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Many Cathartics Tend to Cause Injury to the Bowels.

If you are subject to constipation, you should avoid strong drugs and cathartics. They only give temporary relief and their reaction is harmful and sometimes more annoying than constipation.

We honestly believe that we have the best constipation treatment ever devised. Our faith in it is so strong that we sell it on the positive guarantee that it shall not cost the user a cent if it does not give entire satisfaction and completely remedy constipation.

This preparation is called Rexall Orderlies. These are prompt, soothing and most effective in action. They are made of a recent chemical discovery. Their principal ingredient is odorless, tasteless and colorless.

Combined with other well known ingredients, long established for their usefulness in the treatment of constipation, it forms a tablet which is eaten just like candy. They may be taken at any time, either day or night, without fear of their causing any inconvenience whatever.

They come in two size packages, 12 tablets, 10 cents, 36 tablets, 25 cents. Remember you can obtain them only at our store—The Rexall Store.

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GEO. W. ZIMMERMAN—Osteopath Physician. Sommer Bldg., Rooms 7, 8, 9 and 10. Phones: Home 1332, Pacific, Main 63, Residence phone, Black 951. Successor to Dr. C. E. Moore.

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ATTORNEYS AT LAW.

COCHRAN & COCHRAN—Attorneys: Chas. E. Cochran and Geo. T. Cochran. La Grande National Bank Bldg., La Grande, Oregon.

T. H. CRAWFORD—Attorney at Law. Practices in all the courts of the State and United States. Office in La Grande National Bank Bldg., La Grande, Oregon.

D. W. C. NELSON—Mining Engineer Baker City, Oregon.

Why pay Rent? We loan you money to build, and you pay us as you would rent. J. R. OLIVER.

O. A. C. 'GRADS' ELECT

R. E. REYNOLDS PRESIDENT OF ASSOCIATION THIS YEAR.

Vice Presidents From All Parts of the County Adds to its Success.

Annual election of officers of the Union county Oregon Agricultural Society was held last Saturday night and another year of thriving existence is guaranteed. With a membership of nearly fifty, the association has been active since its formation two years ago and has come to be one of the best county organizations in the state.

R. E. Reynolds succeeds T. H. Crawford as president. The other officers elected were the vice presidents and Roscoe B. Doane, secretary and Mrs. R. E. Reynolds treasurer. The vice presidents were elected from various corners of the county, making more complete the county organization. These vice presidents are: Robert Withycombe, Union, Chas. Benschadler, Elgin, Clyde Kiddle, Island City, Harry Walters, Cove, Walter Wade, Imbler and Leroy McKenzie, Summerville.

Aside from carrying on various enterprises and fathering several different state-wide movements looking toward betterment of conditions at O. A. C. the association will hold its annual ball this spring again.

SECOND SEMESTER OF SCHOOL.

New Students, Teachers and Studies Mark First Week of New Term.

Miss McMillan of Omaha has been secured to fill the vacancy in the high school faculty left by the departure of Prof. Clarke. Mrs. Common has been given the history department and Miss McMillan is teaching in the language department. She has an A. B. degree from the university of Nebraska and an M. A. degree from the University of Missouri in Latin.

Chemistry has been added to the scientific course and will be a permanent part of that course from now on. In addition several half year studies have taken the place of those courses that were finished in the first semester. They are namely, physiology, civil government, astronomy and possibly trigonometry.

By the increase of the enrollment caused by new students that have entered during the past week the number of students now enrolled in the La Grande high school is approximately 220. These new students are, Miss Block, Miss Richardson, Victor Melville, Frank Perry, Jay Millering, Roy Millering, Dee Davis.

Opera chairs have been installed in the auditorium and in the near future the high school will be able to assemble which has been impossible since their evacuation of the old building before Christmas. All in all the first week of the new term has been full of many important events to the high school students.

LIFE IN SANTIAGO.

Curious Customs That Prevail in the Capital of Chile.

They have women conductors on the electric cars of Santiago, the capital of Chile. This was made necessary by a war, which took so many men to the front and imposed upon women the work usually done by men. The custom has been kept up, the women having proved equally as efficient as the men had been.

One of the most peculiar customs seen here is the evening promenade in the plaza or park, which is attended by young ladies and young men and quite small boys and girls. They do not mix, but keep quite separate paths.

Yet even the little girls at seven or eight years are finished coquettes. Their eyes languidly observe every man and boy in the plaza, and they take care that each shall receive a due share of their smiles.

Another curious custom which prevails in Santiago and which is joined by those fortunate enough to have fine horses and carriages is the promenade at the Parque Causino, a beautiful park near the center of the city.

A company of mounted police stands in single file in the center of the drive, and the carriages, with uniformed coachmen and footmen and beautifully gowned women and fashionably dressed men occupying the carriages, ride around and around these mounted police.

Sometimes there are two or as many as six rows of carriages, some going in the opposite direction and alternating, the ladies smiling and the gentlemen tipping their hats in a polite manner. This promenade lasts from 5 o'clock in the afternoon until 8 o'clock in the evening.—Logical Point.

Tru-Fruit Chocolates. No imitation flavors.

LINCOLN'S QUESTION.

It Stilled the Storm of Applause For His Opponent, Douglas.

Professor James T. McLeary of Mankato, Minn., who for fourteen years represented a district of his state in congress, told this Lincoln story:

"A friend of mine told me that when a boy he attended with his father one of the famous Lincoln-Douglas debates in Illinois. My friend's father was a Lincoln man, but the place in which that particular debate took place was a Douglas stronghold.

"Douglas spoke first, and he was frequently interrupted by vociferous applause. The cheering and the hand-clapping at the end lasted four or five minutes. When Lincoln was introduced the crowd broke out into cheers for Douglas and kept it up for several minutes. Lincoln meanwhile waited patiently.

"When at length the enthusiasm had subsided Lincoln extended his long right arm for silence. When he had partly got this he said in an impressive tone, 'What an orator Judge Douglas is!'

"This unexpected tribute to their friend set the audience wild with enthusiasm. When this applause had run its course Lincoln, extending his hand again, this time obtained silence more easily.

"'What a fine presence Judge Douglas has!' exclaimed the speaker earnestly. Again tumultuous applause followed the tribute.

"'How well rounded his sentences are! How well chosen his language is! How apt his illustrations are!' ending up with: 'What a splendid man Judge Douglas is!'

"Then when the audience had again become silent at his call Lincoln leaped forward and said:

"'And now, my countrymen, how many of you can tell me one thing Judge Douglas said?'

"My friend told me he searched his own heart for an answer and found none. Afterward he asked his father if he could remember anything Judge Douglas had said, and the latter remembered practically nothing. 'But,' my friend said to me impressively, 'even now, half a century later, I can recall practically all that Lincoln said.'—Exchange.

THE USE OF ARSENIC.

How the Poison Acts When Taken as a Complexion Beautifier.

"You no doubt have observed the lily white complexion of some women. These women are sacrificing years of their lives for that beautiful skin by the use of arsenic," said a chemist of Manchester, England.

"It is a well known fact that thousands of women in all countries of the world use the poison in small quantities to bleach their skin. It is an effective means of whitening and clearing the complexion, but the complexion given by its use has no permanency unless the absorption of the drug be continued.

"Arsenic, as science has long told us, is an accumulative poison. When one takes it either by prescription for the upbuilding of an appetite or for the bleaching of the skin he does not feel any ill effects for several years. The effect of the drug is bracing and makes a person feel like eating. It also aids the digestion. The average user of the poison takes it in such small quantities that he does not realize how much of it will accumulate in his system in the course of four or five years.

"Being an accumulative poison, it often takes that length of time to see the results of the drug. Then the user may complain of not being able to control his fingers or toes. Subsequently he loses control of his hands and arms. Paralysis, superinduced by arsenical poisoning, is the fearful result.—Washington Post.

That Was Enough.

They were talking about the nosy women who knew everybody in the middle of the block.

"Apparently she's got it in for those people who moved away from 35 last week," said he. "What did they do to her?"

"Nothing," said she, "except to borrow her opera glasses the day before they moved and keep them till the day after, so she couldn't get a chance to train them on their back room furniture."—New York Times.

What Damp Means.

Learn to know what damp means, especially when used upon polished woodwork. Think it means wet and you will be reviling valuable information as "newspaper rubbish." Dip a cloth in hot water, wring it as hard as you can, then shake it in the air and it should have about the right amount of moisture.—Exchange.

The Silver Lining.

"Oh, John," exclaimed Mrs. Shortcash, who was reading a letter, "our son has been expelled from college. Isn't it awful?"

"Oh, I don't know," answered Mr. Shortcash. "Perhaps I can pull through without making an assignment now."—Chicago News.

KENTON

THE BEST ADDITION ever put on the Portland Market WHY? Because it is backed by the Largest Interests—The Large Packers—SWIFT & COMPANY.

have purchased 3160 acres of land located on the Peninsula formed by the Columbia and Willamette Rivers.

3,100 acres of this land has been platted in factory sites of 20 acres and up and can only be purchased by manufacturers for factory purposes.

Since the Swift interests purchased this land they have built a large Packing plant and the Union Stock Yards.

The following companies have purchased factory sites and have their plants in operation:

- Fairchild & Company—Wholesale Butchers
Nicolai Door Company.
The Westernite Paving Company.
Pacific Tank and Pipe Company.
Ajax Auto Traction Company.
Wholesale Kenton Lumber Company.
Glazed Cement Pipe Company.
Durable Roofing Company.
Monarch Lumber Company.
Pacific Coast Vault Works.
Portland Rendering Company.
Other manufacturers have purchased sites and their plants will soon be under construction.

All of the above plants have direct rail and water transportation.

The balance of the 3160 acres, or 60 acres, being on high, level ground, is set aside as a business and residence district for the employees of the various plants and is well improved, with a good class of homes and fire proof business houses, which are consistent with the past experience of Swift & Company in developing their townsites in Kansas City, Omaha, Fort Worth and St. Louis, in all of which the values of real estate have increased rapidly.

Take advantage of the opportunity and purchase some of this property while the representatives are in town. Ask any stockman who is shipping to Portland what he thinks of Kenton and the prospects for a rapid increase.

Pictures and paintings of Portland and Kenton are on display at Silverthorne's Drug Store

Lots \$450 and up. Terms, 10 per cent down, 2 per cent per month. Fill in the coupon below and mail it to us and we will send you descriptive literature of Kenton.

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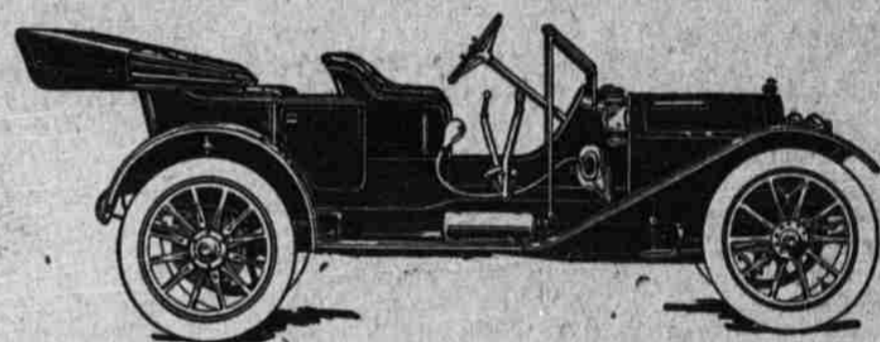
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A Reliable Cough Medicine.

Is a valuable family friend. Foley's Honey and Tar fulfills this condition exactly. Mrs. Charles Kline, N. 8th st. Easton, Pa., states: "Several members of my family have been cured of

bad coughs and colds by the use of Foley's Honey and Tar and I am never without a bottle in the house. It soothes and relieves the irritation in the throat and loosens up the cold. I have always found it a reliable cough

cure and do not hesitate to recommend it highly." For la grippe, coughs and stuffy colds, for children and grown persons and for delicate people use only Foley's Honey and Tar. Contains no opiates. Hills Drug Store.



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