

ROYAL BAKING POWDER

Absolutely Pure

[From a series of elaborate chemical tests.]

Comparative digestibility of food made with different baking powders.

An equal quantity of bread (biscuit) was made with each of two kinds of baking powder—cream of tartar and alum—and submitted separately to the action of the digestive fluid, each for the same length of time.

The percentage of the food digested is shown as follows:

Bread made with Royal Cream of Tartar Powder:

99 Per Cent. Digested

Bread made with alum powder:

67 Per Cent. Digested

Royal Baking Powder raised food is shown to be of greatly superior digestibility and healthfulness.

GRAY HAIR MAKES YOU LOOK

OLD - USE A LITTLE SAGE TEA.

Says Sage and Sulphur Darkens Hair Beautifully and Ends Dandruff.

Hair that loses its color and lustre, or when it fades, turns gray, dull and lifeless is caused by a lack of sulphur in the hair, says a well known local pharmacist. Our grandmother made up a mixture of Sage Tea and Sulphur to keep her locks dark and beautiful and even today this simple preparation has no equal. Millions of women and men too, who value that even color that beautiful dark shade of hair which is so attractive use only Sage Tea and Sulphur.

Nowadays we are not bothered with the task of gathering the sage leaves and the mussy mixing at home. Sim-

ply ask at any drug store for a 50 cent bottle of the ready to use preparation, called "Wyeth's Sage and Sulphur Hair Remedy." Customers like this best because it darkens so naturally; so evenly, that nobody can possibly tell it has been applied. Besides, it contains ingredients which take off dandruff, stop scalp itching and falling hair. No, it isn't a dye or even like it. You just dampen a sponge or soft brush with "Wyeth's Sage and Sulphur" and draw it through your hair, taking one small strand at a time. By morning the gray hair disappears; after another application or two it is restored to its natural color.

What delights the ladies with "Wyeth's Sage and Sulphur" is that be-

Methodist Minister Recommends Chamberlain's Cough Remedy.

Rev. James A. Lewis, Milaca, Minn. writes: "Chamberlain's Cough Remedy has been a needed and welcome guest in our home for a number of years. I highly recommend it to my fellows as being a medicine worthy of trial in cases of colds, coughs and croup." Give Chamberlain's Cough Remedy a trial and we are confident you will find it very effectual and continue to use it as occasion requires for years to come, as many others have done. For sale by all dealers.

No Need to Stop Work.

When the doctor orders you to stop work it staggers you. I can't you say. You know you say are weak run down and falling in health day by day, but you must work as long as you can stand. What you need is Electric Bitters to give tone, strength and vigor to your system, to prevent breakdown and build you up. Don't be weak, sickly or ailing when Electric Bitters will benefit you from the first dose. Thousands bless them for their glorious health and strength. Try them. Every bottle is guaranteed to satisfy. Only fifty cents at all dealers.

TIME WAS

When There Was An Excuse For

using kerosene lamps. People thought, and rightly too, that electric lights were beyond the means of the family of modest income.

Many people who really want electric lights, but who are unfamiliar with the progress in electric lighting within the past few years, still hold to this belief.

If you are one of these, you will be agreeably surprised to learn that electric lights are now within the means of every family in La Grande. We are prepared to demonstrate to the most skeptical, that they are the most economical light to use.

Eastern Oregon Light & Power Co.

"Always at Your Service."

WAR BULLS WHEAT PRICE

INDIA SHORTAGE TOO ADDS TO THE DEMANDS.

Little Change in Stock Figures and Vegetables Are Scarce.

The Balkan-Turko war has had the effect on the wheat market to make all of the wheat sellers bullish. As a result the price has gone another fraction of a cent upwards. With this report comes one concerning India, stating that the wheat crop in that country has been a partial failure. On the Pacific coast the price paid for the same is slightly alsher than the price on the Chicago market. It is not likely that any decline in the price may be looked for.

Cattle and Hogs Change Little.
There was little change in the price of cattle and hogs and the receipts at the Portland market were not very heavy. The lenten season will cut down on the meat demand to a large extent. Fish are in good demand and the supply is adequate. La Grande merchants have laid in the usual lenten stock of fresh and cured fish and will be able to handle everything in that line.

Vegetables Scarce.
With the approach of spring and the consumption of the supplies that were laid away in the fall, the vegetable market will show nothing in the green stuffs save those that are grown in the local greenhouse and the few things that come from Portland and Walla Walla.

Flour, Feed and Grain.
Wild Hay—(retail)—\$12.00.
Timothy—\$15.00 (retail).
Alfalfa hay—\$12.00 (retail).
Shorts—\$1.45 per cwt.
Oats—\$1.50 per cwt.
Bran—\$1.25 per cwt.
Rolled Oats—\$1.50 per cwt.
Rolled barley—\$1.45 cwt.
Blue Stem flour—\$1.40 sack.
Patent—\$1.30 sack.
White Quartz—\$1.40 sack.
Snowdrift—\$1.40 sack.
Fruit, Etc.

Home grown apples—75c@\$.1.00 a box.

Oranges—25@60c.
Bananas—40c per doz.
Pineapple—20c and 25c, size.
Cranberries—15c qt.
Grape fruit—Straight 10c.

Vegetables and Miscellaneous.

Onions—1.50 per cwt., small lots 2c lb.
Potatoes—50c per cwt.
Beans—White, 1-3c; 11 no. 10 cans.
Radishes—2 bunches 15c.
Cabbage—2c.
Celery—15c bunch straight. (Home grown 10c.)
Honey—20c. 3 lbs. for 50c.
Sweet potatoes—5c per lb.
Green peppers—20c lb.
Squash—2 1/2c lb.
Turnips—2 1/2c lb.

Eggs and Butter.
Storage eggs—25c.
Ranch eggs—40c.
Fresh eggs—40c.
Butter—Fancy creamery, 40 cents lb. roll; 2 lb. roll, 80c.
Ranch butter—1 lb. roll 40; 2 lb. roll 75c.

Cattle
Heavy fed steers—\$6.75 cwt.
Choice—\$6.65 cwt.
Common—\$6.25@6.60 cwt.
Fancy cows—\$6.00@6.25 cwt.
Fancy light cows—\$5.50 cwt.
Heavy calves—\$4.00@5.50 cwt.
Fancy light calves—\$5.00 cwt.
Hogs.

Heavy hogs—\$5.50 @6.00 cwt.
Medium light hogs—\$6.45 cwt.
Best light hogs—\$6.50 cwt.

Sheep.
Best lambs—\$6.15 cwt.
Ordinary lambs—\$6.60 cwt.
Poor lambs—\$4.00 cwt.
Best yearlings—\$5.25 cwt.
Yearlings—\$4.80 cwt.
Ewes—\$4.15@4.25.

Fowl and Miscellaneous.
Ducks—dressed, 18c.
Geese—Dressed 18c.

The Best Cough Medicine.
"I have used Chamberlain's Cough Remedy ever since I have been keeping house," says L. C. Hames of Marbury, Ala. "I consider it one of the best remedies I ever used. My children have all taken it and it works like a charm. For colds and whooping cough it is excellent." For sale by all dealers.

Dr. King's New Discovery
Soothes irritated throat and lungs, stops chronic and hacking cough, relieves tickling throat, tastes nice. Take no other; once used, always used. Buy it at all dealers.

Hyomei Inhaler FOR CATARRH

If You Own One

Then you ought to know that druggists everywhere will hand you a bottle of Booth's HYOMEI for only 50 cents. Pour a few drops of HYOMEI into the inhaler and start this very day to breathe the healing Balsamic vapor and destroy the Catarrh germs.

With every package of Booth's HYOMEI comes a little booklet which explains how easy it is to end the misery of Catarrh and Croup. It is made of Australian Eucalyptus and contains no harmful drug.

But best of all the Newlin Drug company is authorized to refund your money if you are dissatisfied. If you haven't the HYOMEI inhaler ask for the complete outfit, \$1.00. Just breathe it—No stomach dosing.

NEWLIN DRUG COMPANY

A good foundation for a Day's Work



At your Grocer

NOTE—Enclose 2 cent stamp with your name and address and your Grocer's name for premium list and souvenir free.

B. B. NUTTER

To Please The Housewife



with the Wall Paper for each room—let her choose them herself here, and she will find every different design and style of a high grade, and most artistically attractive. It is the delight of ladies to inspect our large and varied stock of high-class wall papers, and to select from it such patterns as more particularly please them. We shall be glad to be favored with a call.

PHONE R. 971. SIXTH ST.

THE ABSTRACT & TITLE CO.

La Grande, Ore.

Owners of a complete and up-to-date set of Abstracts of Union County, Oregon. All work guaranteed. Give us a trial.

C. M. LOCKWOOD, Mgr
Office in Foley Bldg.



You are invited

to consult this bank on all points relating to investments, the purchase of bonds, stocks or other financial matters. It is the business of a banker to know about those things.

Our services are entirely at your disposal. Nothing is too small for our attention. You may save yourself loss. Come in today and let us talk it over.

United States National Bank

La Grande, Oregon
Capital, \$100,000; Surplus, \$10,500; Deposits, \$400,000.

OFFICERS AND DIRECTORS

N. K. WEST H. E. COOLIDGE FRANK CONLEY
W. M. MILLER A. T. HILL J. C. HENRY
T. J. SCHROEDER C. T. BACON J. L. CAVINESS



SPRING, SUMMER, AUTUMN AND WINTER
As the seasons go around the popularity of the "Day's Big Five" Overalls, Shirts and Pants increases, because of the satisfaction they give every wearer.
Are you one? If not, let your next be "Day's Big Five."

D. R. FONG

MEDICINE CO.

Branch of Baker City Office
CHINESE HERBS AND
ROOT REMEDIES



Our wonderful life giving herbs will absolutely extirpate every impurity from the system. No drugs, no poison, non-alcoholic.

FREE—CONFIDENTIAL CONSULTATION—FREE

Those living out of town can cure themselves at home with our herbs. Write to us for particulars.

Office Hours: 9 to 12 a. m.; 1 to 9 p. m.

Sundays—9 to 12 a. m.; 1 to 5 p. m.

Telephone Main 762.

Office: 1412 Adams Avenue
LA GRANDE, OREGON.

PICKLES

PLAIN SWEET DILL PICKLES
PLAIN SOUR SOUR MIX
CHOW CHOW SWEET MIX

I have some more of the 3 K. Norway Herring and also some stock fish on hand yet. It is all very fine stuff.

THE GOOD THINGS COST NO MORE THAN ORDINARY THINGS IF YOU KNOW WHERE TO BUY.

Stageberg Grocery

PHONE MAIN 70

VEGETABLES IN SEASON ALL THE TIME.