

THE OBSERVER

BRUCE DENNIS, Editor and Owner

Entered in the post-office at La Grande, Oregon, as second class matter.

SUBSCRIPTION RATES.

Daily, single copy 5c
Daily, per week 15c
Daily, per month 65c
Daily, per six months in advance 33.50
Daily, per year in advance 77.00
Daily, by mail per year in advance 84.00
Weekly Observer, per year in advance 4.00
Address all communications to THE OBSERVER, 1710 Sixth St., La Grande, Oregon. \$1.50

Advertising rates on application. All copy for display advertising must reach the office the day before the ad appears.

La Grande, Oregon.

SCHOOL QUESTIONS AND HYGIENE.

Inquiries like those being made in schools today as to the personal habits and environment of children may seem impertinent to some super-sensitive parents, but they do serve to arouse in the minds of both the children and adults thought on the necessity of following certain simple rules of health.

Children whose parents have accustomed them to sleep with closed windows frequently get their first inkling of the unwholesomeness of this habit from being asked about it. After being cross examined at school they may go home and ask in turn questions that will set the father and mother to thinking.

Many parents do not seem to realize the harmfulness of permitting children to drink tea and coffee. Both of these beverages are stimulants. Children should not need stimulants. Adults, if they never acquired the habit, would not need them.

Brushing the teeth regularly is one

of the rudimentary principles of hygiene, yet many children had to admit that they never use a tooth brush or use it irregularly.

COFFEE

It is so very important that coffee should be fresh, and Schilling's Best is so delicious when fresh that we should have been tempted to sell Schilling's Best green (unroasted), if housewives had had the proper facilities to roast it and grind it.

Then came the discovery of aroma-tight cans. Since then no matter where you live you can have your Schilling's Best just as fresh as though you roasted it yourself.

Try it now. Your grocer has it or can get it.

NOTICE TO BOND BUYERS

Notice is hereby given, that the city of La Grande, Union county, Oregon, will receive sealed bids for the purchase of Improvement Bonds in the sum of \$17,832.03, for street paving, in denominations of \$500.00, bearing interest at 6 per cent per annum, payable semi-annually, said bids to be filed with the city recorder not later than 8 o'clock p. m., November 5th, 1913, and must be accompanied by a certified check for 5 per cent of the amount bid.

La Grande, Oregon, October, 21st, 1913.

LEE WARNICK,

Recorder of the City of La Grande, Oregon. 10-21 3t.

Avoid Sedative Cough Medicine.

If you want to contribute directly to the occurrence of capillary bronchitis and pneumonia use cough medicines that contain codine, morphine, heroin and other sedatives when you have a cough or cold. An expectorant like Chamberlain's Cough Remedy is what is needed. That cleans out the culture beds or breeding places for the germs of pneumonia and other germ diseases.

The Designer of the "AMERICAN QUEEN CORSET" is recognized as the foremost artist in the country. This Corset is correct in its minutest detail. A Phone Call or postal will get you a demonstration.

The only strictly made-to-measure or tailored corset in La Grande.

MRS. O. CALHOUN-COMBS, Corsetiere. Phone Black 1971 1503 Seventh St.

ADDITIONAL LOCALS.

FOR RENT—Room to gentleman; very desirable for sleeping day-times. A first class room in every respect. Reasonable. Modern house. Call Red 3071 at noon hour. 10-22 1t p.

Remember the library benefit.

George Kemp, 6-ster in New and second hand goods, upholstering and repairing done. Phone Red 101. 1420 Adams ave. 10-4 tf.

WANTED—A few roomers and boarders at private house, four blocks from Palmer mill. Call Black 291. 9-18 tf.

In a personal eyesterda the Observer mentioned the fact that J. W. Oliver went to Portland to attend sessions of the federal grand jury. Some persons read the news item to mean that Mr. Oliver was charged with a crime. Such is not the case. Mr. Oliver is going in the capacity of a witness for the government, and we gladly make the addition to remove the doubt.

FOR RENT—Centrally located, nicely furnished room with heat and bath. 1507 Sixth street. 10-3 tf.

A number of major operations were performed at the Grande Ronde hospital yesterday. Myrtle Houx, of Cove, was operated on for acute appendicitis. Hospital authorities report her doing nicely. Monte Smallwood, of Enterprise, had to be operated on for an abscess, which resulted from an injury received in a fall from a horse. Mr. Smallwood is likewise reported on the convalescent list. Roy Hawes of Hilgard was subjected to the knife for the dangerous disease of gangrenous appendicitis. All patients are recovering.

Chronic Dyspepsia.

The following unsolicited testimonial should certainly be sufficient to give hope and courage to persons afflicted with chronic dyspepsia: "I have been a chronic dyspeptic for years, and of all the medicine I have taken, Chamberlain's Tablets have done me more good than anything else," says W. G. Mattison, No. 7 Sherman St., Hornellsville, N. Y. Sold by all dealers.

WEEK BY WEEK.

Each Week Appear the Statements of La Grande Residents.

Last week it was a La Grande citizen who spoke. The week before, it was a La Grande citizen who spoke. The week before, and for many weeks before it was a La Grande citizen who spoke. And again this week it is a La Grande woman. You are not asked to act upon the word of a stranger. The best guidance that is humanly possible to give you—the encouraging word of neighbors, is always given. Mrs. Thomas Budge, 1912 Third St., La Grande, Ore., says: "One of our family complained a great deal of backache, caused by the constant jarring he got at his work. Sometimes he had to lay off for several days. Doan's Kidney Pills have helped him greatly. We think there is nothing like them, and wouldn't be without a supply in the house. I advise all kidney sufferers to try Doan's Kidney Pills. You may continue to publish the testimonial I gave after they were first used in our family."

Lustre DeLuxe LIQUID

Polish and Cleaner

Is the best for Pianos, Automobiles and Carriage bodies, Upholstery, Office Fixtures, Floors, Linoleums, Enameled Beds, Bathtubs, and all painted or varnished surfaces. Perfectly polishes and cleans, preserves, renews and protects. Absolutely guaranteed. Prices, 25c 50c, and \$1.00 per bottle.

For sale by L. C. Smith Garage, Hollister & Mullikin Grange, Newlin Drug Co., Dyal's Furniture Store, Lowe's Furniture Store, Geo. Kemp's Furniture Store, Quick Print Shop, W. M. Pierce Carpenter Shop.

Manufactured by SAMUEL K. GIBBS, La Grande, Ore.

FIRST COMPLETE SHOWING OF



New Fall Apparel

Now Ready in our Exclusive Ready-to-Wear Department.



--we cordially invite every Woman and Miss in La Grande to visit this elegant style showing and to inspect our modern store equipment.

COME IN TODAY.

West THE QUALITY STORE

The theatre managers of course are not expecting to make any money out of those vice plays, and merely put them on to elevate the human race.

NORTONIA HOTEL



European. American Plan. A. S. HOGUE, Mngr.

A hotel whose home comforts and safety will appeal to you and your family. Ladies' tea room—beautiful roof garden and large lobby for your pleasure and convenience. Located close to the shopping district. Write for family rates. Eleventh St., off Washington. PORTLAND OREGON

POST TAVERN SPECIAL

A HEALTHY FOOD FOR YOUNG AND OLD. This Food contains Wheat, Corn, Rice and Salt.

A WAY OF SERVING

To six cups of boiling water add one-half a spoon of salt, then slowly stir in one cup of POST TAVERN SPECIAL. Boil for ten or fifteen minutes and serve with cream and sugar.

YOURS FOR QUALITY AND SERVICE

Berry Bros., Grocery

PHONE BLACK 101

La Grande National Bank

Organized in 1887.

DESIGNATED DEPOSITORY OF UNITED STATES GOVERNMENT. UNITED STATES POSTAL SAVINGS DEPOSITORY.

Capital \$100,000.00
Surplus \$130,000.00
Total Resources \$1,000,000.00

For twenty-six years, in all kinds of financial weather, we have successfully catered to the monetary wants of the people of La Grande and the Grande Ronde Valley.

We respectfully solicit your business.

La Grande National Bank

La Grande, Oregon