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the eyes and have been fiting glasse for fourteen years. Ask anyone that I have fitted for r ference as to my ability, then give me trial and convinced. All work guaranteed.

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UNION STAKE MEETS IN REGULAR QUARTERLY GATHERING.

Salt Lake Bishop and Apostle Here to Give Addresses.

Quarterly conference was called at the L. D. S. tabernacle this morning at 16 o'clock with delegates from the Union Stake in attendance. The meetings which continue until tomorrow night, will be made important by the presence of Heber J. Grant of Salt Lake City, and C. W. Nibley, a bishop of the church and custodian-of the funds for the entire church. Reading of reports and routine matters occupled the conference today.

FOOTBALL MEETING TOMORDOW

All Interested in a Club Football team Will Meet Tomorrow Morning.

All material available for a club football team is requested to meet tomorrow morning at Jay Van Buren's to discuss the situation for the coming post season. It is imperative for anyone desiring to try out for the team, if one is organized, attend that a ine can be had on the timber at

Try Osteopathy First-Not Last.

It is hard to tell why people should so often place osteopathy in the catagory of last resort. Osteopathy is the scientific treatment of most if not all disorders. It is, moreover, the most agreeable treatment that is known in most cases. And yet there are people people who know what it is and what it will do-who nevertheless do not seem to be able to break the habit of first trying what drugs will do for

Could they but realize how much they complicate their troubles by the use of drugs and how much they add to the expense of their treatment they would do the sensible thing and make osteopathy their first as well as their last thought.

When you cure a "cold" with some chesp drug store norstrums or a dector's prescription, what happens? Ninety-nine times out of a hundred you get a drug in which the active principle is opium or some analagous substance. Does opium cure colds? Not at all. It simply shuts up the pores of the mucous membranes and locks the poisonous wate matter in the system. It has to get out some way.

Sometimes it is thrown out later in the way of a lingering catarrh-and sometimes, very often in fact, in the for mof la grippe—the extra burden is thrown on the kidneys and that is one reason that the kidneys are sq often affected as a sequal to this frequent trouble. The vidneys would not have ben affected if the cold or grippe had been trated sensibly or even left alone, but when the excretory process of the cold was interfered with, the trouble was transferred to a weak spot and permanent-sometimes fatal -injury is the result.

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M. W. A.

La Grande Camp No. 7703 meets Court Maid Marion No. 22 meet 1st & 3rd Monday each month at 1. O. sach Wednesday night in K. of P. O. F. kall. All visiting neighbors are hall. Brothers are invited to attend. cordially invited to attend.

M. McMURRAY, C. CAL JORDAN, Clerk

0. E. S.

Hope Chapter No. 13, O. R. S., hold stated communications the second and tourth Wednesdays of each month. third Saturdays at 7:30 p. m. Visiting members cordially invited. RACHEL E. WORSTELL, W. M.

MARY A. WARNICK, Secretary.

I. O. O. F .- Encampment. Star Encampment No. 31, I. O. O. F., meets every second and fourth Wednesday in the month in Odd Fellows' hall. Visiting patriarchs always

W. A. WORSTELL, Scribe

H. B. of A.

Meets every Thursday evening at I. O. O. F. hall. Visiting members al-

ANGUS STEWART, President C. J. VANDERPOEL, Secretary. Woodmen of The World.

La Grande Lodge No. 169, W. O. W. meets every second and fourth Tuesday evening in K. of P. ball in the Corps building. all risiting mem-

NERI ACKLES, Consul Commander J. H. REENEY, Clerk

I. O. O. F .- Subordinate.

La Grande Lodge No. 16, meets in heir hall every Saturday night. Vist ting brothers cordially invited to at tend. Cemetery plat may be seen at be Model restaurant.

GEORGE GROUT, N. G. I. R. SNOOK, Rec. Secy. W. A. WORSTELL, Fin. Secy

Foresters of America. BEN HAISTEN, C. &

LEO HERRING, C. S. OL J. VANDERPORE, P. P.

A. F. & A. M. La Grande Lodge No. 41, A. F. & A. M., holds regular meetings first and

R. L. LINCOLN, W. M. A. C. WILLIAMS, Secretary.

Knights of Pythias. Red Cross Lodge No. 27, meets every Monday evening in Castie half. (old Ella's hall). A Pythian welcome to all visiting knights.

J. F. BAKER, C. C. R. L. LINCOLN, K. of R. & S.

3. P. O. E.

La Grande Lodge No. 433, meets each Thursday evening at 8 o'clock is Elk's club, corner Depot street and Washington avenue. Visiting brothers are cordially invited to attend H. E. COOLIDGE, Evalted Ruler. HUGH McCALL, Rec. Secy.

REBERATS. Crystal Lodge No. 50 meets every Tuesday evening at the I. O. O. F. hall. All visiting members as invited w

WIRE THANK THE STAN MIBS ANNA ALEXANDER SECT.

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