

New Spring Shoes

All the new styles in suedes, buck, tan, patents, gum metals and kids in widths from AA to E.

Come where you can be Properly Fitted.

Men's spring shoes in an endless assortment of styles to suit your fancy in Johnston & Murphy, Howard & Foster, Bostonians, etc., carried in all widths.

YOURS TO PLEASE

L. J. French Shoe Co.

AGENT FOR ONYX HOSIERY.

A Strong Endorsement.

W. H. Holmes of the Decorah, Ia., Journal says, "I have been a sufferer from piles and hemorrhoids for years. I got no relief until my druggist recommended Meritol Pile Remedy. Before I had taken half the package the distress was gone and I have had no trouble since. I would not take a thousand dollars and be back in my former condition."

Newlin Drug Co., exclusive agents.

A Message to Railroad Men.

E. S. Bacon, 11 East St., Bath, Me., sends out this farming to railroaders everywhere. "My work as conductor

caused a chronic inflammation of the kidneys and I was miserable and all played out. From the day I began taking Foley Kidney Pills I began to regain my strength, and I am better now than I have been for twenty years." Try them. Sold by A. T. Hill.

Late Song.

Just off the press by Eunice W. Proctor: "Gloom's Fancies," a romantic twilight scene. Sale by H. Kirkus Dugdale Co., Washington, D. C. 15 cents postpaid. 3-4-3t

GARDEN SEEDS

A full line of first class garden seeds on display. Now is the time to buy as our line is complete.

FANCY APPLES

The best kind for both cooking and eating, box 75c

OUR HOME-MADE SAUERKRAUT IS SPLENDID

I have some more of the 3 K. Norway Herring and also some stock fish on hand yet. It is all very fine stuff.

THE GOOD THINGS COST NO MORE THAN ORDINARY THINGS IF YOU KNOW WHERE TO BUY.

Stageberg Grocery

PHONE MAIN 70

VEGETABLES IN SEASON ALL THE TIME.

D. R. FONG

MEDICINE CO.

BRANCH OF BAKOR CITY OFFICE
CHINESE HERBS AND
ROOT REMEDIES



Our wonderful life giving herbs will absolutely extirpate every impurity from the system. No drugs, no poison, non-alcoholic.

FREE-CONFIDENTIAL CONSULTATION-FREE

Those living out of town can cure themselves at home with our herbs. Write to us for particulars.

Office Hours: 9 to 12 a. m.; 1 to 9 p. m.

Sundays-9 to 12 a. m.; 1 to 5 p. m.

Telephone Main 762.
Office: 1412 Adams Avenue
LA GRANDE, OREGON.

PURE FOOD, WILEY THEME

PENDLETON AUDIENCE HEARS ADDRESS.

With Flowery Orations he Sets Forth His Principles.

Pendleton, March 5.—(Special)—Though but 150 people had gathered to hear him, and many of these were high school students, Dr. Harvey W. Wiley, national champion of pure food spoke for almost two hours last evening in the auditorium of the high school on the subject nearest his heart and he told the audience a few truths which will make them careful of what and how they eat hereafter. Dr. Wiley is not an orator and he made no attempt at eloquence last evening, but he had a message to deliver and the importance and seriousness of the message made oratorical decorating unnecessary.

Assuming that every man, woman and child desires to live and that life is the greatest of all wealth, the distinguished speaker went on to show that that which we value most we safeguard and treasure least. "We all have the desire to live," he said, "but we do not act in accordance with this desire. We have the wishbone but not the backbone."

In this connection he recited the acts of state legislatures in appropriating thousands upon thousands of dollars for needless projects and at the same time making but scant provision for the preservation of human life. New York state, he declared, appropriated at one time \$100,000,000 for the widening and deepening of the Erie canal and even that amount has been spent without accomplishing much save the enrichment of a few contractors. With half that amount, he declared, he could eradicate tuberculosis in the same state. The state of Utah, just the other day appropriated \$35,000 for the protection of sheep from disease, he said, and gave the state board of health \$10,000 with which to protect man from disease. "A sheep is, therefore, worth three and a half times as much as a man in Utah," he said.

Tribute to Wilson.

Congress has absolutely ignored the need of health protective measures and appropriations, while no president from the time of Washington to the time of Taft has ever so much as mentioned the public health in his inaugural address or message to Congress, he averred. However, he expressed his hope and belief that Woodrow Wilson would shatter this precedent because in all of his public addresses he has always dwelt upon the necessity of safeguarding the health of the nation's inhabitants.

Half of Children Starving.

Warming up to his subject, the speaker declared that one of the sins of the country is its ignorance of the science of nutrition. Medical colleges he included in his criticism for neglecting this important branch, declaring that in all the time he studied medicine he was never told one word about the value of nutrition as a preserver of health and a prophylactic of disease. "I undertake to say," he stated, "that right now half of the children in the United States are starving, some because of insufficient food, and the others from improper food."

In this connection he dealt a death blow to the popular idea that babies to be healthy must be fat. "It is the worst thing on earth for a baby to be rolling in fat," he declared, "and yet it is every fond mother's desire to have her infant so." Ignorance combined with mother love make a combination that is fatal to thousands of babies, he stated. Because of their love for their offspring they feed them sweet stuffs that are poisonous to the delicate systems of the little ones. "Death collects its taxes upon infancy in the months of July and August," he said, "and in those two months there are a thousand babies dying in the United States every day because their parents know nothing of the science of nutrition."

Shoe Leather Adulterated.

Dr. Wiley delivered a scathing denunciation of the adulterating corporations whom he has been fighting for years. Incidentally he remarked that every sole of every shoe in the

house was made of adulterated leather which is the reason that it takes two or three pairs of shoes now where twenty years ago one pair sufficed. He scored the holders of great wealth, branding them as robbers of the poor.

The speaker devoted but little time to his own experiences while chief chemist of the department of agriculture. He referred to his fight against the use of benzoate of soda in food products in which fight he was so hampered by his superiors that he finally resigned in disgust. He declared in this connection that so great was the pressure brought to bear upon his superiors by the corporations that he was forbidden to speak or write the name of benzoate of soda.

Good Cooks Needed.

In conclusion, the speaker emphasized the need of good cooks, declaring them to be essential as pure food. A good cook need never fear losing her husband, he declared, and he expressed the belief that the divorce evil would be greatly lessened if mothers would instruct their daughters more in the culinary and less in musical and social accomplishments.

Dr. Wiley was introduced by Dr. T. M. Henderson, secretary of the Umatilla County Medical association, who paid the visiting physician a splendid tribute. Incidentally, he told the audience of how the medical society had backed up Dr. Wiley in his fight for pure food.

THE MAKING OF WORDS.

Curious Origin of Some of Our Most Common Expressions.

In the "Romance of Words," a publication by an English author, much space is devoted to "apbesis," which means a gradual or unintentional loss of an unaccented vowel at the beginning of a word. This kind of word shrinkage is more common than one might suppose.

Sometimes the middle syllable of a word will be sturred to the point of extinction. From Mary Magdalene, tearful and penitent, comes the word maudlin. Sacristan is contracted into sexton; the old French word paralysis becomes palsy; hydropticus becomes dropsy, and the word procreator becomes proctor in English. Bethlehem Hospital For Lunatics, established in London, came to be telescoped into bedlam, much as Cholmondeley came to be Chumley and Majoribanks Marshbanks. Peel is for appeal, mend for amend, lone for alone, fender, whether before a fireplace or outside a ship, is for defender; fence for defense, taint for attain.

The word peach, commonly regarded as English thief slang, goes back to the time of Shakespeare and is related to impeach, though used to indicate informing against an accomplice. The word cad is for Scotch caddie, once an errand boy, now familiar in connection with golf. Caddie is from the French word cadet, meaning a junior or younger brother.—Indianapolis News.

SURGERY ON THE SKULL.

The Operation of Trepanning Was Common in Ancient Times.

While the medical profession is agreed that some rough form of surgery must have existed from very ancient times, it has always been a matter of wonder that so complex and delicate an operation as trepanning should also be one of the oldest.

There is authentic record of this operation dating back to the time of Hippocrates, who wrote treatises on fractures, dislocations and wounds of the head, wherein he described the method of procedure to be followed in the case of a fractured skull. His idea was to cut away a piece of bone so that the pressure on the brain might be relieved.

The annals of this era also show that a file was used for this purpose, which at a time when modern anesthetics were unknown, must have been, to say the least, painful.

According to Holmes, the operation of removing pieces of bone was performed long before historic times. The effects on the skull are easily seen after death and are visible as long as the bones are preserved. From inspection of certain skulls of the later stone age an ancient Britain there has been derived the conclusion that some of these had undergone the operation, which must have been performed with a stone implement.—Harper's Weekly

Origin of St. James' Palace.

Henry VIII when he built St. James' palace designed it for a country residence to take the place of the manor of Lemington, where he had been in the habit of going for a change of air. He pulled down the hospital dedicated to St. James the Less and on its site, as Holinshed tells us, "built a goodly manor and made a faire park for his greater comort and pleasure." The palace stood in the midst of fields well stocked with game, and these were inclosed as its private demesne. Even while residing here Henry held his

court first at Westminster and then at Whitehall after he had taken the latter palace from Wolsey. It was not until 1697, when Whitehall was destroyed by fire, that St. James' palace became the London residence of monarchs.—London Standard.

An Odd Legacy.

Thomas Jefferson, the founder of the Jefferson family of actors, was remembered curiously in the will of Weston, who was himself an esteemed member of Garrick's company. Weston's will contained this item:

"I have played under the management of Mr. Jefferson at Richmond and received from him every politeness. I therefore leave him all my stock of prudence, it being the only good quality I think he stands in need of."

Wellington and Waterloo.

Heine, in speaking of Wellington's good luck at Waterloo, says: "This man has the bad fortune to meet with good fortune when the greatest man of the world is unfortunate. We see in him the victory of stupidity over genius—Arthur Wellington triumphant when Napoleon Bonaparte was overwhelmed. Wellington and Napoleon! It is a wonderful phenomenon that the human mind can at the same time think of both these names."

Good Excuse.

"Why do you keep me waiting on this corner two hours?" demanded the irate husband. "You said you were merely going to step in to see how Mrs. Gable was."

"Well, she insisted on telling me."—Washington Herald.

CHILDREN WHO ARE SICKLY

Mothers who value their own comfort and the welfare of their children, should never be without a box of Mother Gray's Sweet Powders for Children, for use throughout the season. They break up Colds, Relieve Feverishness, Constipation, Teething Disorders, Headache and Stomach Troubles. Used by Mothers for 25 years. THESE POWDERS NEVER FAIL. Sold by all Drug Stores, 50c. Don't accept any substitute. Sample mailed FREE. Address, A. S. Gimsted, Le Roy, N. Y.

THE Gossard CORSETS

They Face In Front

Front lacing is not the only requirement of a perfect corset.

The popularity of the Gossard Front Lacing corsets has been followed by a number of imitators. Other than lacing in front all these imitations are totally lacking in the essentials which make Gossard corsets so extremely desirable.

Every woman who investigates buys a Gossard corset.

A complete line of all models and sizes always on hand. Prices \$3.50, \$5.00, \$6.50 and \$8.50.

Mrs. Robt. Pattison
Phone Red 3231 CORSETIERE
Res. 1702 Spring and Oak

LIGHT

What you should be interested in is, not how little you can pay for light but how to get the best light for your money.

Electricity puts this light within your means and gives you the best light, regardless of cost.

You get greater volume of light, plus safety, convenience, cleanliness and healthfulness. Any one of these qualities should be an inducement for you to insist on electric light.

Eastern Oregon Light & Power Co.

"Always at your service."

WE HANDLE

EVERYTHING ELECTRICAL

Waite Electric Co.

New Foley Building

Phone M 199



When You Are Planning to Build

remember that our sashes, sashes, doors, flooring and other lumber are recognized in this community as thoroughly trustworthy and high grade, and that we do not make a practice of over-charging. We bought our present stock when lumber was lower in price.

WENAH LUMBER COMPANY