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ARE CHILDREN AND BREAD Made from WHITE QUARTZ FLOUR

Your Children and Bread made from "White Quartz Flour" will be inseparable because of its appetizing and satisfying flavor.

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Good home-made bread and sweet butter will save Doctor bills, and there is nothing more healthful and muscle-building.

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CULTIVATE MEMORY.

It Will Prove a Valuable Asset In Business Affairs.

Memory is an excellent quality, and every business demands a special memory adapted to its particular needs.

Take the doctor, for example. He has to know a human body better than its very owner and must carry in his mind perhaps for years little points that may be needed for future reference. Medical memory is quite as important as medical knowledge.

Every lawyer is obliged to know, as a child knows its alphabet, the principles of law, and the judge must carry

his trained memory even further.

The editor or subeditor engaged upon a paper must remember the contents of his file for many months back. The stockbroker must depend upon his memory for much of the information upon which he operates.

Naturally clergymen must allow their memories to run upon religious matters, and there are many divines who can literally repeat whole chapters from the Scriptures.

Each profession, each business, has use for a man whose memory can be trained for the one purpose of applying it to the particular vocation in which he is engaged.—Pearson's Weekly.

FRATERNAL ORDERS OF LA GRANDE.

A. F. & A. M.—La Grande Lodge No. 41, A. F. & A. M. holds regular meetings first and third Saturdays at 7:30 p. m. Cordial welcome to all Masons. N. MOLITOR, W. M. A. C. WILLIAMS, Secretary.

B. P. O. E.—La Grande Lodge No. 433 meets each Thursday evening at 8 o'clock in Elk's club, corner of Depot street and Washington avenue. Visiting brothers are cordially invited to attend. H. J. RITTER, Ex. Rul. H. E. COOLIDGE, Rec. Sec.

WOODMEN OF THE WORLD—La Grande Lodge No. 169 W. O. W. meets every second and fourth Saturdays at K. P. hall. All visiting members welcome. D. FITZGERALD, C. C. J. H. KEENEY, Clerk.

M. W. OF A.—La Grande Camp No. 7703 meets every Saturday evening at 8 o'clock in K. of P. hall, over Lilly's hardware store. All visiting neighbors are welcome. W. A. DUNN, V. C. W. F. LANDRUM, Clerk.

KNIGHTS OF PYTHIAS—Red Cross Lodge No. 27 meets every Monday night in Castle hall, (old Elk's hall). A Pythian welcome to all visiting Knights. H. W. RILEY, C. C. R. L. LINCOLN, M. of R. & S.

REBEKAHS—Crystal Lodge No. 44 meets every Tuesday evening in the I. O. O. F. hall. All visiting members are invited to attend. LEAH R. COOLIDGE, N. G. MISS ANNA ALEXANDER, Sec.

O. E. S.—Hope Chapter No. 13, O. E. S. holds stated communications the second and fourth Wednesdays of each month. Visiting members cordially invited. MRS. MARIE JACKSON, W. M. MARY A. WARNICK, Sec.

L. O. O. M., La Grande lodge No. 850, Loyal Order of Moose, holds regular meetings every Monday at 7:30 p. m. in I. O. O. F. hall. Visiting brothers cordially invited to attend. R. J. GREEN, W. D. B. L. LEAVITT, Secretary.

Bradley as Good as Ever. Manager Charley Carr of the Kansas City club says it will always be a mystery to him as to how the major clubs passed up Bill Bradley. Carr says Brad played by far the best game at third for Toronto of any man in the International league last season.

Heston Now Prosecuting Attorney. Willie Heston, the most famous of Michigan university's football stars, has been made assistant prosecuting attorney in Detroit.

Not So Fast. "I thought you were going to take your place at the helm of your father's business." "I thought so myself, but he says I'll have to pull at the oars awhile first."—Washington Herald.

Safe. Stella—Can you keep a secret? Bella—Wild flying machines couldn't drag it from me.—New York Sun.

ICE HOCKEY IS GAINING IN FAVOR

Colleges and Universities Think Game Is Here to Stay.

YALE HAS NEW \$12,000 RINK

New Haven Arena is One of the Largest in Country—Princeton May Erect One—Game Seems to Have Firm Hold on Collegians.

The tendencies at big universities and colleges throughout the country is to boom hockey. Time was when only a few varsity sevens were seen on the ice, but nowadays most every institution, whether large or small, goes in for the Canadian game. This is one evidence of the game's progress. Another is the fact that many colleges are now building rinks of their own, thus discarding the old practice of playing games on nearby ponds or other waterways. College hockey in a few years is expected to reach the stage where satisfactory incomes may be derived along with the profits of other profitable collegiate sports.

Since Yale has built a new \$12,000 rink, which is one of the largest arenas of its kind in the country, it is very evident that the New Haven men see a great future for the game. In this arena Yale hopes not only to further interest in the sport, but to make it a paying proposition as well.

Yale appears to have gone about the project in the right way, as the arena is a most up to date one in every detail. The inclosure has a seating capacity of 2,000 persons. Electric illumination will provide the light for night games.

When the artificial plant is installed it will then be possible for Yale to increase her playing dates, the result being that Yale men will be able to see more games at home than has been the case in the past.

Princeton needs a rink badly, as the team, like Yale in the past, must derive most of its early training at the local rink. The Tigers cannot depend on Carnegie lake, as the weather in this section is too uncertain. Profit derived from the big games. It is thought, would warrant the building of an up to date rink at Princeton. When Yale and Princeton played in New York last year there were many out of towners who went to see the game. Championship games in Princeton, it is believed, would draw the college men just as much as games in New York.

Harvard, it is thought, eventually will build an indoor rink, although it has a first class outdoor rink in the stadium. Hockey is well thought of at Harvard, and it would not be a big surprise if the alumni some time in the future made the Crimson a gift of a rink.

At Dartmouth hockey is in trouble because the Green team has no suitable place for practice. The students have appealed to the alumni. If the sport is to be retained it is most certain that better provisions will have to be made for hockey.

SMITHSON TO COMPETE.

Champion Hurdler Out For a Place on 1912 Olympic Team. Forrest Smithson, the famous California athlete, who has been in retirement at Los Angeles for over a year, is now preparing for the Olympic games to be held in Sweden next June. Once or twice a week Smithson takes



FORREST SMITHSON.

a turn over the hurdles just to keep a proper measurement of his strides, so that by springtime when he begins work in real earnest he will only have to race over the sticks daily.

Smithson won the high hurdles at London in the world record time of 15 seconds, and by the old world experts it was regarded as the greatest performance of the whole Olympic games. He was then twenty-three years of age, so that he will not be too old to duplicate the feat this year.

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Title Talk

Real Estate men predict this is going to be a banner year for land sales in this county. How about your property? Is the title in first class shape? Will it pass muster under the eyes of a technical attorney? If you don't know you had better see us. We know and can tell you just the condition of your title. Purchasers are always in a hurry to close up a deal, and don't want to wait to have faulty titles straightened. Better order that ABSTRACT today, the longer you put it off the more it costs.

The Abstract & Title Company, Inc.

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C. M. LOCKWOOD, Secretary and Manager

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There Has Not Been An Improvement in Kerosene Lamps in the Past TWENTY-FIVE YEARS

The limit of their usefulness was reached years ago. Your present kerosene lamps are no better, nor worse, than those your parents used. They are still dim, smoky and dirty; they still have to be cleaned and filled at regular periods.

Contrast this with progress made in electric lighting

The first light globes were very crude compared with those of the present day. You can have a better light now, for very little money, than you could have had a few years ago at any price. You can have a better light now than you had five years ago, at about half the price you would have paid then. The old argument about the high cost of electricity is obsolete. Modern science and invention have overcome the last and only objection to electric lights.

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