

THE OBSERVER

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UNION COUNTY GIRL SOLVES PROBLEM.

Miss Clare Pierce of La Grande who has just completed a course in domestic science at the Oregon Agricultural college, has an interesting article on home problems in the June number of the Oregon Countryman, the monthly magazine published by the students of agriculture and home economic. Miss Pierce was a member of the Margaret Snell club, composed of the domestic science and art students of the college, a member of the Waldo Hall club, made up of the girls in the dormitory, and of the Sorosis Literary society, of which she was president this year.

"During the past year there has been given at O. A. C. a course in the Domestic Science department called home economics, its fundamental aim being to teach economic marketing and systematic management in the preparation of meals," says Miss Pierce in her article.

"The meals served were under the entire management of the women taking the course, two women at a time having charge of the marketing, preparation and serving. The cost averaged 15 cents a plate, once, however, going as low as ten cents a plate and once as high as 35 cents. The result was astonishing; it seemed almost incredible that such nourishing and attractive meals could be served at such little cost.

"The high cost of living today is not due so much to the untrained and careless preparation of meals as to the fact that the housewife does not know how to buy. In catering to her family she is obliged to decide between two issues; one to pay more in cash and try to economize in cooking, the other to buy less expensive articles of food and be compelled to pay a high price in time, labor and attention in preparing the food for the table. Too often is the former method chosen. Expensive steaks are purchased when cheaper cuts of meat are as nourishing and with a little care can be made as attractive. Buying fruit and vegetables out of season is an expensive luxury that the American family indulges into no little extent. The housewife has not been trained to know how to buy nor what to buy. Thus this course has sought to give the student a clear idea of the kind of food a given sum of money can buy and how it can be prepared. "The student in preparing these meals put into actual practice, knowledge previously acquired in the fore-running course of study and although the scientific management of meals was emphasized it was not the only

thing the class accomplished. Papers were written dealing with the different conditions in the American home life and suggesting possible and practical improvements in regard to management and economizing of time, labor and income. Also a table of rules for cleaning was made, arranged in alphabetical order.

"One luncheon given was served to four people, cost 15 cents a plate and consisted of three courses. The menu and cost are as follows: Beef roulettes, 10 cents; luncheon rolls, 4 cents; potatoes on half shell, 3 cents; cream peas, 12 cents; egg salad, 10 cents; ginger cream, 15 cents; ginger nuts, 3 cents; coffee, 2 cents.

"The lowest priced luncheon given was served to six men; cost ten cents per plate and consisted of three courses. Following is the menu: Boston baked beans, 10 cents; brown bread, 6 cents; lettuce and celery salad, 15 cents; peach shortcake and cream, 18 cents.

"At another time the 'paper bag' idea was brought out. This style of cooking, discovered by a French chef a few years ago, is much in vogue and has its value in that the extractions of meat and juices of vegetables are kept in and the food is thus made more nourishing and palatable. The paper bag luncheon that was given was served to eight persons and consisted of two courses and cost 15 cents per plate. The menu was as follows: Pork roast, 25 cents; baked potatoes, 8 cents; cream peas, 15 cents; tomato pickles, 15 cents; luncheon rolls, 5 cents; ginger cream, 25 cents; wafers, 4 cents; coffee, 4 cents.

"The most elaborate luncheon given during the year was a May day luncheon served to nine persons at a cost of 35 cents a plate. The menu of six courses was as follows: Fruit cocktail, 2 cents; halibut a la Welsh rarebit, 45 cents; asparagus and vingarrette sauce, 40 cents; veal birds, 55 cents; stuffed peppers, 25 cents; potato balls, 10 cents; egg salad and cheese straws, 40 cents; strawberry shortcake and whipped cream, 43 cents; coffee, 6 cents; water crackers, 10 cents and cream cheese, 25 cents.

"An unusual amount of stress was laid upon the table decorations and some of the effects were truly unique. It was surprising to see what beautiful effects could be obtained with such little means. If no money were allotted for table decorations, the students resorted to wild flowers and ferns. Some of the most graceful of the decorations were obtained by the use of such inexpensive things. In most of the luncheons given a definite color scheme was carried out, not only in the decorations but also in the menu.

"At least half the battle in cooking lies in the ability to make food look attractive and to serve it properly. The serving of almost any meal in a careless manner detracts from the pleasure of consuming it. To be able to serve properly and to garnish artistically is an art in which few excel. We need not be obliged to enter luxurious homes and large hotels to have a meal served well. The most simple meal can be made attractive by a little care and foresight. A well arranged and decorated table is a beautiful thing and need not be expensive. The one thing required is thought combined with taste and a little work.

"But the greatest value the students obtained from this course lies in the fact that each one was forced to depend on herself. Heretofore she had been shown what to do and how to do it, with the instructor directing everything.

"If this course is not the most important one in the curriculum of domestic science department it is certainly the most practical. The problems dealt with are problems met in every home. This course is a 'summing up,' so to speak of knowledge previously gained and a putting into actual practice of theories learned before."

WAR'S HAVOC.

Sensational, Realistic, Historical, and Interesting.

See the sensational collision of two locomotives plunging headlong into each other—also the thrilling leap from the engines to the water 23 feet below.

At Sherry's Friday and Saturday.

Man Dies a Pauper.

How often this sad statement is seen in the daily papers. The world is full of the poor unfortunates who never seem to be able to "make a go" of things. Some times it is due to lack of foresight and ability to save and take advantage of opportunities

as they are presented. There is only one time to begin—and that is now. The man who neglects to do his duty in regard to his family and his future is inviting destruction. Watch the upper right hand corner of the third page of the Observer, and you will learn something to your advantage. "Everybody's doing it."

LOCAL GIRL GUEST OF TAFT

(Continued from Page Three.)

park where we saw quite a zoo. Next day, in the morning, we attended the national republican convention which all enjoyed very much.

"At Madison, Wis., we made the next stop where we were entertained by Mr. and Mrs. B. B. Clark who are the leaders in the American Threshermen association. In the morning they took us in autos to see the city. In the afternoon we visited the capitol. In the evening we went to Angle Worm station by means of a steam launch where Mr. and Mrs. Clark entertained a nice dinner for us and later in the evening a dance.

The next and last stop was in St. Paul, during the time of which we went over to Minneapolis, then that evening we left for home.

"The girls in the party are: Delta McHarold, of Seco; Agnes Miller, of Burns; Mabel Nittinon, of Candon; Mrs. Lillian Hartshorn (chaperon) of Candon; Bertha Williston, of The Dalles; Grace Garvin, of Central Point; Anne B. Marget, Bend; Gertrude Pollow, Dallas; myself and Phillip S. Bates, of Portland, publisher of the Pacific Northwest.

"All girls carried Oregon pennants and our pictures and a writeup appeared in the papers of all the large cities.

"Literature advertising the different counties was distributed and Mr. Bates gave lectures and picture slides exhibitions.

"The party attracted considerable attention all along the route on account of being so far away from home.

"The song, 'My Oregon,' words and music by Helen H. Cleaver, was sung on many occasions."

PROGRAM ANNOUNCED.

Sunday School Rally Day Program Next Week Is Compiled.

Mrs. Bidwell of Island City, in charge of the Sunday school festivities at the chautauqua grounds, has announced the following program for that day.

Song by Sunday schools—"How Firm a Foundation"

"Glory Song"

Invocation—Rev. E. P. Borden, Baptist Church, La Grande.

Offeratory.

Male Quartette—"O Wondrous Cross"—Messrs. Ferrin, Davis, Stoddard and Bramwell.

Address—"Conservation"—Rev. C. A. Phipps, General secretary, Oregon Sunday School association.

Song by Schools—"Loyalty to Christ"

Male Quartette—"While Nature Rejoices"—Messrs. White, Anderson, Antles and Antles of Cove.

Address—"The Value of Sunday School Education"—Rev. Edw. H.

Todd, D. D., vice president Willamette university.

Solo—Mrs. A. L. Richardson.

Male Quartette—"Give Me Thy Hand"—Messrs. Ferrin, Davis, Stoddard and Bramwell.

Announcements.

Song by Schools—"Make Me a Channel of Blessing."

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Very attractive styles with white trimmed sailor collars. Blue, red and black colors, all sizes.

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Both white and black in all sizes from 2 to 8

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Arcade Theatre

VAUDEVILLE TONIGHT.
LOVE IN THE GHETTO.
A fine life portrayal, produced by the Vitagraph company.
HARVEST IN SICILY
A short educational subject.
WHEN KINGS WERE LAW
A Biograph feature, beautiful photography, perfect acting and a good story, making this a well blended picture.
EGYPT AS IT WAS IN THE TIME OF MOSES.
Endorsed by ministers and the public press, this industrial subject is highly instructive and entertaining. A carefully prepared lecture for this production has been provided.
MAX IS CONVALESCENT
Max, the king of comedians, is back again and this picture is a scream from the start.
TOMORROW
THE GREAT ANDRE, THE WONDERWORKER.
Joe Donuff, the Iron-Jaw

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