

Holiday Goods Waiting For You

A large part of the annual holiday worry could be eliminated if the right gifts and right people could get together.

That is what we have set out to do this year—bring gift buyers and the goods they want together.

The list given herewith will, no doubt, suggest many suitable gifts. Make a list of all such items so that when you come to the store to see the goods you will not have to waste time looking at things that you may not feel interested in.

We have the cream of the world's best gifts—scores of things for every age and condition. You will find it a genuine satisfaction to buy all of your holiday gifts here. We hope that you can find time to come soon and often. Our magnificent assortment and low prices will make this an easy and economical holiday time for all.

- Postal Card Album
- Toilet Sets
- Military Brushes
- Traveling Sets
- Holiday Stationery
- Fountain and Gold Pens
- Oxford Bibles
- Books of All Kinds
- Ebony Goods
- Sterling Silver Goods
- French Staghorn Novelties
- Burnt Leather Goods
- Music Rolls
- Fancy Calendar
- Fancy Thermometers
- Dolls, Games and Toys of All Kinds
- Photograph Albums
- Ink Wells, etc.
- Celluloid Goods
- Silver Candlesticks
- Shaving Sets
- Manicure Sets
- Pictures
- Burnt Wood Novelties
- Statuary
- Vases
- Photo Holders
- Work Boxes
- Christmas Cards
- Autograph Albums
- Phonographs

NEWLIN BOOK & STATIONERY CO.

PHONE MAIN 90 1114 ADAMS AVENUE

THE GEORGE PALMER LUMBER COMPANY RETAIL DEPARTMENT

We Solicit Your Orders for
**Lumber, Lath, Shingles, Mouldings,
Chain Wood**

We are prepared to furnish and deliver material promptly.
Call up Retail Department Phone Main 8.

THE LATEST AND PRETTIEST

Holiday Gifts

COLLARS, BELTS, PURSES
TOYS and BRIC a BRA

E.M. WELLMAN & CO.

—ADAMS AVENUE—

Complete equipment for resetting and repairing rubber buggy tires.

LA GRANDE IRON WORKS

D. FITZGERALD, Proprietor

Complete Machine Shops and Foundry

RHEUMATISM DUE TO BODY POISONING.

The body manufactures in a day enough poisons to kill 10 men. Why do they not kill it, then? Because they are taken out—how else? Every organ, very nearly, helps to burn them up, or cast them out. Sometimes one or another of these organs does not work well; what then happens to these poisons? They perforce stay in, but they may be antiodated and stay in only as waste, not as poison.

Waste in the System.

We then have one or another of a great variety of diseases. We may have rheumatism—the flowing of "rheum" as it was anciently called (and the name, like the disease, has hung on), into one or another part of the body. For, as when a room is cluttered up with waste, the waste will accumulate in the corners, along the sides and under the tables; so these "rheums" tend to gather in some of the loose spaces, as, for instance, in the joints, where they make trouble. They may be deposited in the muscles, or other places—there are various forms of rheumatism. Bad weather, bad dinners and all sorts of conditions will increase the waste, and increase the rheumatism.

Now, poisons are poisons because they attack the living chemical molecules of the body and affect them. If poisons come slowly enough, the living molecules will simply give up the part that is attacked and affected and make more of it—thus the poisons are neutralized and made harmless except for simple waste. But sometimes, in doing this, the living molecules are compelled to make changes in themselves, or are themselves diseased, with the result that we have alterations in the joints (or other parts) and diseased tissue around them—as in swollen bones of articular rheumatism. There are other results, all on the same principle.

To get at the poison, we must get at the organ or organs that are not doing their work right, we must get at the blood or nerves which fail to keep up to the standard; to get at the blood or nerves we must get at the whatever it is—that is interfering with them. No organ goes wrong of itself—it does not go wrong without some compelling influence.

Injury the Beginning.

So, at last, we come down to the compelling influence—Irritation, injury, such things as the osteopathic physician examines for, locates and removes. The great majority of cases—not only of rheumatism, but of all classes of diseases—we osteopaths find to be caused by structural derangements, mechanical maladjustment of parts, which irritate cells by pressures that disturb the vital currents—that is, the flow of blood and the flow of nerve force throughout the body.

Such disturbances generate the poisons that make rheumatism. Osteopathic success in treating cases of rheumatism has been so remarkable that many practitioners have been able to find their professional success upon such cases. It is worth trying. And if success crowns the effort, it should open your eyes to the fact that here is a practice which looks deeper than symptoms as they arise, and which scores a general advance in treating of disease by an appeal to the deepest principles of nature—the structure of the body.—Osteopathic Health.

Strife is Ended.

Hermiston, Dec. 9.—For the first time since the organization of Hermiston's city government harmony prevailed in this town yesterday during the election. Instead of the bitter fights which marked the two previous city elections there was but one ticket in the field—a ticket made up of representatives from both factions and the vote was light.

Better Than Spanking.

Spanking does not cure children of bed-wetting. There is a constitutional cause for this trouble. Mrs. M. Summers, Box W, Notre Dame, Ind., will send free to any mother her successful instructions. Send no money but write her today if your children trouble in this way. Don't blame the child, the chances are it can't help it. This treatment also cures adults and aged people troubled with urine difficulties, by day or night.

"The Bachelor's Cupboard"

At

Ferguson's

Notice of Impoundment.

Notice is hereby given that on the 7th day of December, 1908, I took up while running at large in the city of La Grande, Ore., the following described animals, to-wit:

One red and white cow, 3 or 4 years old; brand resembling H on left hip; ear marks, square crop off left ear; square crop off and underbit and slit in right ear; marked with three du-laps; impounded December 7.

That I impounded said animal in the city pound of La Grande, Ore., under and by virtue of the ordinance thereof and unless the owner claims and pays the costs and expenses of such impounding and keeping of said animal at the expiration of 10 days from the date of this notice, advertise and sell said animal as provided by the ordinances of said city.

Done and dated at La Grande, Ore., this the 17th day of November, 1908.
JOHN W. WALDEN,
Chief of Police.

The Book Store Is Ferguson's

CALL FOR BIDS.

Notice is hereby given that the undersigned will receive up to noon Thursday, the 7th day of January, 1909, at his office in La Grande, Oregon, sealed bids for the purchase of the following described real estate, to-wit:

Commencing at a point 521 1/4 feet south of the NE corner of the SW 1/4 of section 19, township 4 south, range 40 E. W. M., thence running south 417 feet west, west 208 1/2 feet, thence north 417 feet, east 208 1/2 feet to place of beginning.

Also, commencing 938 1/4 feet south of the NE corner of the NW 1/4 of the NW 1/4, section 19, township 4 south, range 40, E. W. M., running thence south 342 1/2 feet, west 253 1/2 feet, north 343 1/2 feet, east 253 1/2 feet to place of beginning.

Also, commencing 250 yards north of the SE corner of the SW 1/4, section 19, township 4 south, range 40, E. W. M., thence west 80 rods, north 40 rods, east 80 rods, south 40 rods, to place of beginning.

Also, beginning 30 feet due east of the NE corner of the NW 1/4 of the SW 1/4, section 19, township 4 south, range 40, E. W. M., running thence due east along line between NW 1/4 and SW 1/4 511 feet, north 4 feet, west 511 feet, south 4 feet, east 511 feet to place of beginning. Together with all water rights belonging thereto. Said land being commonly known as the "County Poor Farm," situated at Union, Union county, Oregon.

Said bids shall be accompanied with a certified check of five per cent of the purchase price of said land.

The county court of Union county, Oregon, reserving the right to reject any or all bids.

Dated at La Grande, Oregon, this 5th day of December, 1908.

ED WRIGHT,
County Clerk.

CEMENT WORK

All kinds of Cement and Concrete work.

CONCRETE
BUILDING BLOCKS
CEMETERY WORK

No contract too large or too small.
Satisfaction Guaranteed

L. ROBERTS

PHONE BLACK 582

EXECUTOR'S NOTICE.

Notice is hereby given that the undersigned has been appointed by the county court of Union county, state of Oregon, executor of the last will and testament of Dunean McBeth, deceased, and all persons having claims against said estate are required to present the same with proper vouchers, to the said executor at his residence in Elgin, Oregon, or to R. H. Lloyd, his attorney, at his office in Elgin, Oregon, within six months from the date of this notice.

Dated this 21st day of November, 1908.
WILLIAM M. McBETH,
R. H. LLOYD, Executor.
Attorney. Nov11-21-5-12-9

We Want Your Wants IN Our Want Ad Column

Your want is placed before a thousand or more want-seekers every day—Can you afford to spend one cent per word of your want ad where results are the keynotes?

FOR RENT.

For Rent.
I have some nice pleasant rooms for rent, with or without board. Transient people solicited. Mrs. Laura L. Stults, 1620, corner Sixth and Spring.

For Rent or Sale.

A six-room furnished house; will sell furniture and rent the house, or will sell both furniture and house at a bargain.

LA GRANDE INVESTMENT CO.

FOR RENT—Three-room house on Second street. Inquire of Maggie Mahaffee, corner Washington and Second streets.

FOR RENT—Five-room house; close in. Inquire at Geddes grocery.

WANTED.

WANTED—To rent a 5-room cottage. Call Black 1752.

WANTED—To sell or exchange 10-acre fruit ranch in bearing, with many improvements, for La Grande city property. Telephone Black 932.

WANTED—Two unimproved lots; must be well situated and reasonable in price. Call on or address The Van Duyen Realty Co. Both 'phones.

For Eczema, Tetter and Salt Rheum. The intense itching characteristic of these ailments is almost instantly allayed by Chamberlain's salve. Many severe cases have been cured by it. For sale by all good druggists.

FOR SALE.

FOR SALE—Two to four acres of suburban property, well improved. Phone Black 1522, or see E. W. Kammerer, 2004 Adams avenue.

FOR SALE—Small house and a 140x 130-foot lot. Buy from owner and save commissioner's fee. Inquire of J. Bachant, Cherry street.

Land for Sale.

40 acres of fruit, garden or alfalfa land for sale cheap if taken soon. C. D. Huffman, R. F. D. 2, La Grande.

For Sale.

Lady's saddle and bridle, as good as new; also, three fox terrier pups. Bell phone Red 571.

For Sale.

The George Hansen property. Seven room house with bath and pantry, closet room, corner lot; good location. Street and sidewalk improvements done; part cash. Terms made known on application. A bargain if taken soon. Inquire at Ferguson book store. 12-3-1m

Special.

For sale, a tract of land totaling 560 acres. One hundred acres under cultivation. A \$1000 residence and other good improvements; spring water enough for house and barns; creek across one 40—all for \$5000 cash. Located six miles from town on R. F. D. Figure it out for yourself. Write to Indian Valley Realty company, Elgin, the firm that stands for a square deal.

THE COOK WILL BE GLAD

to see some of our high grade coal carried into your cellar. Didn't know there were grades in coal? Why there are almost as many as there are of eggs or butter. Let us send you the kind that will prove by the perfection of the kitchen fire that our coal is different than the ordinary and decidedly better.



G. E. FOWLER . Phone Main 10

BLUE MOUNTAIN HOUSE

T. J. GRAY Prop. (New Management)

Rates \$1.00, \$1.25, \$1.50
Best 25c meal in the city
Beds 25c and 50c

All outside rooms. Board and lodge \$6. per week
One block from depot

Only house in the city employing white help only

TRY OUR SERVICE

Fresh Vegetables are Scarce

But we have just received nearly a carload of canned goods. The goods are all standard brands and are this season's Pack

- Preferred Stock, Asparagus
- Preferred Stock, Spinach
- Preferred Stock, Sweet Potatoes
- Preferred Stock, Pumpkins
- Preferred Stock, Suocotash

Everything in Staple and Fancy Canned Goods

City Grocery and Bakery,

E. POLACK, Prop

PHONE MAIN 75