

Makes Healthy Bowels

THIS simple rule of health is daily called attention to by every doctor in the land, whose first question to the patient almost invariably is, "Are your bowels regular?" Yet there's not one person in fifty who takes proper care of the bowels. And the result of this foolish neglect is nine-tenths of all ill-health. If today you are unable to free your body of waste matter at the usual time, or if the act causes straining, pains and discomfort, *don't let that condition occur again tomorrow.* Unless your bowels can carry away the waste materials left after food is digested, decay sets in, the poisons of which, taken up by the blood, increase the risk of Typhoid Fever, Appendicitis, and many other serious diseases.

In treating constipation, there is a *right way* and a *wrong way.* The *wrong way* is to take harsh purgatives which even though they do clear the bowels, cause griping and nausea, injure the delicate tissues, and so disturb the normal functions as to cause the return of constipation. The *right way* is to help Nature to produce natural movement, without pain or discomfort, by using

Rexall Orderlies

More Than One Hundred Million Were Sold Last Year

This enormous quantity was used with good results by busy men who suffered from constipation, due to lack of exercise, or indigestion caused by overwork—by children whose parents realize the harmful effect of common purgatives—by old people whose systems cannot stand anything harsh—by women during pregnancy, and after childbirth, when any medicine with a violent action would be particularly dangerous. Many of these people are your neighbors and friends. Ask anyone who has ever used them—they'll tell you Rexall Orderlies satisfied and helped them.

—a gentle laxative in the form of a chocolate-tasting tablet. One of these tablets eaten just before going to bed will help to restore your bowels to normal activity *at a time when, your body being at rest, the medicine can do its best work.* As a result of taking that tablet (or say two, if your case is obstinate), *your bowels will move easily and naturally in the morning.* The use of Rexall Orderlies for a few days afterward will restore normal regularity. Even chronic constipation is benefited by them, and it is not necessary to continue the treatment for a long time, because, instead of driving Nature, they simply help her to help herself.

Sold only at the more than 7,000 Rexall Stores and in this town only by us. In vest pocket tin boxes, 10c, 25c, 50c

This Is Our Guarantee—You Risk No Money

If Rexall Orderlies do not make your bowels act right, tell us so and we'll give back your money without asking a single question. There is no red tape to this guarantee. It means just what it says. You sign nothing. We won't hesitate, or ask you any questions. Your word is enough. If Rexall Orderlies do not do all you expect them to—if you don't feel better after using them and find that they are the pleasantest-acting and best laxative you have ever used, we want you to tell us and get your money back.

HILL'S DRUG STORE

The **Rexall** Store

La Grande, Oregon

Rexall Means "KING OF ALL"—Ours is The Rexall Store in this town.

RADISHES VERY CRISP

CALIFORNIA VARIETY PLEASES CONSUMERS.

Small but Juicy and Solid Radishes Have Reached Markets.

Advent of delicious radishes at low figures has been the chief item of interest in a market way during the past few days. California-grown radishes that, though small, are delicious and crisp, are handled by all grocers. The Walla Walla-grown variety has not reached local markets but is expected shortly.

No changes of consequence are noted on the market list today. Mexican tomatoes, still high, and new potatoes at 25 cents for two pounds, are other commodities that have been listed in quantities during the week.

La Grande quotations today are:

BUTTER AND EGGS.
Butter—Fancy creamery, 35 cents, 1-lb roll; 65 cents, 2-lb roll.
Ranch butter—1-lb roll, 30c.; 2-lb roll 60c.

Fresh ranch eggs, 20c.
FRUIT.
Apples—\$1.00@1.75.

Oranges—25@45c per doz.
Bananas—40c per doz.
Dates—15c and 20c package
Figs—5c and 10c package.
Lemons—35@40c.
Cranberries—20c per qt., 3 for 50c.
Grapefruit—15c

FLOUR, HAY, FEED, ETC.

Blue Stem flour—\$1.40.
Patent—\$1.30.
Snowdrift—\$1.45 sack.
Sea Foam—\$1.20.
Barley—\$1.07½.
Timothy—(to producer) \$12.00.
Alfalfa hay—(to producer) \$8.50@ \$9.00 f. o. b. cars, baled.
Oats—(to producer) 95c@1.00.
Bran—\$1.15 per cwt.
Rolled oats—\$1.45 per cwt.
Rolled barley—\$1.35
Wild hay—(to producer) \$8 baled.

VEGETABLES AND MISCELLANEOUS.

Tomatoes—25c per lb.
Fresh peas—25 cents lb.
Asparagus—2 lbs. for 35c.
Carrots—3 lbs for 10c.
Turnips—3 lbs. for 10c.
Beets—Beets 3 lbs. for 10c.
Green Onion—5c per bunch.
Onions—6c. lb., (small lots.)
Potatoes—1c.
Sweet Potatoes—5 lbs for 25c.
Sugar—Cane or fruit, \$5.05 a sack, cash. \$5.45 for 30 days; Beet sugar \$4.85 cash, \$5.25 for 30 days.
Lettuce (hothouse)—30c lb.; head, 10c.
Cauliflower—20@25c.
Rhubarb—20c.

Squashes and Pumpkins—out of the market.

Chili peppers—40c.
Spinach—3lbs, 25c.
Beans—White, 8 1-3c; Lima, 10c.
Cabbage—5c.
Honey—20c. 3 lbs. for 50c.

SERIOUS CATARRH YIELDS TO HYOMEI

You Breathe It.

Be wise in time and use Hyomei at the first symptom of catarrh, such as frequent head colds, constant sniffing, raising of mucus, or droppings in the throat. Do not let the disease become deep-seated and you are not in danger of a serious if not fatal ailment.

There is no other treatment for catarrh, head colds, etc., like the Hyomei method, none just as good, so easy and pleasant to use, or that gives such quick, sure and lasting relief. You breathe it—no stomach dosing. The Newlin Drug Co. if you are not benefited.

Hyomei is a combination of antiseptic oils that mixes with the air and formed and serving until now. The flamed membrane of the nose. It's sure and safe healing begins immediately—you feel better at once.

If suffering from watery eyes, husky voice, discharge from the nose, or that choked-up feeling, try Hyomei now—today. All druggists sell it. Ask for the complete outfit—\$1.00 size.—Adv.

For Sale—Near Cove.

The north 260 acres of our 420 acre hillside bunch grass pasture, and cherry land, no improvements, except fencing. Good springs, fine view of valley. The above 260 acres for \$2000

spot cash, and purchaser will have to put in division fence between the said 260 acres and the south 160, as the above price is below cost 25 years ago.

MATT W. MITCHELL, Cove, Ore.

3-23-Mon.-Wed.-& Sat.

For the Stomach and Liver.

I. N. Stuart, West Webster, N. Y., writes: "I have used Chamberlain's Tablets for disorders of the stomach and liver off and on for the past five years, and it affords me pleasure to state that I have found them to be just as represented. They are mild in their action and the results have been satisfactory. I value them highly." For sale by all dealers.—Adv.

Read the advertisements too.

How's your sole Need Fixin

Bring it to us, we'll fix it while you wait. With our modern plant we are turning out a class of work that's different. Turn shoes a specialty.

Modern Quick Shoe Repair

R. L. DUIGNAN Prop.
Opposite Newlin's Book Store
Phone Blk. 81. 1115 Adams Av

Recommend Chamberlain's Cough Remedy. in it. I find that they are pleased with it and call for it when again in need of such a medicine," writes J. W. Sexson, Montevideo, Mo. For sale by all dealers.—Adv.

"I take pleasure in recommending Chamberlain's Cough Remedy to my customers because I have confidence

in it. I find that they are pleased with it and call for it when again in need of such a medicine," writes J. W. Sexson, Montevideo, Mo. For sale by all dealers.—Adv.



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