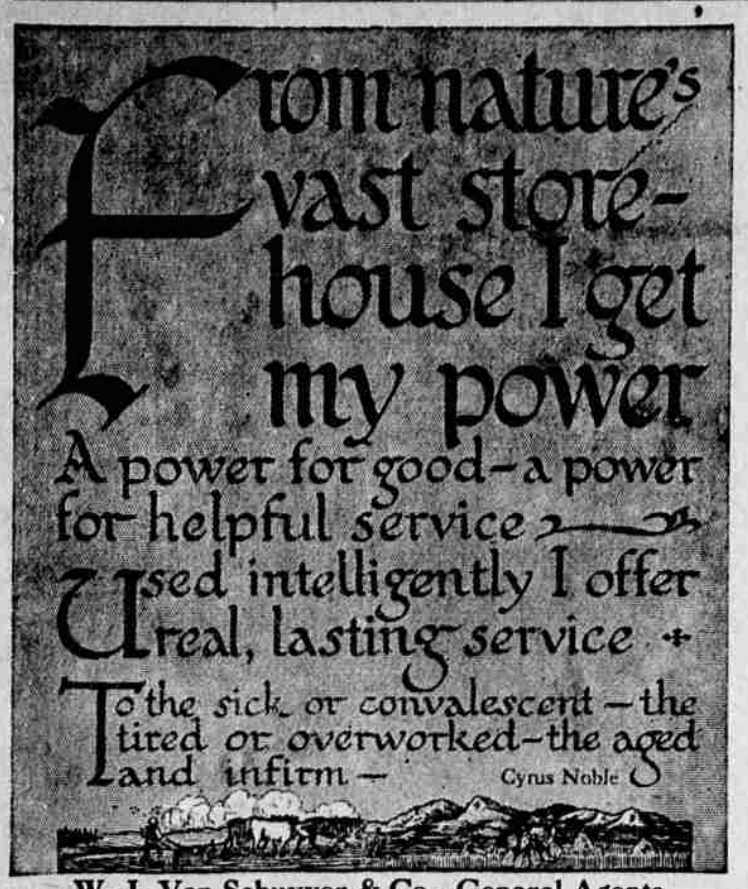
From nature's vast store-house I get my power

A power for good—a power for helpful service

Used intelligently I offer real, lasting service

To the sick or convalescent—the tired or overworked—the aged and infirm—

Cyrus Noble



W. J. Van Schuyver & Co., General Agents
Portland, Oregon

The Union Nurseries, Union, Ore.

Roses. Order your roses now for spring planting, strong two yr. old plants, will bloom profusely this summer. Hardy, hybrid, perpetual, hybrid tea, $3.50 per doz. The wonderful new Climbing Mad Caroline Testout, Climbing F. K. Druski, Dorothy Perkins, pink, red and white. Crimson Rambler, Thousand Beauties. All on their own roots. Also a general line of Nursery Stock. Send for Price List.

J. B. WEAVER, Prop.

Specify - Electric - Lights

-For Your New Home-

If you are building this year specify electric lights. It is safe to say that 90 per cent of the houses built in La Grande this year will install them. No home is modern without them. They are as important as sanitary plumbing.

Good lights are equally important, however, if you happen to live in a rented house. Your landlord owes it to you, and you owe it to yourself to have nothing but the best light. Electric lights are easily installed and will prove a source of lasting satisfaction to you. Call or phone Main 34.

Eastern Ore. Light & Power Co.

"Always at Your Service"

J. H. PEARE & SON

Manufacturing Opticians and Jewelers
Adams Avenue.

We have the only lense surfacing machine between Portland and Boise and the only means of furnishing customers with any lens they require same day as left with us. We are the only firm in Eastern Oregon that can get you and furnish KRYPTOK LENSES same day. OUR OPTICAL DEPARTMENT IS IN CHARGE OF THE ONLY ATTENDANCE GRADUATE OPTIMETRIST IN UNION AND WALLOWA COUNTIES.

KRYPTOK LENSES

Don't trust your eyes to self-styled specialists without any reputation. When you can have the services of a firm of twenty-three years standing.

We guarantee all our work and will be here to make it good.

Optical Department in charge of Attendants Graduate of Northern Illinois College of Optimetry.

FIRST MEETING DATE IS NEAR

CITY HALL TO BE MEETING PLACE FRIDAY.

Social Hygiene Series to Commence Friday of This Week.

Social Campaign Dates.
First series of meetings—
March 27, District No. 3; Mch. 31, District No. 2 and No. 4.
April 3, District No. 1.
Second series of meetings—
April 7, District No. 3; April 10, District No. 2 and 4; April 14, District No. 1.

Earl Commings is in La Grande again today and plans for the first meeting of a series of social hygiene to be held next month, are rapidly taking shape. The first to be held is next Friday night in district No. 3 with the city hall on Elm street as the meeting place and the speakers are Dr. M. K. Hall and Rev. J. P. Driscoll.

The complete list of meetings, boundaries and speakers for the series follows:

District No. 1.

All north of Grandy and west of North Depot street—Speakers at each meeting, Dr. J. P. Graham and Attorney T. H. Crawford. Place, Rivera school. Date, April 3, April 14.

District No. 2.

All east of North Depot north of railroad tracks—Speakers, Dr. A. L. Richardson and George Stoddard. Place, Greenwood school. Dates, March 31 and April 10.

District No. .3

All south of Grandy and north of O streets.—Speakers, Dr. M. K. Hall and Rev. P. J. Driscoll. Place, city hall, Elm street. Dates, March 27 and April 7.

District No. 4.

All south of O and south of Adams.—Speakers, Dr. H. L. Underwood and Attorney George T. Cochran. Place, high school. Dates, March 31 and April 10.

FAIR EXCHANGE.

A New Back for an Old One—How a La Grande Resident Made a Bad Back Strong.

The back aches at times with a dull indescribable feeling, making you weary and restless; piercing pains shoot across the region of the kidneys, and again the loins are so lame that to stoop is agony. No use to rub or apply a plaster to the back if the kidneys are weak. You cannot reach the cause. Follow the example of this La Grande citizen.

Mrs. Ella Lyman, 1307 Madison ave., La Grande, Ore., says: "I have used Doan's Kidney Pills several times for back and kidney trouble with the best results. I have also noticed their good effect in another case of kidney weakness in my family. We have never found anything else that acted as quickly and thoroughly on the kidneys as Doan's Kidney Pills. I believe they are the best kidney medicine to be had."

Price 50c, at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills— the same that Mrs. Lman had. oFster-Milburn Co., Props., Buffalo, N. Y.

Whittemore's Shoe Polishes

FINEST QUALITY LARGEST VARIETY

"GILT EDGE," the only ladies' shoe dressing that positively contains **Oil.** Blacks and Polishes ladies' and children's boots and shoes, **shines without rubbing,** 25c. **"FRENCH GLOSS,"** 10c.

"DANDY" combination for **cleaning** and **polishing** all kinds of russet or tan shoes, 25c. **"STAR"** size, 10c.

"ELITE" combination for gentlemen who take pride in having their shoes look A 1. Restores color and lustre to all black shoes. Polish with a brush or cloth, 25 cents. **"BABY ELITE"** size, 10 cents.

"SUPERB PATENT LEATHER PASTE," a waterproof paste polish for **all** kinds of black shoes. Contains **oils** and **waxes** to **polish** and **preserve** the leather. Boxes open with **a key,** 10c. **"DANDY RUSSET PASTE"** same price.

If your dealer does not keep the kind you want, send us the price in stamps for full size package, charges paid.

WHITTEMORE BROS. & CO.,
20-26 Albany Street, Cambridge, Mass.
The Oldest and Largest Manufacturers of Shoe Polishes in the World.

Decorator will arrive about April 5.

To help the busy house wife in house cleaning time, we have made arrangements to have a professional decorator in La Grande the first week in April and would ask all who are interested to call or phone us in order that dates can be arranged. He will have the largest and most complete stock of curtains and draperies ever shown in Eastern Oregon, consisting of the cheapest schrims to the most expensive tapestry. You will make a mistake if you fail to take advantage of his service while here.

HENRY & CARR

Complete House Furnishers

WATCH THIS SPACE

Geo. H. Currey

He Who Sells Real Estate
La Grande, Oregon