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Foley & Co., Chicago, originated Honey and Tar as a throat and lung remedy, and on account of the great merit and popularity of Foley's Honey and Tar many imitations are offered for the genuine. These worthless imitations have similar sounding names. Beware of them. The genuine Foley's Honey and Tar is in a yellow package. Ask for it and refuse any substitute. It is the best remedy for coughs and colds.

**SOLD AND RECOMMENDED BY**

A. T. MILL, Druggist

**The Facts About Pneumonia**

**JUST WHAT PART THE PNEUMONIA  
 GERMS PLAY—WEAKENED TISSUE  
 THE REAL UNDERLYING  
 CAUSE OF THE TWO  
 DISEASES**

In this month when pneumonia accomplishes so much of its destructive work it is important to call renewed attention to the findings of the New York commission which last winter made a full and exhaustive investigation of the causes of pneumonia.

Briefly, the commission found that pneumonia is caused by a germ, and its chief recommendations were made with the aim of preventing the communication of that germ from one person to another. Yet it was admitted in the report of the commission that the pneumococcus, or pneumonia germ, was found in the mouths of nineteen of twenty-one sound and healthy persons upon whom tests were made, which would seem to indicate that efforts to prevent the communication of the germ from one person to another will be of little avail.

Other causes must be looked for and Osteopathy long ago found them. It has been an axiom that germs can do no harm unless they find debilitated tissue in which to nest and multiply. This fully explains why some people, in whose mouths the pneumonia germ is found, contract pneumonia, while the great majority do not. In those who contract the disease there has simply been weakened lung tissue which offered a breeding ground for germ and the refuse from these germs brot on the acute condition. It would seem manifest that whatever brot about the weakened condition of the lung tissue was the original cause of the disease.

**WHAT CAUSES WEAKENED TISSUE**

Equally apparent is the truth of the proposition that, if proper nerve impulses and normal circulation of good blood existed in these tissues they would not be weakened and would not have offered a congenial home for germs. And similarly easy of comprehension is the Osteopathy assertion that weakened lung tissue indicates interference with the nerves supplying the lungs, or with the nerves controlling the blood circulation to and from the lungs.

The Osteopathic plan of searching for the said interference and correcting it is therefore the correct one. It is for this that the disease has not the terrors for the Osteopath that it has for other physicians and such excellent results are accomplished under Osteopathy treatment.

Contractured or tensed muscles are found which affect the spine or directly affect nerves and vessels; depressed or twisted ribs are found which cause crowding and misadjusted vertebrae in the spine are always prolific causes of trouble.

**OSTEOPATHIC MEASURES OUTLINED**

Any or all these "elisions" may be found in a case of pneumonia and it is thru their effect upon nerves and blood vessels or upon the sympathetic nervous system, that the original weakened condition of the lung tissues, which makes the disease possible, is created. Osteopathic work includes manipulative treatment for reducing fever and lessening the immediate suffering of the patient besides exclusively corrective measures for readjusting the parts whose mal-position has been the original source of trouble. Osteopathic treatment in pneumonia has been so successful that the outlook in these cases, which is usually not very favorable under other treatment may be pronounced good under the new system.—Right Way.

**DR. J. E. ENNIS**

of Atlanta, Ga., address the people of La Grande on a matter of health.

"To whom it may concern: Of late there has been a good deal of discussion in regard to advertised medicines, their value and power to cure.

"I want to say to the people of La Grande that I believe the most valuable cod liver oil preparation, the best body-builder, health restorer and strength creator known to medicine today is Vinol.

"While Vinol does not contain the system-clogging oil of old-fashioned cod liver oil and emulsions, it actually does contain all the curative medicinal principles of the cod's liver in a highly concentrated form with tonic iron added and is delicious to take.

"I advise Vinol in my practice, and find it has no equal for healing coughs, colds, bronchial troubles, and sore lungs.

"I have used Vinol in many cases of indigestion, mal-assimilation, and for patients who were anaemic and rundown with splendid results. I have also found Vinol to be a boom to the aged.

"I believe Vinol to be well worthy of any honest physician's endorsement."

We sell Vinol to the people of La Grande on an offer to refund money if it fails.

Newlin Drug Company.

Note—While we are sole agents for Vinol in La Grande, it is now for sale at the leading drug store in nearly every town and city in the country. Look for the Vinol agency in your town.

Fred Crawford expects to leave for La Grande this evening on a short business trip.—East Oregonian.

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