

WEEK BY WEEK.

Each Week Appear the Statements of La Grande Residents.

Last week it was a La Grande citizen who spoke. The week before, it was a La Grande citizen who spoke. The week before, and for many weeks before it was a La Grande citizen who spoke. And again this week it is a La Grande woman. You are not asked to act upon the word of a stranger. The best guidance that is humanly possible to give you—the encouraging word of neighbors, is always given.

Mrs. Thomas Budge, 1912 Third St., La Grande, Ore., says: "One of our family complained a great deal of

backache, caused by the constant jarring he got at his work. Sometimes he had to lay off for several days. Doan's Kidney Pills have helped him greatly. We think there is nothing like them, and wouldn't be without a supply in the house. I advise all kidney sufferers to try Doan's Kidney Pills. You may continue to publish the testimonial I gave after they were first used in our family."

For sale by all dealers. Price 50 cents. Foster-Milburn Co., Buffalo, New York, sole agents for the United States.

Remember the name—Doan's—and take no other.

Look to Your Plumbing.

You know what happens in a house in which the plumbing is in poor condition—everybody in the house is liable to contract typhoid or some other fever. The digestive organs perform the same functions in the human body as the plumbing does for the house, and they should be kept in first class condition all the time. If you have any trouble with your digestor take Chamberlain's Tablets and you are certain to get quick relief. For sale by all dealers.

When you want good SERVICE, CALL JONES Transfer Co Large Wagons - Good Horses - Careful Men

None Better Than Old Geyser Brook Whiskey It's mellowed and aged in wood; purity guaranteed. Also distributor of Budweiser and Hop Gold Bottle Beer. U. LOTTES Wholesale Liquor Dealer, 1115 JEFFERSON AVENUE PHONE BLACK 51

CAISSON WORKERS

Perils and Difficulties That Encompass Their Labors.

THE FEARFUL AIR PRESSURE.

It Causes Exhilaration After the First Painful Sensations Pass Away—The Great Danger Lies in Coming Out of the Lock into the Open Air.

Laboring on the firm earth, with "all out of doors" to breathe, perspiring and maybe grumbling at one's hard luck, a person seldom if ever stops to think that men work day after day deep down in the water or the mud, with none but artificial light to guide their movements and only the air that is pumped to them to breathe.

People who work in the open air would have only to labor for a very short time in a diver's suit, a caisson or an air lock, getting a taste of what it is like and how it feels, to be cured whatever of grumbling at their lot and thank their lucky stars that it has been ordained that they work on top of the earth.

The work of a diver, his sensations while under water and his experiences have often been written about, but those of the air lock and the caisson worker have not. While he does not face the danger of fouling pipes and lines, as does the diver, he stays down longer, gets warmer, and his great danger lies in the stagnation of blood and paralysis resulting from the change of atmosphere.

While the man working on the surface of the earth bears up an atmospheric pressure of fifteen pounds to the inch, men in the locks bear a pressure of from fifteen to fifty pounds of compressed air, according to the depth. The heaviest pressure ever worked under was borne by five divers on the Swedish coast—sixty-five pounds. Four of these died a few minutes after coming out.

While, as a general thing, the diver stands not nearly the amount of pressure and seldom stays down more than two hours, the men in the Hudson river tunnel stood a pressure of forty-six pounds and worked in four hour shifts. Some men stayed down twenty hours at a stretch, but did not work all the time, and Superintendent Haskins stayed down once twenty-four hours.

The sensations experienced are peculiar. When a man first steps in there are a tingling in the ears and a pain in the head, and when he talks it

is apparently through the nose. This is caused by the pressure, and the remedy is to hold the nose, close the mouth and blow against the ears. This relieves the pain and stops the sensation. When the pressure is all on the worker feels all right and experiences no discomfort. Then there is a sort of exhilaration, and a man does more work in the lock than he could do outside.

The danger lies in coming out of the pressure into the open air. It is then that a man is apt to suffer from stagnation of the blood and paralysis caused by the change in the atmosphere. Besides this, a man may be attacked in the head or stomach with severe pains. Three out of five cases where the head and stomach are attacked result fatally.

Another severe malady resulting from the change is what is called the "bends." This is the air getting in between the flesh and the bone. It is extremely painful and so severe that a quart of whisky administered in half an hour would not intoxicate the patient. The stagnation and paralysis are the worst dangers and do the work quickly. Many men have been keeled over by these causes, and not a few die. Old timers at the business sometimes get caught. The remedy for this paralysis is a quick return to the air lock.

The men as a general thing do not remain a great many years at the business, and a man should never work at it after he is forty years of age.

Cutting a hole and building a tunnel through water is an extremely difficult thing and by many was thought to be impossible. Still it was done in the case of the Hudson river tunnel, and the method is very interesting.

The work on the tunnel had progressed until a body of water was struck. Flow to tunnel through this hole of water was a puzzling question. It was done in this way: A so called balloon was constructed by making a setting of wire rope and covering this setting with canvas. The interior of the balloon was then filled with blue clay and salt hay. When filled the balloon, thirty feet in diameter, weighed 140 tons. The hole of water was then located, and with the aid of a huge steam derrick the balloon was dropped into the hole. Then several snow loads of dirt were tamped down on to the balloon and the whole thing left to settle.

At the end of ten days the work of cutting through the balloon was begun. This was a very difficult job. An idea of what hard cutting it was may be gained from the fact that it took two months to dig through the thirty feet.—St. Louis Globe-Democrat.

The Spinster's Jest. Confidential Friend to elderly spinster—So, my dear, you're given up advocating women's rights? Elderly spinster—Yes, I'm now going in for one of women's lefts. Friend—Women's lefts? What's that? Spinster—Widower, my dear.—Judge

A niggardly rich man does not own his estate; his estate owns him.—Blon.

Figs Too Heavy to Lift. There is a fig tree in Oceania with small leaves and flowers, but which bears fruits which are perhaps the largest borne by any tree on earth. These round fruits are sometimes so large that a man cannot lift them. The kernels are eaten roasted like chestnuts, but they are not easily digestible. Then there is the Jack of the Indian archipelago, with a huge trunk and dense foliage on the broad branching summit, while the fruit measures eighteen inches by fifteen. On another tree the leaves are one and a half feet long and one foot wide.—Philadelphia Inquirer.

The Subtle Difference. An earnest defender of things Irish asserts that the traditional bull of Ireland is not, as is commonly supposed, the expression of a blundering intelligence, but, on the contrary, shows the exquisite feeling of the Irish for fine shades of meaning. The trouble lies in the ears that hear it. "If ye were to be killed crossing a fence ye'd be all right," said a looker-on to a fox hunter whose horse had turned head over heels in the middle of a level pasture. "but if ye were killed on the flat o' the neid ye'd never hold up your head again!"

The Sour Milk Habit. The Masai and other tribes of British East Africa keep milk in calabashes or gourds ornamented with cowries and beads. These are periodically cleaned out with the charred wood of the lolylye tree, which gives the milk a smoky taste. Stale milk is often mixed with fresh to induce it to curdle, and sour and curdled milk of many days old is highly appreciated by most African tribes.—"The Land of Zinj."

A Light Plant Nucleus. A little Oil City girl, being told that it was electricity which made her mother's hair crackle, remarked: "Oh, what a family we have! Mama has electricity in her hair, and grandpa has gas in his stomach. Why don't we start a light company?"—Oil City Derrick.

Classified Directory

FRATERNAL ORDERS

A. F. & A. M.—La Grande Lodge No. 41, A. F. & A. M. holds regular meetings first and third Saturdays at 7:30 p. m. Cordial welcome to all Masons. GEO. E. COCHRAN, W. M. A. C. WILLIAMS, Secretary.

B. P. O. E.—La Grande Lodge No. 433 meets each Thursday evening at 8 o'clock in Elk's club, corner of Depot street and Washington avenue. Visiting brothers cordially invited to attend. T. J. SCROGGINS, E. R. H. E. COOLIDGE, Rec. Sec.

WOODMEN OF THE WORLD—La Grande Lodge No. 169 W. O. W. meets every first and third Friday nights at 8 o'clock in the K. of P. hall. All visiting members welcome. W. W. BERRY, C. C. J. M. KENNEY, Clerk.

MODERN WOODMEN OF AMERICA—La Grande Camp No. 7703 meets on the first and third Thursday evenings of each month in the K. of P. hall. Visiting neighbors welcome. A. W. NELSON, V. C. W. F. LANDRUM, Clerk.

ROYAL NEIGHBORS—Meets every second and fourth Friday evening. All visiting members cordially invited. CORA FITZGERALD, Orator. LILLY C. KIMBLE, Recorder.

REBEKAHS—Crystal Lodge No. 46—meets every Tuesday evening in the I. O. O. F. hall. All visiting members are invited to attend. MATTIE GOLDEN, N. G. EVA MONROE, Sec.

L. O. O. M., La Grande Lodge No. 856, Loyal Order of Moose, holds regular meetings every Monday at 7:30 p. m. in I. O. O. F. hall. Visiting brothers cordially invited to attend. B. L. LEAVITT, Sec'y. R. J. GREEN, W. D.

KNIGHTS OF PYTHIAS—Red Cross Lodge No. 27 meets every Monday night in Castle hall, (old Elks' hall). A Pythian welcome to all visiting Knights. H. P. OLIVER, C. C. R. L. LINCOLN, K. of R. & S.

O. E. S.—Hope Chapter No. 13, O. E. S., holds stated communications the second and fourth Wednesdays of each month. Visiting members cordially invited. MISS CYNTHIA STEIN, W. M. MARY A. WERNICK, Sec.

O. E. La Grande Aerle No. 259—Meets every Friday evening at 8 o'clock, at the K. of P. hall. Visiting members cordially welcomed. HARRY W. SWART, W. P. L. F. BELLINGER, Sec.

WOMEN OF WOODCRAFT CIRCLE NO. 47—Meet second and fourth Tuesday night of each month at K. of P. hall. All visiting neighbors welcome. LENA HEAD, G. N. LILLIE ALLSTOTT, Clerk.

PHYSICIANS AND SURGEONS

DR. R. E. L. HOLT—Physician and

surgeon; successor to Dr. N. Mollitor; corner Adams avenue and Depot St. Phones—Office Main 68; Residence, Main 730.

DR. M. K. HALL—Physician and surgeon. New Foley Building, third floor. Phone Main 53.

A. L. RICHARDSON, M. D. DR. W. LOUGHLIN, M. D. Drs. Richardson & Loughlin. Physicians and Surgeons. Phones—Office Black 1362. Dr. Richardson's Res.—Main 55. Dr. Loughlin's Res.—Main 757.

H. UPTON, Ph. G. M. D.—Physician and Surgeon. Special attention to Eye, Ear, Nose and Throat. Office in La Grande National Bank Building. Phones: Office Main 2; Residence Main 33.

DR. H. L. UNDERWOOD—Diseases of the eye a specialty. DR. DORA J. UNDERWOOD—Diseases of women and children. Offices: Adams avenue, over Wright Drug Co.

OSTEOPATHS. DR. W. ZIMMERMAN—Osteopathic Physician. Over Lilly's Hardware store. Phone Main 63. Successor to Dr. F. E. Moore.

VETERINARY. DR. P. A. CHARLTON, Veterinary Surgeon. County stock inspector. Office at Hill's drug store, La Grande. Residence phone, Red 701; office phone, Black 1361.

H. W. RILEY—Graduate Veterinarian Hospital 1409 Madison Ave. State stallion and jack inspector. Stock inspected for interstate and other shipment. All domestic animals treated and cared for. Phone Black 41. Calls answered day or night.

CHIROPRACTORS. G. T. DARLAND CHIROPRACTIC PARLORS—No. 4, Depot St., adjoining Oregon Hotel. Phone Red 1751.

ATTORNEYS AT LAW. H. E. DIXON, LAWYER—All State and Federal Courts. Collections. Rooms 4 and 5, La Grande National Bank Building.

COCHRAN & COCHRAN—Attorneys. Chas. E. Cochran and Geo. T. Cochran. La Grande National Bank Building, La Grande, Oregon.

H. CRAWFORD ROBT. S. EAKIN CRAWFORD & EAKIN—Attorneys at law. Practices in all the courts of the state and United States. Office in La Grande National Bank Building, La Grande, Oregon.

R. J. GREEN—Attorney-at-Law. Rooms 9-10, Sommer Bldg., La Grande, Ore. Practices in all state and federal courts.

MODERN PAINLESS DENTISTS—Dr. D. J. GILLIARD, Operator; Dr. Thos. C. Ohmart Mgr. Depot and Adams Ave., La Grande, Ore.

NEW CARPENTER SHOP—If you want any carpenter or cabinet work done neatly and promptly call at carpenter shop, 1408 Adams ave. Pearce & Bunting.

CHAUNCEY E. BUNTING—Architect. General Building Work. Estimates cheerfully furnished. Room 9, Loftus Bldg.

Cough Medicine for Children. Too much care cannot be used in selecting a cough medicine for children. It should be pleasant to take, contain no harmful substance and be most effective. Chamberlain's Cough Remedy meets these requirements and is a favorite with the mothers of young children everywhere. For sale by all dealers.

Union Made, Oregon Made, Hand Made NUGGET Mild, Sweet, and Satisfying

Old Floors Made Like New Have you an unsightly floor, rough, uneven, stained or dirty? If you have I can put it in first class condition, level, smooth, clean, just like a new floor and ready for any kind of a finish you may wish to put on it. The AUTOMATIC SCRAPER AND POLISHER, makes them like new. For particulars call at room 10 Newlin's drug building, or phone Red 2051. G. H. RUSH Contractor and Builder

Grandview Addition Again Commands Your Attention Twenty-Nine Lots Already sold--Only 11 lots remaining. Just take enough time to investigate. The Best Investment on the market La Grande Investment Co. OWNERS 1111 ADAMS AVE., FOLEY HOTEL BLOCK