed. Place a bleeding porterhouse steak before him, flanked by a pot of hot coffee, a plate of rolls and another of anchovy toast, with perhaps a bit of reindeer tongue as a relish and a glass of "white wine" as a qualifier, and this creature will even condescend to be agreeable.

The Recording Angel can tell by looking at his book just the hours when a man dines, for those are the

only hours during the day when his record is free from cuss words or complaint.

I read that thirteen new stars have been discovered by women astronomers. These excellent ladies would have done far more to promote the satisfaction of their husbands and the mitigation of divorce if they had devoted their talents to discovering thirteen new dishes.

A man is built after the fashion of a pyramid—broad-based on the plane of the vices and tapering rapidly to a sharp point as he ascends into the plane of the virtues.

When you find a deaf mute in a debating society or an elephant doing crochet work, then expect to find a man who is perfectly decent. The fact is, a man will be perfectly decent when there is no longer any flesh on his bones.

To have fellowship with a man you must condescend to his vices. If you do not smoke, swear, drink beer or eat hay you are not considered a fit companion for either a man or his horse.

Men talk a good deal about the follies of women. But if downright cussedness were to be punished by a jail sentence there wouldn't be enough men left at large to enforce the law.

Women have their weaknesses, of course. But if she should swap her weakness for man's wickedness she would be terribly bilked.

Men seem to think it is an indication of feminine weakness that there are more women than men in the churches. And I presume it is an indication of his strength that there are more men than women in the jails.

Men find more companionship in woman's weakness than they do in her perfections. The fact is the Creator made women as perfect as He could under the circumstances. If He had made her without foolishness she would never marry a man. If He had made her without weakness she would not submit to his savagery. And if she were without folly men would find no pleasure in her society. And a man would never improve if he had no other model than his own kind to pattern after. There is a powerful tendency in masculine nature to revert to the savage state from whence he came. Without the refining influences of women, every man would have to pack a double-action six-shooter to protect himself from his fellows.

HEATHHOGRAMS.

It is a good plan to starve both a cold and a fever.

Most heart disorders are due to disorders of the stomach.

All sick headaches are due to coffee and food; sometimes to only one and often to both.

In those having catarrhal tendencies, milk, cream, butter and eggs in any considerable quantities, increase the catarrh.

Our meals will digest better if we do not have at any one meal more than one kind of starchy food or more than one kind of meat.

The hot bath is one of the best of home remedies; there is scarcely an illness where the hot bath is taken at the beginning and, when possible, daily throughout its course, will not be of great benefit.

Heavy woolen underwear overheats the skin when you are indoors and makes you sensitive to cold when you go out of doors. It also makes the skin inactive, so that many impurities

which would be carried off through the skin are retained in the body.

Our last census statistics show that, per capita, we are now using four and a half times as many drugs as we did thirty years ago, and that, as the consumption of drugs has thus increased, the death of degenerative diseases during the prime of life have doubled.

Tobacco in any form prevents the proper digestion of the food; it also hinders the body in taking up and using the food. Thus tobacco is an anti-fat; while it may prevent the fat meat from getting fatter, it prevents the thin man from getting as heavy as he should. Tobacco effects different people in a different degree; some persons, apparently, by little by large quantities, while others are hurt considerably by only small quantities.

Prospective Grounds at Baker.

Baker, Feb. 17.—C. S. Blackmon, who has under lease considerable land on the east side of the city and adjoining the city limits, yesterday submitted a proposition to the city commissioners to lease the 40 acres of land east of town now used as a dump ground. He wishes to secure this piece of ground as a portion of the field where it is proposed to sink test oil wells, which project was noted several weeks ago by the Democrat. The matter has been given no publicity of late, according to the request of Mr. Blackmon to say no more about it for the present until his plans had matured further. No action was taken by the city yesterday, the matter being deferred for further consideration.

OBSERVATIONS OF OTHERS.

Will the new Federal employment bureau confine its help to "deserving Democrats"?—Pittsburgh Dispatch.

Could a Teutonic pursuit of the Russian bear be referred to as chasing the growler?—Philadelphia Ledger.

Edward S. Martin calls it the foundling war, because no one is willing to father it.—San Francisco Chronicle.

War notes: The Allies seem to have advanced another inch and a half in the Woevre region.—Kansas City Star.

HeHarst is sending New York ministers to hear "Billy" Snuday. Why doesn't Mr. Hearst go himself?—Wilmington Dispatch.

One principle of international law seems to be that China has no rights that any other nation is bound to respect.—St. Louis Globe Democrat.

Kaiser William says that he has more men in the field now than when the war started. More of them in the field, undoubtedly; but how about on it?—Nashville Tennessean.

July 4 is to be "Peace Day" at the Panama Exposition. What other humorous features are being planned?—Kansas City Star.

Culture is gaining in the South. In Mississippi a lynching party drowned their man instead of brutally hanging him.—Philadelphia North American.

Heretofore the English have been much pleased to hear that the enemy was flying but the news now make them take their cellars.—Florida Times-Union.

The problem that apparently confronts the American business man is to make American goods half as popular as passports are.—Chicago Herald.

A British bishop upon being asked which side would win is reported to have answered concisely by asking, "Who won the San Francisco earthquake?"—Springfield Republican.

At the risk of giving free aid, we will observe that there is something singularly appropriate in the fact that Bryan's new volume of lectures is published at thirty cents.—Boston Transcript.

The 1,500 criminals pardoned by ex-Governor Bleese are not the only persons who profit by their release. An enterprising company is advertising its burglary-insurance policies in the Carolinas as an especially prudent investment just now.—New York Evening Post.

The Use of Flags.

New York Globe: One German naval commander marooned here is quoted as saying in regard to the Lusitania hoisting the American flag:

Such a flagrant violation of the rights of nations is unprecedented in modern warfare, and reflects in the worst possible light upon the integrity of the British government. It shows unscrupulous disregard of the rights of neutrals and the misuse of neutral flags. A nation's flag is a people's sacred heritage, and ought to be protected from slur and insults such as the British heap upon the American flag.

The flying of a false flag by the ship of a belligerent power is not unprecedented in the present war. The German cruiser Emden got within striking distance of an Indian ocean port by masquerading as a Japanese warship. Captains of German merchantmen have arrived in New York boasting that they saved themselves from falling into the hands of the enemy only by flying flags of nation: other than their own.

Such a practice involves no violation of international law. The matter was discussed at The Hague, but no action was taken. The United States could not punish any foreign vessel for flying the American flag even in American waters, much less in foreign waters. As William M. Evarts, when secretary of state, said, it may have been the intention of congress when it prescribed the national flag that it should be used only by vessels of the

Bathing Suits for Women and Girls

New Shipment Just Received

The kind that are to be used for swimming and gymnastics—made especially for women and girls—cut full, with V-necks, come in blue. Girls suits \$1.25 and up. Women suits \$1.50 and \$2.00

Just Arrived --- New Spring Waists

Priced: \$1.25 to \$5.00

The newest waists in La Grande having just arrived from New York by express. You are sure to think they are the most beautiful you have ever seen and most everybody who has seen them are surprised at the unusual low prices.

Beautiful crepes, velvets, linens, organdies, batiste fabrics and silks—New roll collars—Collar and Vestee Effects—Collar and cuffs to match—All of the most dainty and pretty laces and embroideries. Some have the new combination high and low collars.

For example there are new crepe de chine in pinks and whites at \$2.50; China silks in blacks and whites, new collar and lapel effects, large buttons, priced at \$2.50; Beautiful batiste waists, embroidered front, combination low and high col-

lar, new in this waist in the lots of small tucks on the shoulder and running down the sleeve, finished with a wide lace cuff, priced at \$2.50; then there are embroidered crepes, dotted swisses with new roll collars and beautifully embroidered with cuffs to match at only \$1.25; Another style is of voile with a beautiful collar and vestee set embroidered organdy priced at \$1.50; also a stripe batiste waist, new roll collars with dainty embroidered vestee effects in edges of blue and old rose, priced at \$3.50.

These are but a few of the many styles. Come in and see the many other new styles and if you contemplate buying a waist, come soon because these beautiful waists at the prices marked will not last long.

Profit Now! Only a Few More Days of the White Season Sale Left

With all Spring under-muslins reduced, Spring embroideries reduced, Spring white wash goods reduced, also our now February Clean Up and Remodeling sale offers unlimited economies with all men's clothing reduced, boys' clothing reduced, men's hats reduced. Unheard of bargains in the Women's Ready-to-wear department.

N. K. West & Co.
 THE QUALITY STORE

HIPOLITO VILLA, BROTHER OF THE GENERAL AND PROTECTOR OF THE BIG FIGHT AT JUAREZ.



In this photograph, taken just outside Jess Willard's training quarters near Ysleta, Tex., are, first, Tom Jones, manager of the fighter; Hipolito Villa, brother of General Villa, who just declared himself protector of the presidency of Mexico, and Carlos Janregui, the young man who became a Mexican hero by letting General Villa out of jail some years ago. In his gratitude General Villa made the young man a present of the

Juarez keno house, one of the two very prosperous gambling houses of Juarez.

Hipolito Villa has stated for his brother that there will be no interference in the fight, and that it will be handled as safely as if on the American side of the border. In fact, the promoters think General Villa himself will be on hand. He has already engaged seats for a large number of friends.

United States, but no such intention is expressed in the statute.

Concerning the idiocy of the British admiralty in ordering a leviathan like the Lusitania, unlike any ship in the American merchant marine, to disguise herself by floating an American flag is not necessary to speak. The ostrich which stuck its head in the sand was far more completely concealed. It is as if the Vaterland should be labeled "This Is a Rowboat," and then towed out in the ocean in the belief that British cruisers would be deceived. It may be suspected that the gigantic intellect that orders the loss of the Audacious not to be reported fathered the order to the Lusitania.

A Novel Receipt.

(The Indianapolis News.)

Take one ocean liner plying between San Francisco and the Philippines. Add a young man going to Hawaii on business and an heiress and her aunt going nowhere in particular. Mix the two young folk gradually among the other passengers, with an occasional half hour alone away from the watchful eyes of the aunt. Turn the ship into the center of one tropical storm. Mix gradually until they come to a froth, the sea and the howling of the winds. Beat the vessel slowly against jag-

ged rocks until it is well pounded up. Throw in looks of despair to suit the taste. Add one blinding flash of lightning "that rent the heavens" to a "conclusive heave of the stout old hull that had braved the southern seas for years."

Pour a wave, mountain high, on the ship, mixing the passengers briskly together; then turn the entire mass suddenly into the sea. Put the young man's arm providentially against a floating spar, chicken coop or a door torn off a stateroom. Have another convenient wave sweep the maid in his direction. Put in a "strong young man." Add "then all grew black."

Drop in a sandy beach unexpectedly. Put the hero on the beach. Have him "come to" with the sun shining bright or brightly. Close by put the maid, a la the daughter of the skipper of the schooner Hesperus, minus the salt sea being frozen on her breast.

Inject into the situation at this point one handy cave, with another ditto nearby. Add signals daily to passing ships. After basking thoroughly for six months on the island, put in a rescue after hope had been abandoned, a trip to the good old U. S. A. and one church close to the corner. Mix in a sufficient detail to suit place in an attractive corner and serve to the public at \$1.35 per serve.

DRUG LAW MARCH 1.

On March 1st a federal law will go into effect which dealers in drugs say will absolutely wipe out all but legitimate sale of habit-forming drugs. The bill will be enforced by the Internal Revenue department. It provides for penalties of \$2,000 and five years in prison. No druggist can sell habit-forming drugs except on the prescription of a physician who is authorized by special license.

It is estimated that the number of habitual users of drugs in the United States is 2,000,000.

"There is absolutely no doubt that the law will work," declared a Topeka druggist when inquiry was made. "The dope fiends will be cured now whether they want to be or not, and Uncle Sam will be the doctor."

Plan Deep Waterway for Big Ships.

St. Louis, Feb. 18.—Hoping to perfect a permanent organization and a comprehensive plan for river terminals in preparation for thorough navigation for local and foreign commerce from the Mississippi, Missouri and Ohio rivers to New Orleans the second annual convention of the River Terminal association of the Mississippi Valley State convened here today at the call of two governors and a former state executive.

FOR SALE—Furniture for six room house. Cheap, easy payments. Would also rent furnished six-room house cheap. Address Box 889 or phone Main 83. 2 18 W



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What This Bank Aims to Do

To promote our customers' interests as we would our own;
 To do all we can to make their relations here profitable and agreeable to them;
 To contribute to their enterprises, the co-operation, foresight and timely assistance which a good Bank can properly bestow.