

**THE OBSERVER**

**BRUCE DENNIS**  
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**HOW TO DEVELOP MUSCLE.**

Dr. Dudley A. Sargeant, physical culture director at Harvard, ought to be mighty unpopular with the fair sex. He has just declared that housework is the best kind of exercise to bring beauty, and that a perfect figure can best be secured at the washboard. This doctrine is entirely out of reason, in the estimation of the average housewife.

Dr. Sargeant says that kneading bread is an exercise par excellence for developing a shapely forearm. Also that an hour's work at the washboard is equal to similar efforts with the chest weights as a developer of the upper arms, back and shoulders. He proceeds:

"Where a woman does her own housework, with its manifold varieties of physical requirements, nearly every muscle of the body may be brought into action during the day. Nothing is better for the development of the large muscles of the thighs or for the reduction of fat about this region than running up and down stairs.

"No better method can be devised for strengthening the spine than scrubbing floors on the hands and knees, especially if the left arm, as well as the right, be used.

"Sweeping with a long handled broom, if the broom is used on both sides, so that both arms may be used

In the same way, furnishes an admirable means of developing the chest and shoulders.

"If the carpet sweeper is used, instead of a broom, the abdominal muscles as well as the muscles of the back are brought into action and the extensor and flexor muscles of the arm are much used. Working a lawn mower brings the same group of muscles into still more powerful action." Isn't he vulgar?

An Ohio farmer has recovered his eyesight by the extraction of two of his teeth. If there is anybody who can make a man sit up and take notice it is the dentist.

It does not appear in the codicil, but it is said that the Massachusetts woman who left \$100,000 to her horse bequeathed nightmares to some of her relatives.

Bernhardt, aged 69 years, is back on the stage. It is nearly time for her to begin writing beauty articles for the newspapers.

The Belgian aviator who went half a mile high to commit suicide had a more lofty idea of self destruction than the average person.

"Ladies' limousines should be decorated with lace," says a fashion hint. This refers only to automobile togs.

**BAUMGARDNER GUILTY**

(Continued from page 1)

here is something that will make you go." Mrs. Wilson says the gun was pointed at the ground but the defendant asserts it was pointed at his face. Anyway, according to Mrs. Anderson who testified for the defense Baumgardner beat a retreat by climbing through the wire fence which encloses the place. It was set forth that Mrs. Baumgardner had formerly lived with Mrs. Webb at the expense of the county but that of late the room rent was free and that Baumgardner had no authority to appear on the premises. The county court took a hand in the family affairs when cruel treatment of the children was alleged.

Considerable contradiction was brought out. Baumgardner was called and testified that he went to the Webb place in order to obtain possession of some guns which it seems had at one time been with Mrs. Baumgardner, and also to inquire about some potatoes. He says he went to the kitchen door to ask Mrs. Webb about them but was met with stern orders to get away and subsequently felt the sting of a stick wielded by Mrs. Webb. Baumgardner swore that Mrs. Wilson called him a vile name, saying to someone unknown to Baumgardner, "Bring me a gun and I will kill

**Jury Trial Demanded.**

The case was set for hearing yesterday but was delayed when Baumgardner demanded a jury trial, and six freeholders and peers were named this morning to officiate in that capacity. The case came to trial with A. F. Baker counsel against Baumgardner, and Attorneys Green and Ashwill for the defendant.

**Arcade Theatre**

"IOLA'S PROMISE" . . . Biograph  
A splendid Indian drama. The action never drags, and it is truly thrilling.

"PRES. TAFT AND HIS CABINET" . . . . . Vitagraph  
Interior views of the white house showing the president and his cabinet.

"Ballad by Miss Langdon: 'You Are the Queen in the Garden of My Heart.'"

"RADGRUNE" . . . . . G. C. P. C.  
Beautifully colored, well acted by skillful and pleasing players.

COMING—"THE BOYS OF THE DIAMOND S. RANCH. )  
"PERSONALLY CONDUCTED TRIP TO BERMUDA" . . . . . Edison

OPEN THURSDAY Stevenson and Barr, introducing song, talk and dance.

"HER FORGOTTEN DANCING SHOES" . . . . . Vitagraph

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**IRVIN CASE MUDDLED.**

**Charge of Tampered Juryman Made by Affidavit.**

Baker, April 30.—(Special)—Basing their claims on two affidavits, which are submitted to the court, Attorneys John L. Rand and A. A. Smith yesterday filed a motion asking that the verdict in the case of John Irvin, who was convicted of murder in the second degree for the killing of J. A. McCraw, be set aside. The motion holds that the trial was unfair, that there was an error in law and that the evidence was insufficient to justify the verdict that was rendered.

The two affidavits are of a sensational nature, especially one, in which the party making same says that he talked with one of the jurors who sat on the case, and that said jurymen told him that he thought Irvine was guilty and ought to be hanged. A conversation in which the statement was made took place in a local saloon a few days before the trial. The questions asked and answers of the jurymen when he was chosen are also submitted with the affidavits.

The other affidavit is by A. A. Smith, of counsel for the defense. A statement of District Attorney Levens he holds, prejudiced the jury against the prisoner, although the court instructed the jury not to consider it. The remark which he quotes from the statement of the state's attorney was to the effect that although the counsel of the defense had stated that the defendant was "doing his duty" at the time of the tragedy, he was "in a saloon selling liquor on Sunday."

It has not been announced by the court when ruling will be made on the motion.

**MARKET REPORTS**

- Butter—Fancy creamery 30 cents 1 lb. roll; 2 lb. roll 55 cents.
- Ranch butter, 55c 2 lb. roll.
- Ranch eggs—20c.
- Feed and Grain.**
- Alfalfa Hay—\$13.00 (retail).
- Timothy—\$16.00.
- Grain Hay—\$13.00.
- Bluestem—\$1.75.
- Patent—\$1.35.
- 10s Corn Meal—35c per sack.
- Bran and Shorts—\$1.35 and \$1.45.
- Oats—\$2.00 per cwt.
- Flour Barley—\$1.85 per cwt.
- Cattle, Hogs and Fowl.**
- Cows—4c.
- Steers—\$5.00 to \$5.75.
- Sheep—4c.
- Light hogs—\$7.00.
- Heavy hogs—\$8.00.
- Chickens—Hens, 13c; old roosters 11c.
- Ducks—Live weight, 12 1/2c.
- Geese, live weight 10c.
- Fruits.**
- Home grown apples—\$1.00 to \$1.50 per box. Grade establishes price.
- Oranges 40c to 50c.
- Bananas—40c per doz.
- Vegetables and Miscellaneous.**
- Potatoes—Per cwt., \$1.75.
- New potatoes—10c lb.
- Splnach—6c lb. 4 lbs. for 25c.
- Hot house green onions—5c bunch for 10c.
- Celery—Per bunch 15c, two for 25c.
- Beans—White, 8 1/2c; Lima, 10 cents.
- Rhubarb—10c.
- Onions—\$3.00 per cwt.
- Old cabbage—4c, new 6c.
- Sugar—Cane, cash price \$6.45; 30 days' time, \$6.85 per cwt.; beet sugar,

- cash price, \$6.25; 30 days' time \$6.75
- Hothouse cucumbers—25c.
- Green Peas—15c.
- Green asparagus—15c; 2lbs. 25c.

**Sufficient Evidence.**  
"What makes you think that man will be a valuable addition to our staff of salesmen?" asked one partner.

"The cleverness and serene assurance he displayed in getting me to give him a job," replied the other.—Washington Star.

The secret of success lies in having more confidence in yourself and less in others.—Walter Kane.

**ASTONISH THE SHARKS.**

**Aitutaki Islanders Pull Them Up by the Tail With Ropes.**

The island of Aitutaki, one of the Hervey group, in the Pacific, is surrounded by islets underneath which are submarine caverns, the homes of sharks. These sharks, which are about six feet long, are esteemed a delicacy, and the natives catch them with nooses.

Arrived over the entrance to the shark cave, the fishermen leaves his canoe to the care of his companions and dives to the bottom, carrying with him a strong cord tied into a slip knot. He expects to find two or three sharks at home well satisfied and drowsy after feeding in the lagoon, with their tails toward the entrance. Selecting the largest, the diver adroitly adjusts a noose over the tail, taking care that it hangs loosely. If he has another noose he secures a second shark.

The shark catcher now, with one bound on the white, sandy bottom, rises to the surface in order to assist his friends in hauling up the fish. The astonished shark suddenly finds itself ascending tail first to the surface, when a smart blow from an ax between the eyes or on the tail ends its career.—Exchange.

**History on Coins.**

The knowledge of coins and medals through the inscriptions and devices thereon is to an extent a history of the world from the date in which metals were applied to such uses, says the New Era. Events engraved upon these remain hidden in tombs or buried in the bosom of the earth, deposited there in ages long past by careful and miserly hands, only awaiting the research of the patient investigator to tell the story of their origin. Numismatic treasures are scanned as evidence of facts to substantiate statements on papyrus or stone, and dates are often supplied to define the border line between asserted tradition and positive history. Gibbon remarks, "If there were no other record of Hadrian his career would be found written upon the coins of his reign."

**Waste Paper in Paris.**

Paris police give strict attention to the act against throwing waste papers and refuse upon the streets. An absent-minded old gentleman carelessly dropped a hundred franc note from his waistcoat pocket, whereupon a sharp-eyed policeman requested the old gentleman to give his name and address or submit to arrest. But when the offender reached into the gutter and picked up the waste paper and opened it before the policeman's eyes he was let off with an apology and a profound bow.

**Sentiment.**

"What is life without sentiment?" exclaimed the romantic person.  
"Yes," replied Mr. Growcher, "but it doesn't always promote a square deal. Sentiment is what enables a girl to trade a lock of her hair for a \$400 engagement ring."—Washington Star.

**Rather Rough.**

Mrs. Benham—Why do they give him such an awful name as "Bristles?"  
Benham—Because he is always "on the hog."—New York Press.

No great good comes without looking after it.—Danish.

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