

Directory of the Fraternal Orders of La Grande, Oregon

A. F. & A. M.—La Grande Lodge No. 41. A. F. & A. M. holds regular meetings first and third Saturdays at 7:30 p. m.
JOHN C. HODWIN, W. M.
A. C. WILLIAMS, Secretary.

B. P. O. E.—La Grande Lodge No. 433 meets each Thursday evening at 8 o'clock in Elk's club, corner of Depot street and Washington avenue. Visiting brothers are cordially invited to attend.
DR. G. L. BIGGERS, Ex. Rul.
HUGH McCALL, Rec. Sec.

WOODMEN OF THE WORLD—La Grande Lodge No. 169. W. O. W. meets every second and fourth Tuesday in the month. All visiting members welcome.
NERI ACKLES, C. C.
J. H. KEENEY, Clerk.

M. W. A.—La Grande Camp No. 7703 meets every Monday in the month at the I. O. O. F. hall. All visiting neighbors are cordially invited to attend.
I. R. SNOOK, C.
D. E. COX, Clerk.

REBEKAHS—Crystal Lodge No. 50 meets every evening in the I. O. O. F. hall. All visiting members are invited to attend.
MISS ANNA ALEXANDER, N. G.
MRS. JENNIE M. SMITH, Sec.

KNIGHTS OF PYTHIAS—Red Cross Lodge No. 27 meets every Monday night in Castle hall, (old Elk's hall). A Pythian welcome to all visiting Knights.
JESS PAUL, C. C.
R. L. LINCOLN, M. of R. & S.

O. E. S.—Hope Chapter No. 13. O. E. S. holds stated communications the second and fourth Wednesdays of each month. Visiting members cordially invited.
MARY A. WARNICK, Sec.
PAULINE EDERLEE, W. M.

WOMEN OF WOODCRAFT—Grande Rondo Circle No. 47 meets every first and third Thursday evenings in the month at the I. O. O. F. hall. All visiting members are welcome.
CHLOE ROBINSON, G. M.
LIZZIE ELLSWORTH, Clerk.

February, 1910, creating Improvement District No. 17, and designating Jefferson Avenue as such district, and in pursuance of a resolution adopted by said Common Council on the twenty-fourth day of August, 1910, whereby said Council determined and declared its intention to improve all that portion of Jefferson Avenue, in said improvement district as hereinafter described, by laying thereon cement walk, curb and gutter, the Council will, ten days after the service of this notice upon the owners of the property affected and benefitted by such improvement, order that said above described improvement be made; that the boundaries of said district to be so improved are as follows: All that portion of Jefferson Avenue, from the East Curb line of Fir Street, to the west curb line of Greenwood Street. Notice is hereby further given that the Council will levy a special assessment on all the property affected and benefitted by such improvement for the purpose of paying for such improvement. That the estimated cost of such improvement is the sum of \$1563.00. That the Council will on the twenty-eighth day of September, 1910, meet at the Council chamber at the hour of 8 o'clock P. M., to consider said estimated cost, and the levy of said assessment, when a hearing will be granted to any person feeling aggrieved by such assessment.
La Grande, Oregon, September 14, 1910.

CITY COUNCIL OF LA GRANDE, OREGON.

By D. E. COX,
Recorder of the City of La Grande,
Oregon.
Sept. 15-27.

\$65,000

City of La Grande, Oregon Improvement Bonds

Notice is hereby given that sealed proposals will be received by the Mayor and City Council of the City of La Grande, Oregon, until Wednesday.

October 5th, 1910

At the hour of 8 o'clock p. m. for the purchase of \$65,000 improvement bonds, the proceeds to be used for the construction of Bithulithic pavement, bonds of the denomination of \$1000 each, rate 6 per cent per annum to be paid annually, maturity ten years from date thereof, subject to call by the City Treasurer at any time that there is money in the Local Improvement Funds bonds to be paid in numerical order.

Bids shall be sealed and marked, "Bids for Local Improvement Bonds," and shall be accompanied by a certified check of \$5,000. The Council reserves the right to reject any or all bids. Bonds are secured by lien on abutting property.
La Grande, Oregon, September 9, 1910.

F. L. MEYERS, Mayor.
D. E. COX, Recorder.
D-Sept. 9 to 28.

SWAIN'S Backache and Kidney PILLS

For kidney and bladder troubles, sciata, rheumatic pains, neuralgia, headache, nervousness, sleeplessness, "that dragged down feeling." They act directly on the kidneys and give almost instant relief because they not only act as a tonic, but clean the kidney tissues of impurities and expel the poison from the system.

So marvelous and universal are the results obtained that they are fully guaranteed. Every druggist has them in 50c and \$1 boxes. If not satisfactory—your money back. Don't delay—don't run the risk of Bright's disease. **Get a box today.**

If you have constipation, indigestion, torpid liver or any disease of the stomach, liver and bowels—use **Swain's Cathartics**. Write for **free sample**.

**Swain Medicine Co., Inc.,
Kansas City, Mo.
HILLS DRUG STORE
LA GRANDE, OREGON**

A LIGHT ATMOSPHERE.

Why Smoke "Beats Down" When It Leaves a Chimney.

"It's getting ready for a storm. See how the smoke beats down just as soon as it comes out of the chimney! That's because the air is so heavy it pushes the smoke down before it has time to rise."

One often hears this stated as fact concerning that most generally talked of subject on earth, the weather. The speaker was probably right under those conditions in prophesying a storm, but he was scarcely right in assigning as a reason that "the air is so heavy it pushes the smoke down."

Nearly everybody knows it is easier to swim in salt water than in fresh water. As salt water is heavier than fresh water it is evident that the heavier the liquid the greater the buoyant force.

The atmosphere exerts a buoyant force upon the smoke from chimneys in exactly the same way that water exerts a buoyant force upon a swimmer. Therefore when the smoke "beats down" as soon as it leaves a chimney, it must be concluded that the buoyant force exerted upon it is relatively small and that the air is not heavy, but light.

A light atmosphere, or, rather, a sudden lessening of the pressure of the atmosphere generally, takes place before a storm. Therefore the smoke from chimneys, if observed intelligently, furnishes a pretty good weather indicator.—Chicago Record-Herald.

VEGETABLE FOODS.

Spinach Rich in Sulphur and Iron, Pumpkin in Phosphorus.

The French have a saying that "parsley is a broom to sweep the stomach." Lettuce is a nerve food. Radishes build tissue and are rich in phosphorus and in iron.

Horseradish contains a higher percentage of sulphur than all the other vegetable roots. Spinach ranking next in value. Spinach also contains a large proportion of iron.

A mayonnaise dressing with lettuce is especially desirable for thin people, but for the overplump French dressing is to be recommended. The action of vinegar on the digestive organs, however, is not to be considered. The acid of lemon juice is preferable.

While apples are a most excellent fruit for brain building, which phosphorus aids in, the humble pumpkin, desecrated to the uses of pie and jack o' lanterns, holds the prize. Pumpkin rates 2.79 in phosphorus, while apple is but .45.

When in search for this special element take up a pumpkin diet. But as winter squash would stand the same analysis it can be used as a vegetable in many varieties and thus the needed phosphorus supplied. Cucumbers rank next in phosphorus value to pumpkin, being 2.08.—Vegetarian Magazine.

The Tricky Fox.

A gentleman while hunting near a river one winter day saw a fox run out on the ice and make at full speed for an opening in the ice where the rushing water of the river could be plainly seen from the bank, says the Scotsman. At the edge he stopped, turned, followed his tracks back to the bank and then ran some distance down the stream and sat there. Soon a dog came crashing out of the woods, baying finely, hot on the fox's trail. Now, dogs when on a chase of this kind trust almost entirely to their noses. This one was no exception. He ran along the ice, head down, and when he reached the hole he could not stop, but plunged into the water and disappeared forever. Then the fox trotted away with every sign of satisfaction.

The Praetorian Guard.

The Praetorian guard was a select body of troops instituted by the Emperor Augustus to protect his person and consisted of ten cohorts, each of 1,000 men, chosen from Italy. They had peculiar privileges and when they had served sixteen years were retired on a pension of about \$500. Each member of the guard had the rank of a captain in the regular army. Like the bodyguard of Louis XIV., they were all gentlemen and formed gradually a great power, like the janizaries at Constantinople, and frequently deposed or elevated the very emperors themselves.

The Dead in India.

Three distinct methods of disposing of the dead are in vogue in India. While the Mohammedans inter the dead, the Hindus prefer to throw the bodies into the purifying waters of the Ganges, and even now there are constant infractions of the severe regulations framed to suppress this dangerous practice. The form of funeral adopted by the Parsees is that of simply exposing their dead at a great altitude to the scavenging services of crows and vultures.

Procrastinate.

Teacher—What is the meaning of the word "procrastinate?" Pupil—To put off. Teacher—Right. Illustrate it in a sentence. Pupil—I tried to steal a ride on a street car yesterday, but I was procrastinated.—Toledo Blade.

The Reform of Banking and Currency System Is Our Greatest Question.

By Congressman E. B. VRELAND, Chairman of the House Committee on Banking and Currency.

REFORM of the banking and currency system of the United States is the GREATEST QUESTION BEFORE THE PEOPLE.

THERE WILL CONTINUE TO BE DEPRESSIONS IN BUSINESS, DUE TO CROP FAILURES, TO WAR OR TO OTHER GREAT CAUSES WHICH CANNOT BE AVOIDED, BUT THE MONEY PANICS OF 1873, 1893 AND 1907 WERE UNNECESSARY AND WERE DUE ENTIRELY TO DEFECTIVE BANKING AND CURRENCY METHODS.

The other great commercial nations, with their better systems, have not had a panic in nearly a half century.

The free banking system, under which 24,000 banks or 24,000 banking units have been established, has been of great benefit in building up this country. The BRANCH BANK SYSTEM IS UN-AMERICAN. What is necessary is to correct the defects in the free banking system, which, while it works excellently in fair weather, falls apart in time of trouble, when every one of the 24,000 units looks after its own safeguarding, without reference to the others.

The first defect of the system is lack of training in finance of many bank officers, who, living in small towns, might be physicians or lawyers.

A leader is needed, like the Bank of England in Great Britain, the raising or lowering of the discount rates of which is an indication to all of the banks of trouble ahead or ended.

In the second place, better protection of the gold supply is needed. Again, there must be elasticity in the currency system, for an increase of circulation to move the crops and a decrease in the spring after the movement is over can never be had while the banknote circulation depends on the price of government bonds.

Another great defect is in the handling of the reserves. No other country requires any cash reserve at all, yet this country is the only one in which the currency system breaks down in time of need.



BRIDGE AND BEACH LINE OF HEATERS

with same amount of fuel they will produce more heat
—OIL STOVES that are positively guaranteed.

M. & M. CO.

Samson Windmills, Demig Pumps Richardson and Boynton Hot Air Plants.

Pipe Fittings, Bath Room Fixtures and all kinds of Plumbing Goods.

BAY & ZWEIFEL

Plumbers, Heaters and Sheet Metal Workers.

Steward's Opera House.

ONE NIGHT ONLY **Wednesday** Sept. 28.

LAUGH! Lawrence & Sandusky Present the Screaming Funny Comedy

"Going Some"

BY REX BEACH AND PAUL ARMSTRONG

ONE YEAR AT BELASCO THEATRE, NEW YORK

FUN Great Comedy Cast **FUN**
ALL SPECIAL SCENERY

PRICES: SAME AS PORTLAND . . . \$1.00, 75c, 50c, 25c

PROFESSIONAL DIRECTORY.

PHYSICIANS AND SURGEONS.

N. MOLITOR, M. D.—Physician and Surgeon. Corner Adams Ave. and Depot street. Office, Main 68; Residence 69.

C. H. UPTON, Ph. G. M. D.—Physician and surgeon. Special attention to Eye, Ear, Nose and Throat. Office in La Grande National Bank Building. Phones: Office Main 2, Residence Main 32.

A. L. RICHARDSON—Physician and surgeon. Office Hours: 2 to 5 p. m. except Sunday. Sunday by appointments. Telephones: Office, Black 1362; Ind. 353; residence, Main 55; Ind. 312.

GEO. W. ZIMMERMAN—Osteopath. Physician. Sommer Bldg., Rooms 7, 8, 9 and 10. Phones: Home 1332, Pacific, Main 63, Residence phone, Black 951. Successor to Dr. C. E. Moore.

DR. M. P. MENDELSON—Doctor of Optics. Spectacles and Eye Glasses Fitted and made to order. All errors of Refraction Corrected. 1105 Adams Ave. Foley Hotel Bldg. La Grande, Oregon.

DR. H. L. UNDERWOOD and DR. DORA J. UNDERWOOD—Office over Wright Drug store. Special attention paid to diseases and surgery of the eye. Phones—Office—Main 22; residence, Main 728.

J. C. PRICE, D. M. D.—Dentist. Room 23, La Grande National Bank Building. Phone Black 399.

DR. P. A. CHARLTON, Veterinary Surgeon. Office at Hill's Drug Store, La Grande. Residence phone, Red 701; Office phone, Black 1361; Independent phone 53; both phones at residence.

ATTORNEYS AT LAW.

COCHRAN & COCHRAN—Attorneys: Chas. E. Cochran and Geo. T. Cochran. La Grande National Bank Bldg., La Grande, Oregon.

T. H. CRAWFORD—Attorney at Law. Practices in all the courts of the State and United States. Office in La Grande National Bank Bldg., La Grande, Oregon.

D. W. C. NELSON—Mining Engineer. Baker City, Oregon.

Notice of Street Improvement.

To whom it may concern:
Notice is hereby given that in pursuance of a resolution adopted by the Common Council of the City of La Grande, Oregon on the fifteenth day of December 1909, creating Improvement District No. 12, and designating Pennsylvania Avenue, as such district, and in pursuance of a resolution adopted by said Common Council on the seventh day of September 1910, whereby said Council determined and de-

clared its intention to improve all that portion of Pennsylvania Avenue, in said improvement district as hereinafter described, by laying thereon Cement Sidewalk and Curb, the Council will, ten days after the service of this notice upon the owners of the property affected and benefitted by such improvement, order that said above described improvement be made; that the boundaries of said district to be so improved are as follows: All that portion of Pennsylvania Avenue, from the East Curb Line of Fourth Street, to the Southwest line, of Washington Avenue. Notice is hereby further given that the Council will levy a special assessment on all the property affected and benefitted by such improvement for the purpose of paying for such improvement. That the estimated cost of such improvement is the sum of \$1440.00. That the Council will on the 28th day of September, 1910, meet at the Council chamber at the hour of 8 o'clock P. M., to consider said estimated cost, and the levy of said assessment, when a hearing will be granted to any person feeling aggrieved by such assessment.
La Grande, Oregon, September 14, 1910.

CITY COUNCIL OF LA GRANDE, OREGON.

By D. E. COX,
Recorder of the City of La Grande,
Oregon.
Sept. 16-27.

Notice of Assessment for Street Improvement.

Notice is hereby given, that the Council of the City of La Grande, has declared the cost of improving 4th street, in front of Lots 5, 6 and the north 25 feet of Lot 7 in Block 97, in Chaplin's addition to be the sum of \$112.04 and that the assessment roll is in the hands of the Recorder of the City for collection. All persons affected by said assessments are hereby notified, that upon making application to the Recorder, they may take advantage of the benefits of the law by paying said assessment in five equal annual installments, bearing interest at six per cent per annum, the first instalment being due and payable within 60 days from the publication of this notice, after which time said assessment will be delinquent and the same collected by the sale of the real property benefitted by such improvement, and against which said assessments have been levied, to-wit:

M. H. Kirtley, lot 5, block 97
Chaplins Addition \$ 39.54
M. H. Kirtley, lot 6 block 97
Chaplins Addition 39.54
M. H. Kirtley, north 35 feet,
lot 7, block 97 Chaplins
Addition 32.96

Total amount of assessment \$112.04

La Grande, Ore., Sept. 16, 1910.

D. E. COX,
Recorder of the City of La Grande.
Daily Sept 20-21-22-23-24.

Notice of Street Improvement.

To whom it may concern:

Notice is hereby given that in pursuance of a resolution adopted by the Common Council of the City of La Grande, Oregon, on the ninth day of