

THE OBSERVER

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THE END OF DEPRESSION.

Is the backbone of the long continued financial and business depression broken at last? Is the mist of pessimism which has enveloped the business world for the past 12 months to be swept aside by a breeze of optimism that will scatter the fog of doubt and uncertainty and let in again the rays of confidence and certainty that are so necessary to the growth and development of prosperity?

There is a feeling prevalent over the entire country that such is the case, that business which has lain so long dormant under the blighting influence of this depression is to be turned loose again, and there are some so bold as to predict that the nation today stands upon the threshold of one of the most prosperous eras of its history.

This tone of optimism is not confined to any certain locality. It is general over the country, east, west, north and south, but better even than this optimistic tone are the real facts, forerunners of this wave of returning prosperity that are to be found in the opening up of mills and factories from the Atlantic to the Pacific coast, greater activity in railroad circles and the putting to work of thousands of men who have for months been unemployed.

Credit for this change in business conditions is given by some to the European war, by others to the prevalent high prices of agricultural products which bring prosperity to the farmer, who in turn radiates it to the merchant, to the wholesaler and to the manufacturer. But be that as it may, the important feature is the fact that some cause has brought about a change in conditions which can not but be for the better.

Locally, of course, the change is not yet perceptible, unless it is in the more hopeful air of the business man. But then we did not feel the effects of the depression either until it had become firmly fixed upon the larger centers of business activities. The high price of wheat of course is putting money into the pockets of the Grande Ronde farmer who was fortunate enough to retain possession of his crop when the big wave struck, but these men are comparatively few when considered alongside the many who are suffering because of the raise in the price of flour and other wheat products. Not until the change has gained sufficient headway to affect the lumber industry and the railroads will La Grande begin to realize to its fullest the fact that a turn in the road has been reached. But in the light of improved conditions in other sections it can only be a question of a few weeks, or months at the longest until La Grande is again

enjoying the prosperity that is her's by right of all natural conditions.

STRENUOUS DAYS IN CONGRESS

Marking an epoch in congressional filibustering the Senate succeeded in adjourning yesterday after 54 hours of debate, the longest continuous session of that body in its history. What the end of the bitter fight that is being waged over the attempted passage of the administration's ship purchase bill will be, none can tell. Even its most ardent supporters are now inclined to the belief that it lies in the power of its opponents to talk the measure to its death, yet even these are not willing to admit defeat of their plans to force action on the bill at this session of congress, although most of them freely predict the necessity of an extra session immediately after the fourth of March to complete consideration of unfinished business that has been side-tracked or delayed by the struggle that has waged around the president's pet scheme of a government owned merchant marine.

That the men who have been conducting this strenuous filibuster are sincere in their opposition to the bill, goes without saying, as does also the fact that the men who favor the passage of the bill are just as sincere. A filibuster such as has been conducted by the opponents of the administration is, to say the least, a nerve racking, physically exhausting undertaking, such as men would undertake only when their convictions are strong enough to make the effort seem necessary. It is simply a case of an honest disagreement in which neither side is willing to surrender and in which physical endurance seems the only means of victory at the hands of the minority.

There have been filibusters in the Senate before this but never such a strenuous, long protracted one as the present one, and the end is not yet in sight.

OBSERVATIONS.

Woodrow's ship bill has been sailing in some mighty troubled seas.

With the parcel post and employment agencies Uncle Sam's postoffice jobs are becoming anything but "snaps."

The income tax man is abroad again. Everybody who draws down \$4,000 or more per year should take notice thereof and plan your vacation trips accordingly.

Some of those senators who are on the job night and day in these strenuous times should be able to sympathize with a real laboring man before they get through with the job.

That old time talk about the high cost of living was some weak joke, considered in the light of present day conditions.

If a male filibusterer can hold the floor of the Senate for 13 hours and 45 minutes what can we expect in the event of a similar situation after the women begin holding down the jobs in the upper house?

Mexico hasn't had a new president for several days now. Things are getting to be rather monotonous down in the land of the "greaser."

SUMMERVILLE NEWS ITEMS

E. M. WAGONER IS ILL WITH APPENDICITIS.

Bay Residence at Summerville Threatened By Fire.

(Summerville Correspondence in Elgin Recorder.)

Miss Mary and Ellen Young, of this city, spent the week end at the home of their sister, Mrs. M. D. Sanderson.

Mrs. Jim Stotts, of La Grande, is visiting her mother, Mrs. R. Hug.

E. M. Wagoner has been suffering again from a severe illness. Doctors are not certain as to the nature of the ailment, but it is thought to be appendicitis.

Miss Rose Hug returned home last week from Walla Walla.

August Behrens, has returned from La Grande, where he was called to serve on the jury.

John Niederer was a visitor in Elgin Friday.

Mrs. Rudolf Hug has been on the list of the indisposed during the week.

Frank Oliver was in Elgin the latter part of the week attending to business affairs.

Frank Fine transacted business in Elgin last Friday.

Frank Sion was a visitor in Elgin the last of the week.

Rude Hug, of Elgin visited relatives and friends on Pumpkin Ridge during the week.

The Ray residence near this city caught fire last Wednesday. Mr. Ray and son Ira were just returning from work and saw the flames in time to extinguish them before damage was done.

Mm. Roulett, of Elgin, attended the basket social on Pumpkin Ridge last Friday.

Cecil Fine, of Elgin, is visiting relatives on The Ridge.

Miss Annie Sanderson spent the latter part of the week as the guest of her sister, Mrs. Frank Woodell.

Miss Tilla Hu was a visitor in Elgin Saturday.

Mr. and Mrs. Simon Woodell transacted business in Elgin the last of the week.

Mr. and Mrs. Harlan Huffman, of Elgin, were week end visitors at the home of Mrs. Huffman's brother, Frank Fine.

A merry sleigh riding party from the Summerville community, attended the basket social at Pumpkin Ridge school Friday.

The basket social at The Ridge was very successful financially as well as socially. The amount made was about \$49. A short Washington program was given by the school, and was unusually good.

Prof. Thompson was a passenger on the Friday evening train to La Grande.

Vern Rinehart, who has been visiting in and around this city for several days, returned to his home in Portland last Wednesday.

Miss Ada Colt spent several days in La Grande this week.

"Bum" Slack is serving on the jury in La Grande at the present writing.

Miss Barbara Meyers, who is employed in the Farmers' Telephone office is spending a two weeks' vacation with her parents. James McRae is working there during her absence.

Victor Woodell is suffering from a sprained ankle.

Mr. and Mrs. Mike Royes and children, Miss Lois, Gorgie and Paul, were visitors in Imbler Sunday.

Miss Lottie Niederer, of Elgin, spent the week end at her home near this city.

Miss Melba McKenzie is visiting her grandmother, Mrs. Neubill, in La Grande this week.

Mrs. Walter Fisher has been on the list of the indisposed this week. Charlie Oliver was a Summerville resident in Elgin the last of the week.

JOSEPH NEWS ITEMS.

La Grande's Importance as Wholesale Town Noted by Josephites.

Joseph Oregon, Feb. 12.—(Special.) Mrs. F. E. Ware representing the Eastern Oregon Produce company, Bruce Cox representing the La Grande Grocery company and C. A. Nicholls representing the Oregon Grocery Co., were in Joseph making their weekly calls. This representation certainly speaks well for La Grande as a distributing center and it also shows that the large wholesalers have great confidence in its future as a coming city. J. G. Kilpack traveling representative for one of Portland's many orphan homes was in Joseph this week looking after a family that had been reported for not taking care of their children in the right manner. Last year Mr. Kilpack took some children from here to the home he represents and reports that they are getting along fine.

Charles E. O'Hollaren of La Grande disposed of a car of apples here this week. They were apples of fine quality and were readily sold to the people of Joseph who appreciate good apples but are unable to raise them for climatical reasons.

Nick Musty of Imnaha was a visitor in town this week for a few days. He reports that they have had a fine winter on the river for feeding stock

Remodeling and February Cleanup Sale

The remodeling at the N. K. West Store starts today—They are busy tearing out on the Men's section getting ready to make this department the most modern Men's section in the country.



Joseph Contract Clothes

Men's Suits and Overcoats Reduced

Clothes of real quality and style at a Special price during this remodeling and February clean up sale. Stop in and let us show you either a "Society Brand," "Benjamin," "Hirsch-Wickwire" or "Fidelity" suit.

Reg. \$15.00 Suits now	Reg. \$22.50 Suits now
\$11.25	\$16.90
Reg. \$17.50 Suits now	Reg. \$25.00 Suits now
\$13.15	\$18.25
Reg. \$20.00 Suits now	Reg. \$27.50 Suits now
\$15.00	\$20.65

One Lot Men's Overcoats Values to 17.50 Reduced \$4.98

These Prices Now on Dress Pants, Work Pants, Corduroy Pants

Reg. \$2.50 Pants.....	\$1.90	Reg. \$4.00 Pants.....	\$3.00
Reg. \$3.00 Pants.....	\$2.25	Reg. \$5.00 Pants.....	\$3.75

Entire Line Boys' Suits Reduced 25%. Cleanup Prices in Every Part of the Store

N. K. West & Co.
THE QUALITY STORE

and that hay is plentiful. William Baird of Baker, Oregon was a business visitor this week. Mr. Baird is moderator for the Eastern Oregon Presbytery. Several years ago the Presbyterian church was abandoned for financial reasons and Mr. Baird has been instructed by the Presbytery to dispose of their property in Joseph.

O. M. Heagck the eye specialist from La Grande, is here looking after the optical needs of Joseph and the surrounding territory.

A. E. Gibbons of the Buttes made a flying trip to Joseph this week for supplies.

Mrs. G. M. Richey was in Joseph representing the Richey Piano House in La Grande this week. Mrs. Richey reports that in all the years they have been in business, this year has been the best so far.

County Prosecuting Attorney O. M. Corkins of Enterprise was in Joseph this week looking after some legal matters.

MEATS AND VEGETABLES

How The Bad Effects of One Are Overcome By The Other

BY DR. R. R. DANIELS. As everyone knows, alkalies and acids are of opposite chemical natures; when brought together chemically, a reaction always takes place in which one neutralizes the other, in fact one destroys the other, and a new substance is formed. With but few exceptions all of the fluids of the body are alkaline in nature. The blood and the lymph, which bathe all the cells of the body except the outer skin, are decidedly alkaline.

The Body Fluids Must Be Alkaline. It is quite necessary that the body fluids be kept at a certain degree of alkalinity. When ever the blood and the lymph become less alkaline than the normal standard, serious disturbances result, the cells of the body fail to be nourished, and the nervous system is greatly disturbed. Coma and death follow any great lowering of the alkalinity of the blood. The alkaline properties of the body fluids are due to the inorganic salts they contain; these inorganic salts in turn come from the food, being unusually abundant in fresh vegetables, which most people regard as not being nourishing. The alkalies of the body fluids are being constantly depleted by the formation in the body of acid material, which come from two principal sources, viz: from the fermentation of undigested starchy food, and from the meats that are

eaten and used up by the tissues.

A Balanced Diet.

The practical application of these facts about the body fluids and how they are changed as a result of our food is this: We should not overeat on starchy foods; to do so will de-

plete the blood of its life-sustaining alkalies. Furthermore, we should take with every meal which contains meat a good supply of fresh vegetables, both cooked and raw, to renew the alkaline material lost as the body uses up the meat.

Good Goods Good Service

C. J. BLACK

Successor to

Cummings & Black

Staple and Fancy Groceries

Oranges are at their best now and

ours are the sweet, juicy, thin

skinned and seedless kind at, a

dozen 25¢ 35¢ 45¢

Lemons, large, juicy, a dozen 40¢

Apples, a box..... 65¢ 75¢ 85¢

Phone Main 16 La Grande

LA GRANDE NATIONAL BANK

Capital \$200,000.00 Resources \$1,000,000.00
Surplus \$50,000.00

OFFICERS:—

Fred J. Holmes, President C. C. Penington, V.-Pres.
F. L. Meyers, Cashier
Earl Zundel and H. E. Coolidge, Ass't Cashiers

DIRECTORS:

Fred J. Holmes A. T. Hill H. E. Coolidge
C. C. Penington J. F. Conley A. Blockland
F. L. Meyers J. G. Snodgrass H. S. Brownton

What This Bank Aims to Do

To promote our customers' interests as we would our own;
To do all we can to make their relations here profitable and agreeable to them;
To contribute to their enterprises, the co-operation, foresight and timely assistance which a good Bank can properly bestow.